Star Advertiser

JULY 28 - AUGUST 3, 2019

STAR CHANNELS

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YOUR TV & ENTERTAINMENT MAG

LEGAL EAGLES

Christine Baranski stars as lawyer Diane Lockhart in a new episode of **The Good Fight.** This spinoff of **The Good Wife** also stars Cush Jumbo as African-American-owned law firm associate Lucca Quinn, and Rose Leslie as Maia, who recently passed her bar exam and got herself and her godmother, Diane, mixed up in a whole heap of trouble.

Airing Sunday, July 28, on CBS.

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The 'Good' spinoff

CBS pulls no punches in 'The Good Fight'

By Breanna Henry
TV Media

Upon beginning research for the article you are currently reading, the first thing I did was ask my mother if she had ever watched "The Good Wife" or "The Good Fight." She replied to my text message instantly and wrote simply: "Love them both." Perhaps a mom's glowing three-word review isn't typically the thing to set someone on a 10-season-long law-drama television binge, but this is a show that is almost impossible to talk about without mentioning strong, intelligent and empowered women, and my mom fits that bill to a T, so why not take her word for it?

Cush Jumbo as seen in "The Good Fight"

"The Good Fight" is actually a CBS All Access series, and it wrapped up its third season on the streamer in mid-May. But this summer, CBS itself has graciously started airing Season 1 in a prime-time Sunday slot, which allows new viewers (and fans who just miss the series) to watch it from the beginning. The ninth episode, titled "Self Condemned," airs Sunday, July 28, on the eye network, and I, for one, and my mother, for two, strongly suggest tuning in to catch Christine Baranski ("Mamma Mia!," 2008) as lawyer Diane Lockhart, Cush Jumbo ("Vera") as Reddick Boseman & Kolstad law firm associate Lucca Quinn, and Rose Leslie ("Game of Thrones") as Maia, who recently passed her bar exam and got herself and her godmother, Diane, mixed up in a whole heap of trouble.

In the very first episode ("Inauguration"), the liberal politics of "The Good Fight" are laid bare, as Diane decides to retire in the wake of Donald Trump's election and prepares to move south for some well-earned rest and relaxation.

Unfortunately, a wrench is thrown into Diane's plan in the form of an elaborate Ponzi scheme, and voilà — we have everything we need for one of television's greatest spinoffs. A couple of arrests, a few affairs and plenty of bad tweets later, we find ourselves one episode away from the Season 1 finale, and Diane is prepared to lay it all on the line for the FBI and uncover some distressing repressed memories.

Showrunners Michelle and Robert King, who also created "The Good Wife," were allowed much more creative freedom with their new series on CBS All Access, and the show has a shorter, 10-episode season, which is why "The Good Fight" is able to hit harder and pull fewer punches than "The Good Wife" could; don't be surprised to see much darker subjects explored, or to hear a little bit of foul language.

The only film trope more consistent than the bad sequel is probably the terrible spinoff, but "The Good Fight" came out swinging and continues to beat both of those assumptions into the dust. The show's predecessor, "The Good Wife," which ended after seven seasons in 2016, was consistently well reviewed, despite many fans feeling the show had already run its course by the end of the fifth.

Apparently, what the Kings needed was a bit of a fresh start, because while it makes use of characters and storylines from the prequel, "The Good Fight" stands strong on its own. Since many people are already caught up with the show on CBS All Access, you're going to want to be quick on your feet in order to dodge spoilers; the best way to avoid them is to make sure you catch the most recent episodes as they come out, so tune in to CBS on Sunday nights. The best part is, you still have two whole seasons to watch after the season finale airs, and trust me (and my mom), you won't want to miss what happens next.

Sunday

Legendary Locations
TRAVEL 7 p.m.

Josh Gates visits famous places where people's passions were transformed into lasting legacies in this new episode. He brings viewers the story of a samurai smackdown in 17th-century Japan, and recounts how an author found inspiration in Boston.

Monday

Sharks of the Badlands
DISC 5 p.m.

Greg Skomal and Kina Scollay set out to make the shark-infested waters off Cape Cod safe in this premiere. They test cutting-edge technology for detecting sharks and, if all goes well, it will make the area safe again.

Tuesday

Good Bones
HGTV 3 p.m.

When Mina and Karen acquire a century-old duplex in Indianapolis, they decide to keep the units separate and start renovating the north side of the townhome. They create an open-concept living space on the main floor and add a second bathroom.

Wednesday

Snowfall
FX 7 p.m.

Franklin (Damson Idris) reconnects with Melody (Reign Edwards) in this new episode. Meanwhile, the LAPD makes a move against Franklin's operation. Teddy (Carter Hudson) must clean up Gustavo's (Sergio Peris-Mencheta) mess.

Thursday

Mountain Men
HIST 5 p.m.

When Jake encounters a problem lion, he realizes it isn't alone in this new episode. Elsewhere, Tom and Jack break down on their way to the Yaak Valley, and Morgan traverses the Great Alaska Range during an emergency run.

Friday

Nature's Strangest Mysteries: Solved
ANPL 5 p.m.

Animal experts reveal which critters are prone to the giggles in this new episode. Viewers will also learn what causes San Francisco sea lions to swim away and discover which sport manta rays have been playing.

Saturday

Wyndham Championship
KGMB 9 a.m.

The Sedgefield Country Club in Greensboro, N.C. once again plays host to some of the world's best golfers as they compete in the final round of the prestigious Wyndham Championship. This PGA event has been around since 1938.

Monday

KITV 7 p.m.

The Bachelorette

As her search for romance winds down, Hannah is faced with some difficult decisions at the Rose Ceremony in "The Bachelorette," airing Monday, July 29, on ABC. Former "The Bachelor" participant Hannah Brown dated a variety of eligible men in this season of the popular reality show.

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Return of the laughs

Prolific comedian Whitney Cummings is back with a new Netflix special

WHAT'S NEW ON NETFLIX

"Whitney Cummings: Can I Touch It?"

You may be surprised at how prolific comedian Whitney Cummings is. She created and wrote both hit comedy series "2 Broke Girls" and "Whitney," produced the revival of "Roseanne" (which, sadly, imploded after its star made a controversial tweet and was condemned as racist), and is currently creating a series called "Good People" with Lisa Kudrow ("Friends") and Oscar nominee Lee Daniels ("Empire"). On top of all that, her sixth comedy special premieres Tuesday, July 30, on Netflix. Filmed in Washington, D.C., Cummings' hometown, the standup special features a broad range of topics, from women's issues to politics and more.

Whitney Cummings headlines "Whitney Cummings: Can I Touch It?"

WHAT'S NEW ON HULU

"Four Weddings and a Funeral"

If you were sentient in the '90s, I'm willing to bet you remember the 1994 film that introduced the world to Hugh Grant's charmingly befuddled screen persona, which would serve him well in romcoms for years to come. Richard Curtis wrote the screenplay, and he's on board as executive producer for this new miniseries premiering Wednesday, July 31. The series was adapted for TV by Mindy Kaling and her fellow writer/producer for "The Mindy Project," Matt Warburton, and follows the young-adult ups and downs of Maya (Nathalie Emmanuel, "Game of Thrones"), Ainsley (Rebecca Rittenhouse, "Blood & Oil"), Craig (Brandon Mychal Smith, "Gridiron Gang," 2006) and Duffy (John Reynolds, "Stranger Things") — four old friends who reunite for a wedding in London. When a bombshell is dropped at the altar, what follows is a year of love, laughs, heartbreak, drama and self-reflection.

WHAT'S NEW ON AMAZON PRIME

"This Is Football"

It may seem odd to those of us who can't muster up a shred of interest in soccer (yeah, that football), but the fact is, it's the most popular sport in the world. It's played by 250 million people in more than 200 countries, and I'm not sure if you've noticed, but the World Cup is kind of a big deal. This six-part documentary series streams Friday, Aug. 2, and examines the effect the sport has had on players and fans, from individuals to whole countries, and the stories, emotions and triumphs of those who pursue it with a passion.

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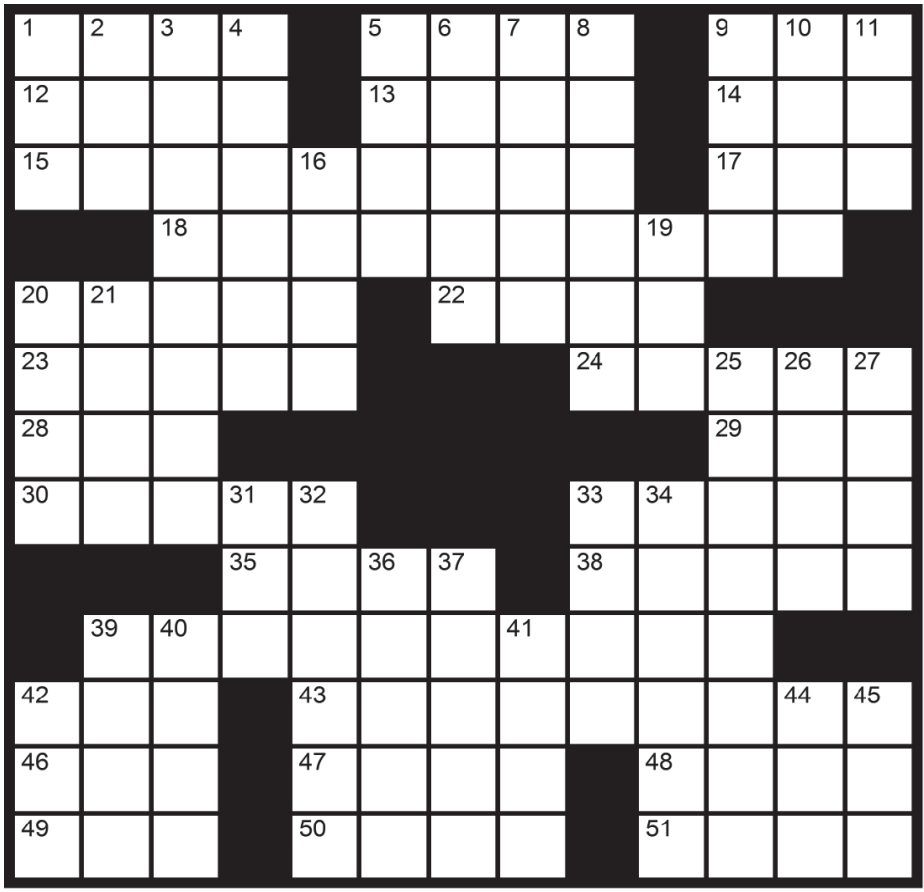
THE YOUNG AT HEART EXPO IS POWERED BY STAR EVENTS

ACROSS

1 Salt, chemically
5 Phone programs
9 Benign cyst
12 Realtor's unit
13 Seagoing: Abbr.
14 Circus cries
15 ABC sitcom that starred Patricia Heaton and Neil Flynn
17 Slangy suffix
18 Sitcom and former "SNL" star
20 Telling fibs
22 Slangy assents
23 Flagmaker Ross
24 Historical period
28 Winning tic-tac-toe line
29 "There's ___ in 'team'"
30 Shoulder gesture
33 Immune system orchestrator
35 It may be performed by 39 Across
38 Bother terribly
39 A Beatle
42 Switch forerunner, for short
43 Baton Rouge's state
46 Vs.
47 "What's ___ for me?"
48 One ___ (kids' game)
49 Cowboy Rogers
50 Regarding
51 Hawaiian strings

DOWN

1 Rebellious Turner
2 German cry
3 One who is owed money
4 French 24-hour car race
5 Song by 39 Across' band: "___ Love Her"
6 Rice-growing site
7 Heart rate
8 Grassy Siberian plain
9 "Plan 9 from Outer Space" (1959) director Ed
10 "Fifty Shades of Grey" (2015) actress Jennifer ___
11 Hush-hush org.
16 Decorated Israeli actor Moshe
19 Nile slitherer
20 Wall St. deals
21 "Crazy Rich Asians" (2018) star Michelle
25 Like narrow minds
26 Bubbly beverage
27 Sword handle
31 Admiral's org.
32 "The Michael J. Fox Show" star Juliette
33 Darjeeling and green
34 "Blue Bloods" star Len
36 Middays
37 Astronaut's wear
39 Defaulter's loss
40 1960s espionage series starring Robert Culp
41 Jackson 5 member
42 Neither's partner
44 Scottish refusal
45 Modern Cadillac model



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Solution on page 27

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Word Search

Solution on page 27

F	S	U	P	E	R	N	A	T	U	R	A	L	A	C
E	R	G	O	B	Y	F	A	M	I	L	I	A	R	M
C	N	T	E	R	A	L	E	E	L	F	H	O	S	S
A	V	A	I	F	I	M	T	G	H	O	S	T	T	A
S	S	A	A	S	O	I	C	I	G	A	M	W	C	T
T	F	B	M	N	S	C	C	W	M	D	E	I	A	N
L	L	A	G	P	A	H	A	L	A	N	Q	Z	U	A
E	N	F	E	L	I	R	I	M	G	U	L	A	L	H
N	G	L	B	M	T	R	S	H	E	L	T	R	D	P
I	L	G	E	S	H	E	E	S	O	S	O	D	R	K
L	F	R	W	D	L	C	T	R	D	R	A	G	O	N
B	A	I	I	N	O	I	T	A	T	N	A	C	N	I
O	F	M	T	A	M	A	G	I	C	I	A	N	A	G
G	P	M	C	W	N	F	L	O	W	E	R	E	W	H
C	G	A	H	Y	P	I	X	I	E	D	U	S	T	T

How Fantastic!

BEAST
BEWITCH
CASTLE
CAULDRON
CHIMERA
DAMSEL
DRAGON
ELF
FABLE
FAIRY
FAMILIAR
GHOST
GNOME
GOBLIN
GRIMM
HAG
HOGWARTS
IMP
INCANTATION
KNIGHT
MAGE
MAGIC
MAGICIAN
NEWTS
OGRE
ORC
PHANTASM
PIXIE
DUST
QUEST
SPELL
SUPERNATURAL
TALISMAN
TROLL
VAMPIRE
WAND
WEREWOLF
WITCH
WIZARD

Sudoku

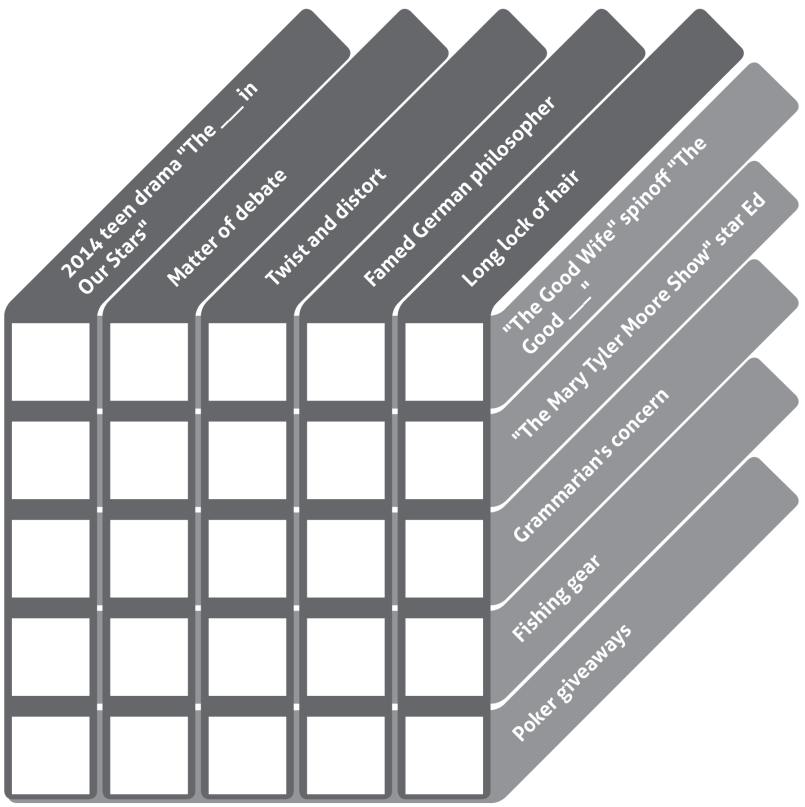
Solution on page 27

		7			3	8		
4								5
				2				
					2		9	
9	1		8	3				
2	3						7	4
	6				5	7	8	
		1						9
					1	2		

190728

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

Take 5



Use the clues beside and below the grid to fill in the squares

Solution on page 27

Screen Scramble

Unscramble the letters for each word to reveal five movies and TV shows. Then, rearrange the circled letters to discover the actor who has appeared in all five.

TEH NUTH OFR ERD CEBTORO

EHT GOMNOIL WTROE

TEH DEERADTP

LAPRE ABHROR

ATCMH MAEG

Answer: _____ _____

Solution on page 27

Auto Racing

Sunday

10 a.m. KHNL IndyCar Auto Racing Honda Indy 200 From: Mid-Ohio Sports Car Course-- Lexington, Ohio. ▢ *(Live)* (1:45)

11 a.m. KHON NHRA Drag Racing Sonoma Nationals From: Sonoma Raceway-- Sonoma, Calif.. ▢ *(Live)* (2:00)

4 p.m. ESPN2 F1 Auto Racing German Grand Prix From: Hockenheimring-- Hockenheim, Germany. ▢ (2:30)

Monday

10 a.m. FSWPT NHRA Drag Racing Denver, Colo.. ▢ (3:00)

3 p.m. FSW NHRA Drag Racing Denver, Colo.. ▢ (3:00)

7 p.m. FSWPT NHRA Drag Racing Denver, Colo.. ▢ (3:00)

9 p.m. FSW NHRA Drag Racing Denver, Colo.. ▢ (3:00)

Tuesday

8 a.m. FSW NHRA Drag Racing Denver, Colo.. ▢ (3:00)

3 p.m. FSWPT NHRA Drag Racing Denver, Colo.. ▢ (3:00)

Thursday

2 p.m. FSW NHRA Drag Racing Denver, Colo.. ▢ (3:00)

9 p.m. FSW NHRA Drag Racing Denver, Colo.. ▢ (3:00)

Friday

2 p.m. FSWPT NHRA Drag Racing Sonoma, Calif.. ▢ (2:00)

4 p.m. FSWPT NHRA Drag Racing Pro Stock Series Sonoma, Calif.. ▢ (1:00)

10 p.m. FSWPT NHRA Drag Racing Pro Stock Series Sonoma, Calif.. ▢ (1:00)

1 a.m. ESPN2 F1 Auto Racing German Grand Prix From: Hockenheimring-- Hockenheim, Germany. ▢ (1:55)

Saturday

6 a.m. FSW NHRA Drag Racing Sonoma, Calif.. ▢ (2:00)

8 a.m. FSW NHRA Drag Racing Pro Stock Series Sonoma, Calif.. ▢ (1:00)

9:30 a.m. KHNL NASCAR Auto Racing Xfinity Series Zippo 200 From: Watkins Glen International-- Watkins Glen, N.Y.. ▢ *(Live)* (2:30)

4 p.m. FSW NHRA Drag Racing Sonoma, Calif.. ▢ (2:00)

9 p.m. FSWPT NHRA Drag Racing Sonoma, Calif.. ▢ (2:00)

11 p.m. FSWPT NHRA Drag Racing Pro Stock Series Sonoma, Calif.. ▢ (1:00)

3:05 a.m. ESPN2 F1 Auto Racing Hungarian Grand Prix From: Hungaroring-- Budapest, Hungary. ▢ *(Live)* (1:55)

Baseball

Sunday

7:30 a.m. TBS MLB Baseball Los Angeles Dodgers at Washington Nationals From: Nationals Park-- Washington, D.C.. ▢ *(Live)* (3:00)

10 a.m. FSW MLB Baseball Baltimore Orioles at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ *(Live)* (3:00)

1 p.m. ESPN MLB Baseball New York Yankees at Boston Red Sox From: Fenway Park-- Boston, Mass.. ▢ *(Live)* (3:00)

9 p.m. ESPN2 MLB Baseball New York Yankees at Boston Red Sox From: Fenway Park-- Boston, Mass.. ▢ (2:00)

FSW MLB Baseball Baltimore Orioles at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

3 a.m. FSW MLB Baseball Baltimore Orioles at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

Monday

8 a.m. FSW MLB Baseball Baltimore Orioles at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

Noon FSW MLB Baseball Baltimore Orioles at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

1 p.m. ESPN MLB Baseball Atlanta Braves at Washington Nationals From: Nationals Park-- Washington, D.C.. ▢ *(Live)* (3:00)

10 p.m. ESPN MLB Baseball Atlanta Braves at Washington Nationals From: Nationals Park-- Washington, D.C.. ▢ (2:00)

Tuesday

4 p.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ *(Live)* (3:00)

9 p.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

3 a.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

Wednesday

10 a.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ *(Live)* (3:00)

2 p.m. ESPN MLB Baseball Chicago Cubs at St. Louis Cardinals From: Busch Stadium-- St. Louis, Mo.. ▢ *(Live)* (3:00)

4 p.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (3:00)

9 p.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

10 p.m. ESPN MLB Baseball Chicago Cubs at St. Louis Cardinals From: Busch Stadium-- St. Louis, Mo.. ▢ (2:00)

3 a.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

Thursday

8 a.m. FSW MLB Baseball Detroit Tigers at Los Angeles Angels From: Angel Stadium-- Anaheim, Calif.. ▢ (2:00)

Friday

1 p.m. FSW MLB Baseball Los Angeles Angels at Cleveland Indians From: Progressive Field-- Cleveland, Ohio. ▢ *(Live)* (3:00)

5 p.m. FSW MLB Baseball Los Angeles Angels at Cleveland Indians From: Progressive Field-- Cleveland, Ohio. ▢ (2:30)

9 p.m. FSW MLB Baseball Los Angeles Angels at Cleveland Indians From: Progressive Field-- Cleveland, Ohio. ▢ (2:00)

Basketball

Thursday

4 p.m. ESPN2 WNBA Basketball Las Vegas Aces at Los Angeles Sparks From: Staples Center-- Los Angeles, Calif.. ▢ *(Live)* (2:00)

Boxing

Saturday

2 p.m. KHON Boxing Adam Kownacki vs. Chris Arreola PBC Fight Night From: Barclays Center-- Brooklyn, N.Y.. ▢ *(Live)* (2:00)

Cycling

Sunday

8 a.m. KHNL UCI Cycling Stage 21 Rambouillet - Paris Champs-Élysées Tour de France ▢ *(Live)* (2:00)

Extreme

Thursday

3 p.m. ESPN X Games Minneapolis 2019 ▢ *(Live)* (2:00)

Friday

3 p.m. ESPN X Games Minneapolis 2019 ▢ *(Live)* (3:00)

Saturday

7 a.m. KITV X Games Minneapolis 2019 ▢ *(Live)* (5:00)

1 p.m. ESPN2 X Games Minneapolis 2019 ▢ *(Live)* (3:00)

Football

Thursday

1 p.m. ESPN2 CFL Football Winnipeg Blue Bombers at Toronto Argonauts From: BMO Field-- Toronto, Ont.. ▢ *(Live)* (3:00)

Golf

Sunday

6 a.m. KHNL Golf Final Round Senior Open Championship From: Royal Lytham & St. Annes Golf Club-- Lancashire, England. ▢ *(Live)* (2:00)

GOLF Golf Final Round WGC: St. Jude Invitational From: TPC Southwind-- Memphis, Tenn.. ▢ *(Live)* (1:45)

8 a.m. KGMB Golf Final Round WGC: St. Jude Invitational From: TPC Southwind-- Memphis, Tenn.. ▢ *(Live)* (4:00)

11 a.m. GOLF PGA Golf Final Round Barracuda Championship From: Montreux Golf and Country Club-- Reno, Nev.. ▢ *(Live)* (3:00)

3 p.m. GOLF Golf Final Round WGC: St. Jude Invitational From: TPC Southwind-- Memphis, Tenn.. ▢ (4:00)

Wednesday

Midnight GOLF Golf Round 1 Women's British Open From: Woburn Golf & Country Club-- Milton Keynes, England. ▢ *(Live)* (7:00)

Thursday

8 a.m. GOLF PGA Golf Round 1 Wyndham Championship From: Sedgefield Country Club-- Greensboro, N.C.. ▢ *(Live)* (4:00)

Midnight GOLF Golf Round 2 Women's British Open From: Woburn Golf & Country Club-- Milton Keynes, England. ▢ *(Live)* (7:00)

Friday

8 a.m. GOLF PGA Golf Round 2 Wyndham Championship From: Sedgefield Country Club-- Greensboro, N.C.. ▢ *(Live)* (4:00)

1 a.m. GOLF Golf Round 3 Women's British Open From: Woburn Golf & Country Club-- Milton Keynes, England. ▢ *(Live)* (4:00)

5 a.m. KHNL LPGA Golf Round 3 Women's British Open From: Woburn Golf & Country Club-- Milton Keynes, England. ▢ *(Live)* (3:00)

Saturday

7 a.m. GOLF PGA Golf Round 3 Wyndham Championship From: Sedgefield Country Club-- Greensboro, N.C.. ▢ *(Live)* (1:45)

9 a.m. KGMB PGA Golf Round 3 Wyndham Championship From: Sedgefield Country Club-- Greensboro, N.C.. ▢ *(Live)* (3:00)

1 a.m. GOLF Golf Final Round Women's British Open From: Woburn Golf & Country Club-- Milton Keynes, England. ▢ *(Live)* (4:30)

5:30 a.m. KHNL LPGA Golf Final Round Women's British Open From: Woburn Golf & Country Club-- Milton Keynes, England. ▢ *(Live)* (2:30)

Horse Racing

Sunday

9 a.m. FSWPT Horse Racing From: Saratoga Race Course-- Saratoga Springs, N.Y.. ▢ *(Live)* (3:30)

Wednesday

9 a.m. FSWPT Horse Racing From: Saratoga Race Course-- Saratoga Springs, N.Y.. ▢ *(Live)* (3:30)

Thursday

9 a.m. FSWPT Horse Racing From: Saratoga Race Course-- Saratoga Springs, N.Y.. ▢ *(Live)* (3:30)

Friday

9:30 a.m. FSWPT Horse Racing From: Saratoga Race Course-- Saratoga Springs, N.Y.. ▢ *(Live)* (3:00)

Saturday

9:30 a.m. FSWPT Horse Racing From: Saratoga Race Course-- Saratoga Springs, N.Y.. ▢ *(Live)* (1:30)

Motorcycle Racing

Sunday

7 p.m. FSW Motocross X-Fighters Madrid, Spain. ▢ (1:00)

8 p.m. FSWPT Motocross X-Fighters Madrid, Spain. ▢ (1:00)

Monday

5 a.m. FSW Motocross X-Fighters Madrid, Spain. ▢ (1:00)

Tuesday

6 p.m. FSWPT Arenacross Chicago, Ill.. ▢ (1:00)

8 p.m. FSWPT Motocross X-Fighters Madrid, Spain. ▢ (1:00)

Wednesday

8 a.m. FSWPT Arenacross Chicago, Ill.. ▢ (1:00)

3 p.m. FSW Arenacross Chicago, Ill.. ▢ (1:00)

4 p.m. FSWPT Motocross X-Fighters Madrid, Spain. ▢ (1:00)

9 p.m. FSWPT Arenacross Chicago, Ill.. ▢ (1:00)

Thursday

6 a.m. FSW Arenacross Chicago, Ill.. ▢ (1:00)

3 p.m. FSWPT Motocross X-Fighters Madrid, Spain. ▢ (1:00)

5 p.m. FSW Arenacross Chicago, Ill.. ▢ (1:00)

Friday

11:30 a.m. FSW Arenacross Chicago, Ill.. ▢ (1:00)

1 p.m. FSWPT Arenacross Chicago, Ill.. ▢ (1:00)

Saturday

1:30 p.m. FSW Motocross X-Fighters Madrid, Spain. ▢ (1:00)

3 p.m. FSW Arenacross Chicago, Ill.. ▢ (1:00)

Olympics

Sunday

7 a.m. ESPN2 Pan American Games Lima, Peru. ▢ *(Live)* (2:00)

Skating

Sunday

2:30 p.m. FSW Crashed Ice Quebec. ▢ (1:30)

4:30 p.m. FSWPT Crashed Ice Quebec. ▢ (1:30)

Tuesday

10 p.m. FSWPT Crashed Ice Quebec. ▢ (1:30)

Wednesday

7 p.m. FSWPT Crashed Ice Quebec. ▢ (1:30)

Thursday

12:30 p.m. FSWPT Crashed Ice Quebec. ▢ (1:30)

Saturday

11 a.m. FSW Crashed Ice Quebec. ▢ (1:30)

Soccer

Sunday

9 a.m. ESPN2 Soccer AC Milan vs. Benfica International Champions Cup From: Gillette Stadium-- Foxborough, Mass.. ▢ *(Live)* (2:00)

10:30 a.m. KHLU MFL Fútbol Necaxa at UNAM From: Estadio Olimpico Universitario-- Mexico City, Mexico. ▢ *(Live)* (2:30)

Saturday

6:30 a.m. ESPN2 Soccer Manchester United vs. AC Milan International Champions Cup From: Millennium Stadium-- Cardiff, Wales. ▢ *(Live)* (2:00)

8:30 a.m. KHON DFL Soccer Supercup Bayern Munich at Borussia Dortmund From: Signal Iduna Park-- Dortmund, Germany. ▢ *(Live)* (2:00)

11 a.m. KHON MLS Soccer Los Angeles Galaxy at Atlanta United FC From: Mercedes-Benz Stadium-- Atlanta, Ga.. ▢ *(Live)* (2:00)

4 p.m. ESPN2 FIFA Soccer Women's International Friendly Ireland vs. United States From: Rose Bowl-- Pasadena, Calif.. ▢ *(Live)* (2:30)

5:55 p.m. KHLU MFL Fútbol Tijuana at Club América From: Estadio Azteca-- Mexico City, Mexico. ▢ *(Live)* (2:05)

Tennis

Monday

6 a.m. FSW Champions Tennis QQQ Series Champions Classic Tampa, Fla.. ▢ (2:00)

8 a.m. FSWPT Champions Tennis QQQ Series Champions Classic Tampa, Fla.. ▢ (2:00)

1 p.m. FSWPT WTT Tennis New York Empire at San Diego Aviators From: La Costa Resort & Spa-- Carlsbad, Calif.. ▢ (3:00)

4 p.m. FSWPT WTT Tennis New York Empire vs. Orlando Storm ▢ (3:00)

Tuesday

11 a.m. FSWPT WTT Tennis New York Empire at San Diego Aviators From: La Costa Resort & Spa-- Carlsbad, Calif.. ▢ (3:00)

Noon FSW Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

Wednesday

6 a.m. FSW Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

1 p.m. FSWPT Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

Thursday

Noon FSW Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

4 p.m. FSWPT Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

Friday

7 p.m. FSWPT WTT Tennis Orlando Storm vs. Vegas Rollers ▢ (3:00)

Saturday

9 a.m. FSW Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

1 p.m. FSWPT Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

3 p.m. FSWPT WTT Tennis Orlando Storm vs. Vegas Rollers ▢ (3:00)

9 p.m. FSW Champions Tennis QQQ Series Legends Charleston, S.C.. ▢ (2:00)

Water Sports

Saturday

8 a.m. KHNL USAS Swimming National Championship From: Avery Aquatic Center-- Stanford, Calif.. ▢ *(Live)* (1:00)

07/28	D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	S1	S2
(2) KHON	3	3	Paid □	Paid □	Homeown. □	Paid □	Solar □	Hazelton □	Paid □	Paid □	NHRA Drag Racing Sonoma Nationals (L) □				2	2
(4) KITV	4	4	Morning Hawaii (N) □		Pastor Han □		Paid □	Paid □	To Tell the Truth □		World of X Games (N) □		World of X Games (N) □		4	4
(9) KHII	5	5	Solar □	JetSet □	Think Big □	E. Stanton □	Paid □	T.Music □	Solar □	Celeb □	Solar □	Hollywood □	Whack □	Whack □	5	5
(5) KGMB	7	7	PGA Tour Special (N) □		Golf WGC: St. Jude Invitational Site: TPC Southwind -- Memphis, Tenn. (L) □								Paid □	"Slackers"	9	9
(11) KHET	10	11	Sesame □	PinkaPet □	Jet Go! □	W.World □	D.Tiger □	SuperW! □	C.George □	Arthur □	WordGirl □	Wild Kratt □	Antiques Roadshow □		11	11
(13) KHNL	8	8	Golf □		UCI Cycling Tour de France (L) □				IndyCar Auto Race Honda Indy 200 (L) □		Post-race □		Paid □	Paid □	13	13
(14) KWHE	11	14	Tap In □	Mass □	Cathedral	Ministries □	In Touch Ministries □		Evangel. □	Worship □	Paid □	Tap In □	J. Lani Rich	A. Griffith □	14	-
(20) KIKU	9	20	Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	The Old Path □		Paid □	Hiei No/JVT	20	20
KFVE	22	13	E. Stanton □	WildA. □	E. Stanton □	Dragon □	Eco Co. □	Dragon □	Eco Co. □	Paid □	Paid □	Paid □	Entertainers □			
(26) KAAH*	26	26	P. Point □	Is Written □	Ed Young □	Heaven □	D.Kolenda □	Hagee Ministries □		Change □	Creflo □	T.Point □	Potter's □	Enjoy-Life □	-	-
(32) KBFD	2	6	Off Air □				Sweet Rain (N) □		The Birth of a Family		Cooking □	Scientis □	Pledge to God □		-	-
(44) KWBN		44	Passion	Jesus □	Pastor □	Don Wilton □	Love □	R.D.West □	T. Bates □	Grace □	David Jer. □	Ankerberg □	R. Jeffress □	Bernard □		
(46) KHLU	35	-	Programa pagado □		Como dice el dicho □		Al punto □		Fútbol □	MFL Fútbol Necaxa at UNAM Site: Estadio Olimpico Universitario (L) □					-	-
(66) KPXO	27	27	NCIS: LA "Glasnost" □		NCIS: LA "Sirens" □		NCIS: Los Angeles □		NCIS: LA "Kulinda" □		NCIS: LA "Hot Water" □		NCIS: LA "Under Siege" □			
A&E	547	129	Hoarders □	Hoarders □		Hoarders □		★★★ "Con Air" ('97, Act) *Nicolas Cage.* □					"The Expendables 2" □		118	265
AHC*	345	137	Against the Odds □		Against the Odds □		Against the Odds □		World War II in Color □		WW II "Lightning War" □		WW II "Britain at Bay" □		195	287
AMC	600	159	"Lara Croft: Tomb Rai...		★★★ "Colombiana" ('11, Act) *Zoe Saldana.* □					★★★ "The Bourne Ultimatum" ('07, Act) *Matt Damon.* □					131	254
ANPL	329	107	L. Star Law "Submerged" □		Lone Star Law □		North Woods Law □		North Woods Law □		Woods Law "Buck Fever" □		North Woods Law □		184	282
BBCA	341	135	★★★ "Real Genius" ('85, Act) *Val Kilmer.* □				★★★ "Revenge of the Nerds" *Robert Carradine.* □				★★★★ "Stand by Me" ('86, Adv) *Wil Wheaton.* □				135	264
BRAVO	560	237	Below Deck □		Below Deck □		Below Deck (N) □		Below Deck □		Below Deck □		Below Deck □		129	237
CNBC	116	176	Paid □	Paid □	Paid □	Paid □	Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		208	355
CNN	113	172	Fareed Zakaria GPS □		CNN Newsroom □		CNN Newsroom □		CNN Newsroom □		CNN Newsroom □		CNN Newsroom □		200	202
COMEDY	545	142	The Office "The Sting" □		The Office □	The Office □	The Office □	The Office □	The Office □	The Office □	The Office □	The Office □	The Office □	The Office □	107	249
CSPAN	45	61	Washington This Week □										Newsmakr □	WA Week □	210	350
CW	93	2	★★ "Abandon" □		Homeown. □	Hazelton □	New Hope □	House □	Pets.TV □	Live Life □	Y. Icons □	Career Day	Latino □	LatiNation □	3	395
DISC	333	131	Phelps vs. Shark		Laws of Jaws		SharkCam Stakeout		Super Predator □		Great White-Killer □		Monster Mako □		182	278
DISNEY*	444	98	DuckTales "Woo-oo!" □		Amphibia □	Amphibia □	BigCity □	BigCity □	Amphibia □	BigCity □	Raven's. □	Sydney □	Rollwlt □	Andi Mack □	173	291
E!*	549	240	RevengeBodyKhloéKard □		RevengeBodyKhloéKard □		RevengeBodyKhloéKard □		RevengeBodyKhloéKard □		RevengeBodyKhloéKard □		★★ "Hitch" *Will Smith.* □		114	236
ESPN	222	70	Basket. The Tournament □		Basketball The Tournament (L) □				Basketball The Tournament (L) □				Baseball Tonight □		140	206
ESPN2	224	74	Pan American Games -- Lima, Peru (L) □				Soccer International Champions Cup (L) □				E:60Pics "Setenta E Sete"		E:60 Pictures "Mandarich"		144	209
FILI	688	320	SwakNa □	ASAP □			Wansap. □	Mathdali	Pareng Partners		Sports U	BanSunda □	Failon Ngayon		-	-
FNC	109	178	America's News HQ □		Fox News Sunday □		Journal Editorial R. □		America's News HQ □		The Greg Gutfeld Show □		Fox Report □		205	360
FOOD	321	231	Pioneer □	Pioneer □	Cooking □	M.Brown (N)	The Kitchen □		Carnivor (N)	Carnivor (N)	Restaurant: Impossible		Restaurant "Holy Cow!"		110	231
FREE*	538	122	★★ "Accepted" ('06, Com) *Justin Long.* □				★★ "Twilight" ('08, Dra) *Kristen Stewart.* A teenage girl and a vampire fall in love. □						"The Twilight Saga: N...		180	311
FSW	226	-	Red Bull □	Crankwor □	Polaris (N) □	Focus. (N) □	Angels □	Pre-game □	MLB Baseball Baltimore Orioles at Los Angeles Angels Site: Angel Stadium (L) □						-	692
FSPT	228	-	Angler □	Fishing □	Xterra World □		Horse Racing Site: Saratoga Race Course -- Saratoga Springs, N.Y. (L) □							Red Bull □	-	-
FX	554	124	"Now You See Me 2" ('16, Act) *Jesse Eisenberg.* □					★★★ "Fast & Furious 6" ('13, Act) *Vin Diesel.* □						Movie	136	248
GOLF	216	86	Golf □	Golf Pre. □	LPGA Golf The Evian Championship Site: Evian Resort Golf Club □						PGA Golf Barracuda Championship (L) □				401	218
HALL	452	128	"Christmas Next Door" ('17, Rom) *Jesse Metcalf.* □				★ "A Very Merry Mix-Up" ('13, Rom) *Alicia Witt.* □				"A Shoe Addict's Christmas" □				185	312
HGTV	323	232	Christin □	Christin □	Bargain □	Bargain □	Bargain □	Bargain □	Bargain □	Bargain □	Caribbean □	Caribbean □	Caribbean □	Caribbean □	112	229
HISTORY	327	133	Counting Cars: Drive "One Love, One Car" □				American Pickers □		Pickers "Deuce Digging" □		Pickers "Auburned Out" □		A. Pickers "Museum Man" □		120	269
HBO	611	502	★★ "Geostorm" □		WhoKillGarrett "Part 1" 1/2 cont'd next □			Who Killed Garrett Phillips? Pt. 2 of 2 □			★★ "Little Fockers" ('10, Com) *Ben Stiller.* □				303	504
HBO2	612	503	★★★ "Crazy Rich Asians" ('18, Com) *Constance Wu.* □				Big Lies □	Big Little Lies □		Big Lies □	Big Little Lies □		Big Little Lies □		304	505
KBS	80	-	Kongdak. □	Windows □	WalkNeighbourhood □		Mother □	Mother of Mine □		Mother □	Mother □	Korea Sings			-	-
LIFE	448	226	"The Girl in the Bathtub" ('18, Dra) *Jason Patric.* □				"Secrets of My Stepdaughter" *Josie Davis.* □				"Daughter for Sale" ('17, Thril) *Emily Rose.* □				108	276
LMN	449	227	"The Killer Next Door" (", Thril) *Andrea Bogart.* □				"My Evil Stepdad" (", Thril) *Jennifer Lafleur.* □				"Secrets in a Small Town" (", Thril) *Rya Kihlstedt.* □				109	253
MAX	622	515	★★ "There's Something About Mary" □		"Father Figures" ('17, Com) *Owen Wilson.* □					Jett □		★★ "Wimbledon" *Kirsten Dunst.* □			311	516
MSNBC	107	175	Weekends-Alex Witt □		MSNBC Live □		MSNBC Live □		MSNBC Live □		PoliticsNation □		Meet the Press □		209	356
NATGEO	347	130	Life -0 "Sue Aikens" □		Life -0 "Glenn Villeneuve" □		Port Protection □		Port Protection □		Port Pro "If You Build It" □		Port Protection □		186	276
NGN	677	-	Ganbaru □	Natsuzo.	Enka □	Brain □ /Fukuoka		Brain □ /Iryu Sosa		Mentai □	News □	Brain /Mogitate TV □		Hakken R	-	-
NICK	446	100	Sponge □	Sponge □	SpongeBob □		Henry Danger		Sponge □	Sponge □	Sponge □	Sponge □	Sponge □	Sponge □	171	300
OC16	16	89	Generations	Japan □	Ocean □	Think Tech □	Sports P □	Russell □	M.Nokan	Board □	Miss Hawaii Scholarship Pageant				-	-
OCSPT	12	-	NCAA Softball UC Davis vs. Hawaii □		NCAA Beach Volleyball Wash./Haw. □				NCAA Baseball Oregon at Hawaii Site: Les Murakami Baseball Stadium □						-	-
OLELO53	53	53	Educational Prog. □		Educational Programming □								Pmi Honolulu		-	-
OLELO54	54	54	Farrakhan Speaks □		Newswire Hawaii □		Play Tai Chi □		Tai Chi Aloha □		Vegetarian □		Newswire Hawaii □		-	-
OLELO55	55	55	Supreme Master Ching		4th Watch	Ekalesia	A View From Calvary		Inspirational Programming □			Miracles	Inspirational Prog. □		-	-
OWN*	343	242	Dr. Phil □		Soul Sun "Lynne Twist" □		Super Soul Sunday □		Home Made Simple □		Extreme Weight Loss □		Weight "Ashley Hylton"		189	279
OXY	558	229	A Lie to "Deadly Diploma" □		Uncovered: The McMartin Family Trials □				Snap. "Kari Willoughby" □		Snapped "Cindy McKay" □		Snapped □		127	251
PARMT	559	141	Bar Rescue □		Bar Rescue		Bar Rescue		Bar Res. "Chase Lounge" □		Bar Rescue "Meat Sauna"		Bar Rescue □		241	241
SHOW*	633	451	Boxing Showtime Championship Site: Royal Farms Arena □					★★ "Charlie's Angels" □			★★ "Charlie's Angels II: Full Throttle" □				319	546
SYFY	557	144	★★ "Deep Blue Sea" □		★★ "The Lost World: Jurassic Park" ('97, Adv) *Jeff Goldblum.* □						★★ "Jurassic Park III" ('01, Sci-Fi) *Sam Neill.* □				122	244
TBS	551	121	Queens □	MLB Baseball Los Angeles Dodgers at Washington Nationals Site: Nationals Park (L) □						Queens □	"Pirates of the Caribbean: Dead Men Tell No Tales"				139	247
TCM	602	157	★★★★ "Jezebel" □		★★★★ "An American in Paris" ('51, Mus) *Gene Kelly.* □				★★★ "The Children's Hour" *Audrey Hepburn.* □				"The Year of Living Da...		132	256
TLC*	331	132	Yes Dress □	Yes Dress □	Yes Dress □	Yes Dress □	Yes Dress □	Yes Dress □	Say Yes to the Dress □		Say Yes to the Dress □		Pimple "Hips Don't Lie" □		183	280
TMC	644	467	Movie	★★ "What Lies Beneath" ('00, Thril) *Michelle Pfeiffer.* □					"Mary Shelley" ('17, Bio) *Elle Fanning.* □				"It's a Party" □		329	554
TNT	553	125	★★ "Flight" ('12, Dra) *Denzel Washington.* A pilot saves a plane from crashing. □						★★★ "The Book of Eli" ('09, Adv) *Denzel Washington.* □					Movie	138	245
TOON	440	103	Teen Titan □	TeenT./TeenT.	TeenT./TeenT.	TeenT./TeenT.	Island/Island	Island/Island	TeenT./TeenT.	TeenT./TeenT.	Gumball	Gumball	Gumball	Gumball	177	297
TRAVEL*	325	139	Mystery Museum □		Legendary Locations □		Alien "SoCal Clusters"		UFOs: Un "Police UFO Files"		UFOs "UFO Abduction"		UFOs: Evidence "UFO Tech"		196	277
TVLAND	441	127	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	G. Girls □	106	304
USA*	555	123	Paid □	T.Point □	In Touch □	J.Osteen □	Queen of the South □		Miz & Mrs. □	Chrisley □	Chrisley □	Chrisley □	Chrisley □	Movie	105	242
WE	451	230	Love After Lockup □		Love After Lockup □		Law & Order "Homesick" □		Law & Order "Aftershock" □		LawOrder "Causa Mortis" □		Law & Order "I.D." □		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/28	D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	S1	S2
(2) KHON	3	3	Cars.TV ▢	Solar ▢	Bones ▢		Kickin' It ▢		Solar ▢	Inside Ed. ▢	Paid ▢	Fishing ▢	News (N) ▢	Sam Choy ▢	2	2
(4) KITV	4	4	Wild C. ▢	Ocean ▢	Heroes ▢	The Great ▢	Rock Park	Vacation ▢	This Week ▢		News (N) ▢	News (N) ▢	Funniest Home Videos ▢		4	4
(9) KHII	5	5	House ▢	Solar ▢	Hazelton ▢	Homeown. ▢	Solar ▢	Homes ▢	"Beyond the Myth" ('10, Doc) *Roxie Randle.* ▢		News (N) ▢	News (N) ▢	BigBang ▢		5	5
(5) KGMB	7	7	★★ "Slackers" *Devon Sawa.* ▢			Jeopardy! ▢	Tails V. ▢	Inspectors	Winning ▢	FaceNat. ▢	News (N) ▢	News (N) ▢	60 Minutes ▢		9	9
(11) KHET	10	11	Lahaina: Waves ▢		Insights on PBS Hawaii ▢		Hiki No ▢	Na Mele ▢	Long Story ▢	Bolder ▢	News/News	Insight ▢	OpenMind ▢	News. (N) ▢	11	11
(13) KHNL	8	8	Meet the Press (N) ▢		★★★ "The Virgin Suicides" *James Woods.* ▢				Modern ▢	HotWheel ▢	News (N) ▢	News (N) ▢	Hollywood Game Night ▢		13	13
(14) KWHE	11	14	Wild Am. ▢	Real Life ▢	Sports ▢	Heartland ▢	Hollywood ▢	Awesome ▢	Outdoors ▢	Right ▢	L.Ranger ▢	L.Ranger ▢	Paid ▢	Paid ▢	14	-
(20) KIKU	9	20	The Kingdom of Jesus Christ ▢						Adobo ▢	TV Patrol ▢	Beautiful Strangers		Once Upon a Kiss ▢		20	20
KFVE	22	13	TMZ ▢		Paid ▢	Paid ▢	Raw Travel ▢	Matter ▢	Mike&M. ▢	Mike&M. ▢	Goldberg ▢	Voice ▢	Last Man ▢	Chef Roc		
(26) KAAH*	26	26	Jesus ▢	R.Morris ▢	Huckabee ▢		J.Osteen ▢	K. Shook ▢	Creflo ▢	Metaxas ▢	Huckabee ▢		"The Path of the Wind"		-	-
(32) KBFD	2	6	Unknown Woman ▢			My Ugly Duckling (N) ▢				Baek Jong-won's Alley Restaurant (N) ▢			News (N) ▢	Nokdu (N) ▢	-	-
(44) KWBN		44	T.D. Jakes ▢	Bronner ▢	Rejoice in the Lord ▢		Ankerberg ▢	M. Youssef ▢	Jesus ▢	David Jer. ▢	HLindsey ▢	I.Baxter ▢	Israel ▢	Gospel		
(46) KHLU	35	-	Republica deportiva ▢		Aquí y ahora ▢		Familias Frente Al Fuego				María	Noticiero ▢	Aquí y ahora ▢		-	-
(66) KPXO	27	27	NCIS: LA "Payback" ▢		NCIS: LA "Old Tricks" ▢		NCIS: LA "Queen Pin" ▢		NCIS: LA "Getaway" ▢		NCIS: Los Angeles "767" ▢		NCIS: Los Angeles ▢			
A&E	547	129	"The Expendables 2" ▢		★★ "The Expendables 3" ('14, Act) *Sylvester Stallone.* ▢						★★ "The Expendables" ('10, Act) *Jet Li.* ▢				118	265
AHC*	345	137	World War II in Color ▢		WW II "Red Sun Rampant" ▢		Civil War "Tipping Point" ▢		Civil War ▢		Civil War ▢		Civil War "Tipping Point" ▢		195	287
AMC	600	159	★★ "Enemy of the State" ('98, Act) *Will Smith.* ▢						★★★ "I Am Legend" ('07, Sci-Fi) *Will Smith.* ▢				NOS4A2 (N) ▢		131	254
ANPL	329	107	Woods Law "Cold Case" ▢		North Woods Law ▢		North Woods Law ▢		Woods Law "Long Shot" ▢		Woods Law "Wild Winter" ▢		North Woods Law (N) ▢		184	282
BBCA	341	135	★★ "National Lampoon's European Vacation" ▢				★★ "Vegas Vacation" ('97, Com) *Chevy Chase.* ▢				Top Gear ▢			Movie	135	264
BRAVO	560	237	South-CharmNewOrlean ▢		Housewives ▢		Housewives Potomac ▢		Housewives Potomac ▢		Housewives P. (N) ▢		South-New Orlean (N) ▢		129	237
CNBC	116	176	Shark Tank ▢		Shark Tank ▢		Shark Tank ▢		Shark Tank ▢		Shark Tank ▢		Shark Tank ▢		208	355
CNN	113	172	CNN Newsroom ▢		The Movies		The Movies "The Seventies" (N)				The Movies		The Movies "The Seventies"		200	202
COMEDY	545	142	★★★ "Blended" ('14, Com) *Adam Sandler.* ▢					★★ "Tommy Boy" ('95, Com) *Chris Farley.* ▢					★★ "Tommy Boy" ▢		107	249
CSPAN	45	61	Washington This Week ▢		Q & A ▢		Questions	Public Affairs Event ▢			Q & A ▢		Questions	Affairs ▢	210	350
CW	93	2	★★ "Cloverfield" ('08, Thril) *Lizzy Caplan.* ▢				Leverage ▢		First Family	Mr. Box ▢	2½Men ▢	2½Men ▢	Fam. Feud ▢	Fam. Feud ▢	3	395
DISC	333	131	Great White Abyss ▢		Air Jaws: The Hunted		Bear vs. Shark ▢		ShaqSharkmania (N)		ExpeditionUnknown (N) ▢		SharkTripEatPrey (N) ▢		182	278
DISNEY*	444	98	Andi Mack ▢	BigCity ▢	Raven's. ▢	Raven's. ▢	Raven's. ▢	Sydney ▢	CoopCami ▢	Bunk'd ▢	Raven's. ▢	Andi Mack ▢	Sydney ▢	Bunk'd ▢	173	291
E!*	549	240	★★ "Hitch" ('05, Com) *Will Smith.* ▢				Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	114	236
ESPN	222	70	MLB Baseball New York Yankees at Boston Red Sox Site: Fenway Park (L) ▢						SportsCenter (N) ▢		SportsCenter (N) ▢			SportsC. ▢	140	206
ESPN2	224	74	UFC UFC 238 Site: United Center -- Chicago, Ill. ▢						F1 Auto Racing German Grand Prix Site: Hockenheimring ▢					UFC Main ▢	144	209
FILI	688	320	So Janelle	Goin' Bulilit /	Salamat Dok	TV Patrol ▢	Citizen ▢	Adobo Nation ▢			Rated K	ASAP ▢			-	-
FNC	109	178	Fox News Sunday ▢		Watters World ▢		The Next Revolution ▢		Life, Liberty & Levin		Watters World ▢		The Next Revolution ▢		205	360
FOOD	321	231	Rest. "Military: Impossible"		Rest. "Recipe For Disaster"		Great FoodTruck Race ▢		Guy's Grocery Games ▢		Guy's Grocery Games ▢		Food Truck Race (N) ▢		110	231
FREE*	538	122	★★ "The Twilight Saga: New Moon" ▢				★★ "The Twilight Saga: Eclipse" ('10, Dra) *Kristen Stewart.* ▢						"The Twilight Saga: B...		180	311
FSW	226	-	Post-game ▢	Angels ▢	Focused ▢	Crashed Ice ▢			WPT Poker ▢		WPT Poker ▢		Cliff Diving ▢		-	692
FSPT	228	-	Red Bull ▢	Red Bull ▢	Boxing Classics ▢				Crankwor ▢	Crashed Ice ▢			Boxing Classics ▢		-	-
FX	554	124	★★ "Furious 7" ('15, Act) *Vin Diesel.* ▢					★★ "The Fate of the Furious" ('17, Act) *Vin Diesel.* ▢							136	248
GOLF	216	86	PGA Golf ▢		Golf Central (N) ▢		Golf WGC: St. Jude Invitational Site: TPC Southwind -- Memphis, Tenn. ▢								401	218
HALL	452	128	"Pride, Prejudice and Mistletoe" *Lacey Chabert.* ▢				"Reunited at Christmas" ('18, Dra) *Beverley Breuer.* ▢				Good Witch (N) ▢		"Sister of the Bride" ▢		185	312
HGTV	323	232	Caribbean ▢	Caribbean ▢	Beachfront Bargain (N) ▢		Mexico Life (N) ▢		Island Life (N) ▢		Hawaii ▢	Hawaii Life ▢	Mexico Life ▢		112	229
HISTORY	327	133	American Pickers ▢		Pickers "The Joy of Sax" ▢		American Pickers ▢		Pickers "One Wheel Deal" ▢		American Pickers: Bonus Buys "Top Dollar Toys" (N) ▢				120	269
HBO	611	502	Divorce ▢	Years and "Episode 5" ▢		★★ "Fantastic Beasts: The Crimes of Grindelwald" ▢			"Widows" ('18, Cri) ▢						303	504
HBO2	612	503	Big Lies ▢	Big Little Lies ▢		★ "Red Sparrow" ('18, Myst) *Jennifer Lawrence.* ▢					Euphoria ▢	Euphoria ▢		Movie	304	505
KBS	80	-	News	Golden Oldies ▢		Boss in the Mirror			Mother ▢	Mother of Mine ▢		Open Concert ▢		Superman ▢	-	-
LIFE	448	226	"Pregnant and Deadly" ('') ▢				"A Mother's Worst Fear" ('18, Dra) *Katrina Begin.* ▢				"Anniversary Nightmare" ('', Dra) ▢				108	276
LMN	449	227	"The Wrong Stepmother" ('', Thril) *Vivica A. Fox.* ▢				"The Wrong Mommy" ('', Susp) *Vivica A. Fox.* ▢				"The Wrong Tutor" ('', Thril) ▢				109	253
MAX	622	515	★★ "Mystery, Alaska" ('99, Spt) *Russell Crowe.* ▢				★★ "Against the Ropes" ('04, Dra) *Meg Ryan.* ▢				"Hunter Killer" ('18, Act) *Gerard Butler.* ▢				311	516
MSNBC	107	175	Kasie DC ▢				American Swamp (N) ▢		Headliners (N) ▢		Dateline Extra		Dateline Extra		209	356
NATGEO	347	130	Port Protection ▢		Port Protect "Trapped" ▢		Port Pro "Backwoods Fix" ▢		Wicked Tuna: Outer (N) ▢		W. Tuna "Tangled Up" (N) ▢		Wicked Tuna (N) ▢		186	276
NGN	677	-	Ganbaru ▢	Brain ▢	Manpuku	PONPON ▢	Erin ▢	Mogitate TV ▢		HakkenR	Natsuzora ▢	Choshich ▢	Ikiiki	Brain/News	-	-
NICK	446	100	Henry Danger		H.Danger	H.Danger	H.Danger	H.Danger	Henry Danger		★★ "Madagascar 3: Europe's Most Wanted" ▢				171	300
OC16	16	89	Miss HI Scholarship		Fishing Adv.	BrownBag ▢	B.R.A.V.E. TV	Cook. ▢	Showcase ▢	Skin Diver ▢	Hawaii Goes Fishing (N) ▢		Outside ▢	Crafting ▢	-	-
OCSPT	12	-	NCAA Baseball ▢		NCAA Basketball Cal State - Fullerton at Hawaii ▢				NCAA Volleyball Ball State vs. Hawaii ▢				NCAA Basket. UCD/Haw. ▢		-	-
OLELO53	53	53	Veteran's Empowerment "Veterans Grassroots Forum"				Education ▢	Punavision ▢	Renovati	Island Focus	Keiki ▢	Education ▢	Sports Programming ▢		-	-
OLELO54	54	54	News ▢	Newswire Hawaii ▢		Social/ Political Programming ▢			Country Talk Story ▢		Social/ Political Programming ▢				-	-
OLELO55	55	55	Inspiration ▢	Hope	Adrian Yuen	Perf. in You	Inspirational Programming ▢			Bridge	Inspirational Prog. ▢		Sauniga Lotu ▢		-	-
OWN*	343	242	Weight Loss "Mike Epstein"		Weight Loss "Jarvez Hall" ▢		Weight "Sally Adams" ▢		20/20 on OWN ▢		20/20OWN "Faking It" ▢		20/20 on OWN ▢		189	279
OXY	558	229	Snap. "Jasmine Harlee" ▢		Snap. "Melissa Patterson" ▢		Snap. "Theresa Voss" (N) ▢		License to Kill (N) ▢		A Lie to Die For (N) ▢		Buried "Fatal Secrets" ▢		127	251
PARMT	559	141	Bar Rescue		Bar Rescue		Bar Rescue "In a Pinch"		Bar Rescue ▢		Bar Res. "Dalia's Inferno" ▢		Bar Rescue ▢		241	241
SHOW*	633	451	"Mile 22" ('18, Act) *Mark Wahlberg.* ▢				Shangri-La ▢		City on a Hill ▢		TheLoudestVoice "2009" ▢		City on a Hill (N) ▢		319	546
SYFY	557	144	★★ "Volcano" ('97, Act) *Tommy Lee Jones.* ▢					★★★ "Twister" ('96, Act) *Helen Hunt.* ▢					★★★ "San Andreas" ▢		122	244
TBS	551	121	Movie	★★ "Remember the Titans" ('00, Dra) *Denzel Washington.* ▢					BigBang ▢	BigBang ▢	BigBang ▢	BigBang ▢	Claws (N) ▢		139	247
TCM	602	157	"The Year of Living Da...		★★★★ "A Place in the Sun" *Montgomery Clift.* ▢				"An American Tragedy" *Phillips Holmes.* ▢				"Haxan"		132	256
TLC*	331	132	Dr. Pimple Popper ▢		Dr. Pimple Popper ▢		Dr. Pimple Popper ▢		The Family Chantel ▢		90 Day Fiancé ▢		90 Day Fiancé (N) ▢		183	280
TMC	644	467	Movie	"Midnight Sun" *Bella Thorne.* ▢			★★ "Panic Room" ('02, Thril) *Jodie Foster.* ▢				★★★ "Demolition Man" *Sylvester Stallone.* ▢				329	554
TNT	553	125	★★★ "Man of Steel" ('13, Act) *Henry Cavill.* ▢					★★★★ "Suicide Squad" ('16, Act) *Will Smith.* ▢					Claws (N) ▢		138	245
TOON	440	103	Gumball	OKKO!	OKKO!	Gumball	Gumball	Gumball	Craig ▢/Craig	Victor/Victor	Samurai ▢	Final Space	BobBurg. ▢	BobBurg. ▢	177	297
TRAVEL*	325	139	UFOs: The Lost Evidence		Paranormal ▢		Paranormal ▢		Paranormal ▢		Paranormal ▢		Ripley's Believe (N)		196	277
TVLAND	441	127	G. Girls ▢	G. Girls ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	Loves Ray ▢	106	304
USA*	555	123	"The Fast & the Furious: Tokyo Drift"		★★ "The Fast and the Furious" ('01, Act) *Vin Diesel.* ▢						★★★★ "Captain America: The Winter Soldier" ▢				105	242
WE	451	230	Law & Order "Good Girl" ▢		Law & Order "Survivor" ▢		Law & Order "Corruption" ▢		LawOrder "Double Blind" ▢		Law & Order "Deadbeat" ▢		Law & Order ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/28	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	Last Man ▢	Last Man ▢	Simpsons ▢	BobBurg. ▢	FamilyGuy ▢	Happened ▢	News (N) ▢	New Hope ▢	Wahine ▢	Mom ▢	Leverage ▢		2	2
(4) KITV	4	4	Celebrity Fam. Feud (N) ▢		$100,000 Pyramid (N) ▢		To Tell the Truth (N) ▢		News (N) ▢	Rizzoli & Isles ▢		Interest "Mission Creep" ▢		M.Crimes ▢	4	4
(9) KHII	5	5	Wahine ▢	Asia ▢	FamilyGuy ▢	BobBurg. ▢	Castle "Kill Shot" ▢		News (N) ▢	Sam Choy ▢	Cops ▢	Cops ▢	Provdnce ▢	JetSet ▢	5	5
(5) KGMB	7	7	Big Brother (N) ▢		Instinct (N) ▢		The Good Fight (N) ▢		News (N) ▢	In Depth ▢	Elementary "Step Nine" ▢		Madam Secretary ▢		9	9
(11) KHET	10	11	Masterpiece "Poldark" ▢		Masterpiece (N) ▢		Story China "Golden Age" ▢		Story China "The Ming" ▢		ToCont (N) ▢	Long Story ▢	Kingdoms "The Andes" ▢		11	11
(13) KHNL	8	8	USATF Track & Field ▢		America's Got Talent "Judge Cuts 2" ▢				News (N) ▢	Outdoors ▢	NCIS:NO "Powder Keg" ▢		The Listener "Reckoning" ▢		13	13
(14) KWHE	11	14	Paid ▢	Life Purpose	J. Lani Rich	Word Life	Apocalyp ▢	Evangel. ▢	Paid ▢	Yukon ▢	Yukon ▢	Yukon ▢	Who'sBoss ▢	Who'sBoss ▢	14	-
(20) KIKU	9	20	Oshin ▢		Makeover Mom 3/3 ▢		Makeover Mom 2			Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	KFVE Mele ▢		Hokkaido ▢	Doko Ga ▢	News (N) ▢	Black-ish ▢	Friends ▢	Seinfeld ▢	News ▢	Queens ▢	Queens ▢	Paid ▢		
(26) KAAH*	26	26	"The Path of the Wind"		JordanRubin	Evolut. ▢	Praise the Lord Classics ▢				Reign ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	The Nokdu Flower (N) ▢				News (N) ▢ /Unknown Woman (N) ▢			The Butlers (N) ▢			Off Air ▢		-	-
(44) KWBN		44	P. Stone ▢	In Corner ▢	Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	"Los 4 Fantásticos" (2015, Action) ▢				Crónicas		María	Noticiero ▢	La Jugada ▢		Vecinos ▢	Renta Co	-	-
(66) KPXO	27	27	Chicago P.D. "Payback" ▢		Chicago P.D. "Saved" ▢		Chicago P.D. "Allegiance" ▢		Chicago "Homecoming" ▢		Chicago "Stepping Stone" ▢		Chicago P.D. ▢			
A&E	547	129	★★★ "The Expendables 2" *Sylvester Stallone.* ▢				★★ "The Expendables" ('10, Act) *Jet Li.* ▢				★★★ "The Expendables 2" *Sylvester Stallone.* ▢				118	265
AHC*	345	137	Civil War ▢		Civil War ▢		WW II "Red Sun Rampant" ▢		American Titans ▢		Titans "Edison vs. Tesla" ▢		American Lawmen ▢		195	287
AMC	600	159	NOS4A2 (N) ▢		NOS4A2 "Sleigh House/ Gunbarrel" ▢				★★★ "I Am Legend" ('07, Sci-Fi) *Will Smith.* ▢				NOS4A2 ▢		131	254
ANPL	329	107	North Woods Law ▢		North Woods Law ▢		WoodsLaw "Frozen Over" ▢		Woods Law "Wild Winter" ▢		North Woods Law ▢		North Woods Law ▢		184	282
BBCA	341	135	★★ "Vegas Vacation" *Chevy Chase.* ▢		★★ "National Lampoon's European Vacation" ▢					★★★★ "Stand by Me" ('86, Adv) *Wil Wheaton.* ▢				Top Gear ▢	135	264
BRAVO	560	237	Watch (N) ▢	Watch ▢	Watch ▢	Housewives Potomac ▢		South-CharmNewOrlean ▢		Beverly Hills ▢		The Real Housewives ▢		Watch ▢	129	237
CNBC	116	176	Shark Tank ▢		Paid ▢	Paid ▢	*Profit "Simply Slices" ▢		Street Signs ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	The Movies "The Seventies"		CNN Newsroom ▢		CNN Newsroom ▢		Early Start ▢		Early Start ▢		New Day		200	202
COMEDY	545	142	★★ "Tommy Boy" ▢		★ "Joe Dirt 2: Beautiful Loser" ('15, Com) *David Spade.* ▢					SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Public Affairs Programming ▢										Q & A ▢		210	350
CW	93	2	Pandora ▢		Pandora ▢		Wipeout ▢		Kickin' It ▢		Murdoch "The Big Chill" ▢		First Family	Mr. Box ▢	3	395
DISC	333	131	SharkTripEatPrey (N) ▢		Shark After Dark (N)		Shark Trip: Eat Prey Chum ▢				Shark After Dark		ExpeditionUnknown ▢		182	278
DISNEY*	444	98	"Teen Beach Movie" *Ross Lynch.* ▢		"Teen Beach Movie 2" ('15, Fam) *Ross Lynch.* ▢					BigCity ▢	Raven's. ▢	Andi Mack ▢	Bunk'd ▢	Bunk'd ▢	173	291
E!*	549	240	RevengeBodyKhloéKard ▢		RevengeBodyKhloéKard ▢		RevengeBodyKhloé (N) ▢		Nightly (N) ▢	★★ "Hitch" ('05, Com) *Will Smith.* ▢					114	236
ESPN	222	70	SportsCenter ▢		SportsCenter ▢			SportsCenter ▢			SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	UFC Main Event (N) ▢		UFC "Diaz vs. Miller" (N) ▢		MLB Baseball New York Yankees at Boston Red Sox ▢				E:60 Pictures "Mandarich"		Golic and Wingo (L)		144	209
FILI	688	320	ASAP ▢	Gandang ▢	Pareng Partners		ASAP ▢			Goin' Bulilit	Rated K	The Bottomline ▢		Adobo ▢	-	-
FNC	109	178	Life, Liberty & Levin		Fox News Sunday ▢		MediaBuzz ▢		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Great FoodTruck Race ▢		Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Guy's Grocery Games ▢		110	231
FREE*	538	122	"The Twilight Saga: Breaking Dawn...		★★★ "The Twilight Saga: Breaking Dawn Part 2" ('12, Fant) *Robert Pattinson.* ▢							★★★ "The Vow" *Rachel McAdams.* ▢			180	311
FSW	226	-	Motocross X-Fighters ▢		WPT Poker ▢		MLB Baseball Baltimore Orioles at Los Angeles Angels ▢				Post-game ▢	Angels ▢	Paid ▢	Paid ▢	-	692
FSPT	228	-	Boxing Classics ▢		Motocross X-Fighters ▢		WPT Poker ▢		WPT Poker ▢		Cliff Diving ▢		Paid ▢	Paid ▢	-	-
FX	554	124	The Weekly (N) ▢		★★★ "Fast & Furious 6" ('13, Act) *Vin Diesel.* ▢						The Weekly ▢		Paid ▢	Paid ▢	136	248
GOLF	216	86	Golf Senior Open Championship Site: Royal Lytham & St. Annes Golf Club ▢						PGA Golf Barracuda Championship ▢				Golf Central ▢		401	218
HALL	452	128	"Sister of the Bride" ▢		Preview ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	Island Life ▢		Hawaii Life ▢	Hawaii ▢	Bargain ▢	Bargain ▢	Paid Program ▢				Paid ▢	Island Life ▢	112	229
HISTORY	327	133	American Pickers: Bonus Buys "Top Dollar Toys" (N) ▢				American Pickers: Bonus Buys "Top Dollar Toys" ▢								120	269
HBO	611	502	Euphoria (N) ▢		Last Wk (N)	Euphoria ▢		Last Week	"Share" (", Dra) *Rhianne Barreto.* ▢			Euphoria ▢		Last Week	303	504
HBO2	612	503	★★ "The Mask" *Jim Carrey.* ▢			"A Fantastic Fear of Everything"			★★★ "Darkman" ('90, Act) *Liam Neeson.* ▢				"Darkman 2: The Retur...		304	505
KBS	80	-	The Return of Superman ▢		News ▢	Battle Trip ▢			Immortal Songs 2 ▢			Mr. House Husband ▢		SeniirTalk	-	-
LIFE	448	226	"V.C. Andrews' Heaven" *Matthew Nelson-Mahood.* ▢				"Anniversary Nightmare" (", Dra) ▢					"V.C. Andrews' Heaven" *Matthew Nelson-Mahood.* ▢			108	276
LMN	449	227	"The Wrong Boy Next Door" (", Thril) *Vivica A. Fox.* ▢				"The Wrong Tutor" (", Thril) ▢					"The Wrong Boy Next Door" (", Thril) *Vivica A. Fox.* ▢			109	253
MAX	622	515	★★★ "The Day After Tomorrow" *Dennis Quaid.* ▢				★★ "Tomb Raider" ('18, Act) *Alicia Vikander.* ▢					★★★ "The Lost Boys" ▢		Movie	311	516
MSNBC	107	175	Dateline "Blind Justice" ▢				Dateline "Betrayed" ▢		First Look (N) ▢		First Look (N) ▢		Morning Joe ▢		209	356
NATGEO	347	130	Gordon Ramsay (N) ▢		W. Tuna "Reel Outlaws" ▢		Gordon Ramsay ▢		W. Tuna "Tangled Up" ▢		Wild China ▢		Wild China		186	276
NGN	677	-	Brain (N) ▢ /Matsuko (N)		Brain (N) ▢	Kokkai (N) ▢	Yumehiro ▢	News (N) ▢	News ▢	Brain ▢ /Ganbaru Kimi ▢		Oishisa	Enka and Seishun Songs ▢		-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢		Mom ▢	Queens ▢	Queens ▢	Queens ▢	171	300
OC16	16	89	FshnSnse ▢	Hawaii (N) ▢	Braddahs ▢	Pet Hui ▢	Fishing Adv.	Japan ▢	Pakele ▢	Tech (N) ▢	B.R.A.V.E. TV	TheChamp ▢	Outside HI ▢	Crafting ▢	-	-
OCSPT	12	-	NCAA Basket. UCD/Haw. ▢		NCAA Basketball Long Beach State at Hawaii ▢				NCAA Softball UC Riverside vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	Sports Programming ▢						Educational Programming ▢				Sports Programming ▢		-	-
OLELO54	54	54	Social/ Political Programming ▢						Ho'olokahi ▢	Social/ Political Programming ▢			Social Programming ▢		-	-
OLELO55	55	55	Christ ▢	Inspirational Prog. ▢		Reunion Church		Times	Tupulaga Talavou		Hawaii Para Cristo ▢		Classic Arts Showcase ▢		-	-
OWN*	343	242	20/20OWN "Linda Lusk" ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20OWN "Linda Lusk" ▢		20/20 on OWN ▢		20/20OWN "Faking It" ▢		189	279
OXY	558	229	Uncovered: The McMartin Family Trials ▢				License to Kill ▢		Injustice With Nancy ▢		A Lie to Die For ▢		Snapped "Theresa Voss" ▢		127	251
PARMT	559	141	Bar Rescue (N) ▢		Bar Rescue ▢		Bar Rescue ▢		Bar Rescue ▢		Bar Rescue ▢		Bar Rescue		241	241
SHOW*	633	451	LoudestVoice "2012" (N) ▢		City on a Hill ▢		TheLoudestVoice "2012" ▢		DesMero ▢	TheLoudestVoice "2012" ▢		City on a Hill ▢		"Mile 22"	319	546
SYFY	557	144	★★★ "San Andreas" *Dwayne Johnson.* ▢		Futurama ▢		Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	★★ "Starship Troopers" ▢			122	244
TBS	551	121	Claws ▢		★★ "Remember the Titans" ('00, Dra) *Denzel Washington.* ▢					★★ "The Replacements" ('00, Spt) *Keanu Reeves.* ▢					139	247
TCM	602	157	"Haxan"		"Le Samourai" ('67) *Alain Delon.* ▢				"Swann in Love" ▢				★★ "The Key" ▢		132	256
TLC*	331	132	90 Day Fiancé (N) ▢		90 Day Fiancé: Happily Ever After? "Tell All: Part 2" ▢				sMothered (N) ▢		Unexpected (N) ▢		Fiancé "Tell All: Part 2" ▢		183	280
TMC	644	467	"The Dark Tower" *Idris Elba.* ▢			"Billionaire Boys Club" ('18, Dra) *Kevin Spacey.* ▢				★★★ "24 Hour Party People" *Steve Coogan.* ▢				Movie	329	554
TNT	553	125	Claws ▢		★★★ "Insurgent" ('15, Sci-Fi) *Shailene Woodley.* ▢					★★★★ "The Divergent Series: Allegiant" *Shailene Woodley.* ▢					138	245
TOON	440	103	Am.Dad ▢	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	TysonM.	Jellies/Jellies	Pretty/Pretty	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	TysonM.	177	297
TRAVEL*	325	139	Legendary Locations (N) ▢		America Unearthed ▢		Ripley's "Great Obsessions"		Legendary Locations ▢		America Unearthed ▢		Paranormal ▢		196	277
TVLAND	441	127	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Goldberg ▢	Goldberg ▢	106	304
USA*	555	123	"Captain America: The...		★★★★ "xXx: Return of Xander Cage" *Vin Diesel.* ▢				★★★★ "xXx: Return of Xander Cage" *Vin Diesel.* ▢				Modern ▢	Modern ▢	105	242
WE	451	230	Law&Order "Entrapment" ▢		Law & Order "Legacy" ▢		Law & Order "Menace" ▢		Law & O: CI "Yesterday" ▢		Law & O: CI "Maledictus" ▢		Law&Order: CI "Badge" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/29 to 08/02		D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30
(2) KHON		3	3	Wake Up 2Day		Wake Up 2Day - Take 2		Living 808		Live With Kelly and Ryan		The 700 Club		The Rachael Ray Show	
(4) KITV		4	4	Good Morning America				The View		Steve!		Strahan and Sara		News	Justice
(9) KHII		5	5	Wake Up 2Day		Wake Up 2Day - Take 2		Solar/ Paid	Doyle Trade	Divorce Court	Divorce Court	Judge Mathis		Judge Faith	Judge Faith
(5) KGMB		7	7	Hawaii News Now Sun.		CBS This Morning				The Price Is Right		Paid Program	Bold & B.	Let's Make a Deal	
(11) KHET		10	11	C.George	Pinka-Peter	Peg + Cat	Dinosaur T.	Daniel Tiger	Daniel Tiger	Molly Denali	Ready Jet Go!	Nature Cat	Cat in the Hat	Sesame St.	SplashBubble
(13) KHNL		8	8	Today				Today III		Today With Hoda and Jenna		Judge Judy	Judge Judy	Paid/(W) Life	Paid Program
(14) KWHE		11	14	Life Today	Various	Sumrall	Through Bible	Business	Various	Paid Program	Paid Program	Joyce Meyer	Life Today	Various	Various
(20) KIKU		9	20	News Express	Business	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid	Paid	Oshin/ Soko Ga/ Mystery	
KFVE		22	13	Hawaii News Now: Sun		Hawaii News Now Sun		The Wendy Williams Show		FunnyAsk	Paid Program	Paid Program	Paid Program	The Real	
(26) KAAH*		26	26	Enjoying Life	Better Tog.	Life Today	Jewish V/Jesus	The 700 Club		John Hagee	Various	Praise	(Th) B. Graham	Various	Various
(32) KBFD		2	6	Off Air				Paid Program		Paid Program		Paid Program	Various	News/Gangnam Scandal	
(44) KWBN			44	Various	Various	Various	Today	Joseph Prince	Gary Keesee	Various	Bill Winston	Various	Reflections	Various	Various
(46) KHLU		35	-	Despierta America						La Gata		Noticiero	Los guapos	Como dice el dicho	
(66) KPXO	M	27	27	Law & Order: Criminal Intent		Law & Order: Criminal Intent		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	Tu			Law & Order: Criminal Intent		Law & Order: Criminal Intent		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	W			Law & Order		Law & Order		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
	Th			Law & Order		Law & Order		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
	F			Animal Sci	Animal Sci	Zoo Clues	Zoo Clues	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles	
A&E		547	129	(M) Interve./(Tu-Th) First 48		Various	(Tu) PD Cam	Various	PDCam	Various	PDCam	Various	(F) Live PD	First48	(F) Live PD
AHC*		345	137	Various		Various		Various		Various		Various		Various	
AMC		600	159	(M) Movie		(Tu) Movie	(W) Movie	Movie	(M) Movie			Movie	Movie	(Th) Movie	
ANPL	M	329	107	Animal Cribs		The Zoo		Crikey! It's the Irwins		Pit Bulls & Parolees		Pit Bulls & Parolees		River Monsters	
	Tu			Animal Cribs		The Zoo		Crikey! It's the Irwins		Pit Bulls & Parolees		Pit Bulls & Parolees		River Monsters	
	W			Animal Cribs		The Zoo		Crikey! It's the Irwins		Pit Bulls & Parolees		Pit Bulls & Parolees		River Monsters	
	Th			Ice Gold After Thaw		Ice Cold Gold		Ice Cold Gold		Ice Cold Gold		Ice Cold Gold		Ice Cold Gold	
	F			Dr. Jeff: Rocky Mountain Vet		The Zoo		The Secret Life of the Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees		River Monsters	
BRAVO	M	560	237	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
	Tu			The Real Housewives		The Real Housewives		The Real Housewives		The Real Housewives		The Real Housewives		The Real Housewives	
	W			Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm	
	Th			Million Dollar List		Million Dollar List		Million Dollar List		Million Dollar List		Million Dollar List		Million Dollar List	
	F			Below Deck	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck
CNBC		116	176	The Exchange		Power Lunch		Closing Bell				Fast Money	(F) Options	Mad Money	
CNN		113	172	CNN Right Now		CNN Newsroom		CNN Newsroom		The Lead With Jake Tapper		The Situation Room		The Situation Room	
COMEDY		545	142	Futur./Futur.	Futur./Futur.	Futur./Futur.	Futur./Futur.	Various	(W) SouthPk	Various	Various	Various	Various	Various	Various
CSPAN		45	61	U.S. House of Representatives				(F) Public Affairs Event							
CW		93	2	Wake Up 2Day		Wake Up 2Day - Take 2		Access Live		Paid Program	Solar	Pickler & Ben		CorruptCrime	Mysteries
DISC	M	333	131	Shark Planet		Sharks and the City: L.A.		Monster Hammerhead		Jaws Strikes Back		Shark Trek		Cuba's Secret Shark Lair	
	Tu			Great White Serial		Great White-Killer		Air Jaws		Bride of Jaws		Isle of Jaws		Ninja Sharks	
	W			Day of the Shark 3		Monster Mako		The Return of the		Lair of the Mega Shark		Island of the Mega Shark		Zombie Sharks	
	Th			Shark Week		Sharkageddon		Sharkpocalypse		Extinct or Alive		Sharks vs. Dolphins		Shark-Croc Showdown	
	F			I Escaped Jaws		Devil Sharks		Sharkwrecked		SharksHeadstoneHell		Jaws of the Deep		Great Hammerhead Invasion	
DISNEY*		444	98	Gigantosauru	MuppetB.	Puppy Pals	Puppy Pals	T.O.T.S./Puppy	Vampirina	Various	BigCity	BigCityGreen	BigCityGreen	Amphibia	Jessie
E!*		549	24	Various	(M) Kardash	Various		Various		Various		Various		The Daily Pop	
ESPN		222	70	OLines/ SprtC	NFL Live			NBA: The Jump		High Noon	Highly?	Around Horn	Interruption	SportsCenter	
ESPN2		224	74	First Take		J & J/(W) Baseball T.		NFL Live			C. Football	HighNoon	Highly?	Around Horn	Interruption
FILI		688	320	It's Showtime					Various	Various	Playhouse	Los Bastard	Kadenang Ginto		FPJ Ang
FNC		109	178	Outnumbered Overtime		The Daily Briefing		Shepard Smith Reporting		Your World		The Five		Special Report	
FOOD	M	321	231	The Kitchen		The Kitchen		The Kitchen		Pioneer	Pioneer	Chopped Junior		Chopped	
	Tu			S. Kitchen	S. Kitchen	S. Kitchen	S. Kitchen	S. Kitchen	Miss Brown	Pioneer	Pioneer	Chopped Junior		Chopped Junior	
	W			Farm Rules	Farm Rules	Farm Rules	Farm Rules	Farm Rules	Farm Rules	Pioneer	Pioneer	Guy's Grocery Games		Guy's Grocery Games	
	Th			Cupcake Wars		Cupcake Wars		Cupcake Wars		Pioneer	Pioneer	Beat Flay	Beat Flay	Beat Flay	Beat Flay
	F			Basics	Barefoot	Barefoot	Barefoot	Barefoot	Giada in Italy	Pioneer	Pioneer	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE*		538	122	YoungHungry	YoungHungry	Baby Daddy	Baby Daddy	Baby Daddy	700 Club	The 700 Club		Various	(F) Movie		
FSW	M	226	-	Tennis Champions		Baseball Baltimore Orioles at Los Angeles Angels MLB				Post-game	AngelsWeekly	Spotlight	Focused	Baseball Bal./L.A. A.	
	Tu			Red Bull H/L	Crankworx	Drag Racing NHRA Denver, Colo.						AnglerChron.	Fishing	Tennis Legends Champions	
	W			Tennis Legends Champions		WSL Highlights		AngelsWeekly	Pre-game	Baseball Detroit Tigers at Los Angeles Angels MLB Site: Angel Stadium Anaheim, Calif.					
	Th			WSL Highlights		Baseball Detroit Tigers at Los Angeles Angels MLB				Poker WPT		Spotlight	Destination	Tennis Legends Champions	
	F			RedBullSignature		Red Bull H/L	Crankworx	Destination	Golf Life	Focused	Spotlight	Destination	Arenacross Chicago, Ill.		Pre-game
FSWPT		228	-	Various	Fishing/ Swing	Various	(Tu) Football	Horse Race	(F) Horse Race	(M) Drag Racing		(Tu) Tennis			Various
FX		554	124	Movie / Movie / Movie		Various	M.Molly	Met Mother	Mother	Various	Movie/ M.Molly	Various	(F) Mike&M.	(F) Mike&M.	(F) Movie
GOLF		216	86	Various	Academy	Various	(W) SwingEx.	(W) PGA Tour	(W) Tom at Turnberry	(W) Academy		(W) PGA Tour	(W) Tee Time	Golf Central	
HALL		452	128	Home and Family				Movies				Movies			
HGTV	M	323	232	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It	
	Tu			Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper	
	W			Buying and Selling		Buying and Selling		Buying and Selling		Buying and Selling		Buying and Selling		Buying and Selling	
	Th			Christina on	Christina on	Christina on the Coast		Bargain Hunt	Bargain Hunt	Bargain Hunt	Bargain Hunt	Bargain Hunt	Bargain Hunt	Bargain Hunt	Bargain Hunt
	F			Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers	
HISTORY	M	327	133	Modern Marvels				American Pickers		American Pickers		American Pickers		American Pickers	
	Tu			In the Heart of the Sea		Last Stand of the 300				Caligula: 1400 Days of Terror				American Pickers	
	W			CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	CountCars
	Th			Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars
	F			The UnXplained		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens	

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News Movies Sports

07/29 to 08/02		D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30
HBO	M	611	502	Movie	★★★★ Entrapment (Cri, '99) *Sean Connery.*			Warning: This Drug		★★★★ I, Robot (Sci-Fi, '04) *Bridget Moynahan, Will Smith.*				★★ 50 First Dates	
	Tu			★★★★ The Count of Monte Cristo (Adv, '02) *James Caviezel, Guy Pearce.*					★★ Jurassic World: Fallen Kingdom (Act, '18) *Chris Pratt.*				The Old Man & the Gun (Com, '18)		
	W			Movie	Bohemian Rhapsody (Bio, '18) *Rami Malek.*				Real Sports		First Look	★★ Meet the Fockers (Com, '04) *Ben Stiller, Robert De Niro.*			
	Th			★★ Reality Bites (Dra, '94)		Real Sports		★★★ Mean Girls (Com/Dra, '04)			First Look	★★ The Dilemma (Com/Dra, '10) *Vince Vaughn.*			
	F			★ Breakin' All the Rules		★★★★ The Invasion (Hor, '07) *Daniel Craig, Nicole Kidman.*				★★★★ Rescue Dawn (War, '06) *Marshall Bell, Zach Grenier.*				★★★ The Bourne Suprema...	
HBO2		612	503	(Th) Movie		Movie	(W) Movie	Movie	(Tu) Movie	(F) Movie / (W) Movie		Movies	(F) Movie	(W) Movie	(M) Movie
LIFE		448	226	The Closer		The Closer		Wife Swap		Wife Swap		Wife Swap		Wife Swap	
MAX	M	622	515	We Love Moses		★★ The Hot Chick (Com, '02)			★★ The Great White Hype (Com, '96)			★★ One Fine Day (Rom, '96) *George Clooney.*			
	Tu			Movie	★★ Chicago (Mus, '02) *Catherine Zeta-Jones.*				★★ Analyze This (Com, '99) *Billy Crystal, Robert De Niro.*				★★ Kingdom Come (Com/Dra, '01)	
	W			Freeheld (Bio, '15) *Ellen Page.*			★★ Phantom Thread (Dra, '17) *Vicky Krieps, Daniel Day-Lewis.*					Hunter Killer (Act, '18) *Gary Oldman, Gerard Butler.*			
	Th			Lady Macbeth (Dra, '16)		Blindspotting (Com, '18) *Daveed Diggs.*			★★ Empire of the Sun (Dra, '87) *John Malkovich, Christian Bale.*					★★★ Intolerable Cruelty	
	F			Movie	★★ Unknown (Myst, '11) *Diane Kruger, Liam Neeson.*				★★ Closer (Dra, '04) *Julia Roberts.*			★★★ The Town (Act, '10) *Rebecca Hall, Ben Affleck.*			
MSNBC		107	175	MSNBC Live		MSNBC Live With Katy Tur		MSNBC Live With Ali Velshi		Deadline: White House		MTP Daily		The Beat With Ari Melber	
NATGEO		347	130	Various		Various		Various		Various	(M) Manufac.	Various	(M) Manufac.	Various	(M) Manufac.
NGN		677	-	Nihon/ Sakiko	(M) Video/Natsuzora/News		Various		Various	JinActor	Various	JapaNews 24	Various	Various	Nihon/Toritets
NICK		446	100	H.Danger	SpongeBob	Loud House	Loud House	SpongeBob	H.Danger	(TuWF) Sponge	SpongeBob	Various	(Th) Sponge	(Th) Sponge	(Th) Sponge
OC16	M	16	89	Painting	Showcase	R. Mabuyer	Wed. Parlor	Pilates	Building	Japan	Career	Think Tech	FashionSense	Miss HI Scholarship	
	Tu			Every Hawaii	Da Braddahs	Painting	Outside HI	Generations	Board Stories	Wed. Parlor	Joy Crafting	Champ Show	Island Driver	Think Tech	The Pet Hui
	W			Miss Hawaii Scholarship Pageant						The Pet Hui	Cook Haw'n	Skin Diver	Da Braddahs	B.R.A.V.E. TV	Sports Peopl
	Th			Mokan Nokan	Building	Sports Peopl	Pilates	Tiny TV		Ocean	Every Hawaii	Sports	Joy Crafting	Pakele Live	Career
	F			RusselRoost	Mokan Nokan	Fishing Adv.	Career	Da Braddahs	Generations	Building	Pilates	Showcase	Skin Diver	The Pet Hui	Hawaii Fish
OCSPT	M	12	-	BasketC.	Volleyball BWC Tournament Long Beach State vs. Hawaii NCAA						Softball UC Riverside vs. Hawaii NCAA			Football Classic Haw./S.J.	
	Tu			Volleyball	Softball UC Davis vs. Hawaii NCAA					Beach Volleyball Washington vs. Hawaii NCAA				Football Classic Wym./Haw.	
	W			Football Classics Rice vs. Hawaii NCAA				Basketball UC Riverside at Hawaii NCAA			Volleyball Cal State - Northridge vs. Hawaii NCAA			Baseball
	Th			Baseball Longwood at Hawaii NCAA Honolulu, Hawaii					Beach Volleyball Wash./Haw.			Basketball Cal Poly at Hawaii NCAA Honolulu, Hawaii			
	F			Basketball L.B./Haw.		Baseball UC Irvine at Hawaii NCAA Site: Les Murakami Baseball Stadium Honolulu, Hawaii						Basketball Cal Poly at Hawaii NCAA Honolulu, Hawaii			
OLELO53	M	53	53	Off Air		Sports Programming									
	Tu			Deutsche Welle		Arts Programming									
	W			Deutsche Welle		Community Programming							Vietnam TV Hawaii		Community
	Th			Deutsche Welle		Cultural/ Ethnic Programming						HI Memories	Beauties and Festivities		Cultural
	F			Deutsche Welle		Wahiawa Hongwanji Obon Festival			Pacific Islander Programming			Faafiafiaga Suifefiloi		Maimoaga I Samoa	
OLELO54		54	54	Democracy Now!		Various	Mental/ Think	Various	(F) Think	(M) Social/(F) DeoccupyH		(F) Social/ Political Programming			
OLELO55		55	55	(M) Wisdom of Buddhism		Inspirational Programming			(M) Jesus Cares Ministries		(M) Tap in, Not Out		(M) Insp.	(M) Baptist	KumuOla
OWN*		343	242	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXY		558	229	Various		Various		Various		Various		Various		Various	
PARMT		559	141	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Two 1/2 Men	Two 1/2 Men	Two 1/2 Men	Two 1/2 Men
SHOW*	M	633	451	Movie	General Magic			★★★★ The Pursuit of Happyness (Dra, '06) *Will Smith.*				★★★★ Rounders (Dra, '98) *Edward Norton, Matt Damon.*			
	Tu			Wildlife	★★★ The Missing (Susp, '03) *Cate Blanchett, Tommy Lee Jones.*					★★ Gone in 60 Seconds (Act, '00) *Nicolas Cage.*				★★★★ Revolver (Myst, '05)	
	W			100%	★★★ Ali (Bio, '01) *Mario Van Peebles, Will Smith.*					M. Ali	★★ 3:10 to Yuma (West, '07) *Christian Bale, Russell Crowe.*			Black '47	
	Th			★★★ 13 Going on 30		★★★ The Back-Up Plan (Rom, '10) *Jennifer Lopez.*				★★★★ The Three Musketeers (Adv, '93) *Charlie Sheen.*				★★★★ Dances With Wolves	
	F			★★★★ The Quick and the Dead (West, '95) *Sharon Stone.*				★★ Pearl Harbor (War, '01) *Kate Beckinsale, Ben Affleck.*						★★★★ Escape From L.A.	
SYFY	M	557	144	★★★ Starship Troopers (Sci-Fi, '97)			★★★ Underworld: Evolution (Fant, '06) *Kate Beckinsale.*				★★ Volcano (Act, '97) *Anne Heche, Tommy Lee Jones.*				
	Tu			★★★ Underworld: Evolution (Fant, '06)			★★★ Need for Speed (Act, '14) *Imogen Poots, Aaron Paul.*					★★★ Ghost Rider (Act, '07) *Eva Mendes, Nicolas Cage.*			
	W			★★ Dark Tide (Thril, '12) *Olivier Martinez, Halle Berry.*				★★★ Dragonball Evolution (Act, '09) *Justin Chatwin.*				★★★★ Harry Potter and the Sorcerer's Stone (Fant, '01)			
	Th			CSI: Crime	CSI: Crime Scene		Truth or Dare (Hor, '17) *Heather Langenkamp.*				★★ Push (Thril, '09) *Dakota Fanning, Chris Evans.*				
	F			Z Nation	Z Nation		The Girl With All the Gifts (Dra, '16) *Glenn Close, Gemma Arterton.*					★★ Hellboy II: The Golden Army (Adv, '08) *Ron Perlman.*			
TBS		551	121	Friends/ Sein.	Friends	Friends	Friends	Friends	Friends	Am.Dad	Am.Dad	Am.Dad	Am.Dad	BobBurg.	BobBurg.
TCM	M	602	157	★★★★ Libeled Lady (Com, '36) *Jean Harlow.*		★★★★ After the Thin Man (Myst, '36) *Myrna Loy, William Powell.*						★★★★ The Great Ziegfeld (Mus, '36) *William Powell.*			
	Tu			Movie	★★★ Full Confession (Cri, '39)	★★★ Fighting Father Dunne (True, '48) *Pat O'Brien.*					★★★ I Confess (Myst, '53)			★★ The Angel Wore Red	
	W			★★ China Sky (War, '45)		★★★ Operation Pacific (Rom, '51) *John Wayne.*				★★★ Cry Havoc (War, '44)			Angel Mercy	★★ Homecoming (Dra, '48)	
	Th			★★★ The Long Night		★★★ The Fugitive (Dra, '47) *Henry Fonda.*			★★★★ Mister Roberts (Com, '55) *James Cagney, Henry Fonda.*					★★★ The Wrong Man	
	F			★ Pierre Of The Plains (Dra, '42)			★★★ Susan and God (Dra, '40) *Joan Crawford.*				★★★ Tender Comrade (War, '43)			★★★ The Facts of Life	
TLC*		331	132	OutDaughtered		Daughter/ TBA/ Pimple		Various		Various		SayYes	(M-W) Say Yes	Various	(M-W) Say Yes
TMC	M	644	467	Last Seen in Idaho (Act, '18)		SuperGrid (Thril, '18)		★★ Two Weeks (Com, '06) *Ben Chaplin, Sally Field.*				★★ The Lizzie McGuire Movie (Com, '03)			Movie
	Tu			Movie	Agnostic Front			★★ An Unfinished Life (Dra, '05) *Robert Redford.*				★★★ Gods and Monsters (Doc/Dra, '98) *Ian McKellen.*			
	W			Movie	It's a Party ('Com) *Carl Tart, Ego Nwodim.*			★★ The Exorcism of Emily Rose (Hor, '05)				★★★ Nine (Dra, '09) *Marion Cotillard, Daniel Day-Lewis.*			
	Th			Baby Driver (Act, '17)		A Kid Like Jake (Dra, '18) *Claire Danes.*			★★★ Born Romantic (Com, '00)			★★ Risky Business (Com, '83) *Tom Cruise.*			
	F			Sorry for Your Loss		★★★ Copying Beethoven (Dra, '06) *Ed Harris, Diane Kruger.*				★★★ La Bamba (Bio, '87) *Lou Diamond Phillips.*				Bran Nue Dae	
TNT		553	125	Supernatural		Supernatural		Supernatural		(M-W) Super./(Th F) Bones		(M-W) Super./(Th F) Bones		Various	
TOON		440	103	TeenT./TeenT.	Various	TeenT./TeenT.	Gumball	Gumball	Gumball	Various	Various	TeenT./TeenT.	TeenT./TeenT.	Ben 10/Craig	Craig/Craig
TRAVEL*	M	325	139	Fear the Woods		Fear the Woods		A Haunting		A Haunting		A Haunting		A Haunting	
	Tu			Legends of the Lost		Legends of the Lost		Destination Truth		Destination Truth		Destination Truth		Destination Truth	
	W			Mountain Monsters		Mountain Monsters		Mysteries at the Museum		Mysteries at the Museum		Mysteries at the Museum		Mysteries at the Museum	
	Th			My Ghost Story		My Ghost Story		My Ghost Story		My Ghost Story		My Ghost Story		The Dead Files	
	F			Haunted Case Files		Haunted Case Files		Haunted Case Files		Haunted Case Files		Haunted Case Files		Ghosts of Morgan City	
TVLAND		441	127	A. Griffith	A. Griffith	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke	
USA*		555	123	NCIS: Los Angeles		NCIS		Chicago/ NCIS/ SVU		Chicago/ NCIS/ SVU		Chicago/ NCIS/ SVU		Chicago/ NCIS/ SVU	
WE		451	230	Law & O: CI/(Tu) CSI: Miami		Law & O: CI/(Tu) CSI: Miami		Law & O: CI/(Tu) CSI: Miami		Law & O: CI/(Tu) CSI: Miami		Law & O: CI/(Tu) CSI: Miami		Law&O./ CSI/ Law&O.: C.I.	

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News Movies Sports

07/29 to 08/02		D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
(2) KHON		3	3	Family Feud	Family Feud	The People's Court		Dr. Phil		News	Inside Edition	News	KHON2 News	KHON2 News	Wheel
(4) KITV		4	4	General Hospital		FaceTruth	FaceTruth	The Dr. Oz Show		The Ellen DeGeneres Show		KITV News 5	News	KITV Island News	
(9) KHII		5	5	Paid/ Solar	Paid Program	Access Live		The Doctors		Living 808		Family Feud	Family Feud	Mom	The Big Bang
(5) KGMB		7	7	The Young and the Restless		The Talk		Millionaire?	Millionaire?	Jeopardy!	Jeopardy!	News	Evening News	Hawaii News	Ent. Tonight
(11) KHET		10	11	Various	Various	Various	Various	Japanlgy	WordGirl	Arthur	Odd Squad	Various	Business	World News	News
(13) KHNL		8	8	Days of Our Lives		This Minute	This Minute	Hot Bench	Hot Bench	Judge Judy	Judge Judy	News	Hawaii News	NBC News	Modern Fam
(14) KWHE		11	14	Various	Various	Various	Various	AmericaCourt	AmericaCourt	Judge Faith	Judge Faith	Steve Harvey	Steve Harvey	A. Griffith	A. Griffith
(20) KIKU		9	20	Various		M. Mom 2/Paid	Paid Program	Paid Program	Paid Program	When I Needed You		Balitang	TV Patrol		Kuru Kuru
KFVE		22	13	Extra	TMZ	The List	Last Man St.	TMZ Live!		The Wendy Williams Show		Goldberg	Hawaii News	Hawaii News	Hawaii News
(26) KAAH*		26	26	Various	Potter Touch	Praise	(W) T.Point	Various	Various	Various	Various	Praise	(W) History	Various	Various
(32) KBFD		2	6	Nokdu/ Helper/ OnlyOne		(Tu W) Hide and/(Th F) Doctor Detective		Various		KBFD News	Paid Program			Religious	Various
(44) KWBN			44	Various	John Hagee	Gospel Truth	Table Talk	Marcus and Joni Lamb		Various	Various	Various	K. Copeland	Life Today	Enjoying Life
(46) KHLU		35	-	Hoy		Sin Tu Mirada		El gordo y la flaca		Primer impacto		P. Luche	Noticiero	Amor eterno	
(66) KPXO	M	27	27	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	Tu			Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	W			Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
	Th			Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
	F			NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles	
A&E		547	129	Various	(F) Live PD	Various	(M) Live PD	Various	(M) Live PD	Various	(M) Live PD	Various	(M) Live PD	Rescue/ Wahlbrg/ Live PD	
AHC*		345	137	Various		Various		Various		Various		Various		Various	
AMC		600	159	Movie	(F) Movie	Movies	(Th) Movie					Movies			
ANPL	M	329	107	The Last Alaskans		The Last Alaskans		The Last Alaskans		The Last Alaskans		The Last Alaskans		I Was Prey / Last Alaskans	
	Tu			River Monsters		River Monsters		River Monsters		River Monsters		Jeremy Wade's Dark Waters		Jeremy Wade's Dark Waters	
	W			Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law: Uncuffed			
	Th			Ice Cold Gold		Ice Cold Gold		Ice Cold Gold		Ice Cold Gold		Ice Cold Gold		Ice Cold Gold	
	F			River Monsters: Lost		River Monsters		River Monsters		NatureSolved	NatureSolved	NatureSolved	NatureSolved	River Monsters	
BRAVO	M	560	237	Below Deck		Below Deck		Below Deck: Mediterranean		Below Deck: Mediterranean		Below Deck: Mediterranean		Below Deck: Mediterranean	
	Tu			Real Housewives cont'd next		Real Housewives Pt. 2 of 2		Beverly Hills		Beverly Hills 1/3 cont'd next		Beverly Hills 2/3 cont'd next		Beverly Hills	
	W			Southern Charm		Southern Charm		Southern Charm		Southern Charm cont'd next		Southern Charm Pt. 2 of 2		Southern Charm	
	Th			Million Dollar List		Million Dollar List		Million Dollar List		Million Dollar List		Million Dollar List		Million Dollar List	
	F			Below Deck	Below Deck		Below Deck		Below Deck		Below Deck		★★★ A Madea Christmas (Com, '13)		
CNBC		116	176	Greed/ Shark T./ No Deal		Greed/ Shark T./ No Deal		Various		Various		Various		Various	
CNN		113	172	OutFront/ Pre-Show		A.Cooper/ Democratic		(M Th) Cuomo Prime Time		(M Th) CNN Tonight		CNN Ton./ Analysis/ Hate		(M Th) A.Cooper/(Tu W) Analysis	
COMEDY		545	142	Various	Various	Various	Office	Office	Various	(W) SouthPk	Various	Office	Office	Office	Office
CSPAN		45	61	Public Affairs Event				Politics & Public Policy Today						Politics & Public	
CW		93	2	In Providence	In Providence	Paid Program	Paid Program	The Jerry Springer Show		Maury		Dr. Phil		Access	Two 1/2 Men
DISC	M	333	131	Guy Fieri's Feeding Frenzy		Shark Trip: Eat Prey Chum				Laws of Jaws: Sharkmania		Sharks of the Badlands		Legend of Deep Blue	
	Tu			Sharks of the Badlands		Sharks of Cuba		Ronda Rousey Uncaged		SharksHellSharkmania		Sharkwrecked		Laws of Jaws	
	W			Air Jaws Strikes Back		SharkCam Strikes Back		Alien Sharks: Greatest Hits		ExpeditionMegalodon		Extinct or Alive		Capsized: Blood in the Water	
	Th			Sharkwrecked		Capsized: Blood in the Water				LawsOfJaws		Return to Shark Island		Guadalupe Kill Zone	
	F			Shallow Water Invasion		Tiger Shark Invasion		Air Jaws: The Hunted		StrikesBack		Isle of Jaws: Blood Brothers		Andrew Mayne: Ghost Diver	
DISNEY*		444	98	Jessie	Bunk'd	Sydney Max	Raven's.	BigCity/ Jessie	BigCity/ Jessie	Various	Various	Various	Andi M./ Jessie	Various	Various
E!*		549	24	Various	(F) Kardash	Kardash	(F) Kardash	Various	Chrisley	Various	Movie	Various	(M) Chrisley	Various	(M) Chrisley
ESPN		222	70	Various	(W) Tonight	(Tu) 30 for 30 / (W) Baseball		(Tu) ESPN/(Th F) X Games		(M) SprtC/(Tu) Chris Herren		SportsCenter		SportsCenter	
ESPN2		224	74	Various		SportsC.	30/30	(W) NFLGreat	(F) Basketball	UFC207	(Tu) NFL L/(W) NFL Greats		(W F) NFLLive	Various	(F) NFL Live
FILI		688	320	Ngayon at K	Halik	Barangay/TFC/TV Patrol		Various	Balitang	FPJ Ang Probinsyano		Ngayon at K	Playhouse	Halik	
FNC		109	178	The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night		Tucker Carlson Tonight	
FOOD	M	321	231	Chopped Pt. 1 of 5 cont'd next		Chopped Pt. 2 of 5 cont'd next		Chopped Pt. 3 of 5 cont'd next		Chopped Pt. 4 of 5 cont'd next		Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
	Tu			Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped	
	W			Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
	Th			Chopped		Chopped		Chopped		Chopped		Chopped		BBQ Brawl (SP)	
	F			Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE*		538	122	(Tu-Th) Middle	(Tu-Th) Middle	The Middle	Movie	Movie	(M W Th) Middle	(M W Th) Middle	Movie	Movie	Movie	(M) Movie / (W) Movie	
FSW	M	226	-	Baseball Bal./L.A. A.		Poker WPT		Drag Racing NHRA Denver, Colo.						Mixed Martial Arts Lights Out	
	Tu			Tennis Legends Champions		Golf Life	Destination	AngelsWeekly	Pre-game	Baseball Detroit Tigers at Los Angeles Angels MLB Site: Angel Stadium Anaheim, Calif.					
	W			Post-game	AngelsWeekly	WSL Highlights		Arenacross Chicago, Ill.		Baseball Detroit Tigers at Los Angeles Angels MLB Site: Angel Stadium Anaheim, Calif.					
	Th			Tennis Legends Champions		Drag Racing NHRA Denver, Colo.						Arenacross Chicago, Ill.		WSL Highlights	
	F			Baseball Los Angeles Angels at Cleveland Indians MLB Cleveland, Ohio						Post-game	AngelsWeekly	Baseball Los Angeles Angels at Cleveland Indians MLB			
FSWPT		228	-	M Tennis/ W Tennis/ F Arena.		Poker/ Diving/ Drag R.		Drag R./ WSL/ Motocr.		Various		(W) Cliff Diving/(F) Boxing		Tu Arena./ W Red Bull/ Th Boxing	
FX		554	124	(M) Movie	(Tu) Movie/(W) Movie	(F) Movie				Movie	(Tu) Movie	(F) Movie			
GOLF		216	86	Various	Various	Masters/ Movie/ T.Woods		(M) Feherty		Feherty/ Movie/ Hogan		Golf C./ Hogan/ Golf		(M) Feherty/(Tu W) Golf C.	
HALL		452	128	Movies				Movies				Movies			
HGTV	M	323	232	Love It or List It		Love It or List It		Hidden Poten	Hidden Poten	House Huntrs	House Hunter	My First Place	House Huntrs	Hidden Poten	Hidden Poten
	Tu			Fixer Upper		Fixer Upper		Good Bones		House Huntrs	House Hunter	House Huntrs	House Hunter	Good Bones	
	W			Buying and Selling		Property Brothers		Property Brothers		House Huntrs	House Hunter	House Huntrs	House Hunter	Property Brothers	
	Th			Bargain Hunt	Bargain Hunt	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	House Huntrs	House Hunter	Going for S	House Huntrs	Flip or Flop	Flip or Flop
	F			Property Brothers		Dream Home	Dream Home	Dream Home	Dream Home	House Huntrs	House Hunter	House Huntrs	House Hunter	Dream Home	Dream Home
HISTORY	M	327	133	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers	
	Tu			American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers	
	W			CountCars	CountCars	CountCars	CountCars	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire	
	Th			Pawn Stars		Pawn Stars		Mountain Men		Mountain Men		Mountain Men		Ax Men	
	F			Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens: Declassified		Ancient Aliens	

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News Movies Sports

07/29 to 08/02		D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
HBO	M	611	502	★★ 50 First Dates		★★ Rush Hour 2 (Act, '01) *Jackie Chan.*		Last Week		★★ The Meg (Act, '18) *Ruby Rose, Jason Statham.*				Years and Years (SF)	
	Tu			WhoKilledGarrett Pt. 1 of 2 cont'd next		Who Killed Garrett Phillips? Pt. 2 of 2					Vice News	★★ The A-Team (Act, '10) *Bradley Cooper, Liam Neeson.*			
	W			★★ Little Fockers (Com, '10) *Ben Stiller.*		★ The Predator (Act, '18) *Olivia Munn, Boyd Holbrook.*					Vice News	Unmasking JihadiJohn		★ Widows	
	Th			★★ Going the Distance (Com/Dra, '10)		★★ The Nun (Hor, '18) *Taissa Farmiga, Demián Bichir.*					Vice News	★ Share (Dra, '') *Rhianne Barreto.*		Euphoria	
	F			★★★ The Bourne Suprema...		HBO First Look/★★ BlacKkKlansman (Bio, '18) *John David Washington.*					Vice News	★★★★ Boy Erased (Bio, '18) *Nicole Kidman, Lucas Hedges.*			
HBO2		612	503	Movie	(F) Unmasking JihadiJohn	Various		Movie/ Divorce	(F) Movie / (W) Movie		(M) Movie	Years/ Divorce	(Th) Movie	Movie/ Euphoria/ Sports	
LIFE		448	226	Wife Swap		Wife Swap		Wife Swap / (W) Marrying		Various		Various	Married	(Tu) DanceMom/(Th) Women	
MAX	M	622	515	★★★ Hail, Caesar! (Com/Dra, '16) *Josh Brolin.*				★★ Out of Sight (Cri, '98) *Jennifer Lopez, George Clooney.*				Jett		★★ Fifty Shades Freed	
	Tu			★★★ True Lies (Act, '94) *Arnold Schwarzenegger, Jamie Lee Curtis.*					★★ The Perfect Score (Com, '04)			★ The Odd Couple II (Com, '98)		Movie	
	W			★★ Against the Ropes (Dra, '04) *Omar Epps, Meg Ryan.*				★★ Tomb Raider (Act, '18) *Alicia Vikander.*				Father Figures (Com, '17) *Ed Helms, Owen Wilson.*			
	Th			★★★ Intolerable Cruelty		★★ The Ice Harvest (Dra, '05)			★ The Take (Act, '16) *Idris Elba.*			★ Traffik (Thril, '18) *Omar Epps, Paula Patton.*		Movie	
	F			★★ Red Eye (Thril, '05) *Rachel McAdams.*			★★ Isle of Dogs (Ani, '18) *Koyu Rankin, Bryan Cranston.*				★★ Armageddon (Adv, '98) *Liv Tyler, Bruce Willis.*				
MSNBC		107	175	Hardball		All In With Chris Hayes		The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show	
NATGEO		347	130	Various	(M) Manufac.	Various	(M) Manufac.	Various		Various		Various		Various	
NGN		677	-	Various	Seishun/Brain	Various	Oishisa	Various	Erin/Utagoe	Various	Various	Natsuzora	PONPONJUMP!/News		Brain/News
NICK		446	100	LoudH.	Loud House	Loud House	Loud House	H.Danger	Various	Smarter	Sponge	Various	Movie	(Tu) Movie	
OC16	M	16	89	Miss Hawaii Scholarship Pageant				B.R.A.V.E. TV	Mokan Nokan	Fishing Adv.	Brown Bags	Sports	Generations	Da Braddahs	R. Mabuyer
	Tu			Sports Peopl	Ocean	RusselRoost	Showcase	Pilates	Da Braddahs	Flhi Girlz	Board Stories	Wed. Parlor	Painting	Fishing Adv.	B.R.A.V.E. TV
	W			Sports	Tiny TV		Fishing Adv.	Cookin' Cutty	R. Mabuyer	Outside HI	Every Hawaii	Japan	Champ Show	Ocean	Painting
	Th			Building	Pilates	B.R.A.V.E. TV	Cook Haw'n	Island Driver	Hawaii Goes Fishing		Skin Diver	FashionSense	The Pet Hui	Cookin' Cutty	Fishing Adv.
	F			Hawaii Fish	Think Tech	Champ Show	Wed. Parlor	Painting	Japan	Cook Haw'n	Board Stories	Ocean	Pakele Live	Island Driver	Sports Peopl
OCSPT	M	12	-	Football Classics Hawaii vs. San Jose State NCAA San Jose, Calif.						Basketball Classics Portland vs. Hawaii NCAA				Baseball Ore./Haw.	
	Tu			Football Classics Wyoming vs. Hawaii NCAA				Baseball Iowa at Hawaii NCAA Site: Les Murakami Baseball Stadium Honolulu, Hawaii							Basket.
	W			Baseball Longwood at Hawaii NCAA Site: Les Murakami Baseball Stadium Honolulu, Hawaii						Soccer Classics UC Riverside vs. Hawaii NCAA				Basket. Classics Ida./Haw.	
	Th			Volleyball UC Santa Barbara vs. Hawaii NCAA		Basketball Cal State - Fullerton at Hawaii NCAA Honolulu, Hawaii						Football Classics Duquesne vs. Hawaii NCAA			
	F			Volleyball UC Santa Barbara vs. Hawaii NCAA					Beach Volleyball Washington vs. Hawaii NCAA				Softball UT-Arlington vs. Hawaii NCAA		
OLELO53	M	53	53	Sports Programming						Sports Programming				Arts Programming	
	Tu			Arts Programming										Wahiawa Hongwanji Ob	
	W			Community Programming		Short Take Block			Oahu Speaks	VN- TV		Community Programming		Educational Programming	
	Th			Cultural/ Ethnic Programming					Wahiawa Hongwanji Obon Festival			Hawaii Okinawa Today		Maimoaga I Samoa	
	F			Motu O Fiafiaga		Samoa Mo Samoa		Pacific Islander Programming						Not for Sale	HI Prog.
OLELO54		54	54	Social/ Political Programming						(M) News	(F) I Mauli Ola	News	(F) Medicare	Various	Self/ Kukui
OLELO55		55	55	(M W Th) Inspirational Prog.		(Tu) Reunion Church		(Tu) Insp.	(Th) Inspow.	Various	(M) Insp.	Various	Empower/ Insp.	Various	Insp./ Our Time
OWN*		343	242	Various		Various		Various		Various		Various		Various	
OXY		558	229	Various		Various		Various		Various		Various		Various	
PARMT		559	141	2½Men/ Mom	Various	2½Men/ Mom	2½Men/ Mom	Cops/ Mom	Cops/ Mom	Various	Cops/ Mom	Various	(M) Cops	Cops/ Cowboy	(M) Cops
SHOW*	M	633	451	★ Nightcrawler (Thril, '14) *Bill Paxton, Jake Gyllenhaal.*				★★ The Italian Job (Act, '03) *Mark Wahlberg.*				City on a Hill		The Loudest Voice	
	Tu			Movie		★★ Primal Fear (Susp, '96) *Laura Linney, Richard Gere.*				★ Danny Collins (Com/Dra, '15) *Al Pacino.*				City on a Hill	
	W			★ Black '47 (Act, '18) *Hugo Weaving.*			★ Den of Thieves (Act, '18) *Jordan Bridges, Gerard Butler.*					★★★ Total Recall (Sci-Fi, '90) *Arnold Schwarzenegger.*			
	Th			★★★ Dances With Wolves (Epic, '90) *Kevin Costner.*				★★ The Ledge (Thril, '11) *Patrick Wilson, Charlie Hunnam.*				The Loudest Voice		★★ Bad Company (Act, '02)	
	F			★★★ Escape From L.A.		★ The Dark Tower (Act, '17) *Idris Elba.*			★ Den of Thieves (Act, '18) *Jordan Bridges, Gerard Butler.*					Shangri-La (F)	
SYFY	M	557	144	★★ Need for Speed (Act, '14) *Imogen Poots, Aaron Paul.*						★★ The Fast and the Furious (Act, '01) *Michelle Rodriguez, Vin Diesel.*				Movie	
	Tu			Movie		★★ The Fast and the Furious (Act, '01) *Michelle Rodriguez, Vin Diesel.*				★★ Two Fast Two Furious (Act, '03) *Paul Walker.*				★★ The Fast & the Furious:...	
	W			★★★★ Harry Potter & the Sorcerer's Stone			★★ The Fast and the Furious: Tokyo Drift (Act, '06) *Lucas Black.*					★★ Fast and Furious (Act, '09) *Paul Walker, Vin Diesel.*			
	Th			★★ The Call (Thril, '13) *Halle Berry.*				★★ Fast and Furious (Act, '09) *Paul Walker, Vin Diesel.*				★★★ Fast Five (Act, '11) *Paul Walker, Vin Diesel.*			
	F			Movie		★★★ Fast Five (Act, '11) *Paul Walker, Vin Diesel.*							★★★ San Andreas (Act, '15) *Carla Gugino, Dwayne Johnson.*		
TBS		551	121	(M) BobBurg.	BobBurg.	BobBurg.	Fam.Guy	Family Guy	Family Guy	Various	Various	Various	Fam.Guy	Fam.Guy	Fam.Guy
TCM	M	602	157	★★★★ The Great Ziegfeld		★★★ Experiment in Terror (Cri, '62) *Lee Remick, Glenn Ford.*				★ Rage ('Dra) *Stella Stevens, Glenn Ford.*				★★★ Fate Is the Hunter	
	Tu			★★ The Angel Wore Red		★★★★ Close Encounters of the Third Kind (Sci-Fi, '77) *Richard Dreyfuss.*					★★★★ Star Wars: Episode IV - A New Hope (Sci-Fi, '77)			Movie	
	W			★★ Homecoming (Dra, '48)		★★★★ Star Wars: Episode IV - A New Hope (Sci-Fi, '77)				★★★★ Young Frankenstein (Com, '74) *Gene Wilder.*				★★★ The French Connection	
	Th			★★★ The Wrong Man		★★★ The Lady Eve (Rom, '41) *Barbara Stanwyck.*				★★★★ Twelve Angry Men (Dra, '57) *Henry Fonda.*				★★★ Yours, Mine and Ours	
	F			★★★ The Facts of Life		★★★★ The Philadelphia Story (Com, '40)				★★★★ The Uninvited (Hor, '44) *Ruth Hussey, Ray Milland.*				★★ Our Wife (Com, '41)	
TLC*		331	132	Weddings/ Daughter/ Unxpect		Various		Wedding/ Daughter/ Unxpect		Various		Various	(M W) Say Yes	Various	(M W) Say Yes
TMC	M	644	467	★ Cradle of Champions		★ Walking Out (Adv, '17) *Josh Wiggins, Matt Bomer.*				★★★ Into the Wild (Adv, '07) *Marcia Gay Harden, Emile Hirsch.*				Movie	
	Tu			★★★★ The Death of Stalin (Com, '18) *Steve Buscemi.*				★★★ Pork Pie (Com, '18) *James Rolleston, Dean O'Gorman.*				★ Bad Grandmas (Act, '17) *Pam Grier.*		★ I Spy	
	W			★★ Panic Room (Thril, '02) *Forest Whitaker, Jodie Foster.*				★★★ Demolition Man (Sci-Fi, '93) *Sylvester Stallone.*				★ The Foreigner (Act, '17) *Pierce Brosnan, Jackie Chan.*			
	Th			★★★ Sling Blade (Dra, '95) *Lucas Black, Billy Bob Thornton.*				★★ The People Under the Stairs (Hor, '91)				★★★★ Molly's Game (Bio, '17) *Idris Elba, Jessica Chastain.*			
	F			Movie		★ This Isn't Funny (Com, '15) *Paul Ashton.*				★★ Jersey Girl (Com/Dra, '04) *Raquel Castro, Ben Affleck.*				★★★ Midnight in Paris (Rom, '11)		Movie	
TNT		553	125	(W) Movie / (F) Bones		(F) Bones	Movie	(Tu) Movie/(W) Movie/(F) Bones		(F) Bones		Movies		(Tu) Animal Kingdom	
TOON		440	103	Drama Island	Drama Island	Total/Total	Victor/Victor	TeenT./TeenT.	TeenT./TeenT.	Gumball	Gumball	Amer. Dad	Amer. Dad	BobBurg.	BobBurg.
TRAVEL*	M	325	139	A Haunting		A Haunting		A Haunting		A Haunting		A Haunting			
	Tu			Legendary Locations		Legendary Locations		Expedition Unknown		Expedition Unknown		Expedition Unknown			
	W			UFOs: The Lost Evidence		UFOs: The Lost Evidence		UFOs: Uncovering the Truth		UFOs: The Lost Evidence		UFOs: The Lost Evidence		UFOs: The Lost Evidence	
	Th			The Dead Files		The Dead Files		The Dead Files		The Dead Files		The Dead Files			
	F			Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City	
TVLAND		441	127	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray
USA*		555	123	Chicago/ NCIS/ SVU		Various	(Tu) Chrisley	Various	(Tu) Chrisley	Various	(Tu) Chrisley	Various	Movie	Modern/ SVU	(M Tu) Modern
WE		451	230	Law&O./ C.Minds/ Law&O.: C.I.		Law&O./ C.Minds/ Law&O.: C.I.		Various		Various		Various		Various	

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News | Movies | Sports

07/29	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	Beat Shazam ▢		Think You Can Dance (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	The Bachelorette Pt. 1 of 2 cont'd July 30 (N) ▢				Grand Hotel (N) ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	Paid ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	Law & Order: C.I. "Dead" ▢		Law & O: CI "Bright Boy" ▢		Access ▢	Daily (N) ▢	DailyMail ▢	Dateline ▢		The Game ▢	5	5
(5) KGMB	7	7	Love Island (N) ▢		BigBang ▢	Nbhood ▢	Bull "Excessive Force" ▢		News (N) ▢	The Late Show ▢		James Corden (N) ▢		ET (N) ▢	9	9
(11) KHET	10	11	News (N) ▢	Na Mele ▢	Antiques Roadshow (N) ▢		POV "Inventing Tomorrow" (N) ▢			POV ▢	Amanpour/Company (N) ▢	M'piece "Grantchester" ▢			11	11
(13) KHNL	8	8	American Ninja War. "Oklahoma City City Finals" (N) ▢				Dateline NBC (N) ▢		News (N) ▢	The Tonight Show (N) ▢		Seth Meyers ▢		Last Call ▢	13	13
(14) KWHE	11	14	Heartland ▢		Mad About ▢	Mad About ▢	NwsRadio ▢	NwsRadio ▢	Celeb ▢	50Plus ▢	A. Griffith ▢	A. Griffith ▢	Who'sBoss ▢	Who'sBoss ▢	14	-
(20) KIKU	9	20	Soko Ga Japan ▢		Oishii Gohan ▢		News Express FCI (N) ▢		Paid ▢	Windward ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	HI Now ▢		Chicago P.D. ▢		News (N) ▢	Black-ish ▢	Rules ▢	Live PD ▢	News ▢	Black-ish ▢	Extra ▢	Friends ▢		
(26) KAAH*	26	26	Marriage	Reign ▢	History ▢	John Gray ▢	Praise ▢		Biblical Women		John Gray ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	World (N)	Hide and Seek (N)			News ▢ /Gangnam ▢		Your House Helper (N)		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Marcus and Joni Lamb		Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	La Reina Soy Yo		La rosa de Guadalupe ▢				Impacto ▢	Noticie. ▢	Contacto Deportivo ▢		La rosa de Guadalupe ▢		-	-
(66) KPXO	27	27	Criminal Minds "#6" ▢		Criminal Minds ▢		C.Minds "The Replicator" ▢		C.Minds "The Inspiration" ▢		C.Minds "The Inspired" ▢		Crim. Minds "Final Shot" ▢			
A&E	547	129	Live Rescue ▢		Live Rescue: Rewind ▢		Live PD ▢	Live PD ▢	Live Rescue ▢				Live Rescue: Rewind ▢		118	265
AHC*	345	137	WW II "The Island War" ▢		World War II in Color ▢		World War II "Overlord" ▢		Codes "Code Wars" ▢		Codes Consp. "Civil War" ▢		Combat Tech "Bombers" ▢		195	287
AMC	600	159	★★★ "American Sniper" ▢		★★★★ "G.I. Jane" ('97, Dra) *Demi Moore.* ▢						Lodge 49 ▢		Lodge 49 ▢		131	254
ANPL	329	107	Alaskans "Winter's Dawn" ▢		The Last Alaskans ▢		The Last Alaskans ▢		The Last Alaskans ▢		Alaskans "Winter's Dawn" ▢		The Last Alaskans ▢		184	282
BBCA	341	135	Movie	★★★ "Escape Plan" ('13, Act) *Sylvester Stallone.* ▢					★★★★ "The Terminator" ('84, Sci-Fi) *Arnold Schwarzenegger.* ▢					Movie	135	264
BRAVO	560	237	Below Deck ▢		Watch (N) ▢	Below "A Whole Different Ball Game" ▢			Below Deck ▢		Below Deck ▢		Watch ▢	Watch ▢	129	237
CNBC	116	176	American Greed: Scam ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Street Signs ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	Cuomo Prime Time		CNN Tonight ▢		CNN Tonight ▢		Early Start ▢		Early Start ▢		New Day (L)		200	202
COMEDY	545	142	The Office ▢	The Office ▢	Daily S. ▢	LightOut ▢	Alternat ▢	SouthPk ▢	SouthPk ▢	Daily Show ▢	Lights Out ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Event ▢								210	350
CW	93	2	Penn&Teller (N) ▢		Whose (N) ▢	Whose ▢	BigBang ▢	Jokers ▢	Dateline ▢		The People's Court ▢		Divorce ▢	Divorce ▢	3	395
DISC	333	131	SharksHeadstone (N) ▢		Shark After Dark (N)		Legend of Deep Blue ▢		SharksHeadstoneHell ▢		Shark After Dark		Sharks of the Badlands ▢		182	278
DISNEY*	444	98	"Descendants" ▢		"Descendants 2" ('17, Fant) *Dove Cameron.* ▢				OhDisney	BigCity ▢	Raven's. ▢	Andi Mack ▢	Bunk'd ▢	Bunk'd ▢	173	291
E!*	549	240	E! News (N) ▢		Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Nightly ▢	The Kardashians ▢		Sex & City ▢	114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		MLB Baseball Atlanta Braves at Washington Nationals ▢				SportsCenter ▢		140	206
ESPN2	224	74	UFC Main Event (N) ▢		NowNever	UFC Main ▢	UFC Main Event (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		Golic and Wingo (L)		144	209
FILI	688	320	Kadenang	Los Bastard	Boy Abunda	Bandila ▢	Balitang ▢	Magandang Buhay ▢		It's Showtime ▢					-	-
FNC	109	178	Hannity ▢		Fox News @ Night		Special Report ▢		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	110	231
FREE*	538	122	★★★★ "The Sandlot" ▢		★★ "The Parent Trap" ('98, Fam) *Lindsay Lohan.* ▢						The 700 Club ▢		★★ "Mirror Mirror" ▢		180	311
FSW	226	-	Mixed M Arts Lights Out ▢		WPT Poker ▢		NHRA Drag Racing -- Denver, Colo. ▢						Paid ▢	Paid ▢	-	692
FSPT	228	-	NHRA Drag Racing -- Denver, Colo. ▢						Boxing Classics ▢				Paid ▢	Paid ▢	-	-
FX	554	124	Legion "Chapter 25" (N) ▢		Legion "Chapter 25" ▢		Legion "Chapter 24" ▢		Legion "Chapter 25" ▢		Mike&M. ▢	FXM ▢	Paid ▢	Paid ▢	136	248
GOLF	216	86	Feherty "Carson Daly" ▢		SwingEx.	Academy	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Golf Central ▢		Golf Central ▢		401	218
HALL	452	128	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	H.Hunt ▢	House ▢	My Place ▢	H.Hunt ▢	Love It or List It ▢		Paid Program ▢				Paid ▢	TinyHouse ▢	112	229
HISTORY	327	133	Pawn Stars (N) ▢		Pawn Stars ▢		Pickers "Freaky Florida" ▢		Pawn Stars ▢		American Pickers ▢		Pawn Stars ▢		120	269
HBO	611	502	Divorce ▢	Years and "Episode 6" ▢		Divorce ▢	"First Man" ('18, Bio) *Ryan Gosling.* ▢					★ "Red Sparrow" *Jennifer Lawrence.* ▢			303	504
HBO2	612	503	Movie	★★★ "Bad Times at the El Royale" ('18, Myst) ▢					Ramy Youssef: Feelings ▢		★★★ "Weekend at Bernie's" ▢			Movie	304	505
KBS	80	-	News ▢ /HomeSummer ▢		News ▢	Screening Humanity ▢		Place ▢	Women's Composure		Home ▢	What Happens to My Family?			-	-
LIFE	448	226	Movie	"Abducted: The Carlina White Story"			"Madea's Big Happy Family" ('11, Dra) *Tyler Perry.* ▢					"Abducted: The Carlina White Story"			108	276
LMN	449	227	"The Perfect Mother" ('18, Dra) *Sunny Mabrey.* ▢				"In Bed With a Killer" (", Thril) *Jennifer Taylor.* ▢				"The Perfect Mother" ('18, Dra) *Sunny Mabrey.* ▢				109	253
MAX	622	515	Movie	★★ "Flirting With Disaster" ('96, Com) *Ben Stiller.* ▢			★★★★ "The Thing About My Folks" ▢				"Patti Cake$" ('17, Dra) *Danielle Macdonald.* ▢				311	516
MSNBC	107	175	The Last Word ▢		The 11th Hour ▢		All In With Chris Hayes ▢		The 11th Hour ▢		First Look (N) ▢		Morning Joe ▢		209	356
NATGEO	347	130	Hitler "Island of Fire" (N) ▢		Drain the Oceans ▢		Drain the Oceans ▢		Hitler "Island of Fire" ▢		Secrets of Area 51		Secret History of UFOs ▢		186	276
NGN	677	-	Natsuzo. ▢	Radiation House (N) ▢		Brain/Mentai	JinActor ▢	News (N) ▢	News ▢	Brain ▢ /Radiation ▢		Nihon ▢	Toritetsudo	Enka ▢	-	-
NICK	446	100	Movie	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢		Mom ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	89	Sports P ▢	Cook. ▢	Pet Hui ▢	Pakele ▢	Driver ▢	Outside HI ▢	FshnSnse ▢	Tiny TV (N) ▢		Crafting ▢	Braddahs ▢	R. Mabuyer	-	-
OCSPT	12	-	NCAA Baseball Oregon at Hawaii Site: Les Murakami Baseball Stadium ▢						NCAA Basketball Classics Humboldt State vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	Arts Programming ▢						Oahu Speaks	Short Take Block			Arts Programming ▢		-	-
OLELO54	54	54	Social/ Political Programming ▢								Democracy Now! ▢		Social Programming ▢		-	-
OLELO55	55	55	Inspirational Programming ▢					In the Sanctuary		Inspirational Programming ▢			Classic Arts Showcase ▢		-	-
OWN*	343	242	Deadline		Dateline ▢		20/20 on OWN ▢		Deadline		Dateline ▢		Dateline "The Stranger" ▢		189	279
OXY	558	229	Uncovered: The McMartin Family Trials ▢				Buried in the Backyard ▢		License to Kill ▢		Snapped "Shaunna Dodd" ▢		Snapped "Shajia Ayobi" ▢		127	251
PARMT	559	141	Cops (N) ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	Cops ▢	241	241
SHOW*	633	451	City on a Hill ▢		DesMero ▢	Gigolos ▢	DesMero ▢	TheLoudestVoice "2012" ▢		Shangri-La ▢		★★★★ "Pulp Fiction" *John Travolta.* ▢			319	546
SYFY	557	144	★★★ "Two Fast Two Furious" ▢			Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Krypton ▢		Twilight ▢	122	244
TBS	551	121	Am.Dad ▢	Final Space	Conan ▢	Seinfeld ▢	Seinfeld ▢	Conan ▢	Seinfeld ▢	Seinfeld ▢	Brooklyn ▢	Brooklyn ▢	2 Broke G. ▢	2 Broke G. ▢	139	247
TCM	602	157	"Fate Is the Hunter" ▢		★★★★ "The Four Horsemen of the Apocalypse" ('62, War) *Glenn Ford.*						★★★ "The White Tower" *Glenn Ford.* ▢			Movie	132	256
TLC*	331	132	90 Day "Chickening Out" ▢		90 Day Fiancé (N) ▢		90 Day Fiancé (N) ▢		The Family Chantel (N) ▢		sMothered ▢		90 Day Fiancé ▢		183	280
TMC	644	467	★★★★ "The English Patient" *Ralph Fiennes.* ▢				"All I See Is You" ('16, Dra) *Blake Lively.* ▢				★★ "The Whistleblower" ('10, Bio) *Rachel Weisz.* ▢				329	554
TNT	553	125	Movie	★★★ "Million Dollar Arm" ('14, Bio) *Jon Hamm.* ▢					Castle "The Late Shaft" ▢		Castle "Den of Thieves" ▢		Castle "Food to Die For" ▢		138	245
TOON	440	103	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	Space (N) ▢	Jellies/Jellies	Tim&Eric	Amer. Dad ▢	Amer. Dad ▢	BobBurg. ▢	BobBurg. ▢	FamilyGuy ▢	FamilyGuy ▢	177	297
TRAVEL*	325	139	A Haunting (N) ▢		A Haunting ▢		A Haunting ▢		A Haunting "Single Moms Possessed and Terrorized" ▢				A Haunting ▢		196	277
TVLAND	441	127	2½Men ▢	2½Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	2½Men ▢	2½Men ▢	Goldberg ▢	Goldberg ▢	Christine ▢	Christine ▢	106	304
USA*	555	123	Modern ▢	Modern ▢	WWE Monday Night Raw ▢						Modern ▢	Modern ▢	Modern ▢	Modern ▢	105	242
WE	451	230	LawOrder "Double Down" ▢		LawOrder "We Like Mike" ▢		Law & Order "Passion" ▢		CSI "Nothing to Lose" ▢		CSI "Nothing to Lose" ▢		CSI:Miami "Money Plane" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/30	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	Spin the Wheel ◻		9-1-1 "New Beginnings" ◻		News (N) ◻	News (N) ◻	News (N) ◻	BigBang ◻	Mom ◻	2½Men ◻	Showdown ◻	Pawn Star ◻	2	2
(4) KITV	4	4	The Bachelorette (SF) Pt. 2 of 2 from July 29 (N) ◻				Holey Moley ◻		News (N) ◻	Jimmy Kimmel Live ◻		Nightline ◻	KITV News ◻	Paid ◻	4	4
(9) KHII	5	5	News (N) ◻	KHON2 (N) ◻	Chicago P.D. "Home" ◻		Chicago P.D. "Fallen" ◻		Access ◻	Daily (N) ◻	DailyMail ◻	Dateline ◻		The Game ◻	5	5
(5) KGMB	7	7	Love Island (N) ◻		NCIS "Boom" ◻		Blood & Treasure (N) ◻		News (N) ◻	The Late Show (L) ◻		James Corden (N) ◻		ET ◻	9	9
(11) KHET	10	11	News (N) ◻	Story (N) ◻	American Experience "Chasing the Moon" ◻				Beyond a Year in Space ◻		Amanpour/Company (N) ◻		Beyond a Year in Space ◻		11	11
(13) KHNL	8	8	America's Got Talent "Judge Cuts 3" (N) ◻				Bring the Funny (N) ◻		News (N) ◻	The Tonight Show ◻		Seth Meyers ◻		Last Call ◻	13	13
(14) KWHE	11	14	Heartland "Born to Run" ◻		Mad About ◻	Mad About ◻	NwsRadio ◻	NwsRadio ◻	Celeb ◻	Traveler ◻	A. Griffith ◻	A. Griffith ◻	Who'sBoss ◻	Who'sBoss ◻	14	-
(20) KIKU	9	20	Soko Ga Japan ◻		Oshin ◻		News Express FCI (N) ◻		Paid ◻	Life ◻	Paid ◻	Paid ◻	Paid ◻	Paid ◻	20	20
KFVE	22	13	Toolin'	Chef Roc	Chicago P.D. ◻		News (N) ◻	Black-ish ◻	Rules ◻	Live PD ◻	News ◻	Black-ish ◻	Extra ◻	Friends ◻		
(26) KAAH*	26	26	JSekulow ◻	Paradigm	Jewish V ◻	Watchman ◻	Praise ◻		Access 360	JordanRubin	John Gray ◻	S. Furtick ◻	Enjoy-Life ◻	Gospel ◻	-	-
(32) KBFD	2	6	E-News (N) ◻	Hide and Seek (N)			News ◻ /Gangnam ◻		Your House Helper (N)		KBFD News (N) ◻		Off Air ◻		-	-
(44) KWBN		44	Marcus/ Joni "Todd White"		Table Talk	Reflection ◻	Super. ◻	Reflections ◻		Reflections ◻		J. Prince	Marriage ◻	R. Parsley ◻		
(46) KHLU	35	-	La Reina Soy Yo		La rosa de Guadalupe ◻		Sin Miedo a la Verdad (N)		Impacto ◻	Noticie. ◻	Contacto Deportivo ◻		La rosa de Guadalupe ◻		-	-
(66) KPXO	27	27	Criminal Minds "200" ◻		Private Eyes ◻		Private "The Frame Job" ◻		Private Eyes ◻		Private Eyes ◻		Private "The PI Code" ◻			
A&E	547	129	60 Days: Narcoland (N) ◻		Live PD: Rewind ◻		Live PD ◻				60 Days In: Narcoland ◻		Live PD: Rewind ◻		118	265
AHC*	345	137	Project Nazi- Evil ◻		Project Nazi- Evil ◻		Project Nazi- Evil ◻		Nazi Fugitives ◻		Nazi Fugi "Erich Priebke" ◻		WWII in the Pacific ◻		195	287
AMC	600	159	"The Shawshank Red...		★★★ "Cast Away" ('00, Dra) *Tom Hanks.* ◻						Lodge 49 "Sunday" ◻		Lodge 49 "Paradise" ◻		131	254
ANPL	329	107	Wild Australia ◻				Dark Waters ◻		Dark Waters ◻		Wild Australia ◻				184	282
BBCA	341	135	★★ "Galaxy Quest" ('99, Com) *Tim Allen.* ◻					★★★ "Hook" ('91, Fant) *Robin Williams.* Hook kidnaps Peter Pan's kids. ◻						Star Trek ◻	135	264
BRAVO	560	237	Housewives Potomac ◻		Watch (N) ◻	Beverly Hills ◻		The Real Housewives ◻		Below Deck ◻		Below Deck ◻		Watch ◻	129	237
CNBC	116	176	Cash Pad ◻		Paid ◻	Paid ◻	Paid ◻	Paid ◻	Street Signs ◻		Worldwide Exchange ◻		Squawk Box ◻		208	355
CNN	113	172	Debate Post Analysis (L) ◻		Democratic Presidential Debate ◻				Early Start (N)		New Day (L)		New Day (L)		200	202
COMEDY	545	142	Drunk (N) ◻	Alternat ◻	Daily S. ◻	LightOut ◻	Drunk ◻	Drunk ◻	Drunk ◻	Daily Show ◻	SouthPk ◻	SouthPk ◻	SouthPk ◻	SouthPk ◻	107	249
CSPAN	45	61	Politics & Public Policy Today ◻				Public Affairs Event ◻								210	350
CW	93	2	Pandora (N) ◻		The 100 (N) ◻		BigBang ◻	Jokers ◻	Dateline ◻		The People's Court ◻		Divorce ◻	Divorce ◻	3	395
DISC	333	131	AirJawsStrikesBack (N) ◻		Shark After Dark (N)		Laws of Jaws ◻		Air Jaws Strikes Back ◻		Shark After Dark		Sharkwrecked ◻		182	278
DISNEY*	444	98	Raven's. ◻	Sydney ◻	"Descendants 2: Emojified" *Dove Cameron.* ◻				OhDisney	BigCity ◻	Sydney ◻	Andi Mack ◻	Bunk'd ◻	Bunk'd ◻	173	291
E!*	549	240	E! News (N) ◻		★★★ "Fifty Shades Darker" ('17, Rom) *Dakota Johnson.* ◻					★★★ "Fifty Shades Darker" ('17, Rom) *Dakota Johnson.* ◻					114	236
ESPN	222	70	SportsCenter (N) ◻		SportsCenter (N) ◻		SportsCenter ◻		SportsCenter ◻		SportsCenter ◻		SportsCenter ◻		140	206
ESPN2	224	74	UFC "Diaz vs. Miller" ◻		NowNever	UFC Flash ◻	UFC UFC 220 Site: TD Garden -- Boston, Mass. ◻						Golic and Wingo (L)		144	209
FILI	688	320	Kadenang	Los Bastard	Boy Abunda	Bandila ◻	Balitang ◻	Magandang Buhay ◻		It's Showtime ◻					-	-
FNC	109	178	Hannity ◻		The Ingraham Angle		Fox News @ Night		Fox and Friends First ◻		Fox and Friends First ◻		Fox and Friends ◻		205	360
FOOD	321	231	Chopped "Think Small!" ◻		Chopped ◻		Chopped ◻		Chopped "Think Small!" ◻		Chopped ◻		Chopped Junior ◻		110	231
FREE*	538	122	★★ "The Parent Trap" ◻		Good Trouble (N) ◻		★★★ "Matilda" ('96, Fam) *Mara Wilson.* ◻				The 700 Club ◻		★★★ "Clueless" ◻		180	311
FSW	226	-	Post-game ◻	Angels ◻	WPT Poker ◻		MLB Baseball Detroit Tigers at Los Angeles Angels ◻				Post-game ◻	Angels ◻	Paid ◻	Paid ◻	-	692
FSPT	228	-	WSL Highlights ◻		Motocross X-Fighters ◻		Cliff Diving ◻		Crashed Ice ◻			Red Bull ◻	Paid ◻	Paid ◻	-	-
FX	554	124	Pose "Blow" (N) ◻		Pose "Blow" ◻		Pose ◻		Pose "Blow" ◻		Mike&M. ◻	FXM ◻	Paid ◻	Paid ◻	136	248
GOLF	216	86	School Golf	Tee Time	PGA Tour (N)	Learn (N) ◻	Paid ◻	Paid ◻	Paid ◻	Paid ◻	PGA Tour	SwingEx.	Golf Central ◻		401	218
HALL	452	128	G. Girls ◻	G. Girls ◻	G. Girls ◻	G. Girls ◻	G. Girls ◻	G. Girls ◻	Frasier ◻	Frasier ◻	Frasier ◻	Frasier ◻	Frasier ◻	Frasier ◻	185	312
HGTV	323	232	H.Hunt ◻	House ◻	H.Hunt ◻	House ◻	Fixer Upper ◻		Paid Program ◻				Paid ◻	Rehab ◻	112	229
HISTORY	327	133	American Pickers ◻		American Pickers ◻		American Pickers ◻		American Pickers ◻		Pickers "Picker's Dozen" ◻		American Pickers ◻		120	269
HBO	611	502	Real Sports (N) ◻		Years and "Episode 6" ◻		Euphoria ◻		"A Star Is Born" ('18, Dra) *Lady Gaga.* ◻				"Share" ◻		303	504
HBO2	612	503	Divorce ◻		★ "Red Sparrow" ('18, Myst) *Jennifer Lawrence.* ◻				Last Wk (N)		★★ "The Best Man" ('99, Rom) *Taye Diggs.* ◻			Movie	304	505
KBS	80	-	News ◻ /HomeSummer ◻		News ◻		Screening Humanity ◻		Place ◻		Women's Composure		Home ◻	What Happens to My Family?	-	-
LIFE	448	226	★★ "Two Weeks Notice" ('02, Com) *Sandra Bullock.* ◻				Dance ◻		DncePaty ◻		Dance Moms ◻		★★ "Two Weeks Notice" ('02, Com) *Sandra Bullock.* ◻		108	276
LMN	449	227	"Who's Stalking Me?" (", Thril) *Chelsea Ricketts.* ◻				"I Almost Married a Serial Killer" *Krista Allen.* ◻				"Who's Stalking Me?" (", Thril) *Chelsea Ricketts.* ◻				109	253
MAX	622	515	★★ "Out to Sea" *Walter Matthau.* ◻		Jett ◻			★★ "Pacific Rim Uprising" ('18, Act) *John Boyega.* ◻				★★ "Van Helsing" *Hugh Jackman.* ◻			311	516
MSNBC	107	175	The Last Word ◻		The 11th Hour ◻		All In With Chris Hayes ◻		The 11th Hour ◻		First Look (N) ◻		Morning Joe ◻		209	356
NATGEO	347	130	Witness to Disaster (N) ◻		Weather ◻		Weather "Glacier Flood" ◻		Witness to Disaster ◻		Life -0 "Deadly Grounds" ◻		Life Below Zero ◻		186	276
NGN	677	-	Natsuzo. ◻	Takaga Mondo (N)		Brain ◻ /Mogitate ◻		News (N) ◻	News ◻	Brain ◻ /Takaga Mondo		Brain/Nihon	Toritetsudo	Enka ◻	-	-
NICK	446	100	★★★★ "How to Train Your Dragon" ◻			Friends ◻	Friends ◻	Friends ◻	Friends ◻		Mom ◻	Mom ◻	Mom ◻	Mom ◻	171	300
OC16	16	89	Japan ◻	Sports (N)	Ocean ◻	Skin Diver ◻	Hawaii Goes Fishing ◻		Pakele ◻	Tiny TV ◻		Showcase ◻	Fishing Adv.	B.R.A.V.E. TV	-	-
OCSPT	12	-	NCAA Basketball N. Arizona vs Hawaii ◻			NCAA Volleyball New Jersey IT vs Hawaii ◻				NCAA Softball UC Riverside vs. Hawaii ◻			Paid ◻	Paid ◻	-	-
OLELO53	53	53	Wahiawa	VN- TV	Community TV ◻		Vietnam TV Hawaii ◻		Arts Programming ◻				Community TV ◻		-	-
OLELO54	54	54	Social Programming ◻		Veterans Talk ◻		Social Programming ◻		Newswire Hawaii ◻		Democracy Now! ◻		Social Programming ◻		-	-
OLELO55	55	55	Inspirational Prog. ◻		Kumu Ola ◻	Inspirational Programming ◻							Classic Arts Showcase ◻		-	-
OWN*	343	242	Ambitions (N) ◻		Ambitions ◻		Ambitions ◻		Ambitions ◻		Ambitions ◻		Ambitions ◻		189	279
OXY	558	229	Chicago P.D. ◻		Chicago P.D. ◻		Chicago P.D. ◻		Chicago P.D. ◻		NCIS: Los Angeles ◻		Paid Program ◻		127	251
PARMT	559	141	Ink Master (N)		★★★ "Old School" ('03, Com) *Luke Wilson.* ◻				★★★ "This Is the End" ('13, Com) *James Franco.* ◻					Friends ◻	241	241
SHOW*	633	451	TheLoudestVoice "2012" ◻		City on a Hill ◻		DesMero ◻	Lavell Crawford ◻		"The House That Jack Built" ('18, Hor) *Matt Dillon.* ◻					319	546
SYFY	557	144	"The Fast & the Furious: Tokyo Drift"		★★★★ "Harry Potter and the Sorcerer's Stone" ('01, Fant) *Daniel Radcliffe.* ◻								"Dragonball Evolution"		122	244
TBS	551	121	BigBang ◻	Detour (N) ◻	Conan ◻	Detour ◻	Seinf. 2/2 ◻	Conan ◻	New Girl ◻	New Girl ◻	New Girl ◻	New Girl ◻	New Girl ◻	2 Broke G. ◻	139	247
TCM	602	157	★★★★ "Star Trek II: The Wrath of Khan" ◻				★★★ "Solaris" ('72, Sci-Fi) *Natalya Bondarchuk.*						★★★ "Logan's Run" ◻		132	256
TLC*	331	132	OutDaughtered (N) ◻		OutDaughtered (N) ◻		OutDaughtered "There's No Place Like Home" ◻				OutDaughtered ◻		OutDaughtered ◻		183	280
TMC	644	467	★ "I Spy" ◻		★★★★ "The Death of Stalin" *Steve Buscemi.* ◻				"68 Kill" *Matthew Gray Gubler.* ◻			★ "Survival Island" *Billy Zane.* ◻			329	554
TNT	553	125	Animal "Exit Strategy" ◻		★★ "Miss Congeniality" ('00, Com) *Sandra Bullock.* ◻				NCIS:NO "Darkest Hour" ◻		NCIS: New Orleans ◻		NCIS: New Orleans ◻		138	245
TOON	440	103	FamilyGuy ◻	FamilyGuy ◻	RickMort ◻	Robot/Robot	Jellies/Jellies	Tim&Eric	Amer. Dad ◻	Amer. Dad ◻	BobBurg. ◻	BobBurg. ◻	FamilyGuy ◻	FamilyGuy ◻	177	297
TRAVEL*	325	139	America Unearthed (N) ◻		Mummies Never Die (N)		America Unearthed ◻		Expedition Unknown "Japanese Secret Treasures" ◻				Mummies Never Die		196	277
TVLAND	441	127	2½Men ◻	2½Men ◻	Queens ◻	Queens ◻	Queens ◻	Queens ◻	2½Men ◻	2½Men ◻	Goldberg ◻	Goldberg ◻	Christine ◻	Christine ◻	106	304
USA*	555	123	Modern ◻	Modern ◻	WWE Super Smackdown ◻				Chrisley ◻	Miz (N) ◻	Modern ◻	Modern ◻	Modern ◻	Modern ◻	105	242
WE	451	230	C.Minds "Cold Comfort" ◻		C.Minds "Zoe's Reprise" ◻		Criminal Minds ◻		CSI: Miami "Game Over" ◻		CSI "Sex and Taxes" ◻		CSI: Miami "Killer Date" ◻		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/31	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	MasterChef (N) ▢		FirstResponders Live (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	Press Your Luck (N) ▢		Card Sharks (N) ▢		Match Game (N) ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	Paid ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	Dateline ▢		Dateline ▢		Access ▢	Daily (N) ▢	DailyMail ▢	Dateline ▢		The Game ▢	5	5
(5) KGMB	7	7	Love Island (N) ▢		Big Brother (N) ▢		S.W.A.T. "Jack" ▢		News (N) ▢	The Late Show (L) ▢		James Corden (N) ▢		ET ▢	9	9
(11) KHET	10	11	News (N) ▢	Chow ▢	Ancient Skies (N) ▢		Nova "Jupiter" (N) ▢		S.Dead "Galileo's Moon" ▢		Amanpour/Company (N) ▢		American Experience ▢		11	11
(13) KHNL	8	8	Ellen's Game of Games ▢		Songland ▢		The InBetween (N) ▢		News (N) ▢	The Tonight Show ▢		Seth Meyers ▢		Last Call ▢	13	13
(14) KWHE	11	14	Heartland ▢		Mad About ▢	Mad About ▢	NwsRadio ▢	NwsRadio ▢	Celeb ▢	Real Green ▢	A. Griffith ▢	A. Griffith ▢	Who'sBoss ▢	Who'sBoss ▢	14	-
(20) KIKU	9	20	Mystery Theatre ▢				News Express FCI (N) ▢		Paid ▢	Windward ▢	Paid ▢	Paid ▢	Life ▢	Paid ▢	20	20
KFVE	22	13	Hi Session ▢	Weddings	Chicago P.D. ▢		News (N) ▢	Black-ish ▢	Rules ▢	Live PD ▢	News ▢	Black-ish ▢	Extra ▢	Friends ▢		
(26) KAAH*	26	26	G. Laurie ▢	C.Winans ▢	Heaven ▢	C. Caine ▢	Praise ▢		Affectionately Yours		John Gray ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	Masters ▢	Doctor Detective (N)			News ▢ /Gangnam ▢		My Only One (N)		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Joni Lamb "Ben Courson"		Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	La Reina Soy Yo		La rosa de Guadalupe ▢		Sin Miedo a la Verdad		Impacto ▢	Noticie. ▢	Contacto Deportivo ▢		La rosa de Guadalupe ▢		-	-
(66) KPXO	27	27	Blue Bloods ▢		Blue Bloods "Love Lost" ▢		Blue Bloods ▢		Blue Bloods ▢		BlueB. "The Forgotten" ▢		BlueB. "Second Chances" ▢			
A&E	547	129	Wahlburgers ▢		Wahlburgers ▢		Wahlburgers ▢		Wahlburgers ▢		Wahlburgers ▢		Wahlburgers ▢		118	265
AHC*	345	137	America: Facts vs. ▢		America: Facts vs. ▢		America: Facts vs. ▢		Codes Consp. "Civil War" ▢		Codes "Code Wars" ▢		WorldWar "Fall of France" ▢		195	287
AMC	600	159	Movie	★★ "Road House" ('89, Act) *Patrick Swayze.* ▢					Lodge 49 ▢		Lodge 49 ▢		Lodge 49 "Apogee" ▢		131	254
ANPL	329	107	L. Star Law "Fawn Stars" ▢		Lone Star Law ▢		Lone Star Law "Snakes, Sharks, and Misdemeanors" ▢				L. Star Law "Fawn Stars" ▢		Lone Star Law ▢		184	282
BBCA	341	135	Movie	★★ "Night at the Museum: Battle of the Smithsonian" *Ben Stiller.* ▢					Star Trek: Next Gen. ▢		ST:TNG "Final Mission" ▢		Star Trek: NG "The Loss" ▢		135	264
BRAVO	560	237	South-CharmNewOrlean ▢		Watch (N) ▢	Southern Charm ▢		Beverly Hills ▢		Below Deck ▢		Below Deck ▢		Watch ▢	129	237
CNBC	116	176	Deal or No Deal ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Street Signs ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	Debate Post Analysis (L) ▢		Democratic Presidential Debate ▢				Early Start (N)		New Day (L)		New Day (L)		200	202
COMEDY	545	142	SouthPk ▢	So.Side ▢	Daily S. ▢	LightOut ▢	South Side ▢	SouthPk ▢	SouthPk ▢	Daily Show ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Event ▢								210	350
CW	93	2	Jane the Virgin (N) ▢		Jane the Virgin (F) (N) ▢		BigBang ▢	Jokers ▢	Dateline ▢		The People's Court ▢		Divorce ▢	Divorce ▢	3	395
DISC	333	131	CapsizedBloodWater (N)		Shark After Dark (N)		Capsized: Blood in the Water				Shark After Dark		Extinct or Alive ▢		182	278
DISNEY*	444	98	Sydney ▢	Rollwlt ▢	"Descendants 2" ('17, Fant) *Dove Cameron.* ▢				OhDisney	BigCity ▢	Rollwlt ▢	Andi Mack ▢	Bunk'd ▢	Bunk'd ▢	173	291
E!*	549	240	E! News (N) ▢		Botched "Man Boobs" ▢		Botched "The Boobinati" ▢		Botched ▢		E! News ▢		K&K Take Miami ▢		114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		MLB Baseball Chicago Cubs at St. Louis Cardinals ▢				SportsCenter ▢		140	206
ESPN2	224	74	UFC Main Event ▢		NowNever	UFC Flash ▢	MMA Show ▢		SportsCenter (N) ▢		SportsCenter ▢		Golic and Wingo (L)		144	209
FILI	688	320	Kadenang	Los Bastard	Boy Abunda	Bandila ▢	Balitang ▢	Magandang Buhay ▢		It's Showtime ▢					-	-
FNC	109	178	Hannity ▢		The Ingraham Angle		Fox News @ Night		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	Guy's Grocery Games ▢		Game "Free Samples" ▢		Guy's Grocery Games ▢		Guy's Grocery Games ▢		Game "Free Samples" ▢		Game "Cookin' Couples" ▢		110	231
FREE*	538	122	★★★ "Matilda" ▢		Grown (N) ▢	★★★ "Pitch Perfect" ('12, Com) *Anna Kendrick.* ▢					The 700 Club ▢		"Sixteen Candles" ▢		180	311
FSW	226	-	Post-game ▢	Angels ▢	WPT Poker ▢		MLB Baseball Detroit Tigers at Los Angeles Angels ▢				Post-game ▢	Angels ▢	Paid ▢	Paid ▢	-	692
FSPT	228	-	Crashed Ice ▢			Red Bull ▢	Arenacross ▢		WPT Poker ▢		WPT Poker ▢		Paid ▢	Paid ▢	-	-
FX	554	124	Snowfall (N) ▢		Snowfall ▢		Snowfall ▢		Snowfall ▢		Apocalypse "Sojourn" ▢		Apocaly. "Fire and Reign" ▢		136	248
GOLF	216	86	Feherty "Kevin Hart" ▢		SwingEx.	Academy	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Golf Highlights (N) ▢		Golf ▢		401	218
HALL	452	128	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	H.Hunt ▢	House ▢	Property Brothers ▢		Property "Mountain Chic" ▢		Paid Program ▢				Paid ▢	Music City F	112	229
HISTORY	327	133	StrongestHistory (N) ▢		Forged "The Greek Kopis" ▢		Forged "The Cane Sword" ▢		StrongestManHistory ▢		Forged in Fire ▢		Forged "The Greek Kopis" ▢		120	269
HBO	611	502	"Widows" (2018, Crime Story) ▢			Euphoria ▢		Real Sports ▢		Years and "Episode 6" ▢		Divorce ▢	★★★ "Traffic" ▢		303	504
HBO2	612	503	"Share" (", Dra) *Rhianne Barreto.* ▢				"First Man" ('18, Bio) *Ryan Gosling.* ▢				"A Fantastic Fear of Everything"			Movie	304	505
KBS	80	-	News ▢ /HomeSummer ▢		News ▢	Screening Humanity ▢		Place ▢	Women's Composure		Home ▢	What Happens to My Family?			-	-
LIFE	448	226	Marrying Millions (N) ▢		Married at First Sight ▢		Married at ▢	Married1stSight "How Can I Trust You?" ▢			Marrying "Royal Pains" ▢		Married at First Sight ▢		108	276
LMN	449	227	"Homekilling Queen" (", Thril) *Ashley Jones.* ▢				"Am I a Serial Killer?" (", Thril) *Monroe Cline.* ▢				"Homekilling Queen" (", Thril) *Ashley Jones.* ▢				109	253
MAX	622	515	"Love, Simon" *Nick Robinson.* ▢			★★ "Spanglish" ('04, Com/Dra) *Adam Sandler.* ▢					★★★ "Defending Your Life" *Albert Brooks.* ▢				311	516
MSNBC	107	175	The Last Word ▢		The 11th Hour ▢		All In With Chris Hayes ▢		The 11th Hour ▢		First Look (N) ▢		Morning Joe ▢		209	356
NATGEO	347	130	Drugs "Hallucinogens" ▢		Drugs "The High Wire" ▢		Drugs "New Year's High" ▢		Drugs "Hallucinogens" ▢		Southern Justice ▢		Southern Justice ▢		186	276
NGN	677	-	Natsuzo. ▢	Mirror Twins (N)		Brain	Dining (N) ▢	News (N) ▢	News ▢	Brain ▢ /Mirror Twins		Nihon ▢	Toritetsudo	Enka ▢	-	-
NICK	446	100	Movie	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢		Mom ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	89	BrownBag ▢	Generations	Wedding (N)	Crafting ▢	Career ▢	Pakele (N) ▢	Showcase ▢	Tiny TV ▢		Japan ▢	Ocean ▢	Painting ▢	-	-
OCSPT	12	-	NCAA Basket. Classics ▢		NCAA Volleyball Concordia - Irvine vs Hawaii ▢				NCAA Softball UC Riverside vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	Educational Programming ▢						Community	Wahiawa Hongwanji Obon Festival			Cultural/ Ethnic ▢		-	-
OLELO54	54	54	Inside Honolulu Hale ▢										Social Programming ▢		-	-
OLELO55	55	55	Hawaii Para Cristo ▢		Inspiration ▢	Unity Church of Hawaii ▢		Inspirational Programming ▢					Classic Arts Showcase ▢		-	-
OWN*	343	242	Sugar "Face Speckled" ▢		Sugar "By the Spit" ▢		Queen Sugar ▢		Sugar "Face Speckled" ▢		Sugar "By the Spit" ▢		Sugar "By the Spit" ▢		189	279
OXY	558	229	NCIS ▢		NCIS ▢		NCIS ▢		Chicago P.D. ▢		Chicago P.D. ▢		Law & O: CI "Contract" ▢		127	251
PARMT	559	141	Yellowstone (N) ▢		★★ "Kill Bill: Vol. 2" ('04, Act) *Uma Thurman.* ▢						Yellowst "Blood the Boy" ▢		Cops ▢	Cops ▢	241	241
SHOW*	633	451	City on a Hill ▢		★★ "Ali" ('01, Bio) *Will Smith.* ▢					DesMero ▢	"American Assassin" ('17, Act) *Dylan O'Brien.* ▢				319	546
SYFY	557	144	Krypton "Mercy" (N) ▢		★★ "The Call" ('13, Thril) *Halle Berry.* ▢				★ "Dark Tide" ('12, Thril) *Halle Berry.* ▢					Twilight ▢	122	244
TBS	551	121	BigBang ▢	Frontal (N) ▢	Conan ▢	Frontal ▢	Seinfeld ▢	Conan ▢	New Girl ▢	New Girl ▢	New Girl ▢	New Girl ▢	New Girl ▢	2 Broke G. ▢	139	247
TCM	602	157	"The French Connect...		★★★ "Niagara" ('53, Susp) *Marilyn Monroe.* ▢				★★★ "The Fly" ('58, Sci-Fi) *Al Hedison.* ▢				"That Certain Woman"		132	256
TLC*	331	132	Say Yes to the Dress ▢		Dr. Pimple Popper (N) ▢		The Family Chantel ▢		sMothered ▢		Unexpected ▢		Dr. Pimple Popper ▢		183	280
TMC	644	467	★★ "Black Hawk Down" ▢			To Be Announced ▢		"The Dark Tower" *Idris Elba.* ▢			"Zombie" (1979, Horror) ▢			Movie	329	554
TNT	553	125	★★ "Ghosts of Girlfriends Past" ▢				Bones ▢		Bones ▢		Bones ▢		Bones ▢		138	245
TOON	440	103	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	Robot/Robot	Jellies/Jellies	Tim&Eric	Amer. Dad ▢	Amer. Dad ▢	BobBurg. ▢	BobBurg. ▢	FamilyGuy ▢	FamilyGuy ▢	177	297
TRAVEL*	325	139	Alien Highway (N)		Ripley's "Great Obsessions"		UFOs: The Lost Evidence		Alien "Arizona Anomalies"		Ripley's "Great Obsessions"		UFOs: The Lost Evidence		196	277
TVLAND	441	127	Younger ▢	2½Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Younger ▢	Goldberg ▢	Goldberg ▢	Goldberg ▢	Christine ▢	Christine ▢	106	304
USA*	555	123	Law&O: SVU "Info Wars" ▢		SVU "In Loco Parentis" ▢		Suits "Windmills" (N) ▢		Pearson (N) ▢		SVU "Assaulting Reality" ▢		Suits "Windmills" ▢		105	242
WE	451	230	LawOrder "Baby It's You" ▢		Law & Order "Blood" ▢		Law & Order "Shadow" ▢		CSI: Miami "10-7" ▢		CSI "From the Grave" ▢		CSI "Blood in the Water" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

08/01	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	MasterChef (N) ▢		Spin the Wheel (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	Holey Moley (N) ▢		Family Food Fight (N) ▢		Reef Break (N) ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	Paid ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	Good Wife "Net Worth" ▢		Good Wife "Silver Bullet" ▢		Access ▢	Daily (N) ▢	DailyMail ▢	Dateline ▢		The Game ▢	5	5
(5) KGMB	7	7	Love Island (N) ▢		Big Brother (N) ▢		Elementary (N) ▢		News (N) ▢	The Late Show ▢		James Corden (N) ▢		ET (N) ▢	9	9
(11) KHET	10	11	News (N) ▢	Hiki No ▢	Insights PBS Hawaii (N) ▢		KiHol'Alu:Slack Key ▢		Skindige ▢	Skindige ▢	Amanpour/Company (N) ▢		Beyond a Year in Space ▢		11	11
(13) KHNL	8	8	★★★★ "Syriana" ('05, Thril) *George Clooney.* ▢					Minute ▢	News (N) ▢	The Tonight Show ▢		Seth Meyers ▢		Last Call ▢	13	13
(14) KWHE	11	14	Heart. "Nothing Endures" ▢		Mad About ▢	Mad About ▢	NwsRadio ▢	NwsRadio ▢	Celeb ▢	Sm.Town ▢	A. Griffith ▢	A. Griffith ▢	Who'sBoss ▢	Who'sBoss ▢	14	-
(20) KIKU	9	20	Soko Ga Japan ▢		Seven Detectives		News Express FCI (N) ▢		Paid ▢	Windward ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Wahi Pana	Live PD ▢	Chicago P.D. ▢		News ▢	Black-ish ▢	Rules ▢	Seinfeld ▢	News ▢	Black-ish ▢	Extra ▢	Friends ▢		
(26) KAAH*	26	26	Facts ▢	Louie Giglio	God ▢	God for Us ▢	Praise ▢		Watchman ▢	TakingC. ▢	Health ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	SBS (N) ▢	Doctor Detective (N)			News ▢ /Gangnam ▢		My Only One (N)		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Marcus and Joni Lamb ▢		Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	La Reina Soy Yo		La rosa de Guadalupe ▢		Sin Miedo a la Verdad		Impacto ▢	Noticie. ▢	Contacto Deportivo ▢		La rosa de Guadalupe ▢		-	-
(66) KPXO	27	27	Chicago P.D. "My Way" ▢		Chicago P.D. "The Docks" ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢			
A&E	547	129	Live Rescue (L) ▢		60 Days In: Narcoland ▢		Live Rescue: Rewind ▢		Live Rescue ▢				60 Days In: Narcoland ▢		118	265
AHC*	345	137	Patriots Rising ▢		Patriots Rising ▢		Against the Odds ▢		Hitler's Empire		Hitler-Empir "Nazification"		Gunslingers ▢		195	287
AMC	600	159	★★★★ "Gladiator" *Russell Crowe.* ▢			★★★ "Rambo: First Blood" *Sylvester Stallone.* ▢				Preacher "Angelville" ▢		Preacher "Sonsabitches" ▢		Preacher ▢	131	254
ANPL	329	107	Ice Cold Gold ▢		Ice Cold Gold ▢		IceGold "Fight for Gold" ▢		Ice Cold Gold "Eqi Gold" ▢		Ice Cold Gold ▢		Ice Cold Gold ▢		184	282
BBCA	341	135	★★★★ "The Da Vinci Code" ▢			★★★★ "The Da Vinci Code" ('06, Dra) *Tom Hanks.* ▢							Star Trek: Voyager ▢		135	264
BRAVO	560	237	Million (N) ▢	H.Wives ▢	Watch (N) ▢	Million Dollar "Drumming Up Buyers" ▢			Below Deck ▢		Million Dollar "Drumming Up Buyers" ▢			Watch ▢	129	237
CNBC	116	176	Shark Tank ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Street Signs ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	Cuomo Prime Time		CNN Tonight ▢		CNN Tonight ▢		Early Start ▢		Early Start ▢		New Day		200	202
COMEDY	545	142	The Office ▢	The Office ▢	Daily S. ▢	LightOut ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Daily Show ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Event ▢								210	350
CW	93	2	iZombie (F) (N) ▢		The Outpost (N)		BigBang ▢	Jokers ▢	Dateline ▢		The People's Court ▢		Divorce ▢	Divorce ▢	3	395
DISC	333	131	Monster Mako (N) ▢		Shark After Dark (N)		Guadalupe Kill Zone ▢		Monster Mako ▢		Shark After Dark		Return to Shark Island ▢		182	278
DISNEY*	444	98	Jessie ▢		Bunk'd ▢	Bunk'd ▢	Jessie ▢	Jessie ▢	Sydney Max	CoopCami ▢	Cat Noir ▢	Bunk'd ▢	Bizaard. ▢	Bizaard. ▢	173	291
E!*	549	240	E! News (N) ▢		★★★ "Overboard" ('87, Com) *Goldie Hawn.* ▢					★★ "Hitch" ('05, Com) *Will Smith.* ▢					114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	NFL Live ▢	SportsC.	NowNever	X Games Minneapolis 2019 ▢				E:60Pictures	F1 Auto Race Hungarian Grand Prix (L) ▢			GolicWin	144	209
FILI	688	320	Kadenang	Los Bastard	Boy Abunda	Bandila ▢	Balitang ▢	Magandang Buhay ▢		It's Showtime ▢					-	-
FNC	109	178	Hannity ▢		The Ingraham Angle		Special Report ▢		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	BeatFlay ▢	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	BBQ Brawl "Backyard BBQ"		Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Chopped ▢		110	231
FREE*	538	122	★★★★ "Pitch Perfect" ▢		Siren (N) ▢		★★ "Hancock" ('08, Act) *Will Smith.* ▢				The 700 Club ▢		★★ "Baby Mama" ▢		180	311
FSW	226	-	WPT Poker ▢		WPT Poker ▢		NHRA Drag Racing -- Denver, Colo. ▢						Paid ▢	Paid ▢	-	692
FSPT	228	-	Boxing Classics ▢		MMA WCK Full Rules ▢		MMA WCK Full Rules ▢		Mixed Martial Arts Lights Out ▢				Paid ▢	Paid ▢	-	-
FX	554	124	Baskets ▢	Baskets ▢	Baskets ▢	★ "Passengers" ('16, Adv) *Jennifer Lawrence.* ▢					Baskets ▢	FXM ▢	Paid ▢	Paid ▢	136	248
GOLF	216	86	Golf ▢		PGA Golf Wyndham Championship Site: Sedgefield Country Club -- Greensboro, N.C. ▢								Golf ▢		401	218
HALL	452	128	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier 1/2 ▢	Frasier 2/2 ▢	Frasier ▢	Frasier ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	H.Hunt ▢	House ▢	Going for S	H.Hunt ▢	FlipFlop ▢	FlipFlop ▢	Paid Program ▢				Paid ▢	Mexico ▢	112	229
HISTORY	327	133	Alone "Out Cold" (N) ▢		Alone "Night Raider" ▢		Mountain Men ▢		Ax Men "Steel Knot" ▢		Alone "Out Cold" ▢		Alone "Night Raider" ▢		120	269
HBO	611	502	Euphoria ▢		★★ "Reality Bites" *Winona Ryder.* ▢		Divorce ▢		★ "Halloween" ('18, Hor) *Jamie Lee Curtis.* ▢			★ "Arizona" ('18, Com) *Danny McBride.* ▢			303	504
HBO2	612	503	★ "Widows"		★★ "Jurassic World: Fallen Kingdom" ('18, Act) *Chris Pratt.* ▢				Unmasking JihadiJohn (N) ▢			★★ "A Nightmare on Elm Street" ▢			304	505
KBS	80	-	News ▢ /HomeSummer ▢		News ▢	Screening Humanity ▢		Place ▢	Women's Composure		Home ▢	KBS Worl ▢	Music Bank Live		-	-
LIFE	448	226	Little Women: LA (N) ▢		Little (N) ▢ /Women ▢		Little Women: LA ▢		Little Women: LA ▢		Women "Truth and Dare" ▢		Little ▢ /Women ▢		108	276
LMN	449	227	★ "Faith Under Fire" ('18, Doc/Dra) *Toni Braxton.* ▢				★ "Tempting Fate" (', Dra) *Alyssa Milano.* ▢				★ "Faith Under Fire" ('18, Doc/Dra) *Toni Braxton.* ▢				109	253
MAX	622	515	★★★★ "Blood Simple" ▢		Jett ▢		★★★ "The Merchant of Venice" ('04, Dra) *Al Pacino.* ▢					★★ "The Devil's Rejects" *Sid Haig.* ▢			311	516
MSNBC	107	175	The Last Word ▢		The 11th Hour ▢		All In With Chris Hayes ▢		The 11th Hour ▢		First Look (N) ▢		Morning Joe ▢		209	356
NATGEO	347	130	Narco Wars ▢		Crime Lords of Tokyo ▢		Locked Up Abroad		Locked up "Jungle Crash"		Locked Up Abroad		Locked up "Ecuador" ▢		186	276
NGN	677	-	Natsuzo. ▢	Choshichiro Nikki (N) ▢	Brain (N) ▢ /Travel (N) ▢		News (N) ▢		News ▢	Brain ▢ /Choshichiro ▢		Sakiko	Toritetsudo	Enka Singers	-	-
NICK	446	100	Movie	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	To Be Announced ▢		171	300
OC16	16	89	Braddahs ▢	Cook. ▢	Outside HI ▢	BrownBag ▢	Generations	Board (N) ▢	TheChamp ▢	Tiny TV ▢		Flhi Girlz ▢	Cutty ▢	Fishing Adv.	-	-
OCSPT	12	-	NCAA Football Classics ▢		NCAA Softball UC Riverside vs. Hawaii ▢				NCAA Volleyball Pepperdine vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	Motu O Fiafiaga		Samoa Mo Samoa		Faafiafiaga Suifefiloi		Cultural/ Ethnic Programming ▢				Islander		-	-
OLELO54	54	54	News ▢	Ho'olokahi ▢	Think Tech ▢	Think Tech ▢	Think Tech ▢	Think Tech ▢	Veterans Talk ▢		Democracy Now! ▢		Social Programming ▢		-	-
OLELO55	55	55	Our Time ▢	4th Watch	Inspiration ▢	Tupulaga Talavou		Lou Lumanai Manuia ▢		Truth ▢	Marriage ▢	Inspiration ▢	Classic Arts Showcase ▢		-	-
OWN*	343	242	20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		189	279
OXY	558	229	The Killer Affair ▢		Snapped ▢		Snapped ▢		Snapped ▢		Snapped "Shelly Arndt" ▢		Law&Order: CI "Reunion" ▢		127	251
PARMT	559	141	★★★★ "Walking Tall" *Dwayne 'The Rock' Johnson.* ▢				★★ "Homefront" ('13, Act) *Jason Statham.* ▢					The Office ▢	The Office ▢	The Office ▢	241	241
SHOW*	633	451	★★ "Bad Company" ▢		DesMero ▢	Gigolos ▢	DesMero ▢	All-Star Comedy Jam ▢			Home for theHolidays ▢		★ "Dances With Wolves" ▢		319	546
SYFY	557	144	★★★★ "Fast Five" ▢		Krypton "Mercy" ▢		★★ "Hellboy II: The Golden Army" ('08, Adv) *Ron Perlman.* ▢					★★ "Push" ('09, Thril) *Chris Evans.* ▢			122	244
TBS	551	121	BigBang ▢	BigBang ▢	Conan ▢	Seinfeld ▢	Seinfeld ▢	Conan ▢	Brooklyn ▢	Brooklyn ▢	Brooklyn ▢	Brooklyn ▢	2 Broke G. ▢	2 Broke G. ▢	139	247
TCM	602	157	★ "Yours, Mine and Ours"		★★★★ "The Grapes of Wrath" ('40, Dra) *Henry Fonda.* ▢					★★★ "Rounders" *Matt Damon.* ▢			★ "Rich Man, Poor Girl" ▢		132	256
TLC*	331	132	Fiancé "Tell All: Part 2" ▢		Pimple "Hips Don't Lie" ▢		Dr. Pimple Popper (N) ▢		Untold "Heart Stings" (N) ▢		My Crazy Birth Story (N)		Pimple "Hips Don't Lie" ▢		183	280
TMC	644	467	Movie		★★ "The Firm" ('93, Dra) *Tom Cruise.* ▢				★★ "Risky Business" *Tom Cruise.* ▢			★ "Becks" ('18, Dra) *Lena Hall.* ▢			329	554
TNT	553	125	Movie		★★ "Remember the Titans" ('00, Dra) *Denzel Washington.* ▢				MMA ONE Championship ▢		Castle "A Deadly Affair" ▢		Castle ▢		138	245
TOON	440	103	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	Robot/Robot	Jellies/Jellies	Tim&Eric	BobBurg. ▢	BobBurg. ▢	Amer. Dad ▢	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	177	297
TRAVEL*	325	139	D.Files "Not My Child" (N) ▢		The Dead Files ▢		Dead Files "Not My Child" ▢		The Dead Files "The Family Curse and Vengeful Spirits" ▢				The Dead Files ▢		196	277
TVLAND	441	127	2½Men ▢	2½Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	2½Men ▢	2½Men ▢	Goldberg ▢	Goldberg ▢	Christine ▢	Christine ▢	106	304
USA*	555	123	Movie		★ "Madea's Big Happy Family" ('11, Dra) *Tyler Perry.* ▢				Queen of the South (N) ▢		Pearson ▢		Queen of the South ▢		105	242
WE	451	230	Growing Up Hip Hop ▢		Growing Up Hip Hop ▢		Love After "Close Calls" ▢		Growing Up Hip Hop ▢		Growing Up "Firestorm" ▢		Growing Up Hip Hop ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

08/02	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	Respond "Episode 107" ▢		Chef "Backyard BBQ" ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	SHIELD "The Sign" (N) ▢		SHIELD "New Life" (N) ▢		20/20 ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	Paid ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	CSI: Miami "Last Stand" ▢		CSI: Miami "Stoned Cold" ▢		Access ▢	Daily (N) ▢	DailyMail ▢	Dateline ▢		The Game ▢	5	5
(5) KGMB	7	7	Love Island (N) ▢		Hawaii Five-0 ▢		Blue Bloods "Blues" ▢		News (N) ▢	The Late Show ▢		James Corden ▢		ET ▢	9	9
(11) KHET	10	11	News (N) ▢	W.Week ▢	American Masters (N) ▢		Kingdoms "Himalaya" ▢		Rivers "The Mississippi" ▢		Amanpour/Company (N) ▢		The Farthest: Voyag. ▢		11	11
(13) KHNL	8	8	American Ninja Warrior "Oklahoma City City Finals" ▢				Dateline NBC ▢		News (N) ▢	The Tonight Show ▢		Seth Meyers ▢		Last Call ▢	13	13
(14) KWHE	11	14	Heart. "Coming Together" ▢		Mad About ▢	Mad About ▢	NwsRadio ▢	NwsRadio ▢	Celeb ▢	Med. Blue ▢	A. Griffith ▢	A. Griffith ▢	A. Griffith ▢	A. Griffith ▢	14	-
(20) KIKU	9	20	Soko Ga Japan ▢		Lone Wolf and Cub ▢		News Express FCI (N) ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Last Man ▢	Live PD ▢	Chicago P.D. ▢		News ▢	Black-ish ▢	Rules ▢	Seinfeld ▢	News ▢	Black-ish ▢	Extra ▢	Friends ▢		
(26) KAAH*	26	26	J. Cahn ▢	C.Winans ▢	Travel ▢	Treasures ▢	Odds ▢	Xtreme ▢	Health ▢	Marriage	John Gray ▢	Eyes-Lion ▢	Watchman ▢	Max Lucado	-	-
(32) KBFD	2	6	Songs (N) ▢	Pledge to God (N) ▢			News ▢ /Gangnam ▢		The Ghost Detect (N) ▢		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Marcus and Joni Lamb ▢		Table Talk	Green ▢	Travel ▢	Y. Bytes ▢	W-Master ▢	Word Alive ▢	Reflections ▢		Reflections ▢			
(46) KHLU	35	-	La Reina Soy Yo		La rosa de Guadalupe ▢		Sin Miedo a la Verdad		Impacto ▢	Noticie. ▢	Combate Americas		La rosa de Guadalupe ▢		-	-
(66) KPXO	27	27	NCIS: LA "Pushback" ▢		NCIS: LA "Ambush" ▢		NCIS: Los Angeles ▢		NCIS: LA "Brimstone" ▢		NCIS: LA "Breach" ▢		NCIS: LA "Past Lives" ▢			
A&E	547	129	Live PD (L) ▢				Live PD ▢						Live PD ▢	Live PD ▢	118	265
AHC*	345	137	(Almost) Got Away ▢		(Almost) Got Away ▢		(Almost) Got Away ▢		Bullet Points ▢		Build It Bigger ▢		Air Aces "Red Tails" ▢		195	287
AMC	600	159	★★★★ "Pulp Fiction" ▢		★★ "The Taking of Pelham 123" ('09, Thril) *John Travolta.* ▢					NOS4A2 "Sleigh House/ Gunbarrel" ▢				Preacher ▢	131	254
ANPL	329	107	River Monsters "Amazon Apocalypse" ▢				River Monsters ▢		Solved ▢	Solved ▢	River Monsters "Amazon Apocalypse" ▢				184	282
BBCA	341	135	★★ "Summer Rental" ('85, Com) *John Candy.* ▢				★★★ "Fast Times at Ridgemont High" *Sean Penn.* ▢				The Hunt ▢		The Hunt ▢		135	264
BRAVO	560	237	Movie	★★ "A Madea Christmas" ('13, Com) *Chad Michael Murray.* ▢					The Real Housewives "100th Episode Special" ▢				H.Wives "Uncensored" ▢		129	237
CNBC	116	176	Cash Pad ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	The Profit: "Wick'ed"		Job Inter ▢	Money ▢	Options	Paid ▢	208	355
CNN	113	172	Cuomo Prime Time		CNN Tonight ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		New Day Weekend ▢		200	202
COMEDY	545	142	Jim Gaffigan: Noble Ape ▢		Cellar (N) ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Yankers ▢	Yankers ▢	Cr. Yankers	Yankers ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Event ▢								210	350
CW	93	2	Illusion (N) ▢	BigStage ▢	The Outpost		BigBang ▢	Jokers ▢	Dateline ▢		The People's Court ▢		Divorce ▢	Divorce ▢	3	395
DISC	333	131	I Was Prey (N) ▢		LostShark (N) ▢		Ghost Diver ▢		I Was Prey: Shark Week ▢		LostShark ▢		Isle of Jaws ▢		182	278
DISNEY*	444	98	"To Be Announced" ▢		"Descendants 3" *Dove Cameron.* ▢			Bizaard. ▢	Sydney Max	CoopCami ▢	Andi Mack	Raven's. ▢	Bizaard. ▢	Bizaard. ▢	173	291
E!*	549	240	E! News (N) ▢		★★ "Hitch" ('05, Com) *Will Smith.* ▢					★★ "Forgetting Sarah Marshall" ('08, Com) *Jason Segel.* ▢					114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	NFL Live ▢	Boxing ▢	NowNever	X Games Minneapolis 2018 ▢						E:60Pictures	F1 Auto Racing ▢		144	209
FILI	688	320	Kadenang	Los Bastard	Boy Abunda	Bandila ▢	Balitang ▢	Magandang Buhay ▢		It's Showtime ▢					-	-
FNC	109	178	Hannity ▢		The Ingraham Angle		Fox News @ Night		Special Report ▢		The Five ▢		Fox & Friends Saturday ▢		205	360
FOOD	321	231	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	110	231
FREE*	538	122	Movie	★★ "The Lost World: Jurassic Park" ('97, Adv) *Jeff Goldblum.* ▢						Grown-ish ▢	The 700 Club ▢		FamilyGuy ▢	FamilyGuy ▢	180	311
FSW	226	-	Baseball ▢	Post-game ▢	WPT Poker ▢		MLB Baseball Los Angeles Angels at Cleveland Indians ▢				Post-game ▢	Angels ▢	Paid ▢	Paid ▢	-	692
FSPT	228	-	WTT Tennis Orlando Storm vs. Vegas Rollers ▢						NHRA Drag Racing ▢		Cliff Diving ▢		Paid ▢	Paid ▢	-	-
FX	554	124	★★ "The Heat" ▢		Snowfall ▢		★★ "The Heat" ('13, Com) *Sandra Bullock.* ▢						★★ "Lucy" ▢		136	248
GOLF	216	86	Golf ▢		PGA Golf Wyndham Championship Site: Sedgefield Country Club -- Greensboro, N.C. ▢								Morning Drive (L) ▢		401	218
HALL	452	128	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier 1/2 ▢	Frasier 2/2 ▢	Frasier ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	H.Hunt ▢	House ▢	H.Hunt ▢	House ▢	Dream H. ▢	Dream H. ▢	Paid Program ▢				Paid Program ▢		112	229
HISTORY	327	133	The UnXplained (N) ▢		Ancient Aliens ▢		Ancient Aliens ▢		The UnXplained ▢		Ancient Aliens: Dec. ▢		Ancient Aliens ▢		120	269
HBO	611	502	Bill Maher (N) ▢		Sketch (N) ▢	Bill Maher ▢		Sketch ▢	Euphoria ▢		"The 15:17 to Paris" *Jenna Fischer.* ▢			Movie	303	504
HBO2	612	503	★★ "Machete" ('10, Act) *Danny Trejo.* ▢		★★ "Insidious: The Last Key" ('17, Hor) *Lin Shaye.* ▢					Bill Maher (N) ▢		Sketch (N) ▢	★★ "Geostorm" ▢		304	505
KBS	80	-	News ▢ /HomeSummer ▢		News ▢	Screening Humanity ▢		Place ▢	Women's Composure		Home ▢	What Happens to My Family?			-	-
LIFE	448	226	★★ "Fun With Dick and Jane" *Jim Carrey.* ▢				★★ "A Walk to Remember" *Mandy Moore.* ▢				★★ "Fun With Dick and Jane" *Jim Carrey.* ▢				108	276
LMN	449	227	"Psycho Stripper" (", Thril) *Karissa Lee Staples.* ▢				"A Lover Scorned" (", Thril) ▢				"Psycho Stripper" (", Thril) *Karissa Lee Staples.* ▢				109	253
MAX	622	515	Jett (N) ▢		Jett ▢	★★ "The Island" ('05, Act) *Ewan McGregor.* ▢					Jett ▢		★★ "Hostel" ▢		311	516
MSNBC	107	175	The Last Word ▢		The 11th Hour ▢		Dateline ▢		To Be Announced ▢		Dateline ▢		MSNBC Live ▢		209	356
NATGEO	347	130	Drain the Oceans ▢		Mountain ▢	Death Row "Execution" ▢		Death Row "Judgment" ▢		Death Row "Crisis Stage" ▢		Death Row "No Appeal" ▢		Death Row ▢	186	276
NGN	677	-	Natsuzo. ▢	HajimeteKoio	ShitaHi (N) ▢	Brain	Okonom. ▢	News (N)	News ▢	Brain ▢ /HajimeteKoio ▢		Brain ▢	Toritetsudo	Enka Singers	-	-
NICK	446	100	Movie	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	Queens ▢	171	300
OC16	16	89	Miss Hawaii Scholarship Pageant						Wed. Parlor	Tiny TV ▢		Hawaii ▢	Driver ▢	Sports P ▢	-	-
OCSPT	12	-	NCAA Softball ▢		NCAA Basketball UC Davis at Hawaii ▢				NCAA Volleyball Stanford vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	First Friday ▢		Truth	Hawaii Mike	Making Waves		Pacific Islander Programming				Native Hawaii Prog. ▢		-	-
OLELO54	54	54	Country Talk Story ▢		Newswire Hawaii ▢		Newswire Hawaii ▢		Social ▢	Maunalua ▢	Democracy Now! ▢		Social Programming ▢		-	-
OLELO55	55	55	Inspiration ▢	Jesus Is Coming Soon		Tap in, Not Out ▢		Faaman. ▢	Prayer ▢	Le Atua ▢	Inspirational Prog. ▢		Inspirational Prog. ▢		-	-
OWN*	343	242	48 Hours: Evidence (N) ▢		20/20 on OWN ▢		48 Hours: Hard Evidence ▢		48 Hours: Hard Evidence ▢		20/20 on OWN ▢		20/20 on OWN ▢		189	279
OXY	558	229	Snap. "Verginia Turner" ▢		Dateline: Secrets Uncovered "A Deadly Path"				Snapped "Melissa Napier" ▢		Snap. "Joanna McElrath" ▢		Snap. "Joyce Sturdivant" ▢		127	251
PARMT	559	141	"White House Down" ▢		★★ "White House Down" ('13, Act) *Channing Tatum.* ▢						The Office ▢	The Office ▢	The Office ▢	The Office ▢	241	241
SHOW*	633	451	★★★★ "The Shining" ('80, Hor) *Jack Nicholson.* ▢					City on a Hill ▢		TheLoudestVoice "2012" ▢	DesMero ▢		Shangri-La ▢		319	546
SYFY	557	144	Killjoys (N) ▢		Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	"The Girl With All the Gifts" *Gemma Arterton.* ▢				122	244
TBS	551	121	"Guardians of the Gala...		ELeague (N)		★★★ "Jack Reacher" ('12, Act) *Tom Cruise.* ▢					"Jack Reacher: Never Go Back" ▢			139	247
TCM	602	157	★★ "Our Wife"		★★★ "Married Bachelor" *Robert Young.*		★★ "Blackmail" *Edward G. Robinson.* ▢				★★★ "Free and Easy"		★★★ "Julius Caesar" ▢		132	256
TLC*	331	132	90 Day Fiancé ▢		90 Day Fiancé "Extended: Tell All: Part 2" (N) ▢				90 Day Fiancé (N) ▢		The Family Chantel ▢		90 Day Fiancé ▢		183	280
TMC	644	467	★★★ "The Reader" *Ralph Fiennes.* ▢			★★★ "The Other Boleyn Girl" *Natalie Portman.* ▢				★★ "Jersey Girl" ('04, Com/Dra) *Ben Affleck.* ▢				"Pimp" ▢	329	554
TNT	553	125	Movie	★★★ "Sherlock Holmes: A Game of Shadows" *Robert Downey Jr..* ▢					Arrow ▢		Arrow "Time of Death" ▢		NCIS:NO "Father's Day" ▢		138	245
TOON	440	103	Boond. ▢	Boond. ▢	RickMort ▢	Robot/Robot	DreamC.	EricAn	TysonM.	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	Boond. ▢	RickMort ▢	177	297
TRAVEL*	325	139	Haunted Towns (N)		Haunted Towns		Ghosts of Morgan City ▢		Haunted Towns		Haunted Towns		Ghosts of Morgan City ▢		196	277
TVLAND	441	127	2½Men ▢	2½Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	2½Men ▢	2½Men ▢	Goldberg ▢	Goldberg ▢	Roseanne ▢	Roseanne ▢	106	304
USA*	555	123	Law&O: SVU "Angels" ▢		★★ "The Fast and the Furious" ('01, Act) *Vin Diesel.* ▢					Modern ▢	Modern ▢	Modern ▢	Modern ▢	Modern ▢	105	242
WE	451	230	Love After Lockup ▢		Love After Lockup ▢		Love After "Close Calls" ▢		Love After Lockup ▢		Love After "Close Calls" ▢		Love After Lockup ▢		128	260

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News Movies Sports

08/03	D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	S1	S2
(2) KHON	3	3	Weekend Marketplace ▢		GSC Match	DFL Soccer Supercup Munich vs Dortmund (L) ▢				Pre-game ▢	MLS Soccer Los Angeles vs Atlanta (L) ▢				2	2
(4) KITV	4	4	X Games Minneapolis 2019 (L) ▢										Paid ▢	Paid ▢	4	4
(9) KHII	5	5	Erth2050 ▢	Nature (N) ▢	OutSpace ▢	Xploratn ▢	Weird (N) ▢	DIY Sci (N) ▢	Paid ▢	A.Athlete ▢	Live Life ▢	Solar ▢	Cops ▢	Cops ▢	5	5
(5) KGMB	7	7	BIG3 Basketball Site: Allstate Arena (L) ▢				PGA Golf Wyndham Championship Site: Sedgefield Country Club (L) ▢						Paid ▢	Movie	9	9
(11) KHET	10	11	C.George ▢	Cat/ Hat ▢	Peg + Cat ▢	W.World ▢	D.Tiger ▢	DinoTrain ▢	Molly ▢	Nature Cat ▢	Speaks ▢	Odd Squad ▢	Hiki No ▢	Essentrics ▢	11	11
(13) KHNL	8	8	LPGA Golf ▢		USAS Swimming ▢		Count. ▢		NASCAR Auto Racing Zippo 200 Site: Watkins Glen International (L) ▢				Paid ▢	Paid ▢	13	13
(14) KWHE	11	14	Roy Rog. ▢	Animal Sci ▢	Awesome ▢	Wild Am. ▢	Real Life ▢	Sports ▢	Heartland ▢	Hollywood ▢	Paid ▢	L.Ranger ▢	Outdoors ▢	Right ▢	14	-
(20) KIKU	9	20	Biz Kid$ ▢	Into Wild ▢	Real Life ▢	Animal ▢	Biz Kid$ ▢	Real Life ▢	J. Hanna ▢	Paid ▢	Paid ▢	Paid ▢	The Old Path ▢		20	20
KFVE	22	13	Keiki Hula Competition "Miss and Master Keiki Hula"									Keiki Hula Competition "Hula Kahiko"				
(26) KAAH*	26	26	Superbook ▢	Booga ▢	History ▢	Creation ▢	LGiglio ▢	News ▢	Turn.Point/ Jeremiah ▢		B. Graham ▢	Stage ▢	Gaither: Precious ▢		-	-
(32) KBFD	2	6	Off Air ▢				Youth Express (N) ▢		The Ghost Detectives ▢		Kinderga ▢	Pit-A-Pat ▢	Pledge to God ▢		-	-
(44) KWBN		44	The Jim Bakker Show ▢		Dateline ▢	Religious ▢	Green ▢	Ruonala ▢	Worship ▢	J. Franklin ▢	Gospel ▢	Larry & Tiz ▢	Jesus ▢	Israel ▢		
(46) KHLU	35	-	Planeta de N	Planeta de N	Atencion Ate	Atencion Ate	Naturaleza H	Naturaleza H	Pagado ▢	Pagado ▢	Pagado ▢	Pagado ▢	Sin Rollo		-	-
(66) KPXO	27	27	Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		SVU "Collateral Damages" ▢		Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢			
A&E	547	129	Zombie House Flipping ▢		Zombie House Flipping ▢		Interve. "Samantha C" ▢		Intervention ▢		Live PD ▢				118	265
AHC*	345	137	Evolution of Evil ▢		Evolution of Evil ▢		Evolution of Evil ▢		Evolution of Evil ▢		Mafia's Greatest Hits ▢		Gr. Hits "Donnie Brasco" ▢		195	287
AMC	600	159	★★★ "National Lampoon's Christmas Vacation" ▢				★★★ "National Lampoon's Vacation" *Chevy Chase.* ▢				★★ "National Lampoon's European Vacation" ▢				131	254
ANPL	329	107	Dr. Jeff "Blown Away" ▢		Dr. Jeff "A Lucky Break" ▢		Dr. Jeff "Runaway Dog" ▢		Dr. Jeff "A Tiger's Tale" ▢		Dr. Jeff "Tiny Soul Mate" ▢		Rocky Mountain Vet ▢		184	282
BBCA	341	135	The Hunt ▢		The Hunt ▢		The Hunt ▢		The Hunt ▢		The Hunt ▢		The Hunt ▢		135	264
BRAVO	560	237	Million Dollar List ▢		Million ▢	To Be Announced ▢		To Be Announced ▢		To Be Announced ▢		To Be Announced ▢		TBA ▢	129	237
CNBC	116	176	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Boss "The Dwyer Group" ▢		Boss "Gigi's Cupcakes" ▢		Undercover Boss ▢		Undercover Boss ▢		208	355
CNN	113	172	CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		S.E. Cupp Unfiltered		200	202
COMEDY	545	142	Parks "Galentine's Day" ▢		Parks/Rec	Parks/Rec	Parks/Rec ▢	Parks/Rec ▢	Parks/Rec ▢	Parks/Rec ▢	The Office ▢	The Office ▢	The Office ▢	Movie	107	249
CSPAN	45	61	Washington This Week ▢										The Communicators ▢		210	350
CW	93	2	Animal R. ▢	Dog Tales ▢	ReadySet ▢	Wildlife D ▢	Old House ▢	Welcome ▢	Animal ▢	Invention ▢	Think Big ▢	E. Stanton ▢	Sports ▢	A.Athlete ▢	3	395
DISC	333	131	Ultimate Guide to Alien Sharks				Bear vs. Shark ▢		Capsized: Blood in the Water				Laws of Jaws		182	278
DISNEY*	444	98	DuckTales ▢	DuckTales ▢	DuckTales ▢	DuckTales ▢	DuckTales ▢	DuckTales ▢	"To Be Announced" ▢			CoopCami ▢	CoopCami ▢	CoopCami ▢	173	291
E!*	549	240	Kardash ▢	The Kardashians ▢		Kardash "Fire Escape" ▢		Kardashians "Pet Peeve" ▢		The Kardashians ▢		The Kardashians ▢		Kardash ▢	114	236
ESPN	222	70	UFC UFC Site: Prudential Center -- Newark, N.J. (L) ▢				UFC UFC Site: Prudential Center -- Newark, N.J. (L) ▢						SportsCenter (N) ▢		140	206
ESPN2	224	74	Soccer International Champions Cup (L) ▢		Baseball Senior League World Series (L) ▢					SportsC.	Softball Junior League World Series (L) ▢				144	209
FILI	688	320	SwakNa ▢	It's Showtime ▢					Matang. ▢	Bottom ▢	Maalaala Mo Kaya ▢			Sweetie	-	-
FNC	109	178	America's News HQ ▢		America's News HQ ▢		Journal Editorial R. ▢		America's News HQ ▢				Fox Report ▢		205	360
FOOD	321	231	Pioneer ▢	Pioneer ▢	The Kitchen (N) ▢		Southern ▢	GirlFarm ▢	Cupcake (N)		Worst Bakers (N) ▢		Diners "Best of New York" ▢		110	231
FREE*	538	122	The Middle ▢	The Middle ▢	★★★ "Jurassic Park" ('93, Sci-Fi) *Sam Neill.* ▢						★★ "The Lost World: Jurassic Park" *Jeff Goldblum.* ▢				180	311
FSW	226	-	NHRA Drag Racing ▢		NHRA Drag Racing ▢		Champions Tennis Legends -- Charleston, S.C. ▢				Crashed Ice ▢			Diving ▢	-	692
FSPT	228	-	Match (N) ▢	Swing ▢	18 Holes ▢	BreakPar ▢	Golf Life ▢	Horse Racing (L) ▢			Softball ▢				-	-
FX	554	124	"Snatched" ('17, Act) *Amy Schumer.* ▢		★★ "Spy" ('15, Act/Com) *Melissa McCarthy.* ▢						★★★ "Fast & Furious 6" ('13, Act) *Vin Diesel.* ▢				136	248
GOLF	216	86	PGA Golf Wyndham Championship (L) ▢		Golf Pre. ▢		Feherty "Kevin Hart" ▢		Golf Women's British Open ▢				Golf Central (N) ▢		401	218
HALL	452	128	"Once Upon a Prince" ▢		"Love Under the Rainbow" (", Rom) *Donna Christie.* ▢				"The Story of Us" (", Rom) ▢				"Love Unleashed" ▢		185	312
HGTV	323	232	FlipFlop ▢	FlipFlop ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	H.Hunt ▢	112	229
HISTORY	327	133	StrongestManHistory ▢		Mountain Men ▢		Pickers "Sturgis or Bust" ▢		Pawn Star ▢	Pawn Star ▢	Pawn Star ▢	Pawn Star ▢	Pawn Star ▢	Pawn Star ▢	120	269
HBO	611	502	★ "Beverly Hills Chihuahua" ▢		Quinceañ ▢		Real Sports ▢		"First Man" ('18, Bio) *Ryan Gosling.* ▢					Movie	303	504
HBO2	612	503	"Night School" ('18, Com) *Kevin Hart.* ▢		Behind Closed Doors "Part One" 1/2 ▢				BehindClosedDoor "Part Two" Pt. 2 of 2 ▢		WhoKillGarrett "Part 1" ▢		WhoKill ▢		304	505
KBS	80	-	Kongdak. ▢	Kongdak. ▢	Senior Talk Show		Backpack ▢	Battle Trip ▢			I Like to Sing ▢		Happy Together ▢		-	-
LIFE	448	226	Paid ▢	Paid ▢	Marrying "Royal Pains" ▢		"In Bed With a Killer" (", Thril) *Jennifer Taylor.* ▢				"Killer Night Shift" ('18, Dra) *Christie Burson.* ▢				108	276
LMN	449	227	"Cheerleader Nightmare" ('18, Dra) *Taylor Murphy.* ▢				"Psycho In-Law" ('17, Thril) *Katie Leclerc.* ▢				"Fatherly Obsession" ('17, Thril) *Molly McCook.* ▢				109	253
MAX	622	515	★★ "Twins" *Arnold Schwarzenegger.* ▢		"The Mountain Between Us" ('17, Act) *Kate Winslet.* ▢					★★★ "Inception" ('10, Act) *Leonardo DiCaprio.* ▢					311	516
MSNBC	107	175	Weekends-Alex Witt ▢		MSNBC Live ▢		MSNBC Live ▢		MSNBC Live ▢		PoliticsNation ▢		Deadline: White House ▢		209	356
NATGEO	347	130	Alaska State Troopers ▢		Trooper "Too Much Pot" ▢		Gangs, Guns and Ganja ▢		Gang War USA		Chinatown Mafia ▢		Manhattan Mob Ramp. ▢		186	276
NGN	677	-	Toritetsudo	Natsuzo.	Enka Singers	Brain ▢ /HajimeteKoio ▢		Brain	Okonom. ▢	Yumetairiku	News ▢	Brain /Choshichiro Nikki ▢		Toritetsudo	-	-
NICK	446	100	SpongeBob ▢		Sponge ▢	LEGO City	Sponge ▢	Sponge ▢	Sponge ▢	Sponge ▢	LEGO (N)	Sponge ▢	Sponge ▢	Sponge ▢	171	300
OC16	16	89	Fishing Adv.	Cutty (N) ▢	Painting ▢	FshnSnse ▢	TheChamp ▢	Board ▢	Cook. ▢	Pet Hui ▢	Miss Hawaii Scholarship Pageant				-	-
OCSPT	12	-	NCAA Softball UC Davis vs. Hawaii ▢		NCAA Baseball CSU Bakersfield at Hawaii Site: Les Murakami Baseball Stadium ▢							NCAA Basket. Classics Haw.H./Haw. ▢			-	-
OLELO53	53	53	Native Hawaii Programming ▢						First Friday ▢		Native Hawaii Programming ▢				-	-
OLELO54	54	54	Newswire Hawaii ▢		Newswire Hawaii ▢		Social/ Political Programming ▢				Full Democracy ▢		Ariel		-	-
OLELO55	55	55	Inspirational Prog. ▢		Jesus ▢	Unity Church of Hawaii ▢		Faaman. ▢	Church ▢	Inspirational Prog. ▢		His Voice ▢	Jesus Is Coming Soon		-	-
OWN*	343	242	Dr. Phil ▢		Dr. Phil ▢		Dr. Phil ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		189	279
OXY	558	229	The Killer Affair ▢		Injustice With Nancy ▢		Injustice With Nancy ▢		Injustice With Nancy ▢		Snap. "Donna Thorngren" ▢		Snap. "Amy Van Wagner" ▢		127	251
PARMT	559	141	★★★ "The Mummy" ('99, Adv) *Brendan Fraser.* ▢				★★ "National Treasure" ('04, Adv) *Nicolas Cage.* ▢						"National Treasure: Bo...		241	241
SHOW*	633	451	"Gone in 60 Seconds" ▢		★★ "City Slickers" ('91, Com) *Billy Crystal.* ▢				★★★ "Silverado" ('85, West) *Kevin Kline.* ▢				TheLoudestVoice "2012" ▢		319	546
SYFY	557	144	"Mad Max 2: The Road ...		★★ "Mad Max: Beyond Thunderdome" ('85, Sci-Fi) *Mel Gibson.* ▢					★★ "47 Ronin" ('13, Act) *Keanu Reeves.* ▢					122	244
TBS	551	121	"Wrath of the Titans" ▢		★★★ "Edge of Tomorrow" ('14, Sci-Fi) *Tom Cruise.* ▢					★★★ "Jack Reacher" ('12, Act) *Tom Cruise.* ▢					139	247
TCM	602	157	★★★ "Morituri" *Marlon Brando.*			★★★ "Mutiny on the Bounty" ('62, Adv) *Marlon Brando.* ▢							★★★ "A Streetcar Named Desire" ▢		132	256
TLC*	331	132	Yes Dress ▢	Yes Dress ▢	Yes Dress ▢	Yes Dress ▢	90 Day Fiancé: Before the 90 Days "Trust a Try" ▢				90 Day Fiancé: Before the 90 Days "Truth or Lie" ▢				183	280
TMC	644	467	"What Lies Beneath" ▢		★★ "Cadillac Man" ('90, Com/Dra) *Robin Williams.* ▢				★★★ "Serenity" ('05, Sci-Fi) *Nathan Fillion.* ▢				"The Devil's Own" ▢		329	554
TNT	553	125	"Point Break" ('15, Act) *Luke Bracey.* ▢				★★★ "Sherlock Holmes: A Game of Shadows" ('11, Act) *Robert Downey Jr..* ▢						"Sherlock Holmes" ▢		138	245
TOON	440	103	TeenT./TeenT.	Gumball	Teen Titans Go! ▢		Ben 10/Ben 10	Ninjago	TeenT./TeenT.	TeenT./TeenT.	Gumball	Gumball	Gumball	Gumball	177	297
TRAVEL*	325	139	Paradise "Local Legends"		Food Paradise ▢		Ripley's "Great Obsessions"		Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures ▢		196	277
TVLAND	441	127	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	2½Men ▢	2½Men ▢	106	304
USA*	555	123	Paid ▢	Paid ▢	Paid ▢	Paid ▢	NCIS "Yankee White" ▢		NCIS "Hung Out to Dry" ▢		NCIS "Sea Dog" ▢		NCIS "The Immortals" ▢		105	242
WE	451	230	C.Minds "Demonology" ▢		Crim. Minds "Omnivore" ▢		C.Minds "House on Fire" ▢		Crim. Minds "Conflicted" ▢		Criminal Minds ▢		C.Minds "The Big Wheel" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

08/03	D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	S1	S2
(2) KHON	3	3	Weekend Marketplace ▢		Boxing PBC Fight Night Site: Barclays Center (L) ▢				A.Athlete ▢	Erth2050 ▢	Paid ▢	Wahine ▢	News (N) ▢	Wheel ▢	2	2
(4) KITV	4	4	Paid ▢	Paid ▢	DestinTV ▢	Money ▢	Mr. Box ▢	Family ▢	Paid ▢	Paid ▢	News (N) ▢	News (N) ▢	News (N) ▢	IslandS. ▢	4	4
(9) KHII	5	5	Cops ▢	Solar ▢	Providence	Providence	Solar ▢	Y. Icons ▢	★★★ "She's the Man" ('06, Rom) *Amanda Bynes.* ▢		News (N) ▢		News (N) ▢	BigBang ▢	5	5
(5) KGMB	7	7	★★ "Bulletproof Monk" ▢			Winning ▢	Lucky Dog ▢	Dr. Chris ▢	Innovation ▢	Hope Wild ▢	News (N) ▢	News (N) ▢	Ent. Tonight ▢		9	9
(11) KHET	10	11	Dest.Craft ▢	Paint ▢	Woodwri. ▢	Ask House ▢	Old House ▢	Motor. (N) ▢	Martha ▢	TestK (N) ▢	One Plate ▢	Lidia's Kit. ▢	Dining ▢	News. (N) ▢	11	11
(13) KHNL	8	8	Minute ▢	Minute ▢	Voyager ▢	Earth Od ▢	Consumer ▢	Naturally ▢	VetsSav. ▢	Champion ▢	News (N) ▢	News (N) ▢	HI Now ▢		13	13
(14) KWHE	11	14	Game On ▢	50PlusPrime	Military M. ▢	Garden ▢	Hazelton ▢	Spaces (N) ▢	Coffee (N) ▢	Real Green ▢	Sm.Town ▢	Traveler ▢	Cash Cow ▢	Cooking ▢	14	-
(20) KIKU	9	20	The Kingdom of Jesus Christ ▢						Paid ▢	SurerWrd ▢	Kapuso Mo ▢		Beautiful Strangers		20	20
KFVE	22	13	Keiki Hula Competition "Hula Kahiko"						Keiki Hula Competition "Hula 'Auana"							
(26) KAAH*	26	26	In Touch Ministries ▢		Huckabee ▢		Gotta Do It	The Hour of Power ▢		Leading ▢	Huckabee ▢		Gotta Do It	Music	-	-
(32) KBFD	2	6	Unknown Woman ▢			Running Man (N) ▢			News ▢	Paid Program ▢				News ▢	-	-
(44) KWBN		44	Religious Programming ▢			M. Youssef ▢	K.Hagin ▢	JSekulow ▢	In Touch Ministries ▢		P. Stone ▢	Love Israel ▢	Religious ▢	R.Morris ▢		
(46) KHLU	35	-	Cuentamelo Ya!... Al Fin	Los guapos	Los guapos	Los guapos	Renta Co	Renta Co	Vecinos ▢	Vecinos ▢	María	Noticiero ▢	MFL Fútbol Tij./Amer. (L) ▢		-	-
(66) KPXO	27	27	SVU "Unholiest Alliance" ▢		SVU "Sheltered Outcasts" ▢		Law & Order: S.V.U. ▢		SVU "Assaulting Reality" ▢		SVU "Intersecting Lives" ▢		SVU "Heartfelt Passages" ▢			
A&E	547	129	Live PD ▢		Live PD ▢						Live PD ▢ /Live PD ▢		Live PD (L) ▢		118	265
AHC*	345	137	Mafia's Greatest Hits ▢		The Mafia Kingpin ▢		Mafia vs. JFK ▢		The Mob's Assassin ▢		Manhunt: Kill or Capture ▢		Mafia vs. JFK ▢		195	287
AMC	600	159	★★ "Vegas Vacation" ('97, Com) *Chevy Chase.* ▢				★★★ "National Lampoon's Vacation" *Chevy Chase.* ▢				★★ "National Lampoon's European Vacation" ▢				131	254
ANPL	329	107	Rocky Mountain Vet ▢		Dr. Jeff "Ready to Roll" ▢		Rocky Mountain Vet ▢		Dr. Jeff "A Wild Ride" (N) ▢		Rocky Mountain Vet (N) ▢		The Hendersons (N) ▢		184	282
BBCA	341	135	Africa "Cape" ▢		Africa "Sahara" ▢		Africa "Kalahari" ▢		Africa "Savannah" ▢		Africa "Congo" ▢		WildCity "Urban Wild" (N) ▢		135	264
BRAVO	560	237	TBA ▢	To Be Announced ▢											129	237
CNBC	116	176	Boss "Massage Heights" ▢		Undercover Boss ▢		Undercover Boss "Orkin" ▢		Under Boss "Taco Bueno" ▢		Boss "The Dwyer Group" ▢		The Profit: "Wick'ed"		208	355
CNN	113	172	The Van Jones Show (N)		CNN Newsroom ▢		The Movies "The Seventies"				The Movies "The Eighties"				200	202
COMEDY	545	142	★★★ "21 Jump Street" ('12, Act) *Jonah Hill.* ▢					"CHIPS" ('17, Act) *Dax Shepard.* ▢					★★★ "21 Jump Street" ▢		107	249
CSPAN	45	61	Washington This Week ▢		The Communicators ▢		Public Affairs Event ▢						Public Affairs Event ▢		210	350
CW	93	2	Heart. "Truth Be Told" ▢		Murdoch Mysteries ▢		Bones ▢		Hollywood ▢	Whack ▢	Whack ▢	Fishing ▢	BigBang ▢	BigBang ▢	3	395
DISC	333	131	Laws of Jaws ▢		Guadalupe Kill Zone ▢		SharksHeadstoneHell ▢		SharksBadlands (N)		Sharks Gone Wild 2 (N) ▢		Shark Week Immersion ▢		182	278
DISNEY*	444	98	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	Sydney Max	Sydney Max	173	291
E!*	549	240	Kardash ▢	Kardashians "Treachery" ▢		Kardash "Aftershock" ▢		★★ "Forgetting Sarah Marshall" ('08, Com) *Jason Segel.* ▢					★★ "Couples Retreat" ▢		114	236
ESPN	222	70	Pro Football Hall of Fame Enshrinement Ceremony "2019" (L)							SportsCenter (N) ▢			SportsCenter (N) ▢		140	206
ESPN2	224	74	X Games Minneapolis 2019 (L) ▢						FIFA Soccer International Friendly Ireland vs. United States (L) ▢					Basketball ▢	144	209
FILI	688	320	Paren	Salamat Dok		TV Patrol ▢	It's Showtime ▢					Ipaglaban Mo		Maalaala ▢	-	-
FNC	109	178	Life, Liberty & Levin		Watters World ▢		Justice JudgeJeanine ▢		The Greg Gutfeld Show ▢		Watters World ▢		Justice JudgeJeanine ▢		205	360
FOOD	321	231	Diners "Wildest Joints" ▢		Diners, Drive-Ins ▢		Diners ▢	Diners ▢	Diners ▢	Diners ▢	Impossible (N) ▢		Restaurant: Impossible (N)		110	231
FREE*	538	122	"The Lost World: Jura...		★★★★ "The Goonies" ('85, Adv) *Sean Astin.* ▢						★★★ "Willy Wonka and the Chocolate Factory" ▢				180	311
FSW	226	-	Diving ▢	Motocross X-Fighters ▢		Red Bull ▢	Arenacross ▢		NHRA Drag Racing -- Sonoma, Calif. ▢				Mixed M Arts Lights Out ▢		-	692
FSPT	228	-	Champions Tennis Legends -- Charleston, S.C. ▢				WTT Tennis Orlando Storm vs. Vegas Rollers ▢						WPT Poker ▢		-	-
FX	554	124	"Fast & Furious 6" ▢		★★ "Furious 7" ('15, Act) *Vin Diesel.* ▢						★★ "The Fate of the Furious" ('17, Act) *Vin Diesel.* ▢				136	248
GOLF	216	86	PGA Golf Wyndham Championship Site: Sedgefield Country Club -- Greensboro, N.C. ▢									Golf Women's British Open ▢			401	218
HALL	452	128	"Love Unleashed" ▢		"Sailing Into Love" (", Rom) ▢				"Rome in Love" (", Rom) *Peter Porte.* ▢				"Love and Sunshine" ▢		185	312
HGTV	323	232	H.Hunt ▢	H.Hunt ▢	Love It or List It ▢		Love It or List It ▢		Love It or List It ▢		Boise Boys (N) ▢		Love It or List It ▢		112	229
HISTORY	327	133	Pawn "A Demon of a Deal" ▢		Pawn Stars ▢		Ancient Aliens ▢		Ancient Aliens ▢		Ancient Aliens: Declassified "Alien Catastrophes" (N) ▢				120	269
HBO	611	502	★★ "Rampage" *Dwayne Johnson.* ▢			"Bohemian Rhapsody" ('18, Bio) *Rami Malek.* ▢					"The Favourite" ('18, Bio) *Olivia Colman.* ▢				303	504
HBO2	612	503	WhoKilledGarrett "Part 2" Pt. 2 of 2 ▢			I Love You, Now Die 1/2 ▢	I Love You, Now Die Pt. 2 of 2 ▢				Euphoria "Pilot" ▢		Euphoria ▢		304	505
KBS	80	-	Happy Together ▢		Immortal Songs 2 ▢			Mother of Mine ▢		Mother ▢	Music Bank ▢			Gag Concert	-	-
LIFE	448	226	"The Killer Next Door" (", Thril) *Andrea Bogart.* ▢				"V.C. Andrews' Heaven" *Matthew Nelson-Mahood.* ▢				"Dark Angel" (", Dra) *Jason Priestley.* ▢				108	276
LMN	449	227	"Did I Kill My Mother?" ('18, Thril) *Megan Park.* ▢				"A Mother's Worst Fear" ('18, Dra) *Katrina Begin.* ▢				"To Be Announced" ▢				109	253
MAX	622	515	★★ "Jingle All the Way" ▢			"Ideal Home" ('18, Com) *Paul Rudd.* ▢			Jett ▢		★★★ "Casino Royale" ('06, Act) *Daniel Craig.* ▢				311	516
MSNBC	107	175	Hardball ▢		Saturday Night Politics ▢		Rachel Maddow ▢		The Last Word ▢		The 11th Hour ▢		The Beat ▢		209	356
NATGEO	347	130	Detroit Gang Squad ▢		Tijuana Drug Lords ▢		L.A. Gang Wars ▢		Bonnie and Clyde ▢		CIA Secret Experiments ▢		Area 51 ▢		186	276
NGN	677	-	Jin Actor ▢	Brain ▢	Manpuku	PONPON ▢	Erin ▢	Ikiiki	Brain/Mentai	Brain	Natsuzora ▢	Ganbaru ▢	Jin Actor ▢	Brain/News	-	-
NICK	446	100	LoudH.	Loud H. ▢	The Loud House ▢		Loud H. ▢	Loud H. ▢	Loud H. ▢	Loud H. ▢	Henry Danger		All That (N)	All That ▢	171	300
OC16	16	89	Miss HI Scholarship		Ocean ▢	Skin Diver ▢	Braddahs ▢	Wed. Parlor	R. Mabuyer	Pakele ▢	Outside HI ▢	BrownBag ▢	Generations	Hawaii ▢	-	-
OCSPT	12	-	NCAA Basketball UC Santa Barbara at Hawaii ▢				NCAA Volleyball USC vs. Hawaii ▢			NCAA Football Classics Duquesne vs. Hawaii ▢					-	-
OLELO53	53	53	Native Hawaii Programming ▢					Sover. Conver.		Not for Sale	HI Prog. ▢	Truth	Cultural/ Ethnic ▢		-	-
OLELO54	54	54	Feminist NewsNetwork ▢		Think Tech ▢	F.A.P.E. Now! ▢		Kukui ▢	Dr. J. Char ▢	Think Tech ▢	Self ▢	Think Tech ▢	Everyday Tai Chi by Lucy ▢		-	-
OLELO55	55	55	CathGdNews	I Am That I ▢	The Coming of Jesus ▢		Inspiration ▢	Church ▢	Overcom. ▢	It's Our Time ▢		Inspiration ▢	Divine ▢	Truth ▢	-	-
OWN*	343	242	Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life (N) ▢		189	279
OXY	558	229	Snap. "Eugenia Campbell" ▢		Snap. "Martha Farmer" ▢		Injustice With Nancy (N) ▢		Snapped "Dee Eggert" ▢		Injustice With Nancy ▢		Snapped "Eileen Leone" ▢		127	251
PARMT	559	141	★★ "National Treasure: Book of Secrets" ▢				★★ "National Treasure" ('04, Adv) *Nicolas Cage.* ▢						"National Treasure: Bo...		241	241
SHOW*	633	451	City on a Hill ▢		★★ "Four Weddings and a Funeral" *Hugh Grant.* ▢				★★ "Charlie's Angels" *Drew Barrymore.* ▢				"Peppermint" ▢		319	546
SYFY	557	144	★★ "Blade: Trinity" ('04, Thril) *Wesley Snipes.* ▢					"Hansel and Gretel: Witch Hunters" ▢				"Percy Jackson: Sea of Monsters" ▢			122	244
TBS	551	121	Movie	★★★★ "Jack Reacher: Never Go Back" ('16, Act) *Tom Cruise.* ▢					"Guardians of the Galaxy Vol. 2" ('17, Act) *Chris Pratt.* ▢						139	247
TCM	602	157	"A Streetcar Named D...	★★★★ "On the Waterfront" *Marlon Brando.* ▢					★★★ "The Wild One" *Marlon Brando.* ▢		★★★ "Guys and Dolls" ▢				132	256
TLC*	331	132	90 Day Fiancé "Expecting the Unexpected" ▢				90 Day Fiancé "The Things We Do For Love" ▢				90 Day Fiancé "Goodbye for Now" ▢				183	280
TMC	644	467	"The Devil's Own" ▢		"7 Days in Entebbe" ('18, Cri) *Daniel Bruhl.* ▢				★★★ "Revolver" ('05, Myst) *Jason Statham.* ▢				★★ "Saw" ▢		329	554
TNT	553	125	★★★ "Sherlock Holmes" ▢			★★ "Snow White and the Huntsman" ('12, Act) *Kristen Stewart.* ▢					"The Huntsman: Winter's War" *Chris Hemsworth.* ▢				138	245
TOON	440	103	Gumball	Victor/Victor	Total ▢	Gumball	Gumball	Gumball	Craig Creek	Victor/Victor	DragonB. ▢	DB Super ▢	RickMort ▢	RickMort ▢	177	297
TRAVEL*	325	139	Ghost Adventures ▢		GhostAd. "Cripple Creek" ▢		Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures (N) ▢		196	277
TVLAND	441	127	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	106	304
USA*	555	123	NCIS "The Curse" ▢		★★ "The Fast and the Furious" ('01, Act) *Vin Diesel.* ▢					★★ "Two Fast Two Furious" ('03, Act) *Paul Walker.* ▢				Movie	105	242
WE	451	230	Criminal Minds "Roadkill" ▢		C.Minds "Amplification" ▢		Crim. Minds "To Hell" 1/2 ▢		Criminal Minds ▢		Criminal Mind "Haunted" ▢		Crim. Minds "Reckoner" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

08/03	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	Fam. Feud ▢	Fam. Feud ▢	Bones ▢		Saving Hope ▢		News (N) ▢	Chef "The Semi-Final" ▢		Inside Ed. ▢	Wipeout ▢		2	2
(4) KITV	4	4	Shark Tank ▢		Press Your Luck ▢		Card Sharks ▢		News (N) ▢	New Hope ▢	American Ninja Warrior ▢		Rizzoli & Isles ▢		4	4
(9) KHII	5	5	FamilyGuy ▢	BobBurg. ▢	2½Men ▢	2½Men ▢	Bones ▢		News (N) ▢	Mother ▢	Saving Hope ▢		Providence	Providence	5	5
(5) KGMB	7	7	Million Dollar Mile "I Was Born Ready for This" (N) ▢				48 Hours ▢		News (N) ▢	Madam "The Operative" ▢		Elementary ▢		Movie	9	9
(11) KHET	10	11	Places ▢	Rudy Maxa ▢	Hawking ▢		Secrets of the Dead ▢		Morocco to Timbuktu ▢		Austin City Limits ▢		Hawking ▢		11	11
(13) KHNL	8	8	Bring the Funny ▢		Dateline NBC ▢				News (N) ▢	Saturday Night Live ▢			NCIS: New Orleans ▢		13	13
(14) KWHE	11	14	Heart. "Truth Be Told" ▢		Heartland ▢		Murdoch Mysteries ▢		Murdoch Mysteries ▢		Hi on Art	J. Lani Rich	A. Griffith ▢	A. Griffith ▢	14	-
(20) KIKU	9	20	Lone Wolf and Cub ▢		Homicide Team 9		Jazz Alley TV ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Keiki Hula Competition "Hula 'Auana"				News (N) ▢	Black-ish ▢	Friends ▢	Seinfeld ▢	News ▢	Last Man ▢	Comics ▢	Rules ▢		
(26) KAAH*	26	26	★★★ "One Night With the King" *Tiffany Dupont.* ▢				Praise ▢		Fabric of Time ▢		JohnGray ▢	K. Shook ▢	Ed Young ▢	Lead Way ▢	-	-
(32) KBFD	2	6	Destiny (N)	Pledge to God (N) ▢			News (N) ▢ /Unknown Woman (N) ▢			Law of the Jungle (N) ▢			Off Air ▢		-	-
(44) KWBN		44	Ignite Life ▢	The Ramp ▢	Save ▢	Freedom	In Touch Ministries ▢		Reflections ▢		Reflections ▢		Gospel	Dateline ▢		
(46) KHLU	35	-	MFL Fútbol Tij./Amer. (L) ▢		Como dice el dicho ▢		Esta Historia Me Suena ▢		María	Noticiero ▢	Como dice el dicho ▢		Más Noche		-	-
(66) KPXO	27	27	Law&O: SVU "Informed" ▢		Law&Order: SVU "Clock" ▢		Law&Order: SVU "Recall" ▢		Law&Order: SVU "Uncle" ▢		SVU "Confrontation" ▢		Law&O: SVU "Infiltrated" ▢			
A&E	547	129	Live PD (L) ▢				Live PD ▢						Live PD ▢	Live PD ▢	118	265
AHC*	345	137	The Mob's Assassin ▢		Manhunt: Kill or Capture ▢		The Mafia Kingpin ▢		Mafia vs. JFK ▢		The Mob's Assassin ▢		Weapon "Booby Traps" ▢		195	287
AMC	600	159	★★ "Vegas Vacation" ('97, Com) *Chevy Chase.* ▢				★★★ "National Lampoon's Christmas Vacation" *Chevy Chase.* ▢					Preacher ▢		Preacher ▢	131	254
ANPL	329	107	The Hendersons (N) ▢		The Aquarium ▢		Hanging/Hendersons ▢		Dr. Jeff "Family Reunion" ▢		Hanging "Picture Perfect" ▢		The Aquarium ▢		184	282
BBCA	341	135	Africa "Cape" ▢		Africa "Sahara" ▢		Africa "Kalahari" ▢		Africa "Savannah" ▢		Africa "Congo" ▢		The Hunt ▢		135	264
BRAVO	560	237	To Be Announced ▢												129	237
CNBC	116	176	Profit "NYC Bagel Deli" ▢		Paid ▢	Paid ▢	Jay Leno's Garage ▢		Jay Leno "Larger Than Life"		Jay Leno "Losing Control" ▢		Options	Paid ▢	208	355
CNN	113	172	The Movies "The 2000s to Today"				The Movies "The Nineties"		CNN Newsroom ▢		CNN Newsroom ▢		New Day Weekend ▢		200	202
COMEDY	545	142	★★★ "21 Jump Street" *Jonah Hill.* ▢			★ "CHIPS" ('17, Act) *Dax Shepard.* ▢					SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Public Affairs Event ▢												210	350
CW	93	2	Castle ▢		★ "The Void" ('16, Hor) *Aaron Poole.* ▢				Celeb ▢	Access Weekend ▢		A.Athlete ▢	Hollywood ▢	Hollywood ▢	3	395
DISC	333	131	Shark Trip: Eat Prey Chum ▢				Shark Week Immersion ▢		Sharks Gone Wild 2 ▢		Shark Trip: Eat Prey Chum ▢				182	278
DISNEY*	444	98	Sydney Max	Sydney Max	Sydney Max	Rollwlt ▢	Andi Mack	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Bizaard. ▢	Bizaard. ▢	173	291
E!*	549	240	★★ "Couples Retreat" *Vince Vaughn.* ▢		★★ "Couples Retreat" ('09, Com) *Vince Vaughn.* ▢						★★ "Vacation" ('15, Com) *Ed Helms.* ▢				114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	UFC UFC Site: Prudential Center -- Newark, N.J. ▢						X Games Minneapolis 2019 ▢						144	209
FILI	688	320	Maalaala ▢	The Bottomline ▢		Failon	Soco	Dok Ricky	Salamat Dok	Pareng Partners		Citizen ▢	Mission /Ipaglaban Mo		-	-
FNC	109	178	The Greg Gutfeld Show ▢		Watters World ▢		Justice JudgeJeanine ▢		The Greg Gutfeld Show ▢		Fox Report ▢		Fox & Friends Sunday ▢		205	360
FOOD	321	231	Restaurant: Impossible (N)		Kitchen "Cajun Crisis" (N)		Restaurant: Impossible		Restaurant: Impossible		KitchenTake. "Cajun Crisis"		Restaurat Impossible ▢		110	231
FREE*	538	122	Movie	★★★ "Cinderella" ('15, Fam) *Lily James.* ▢					★★★ "Maleficent" ('14, Adv) *Angelina Jolie.* ▢				★★★ "Beetlejuice" ▢		180	311
FSW	226	-	Mixed M Arts Lights Out ▢		WPT Poker ▢		Champions Tennis Legends -- Charleston, S.C. ▢				Xterra World ▢		Paid ▢	Paid ▢	-	692
FSPT	228	-	Boxing Classics ▢				NHRA Drag Racing -- Sonoma, Calif. ▢				NHRA Drag Racing ▢		Paid ▢	Paid ▢	-	-
FX	554	124	★ "The Fate of the Furi...		Pose "Blow" ▢		Legion "Chapter 25" ▢		Baskets ▢	Better ▢	Better ▢	Better ▢	Baskets ▢	Baskets ▢	136	248
GOLF	216	86	Golf Women's British Open ▢				PGA Golf Wyndham Championship Site: Sedgefield Country Club -- Greensboro, N.C. ▢						Morning Drive (L) ▢		401	218
HALL	452	128	★ "Love and Sunshine" ▢		★ "Love, Once and Always" *David Hyde Pierce.* ▢				★ "Love at First Glance" ('17, Rom) *Amy Smart.* ▢				★ "Stranded in Paradise"		185	312
HGTV	323	232	Love It or List It ▢		Boise Boys ▢		Love It or List It ▢		Paid Program ▢				Paid Program ▢		112	229
HISTORY	327	133	Ancient Aliens: Declassified "Alien Catastrophes" (N) ▢				Ancient Aliens: Declassified "Alien Catastrophes" ▢								120	269
HBO	611	502	Sketch ▢	★★★ "Crazy Rich Asians" ('18, Com) *Constance Wu.* ▢			★ "The Favourite" ('18, Bio) *Olivia Colman.* ▢					Bill Maher ▢		Euphoria ▢	303	504
HBO2	612	503	Euphoria ▢	Euphoria ▢		Euphoria ▢		Euphoria ▢		Euphoria ▢		★ "Tully" ('18, Com) *Charlize Theron.* ▢			304	505
KBS	80	-	Gag Concert		News ▢	Ent.Week ▢	Sooro's Rovers ▢			Fortunetellers ▢		Hello Counselor ▢			-	-
LIFE	448	226	★ "To Be Announced" ▢				★ "Dark Angel" (", Dra) *Jason Priestley.* ▢				★ "To Be Announced" ▢				108	276
LMN	449	227	★ "Killer Grandma" (", Thril) *Kelly Sullivan.* ▢				★ "To Be Announced" ▢				★ "Killer Grandma" (", Thril) *Kelly Sullivan.* ▢				109	253
MAX	622	515	Movie	★★ "Quantum of Solace" ▢			Jett ▢		★★ "Due Date" *Zach Galifianakis.* ▢			★★ "Johnny English" ▢			311	516
MSNBC	107	175	Lockup ▢		Dateline ▢		Dateline ▢		Dateline ▢		Dateline ▢		MSNBC Live ▢		209	356
NATGEO	347	130	Secret History of UFOs ▢		Gordon Ramsay ▢		Drugs, Inc. "Philly Dope" ▢		Drugs, Inc. "Snitch Cities" ▢		Drugs, Inc. ▢		Drugs "Spring Break" ▢		186	276
NGN	677	-	Natsuzo. ▢	Dele (N) ▢		Brain (N) ▢ /Iryu Sosa (N)		News (N)	News ▢	Brain ▢ /Choshichiro ▢		Toritetsudo	Japanese Enka Singers		-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢		Mom ▢	Mom ▢	Queens ▢	Queens ▢	171	300
OC16	16	89	Fishing Adv.	Sports P ▢	Showcase ▢	Career ▢	Board ▢	Flhi Girlz ▢	B.R.A.V.E. TV	Sports	FshnSnse ▢	Driver ▢	Generations	Hawaii ▢	-	-
OCSPT	12	-	NCAA Football Classics ▢		NCAA Basketball Cal State - Fullerton at Hawaii ▢				NCAA Volleyball Ball State vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	Hawaii Okinawa Today ▢		Cultural/ Ethnic Programming ▢				HI Prog. ▢	Hawaii Mike	Making Waves		Educational Prog. ▢		-	-
OLELO54	54	54	Social ▢	Tai Chi Aloha ▢		Play Tai Chi ▢		Social ▢	Think Tech ▢	Social ▢	Newswire Hawaii ▢		Social Programming ▢		-	-
OLELO55	55	55	UnitGrac ▢	Koolau Baptist Ch. ▢		Inspiration ▢	As We Gather		Inspiration ▢	Angels	Brethren of Christ ▢		Inspirational Prog. ▢		-	-
OWN*	343	242	To Have and to Hold (N) ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		To Have "Popping Off" ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		189	279
OXY	558	229	Snapped "Cindy Reese" ▢		Snap. "Marissa Wright" ▢		Snap. "Janet Tyburski" ▢		License to Kill ▢		License to Kill ▢		Dateline ▢		127	251
PARMT	559	141	★★ "National Treasure: Book of Secrets" ▢				★★★ "The Mummy" ('99, Adv) *Brendan Fraser.* ▢						The Office ▢	The Office ▢	241	241
SHOW*	633	451	Movie	City on a Hill ▢		DesMero ▢	TheLoudestVoice "2012" ▢		Shangri-La ▢		★★★ "Black Snake Moan" *Samuel L. Jackson.* ▢				319	546
SYFY	557	144	★ "Percy Jackson: Sea ...		Futurama ▢	Futurama ▢	Futurama ▢	Futur./Futur.	Futurama ▢	★★★ "Mad Max 2: The Road Warrior" ('81, Sci-Fi) *Mel Gibson.* ▢					122	244
TBS	551	121	BigBang ▢	BigBang ▢	Frontal ▢	Detour ▢	Claws ▢		★★★ "Popstar: Never Stop Never Stopping" ▢				2 Broke G. ▢	2 Broke G. ▢	139	247
TCM	602	157	★★★ "Guys and Dolls" ▢		★★★ "A Dry White Season" *Donald Sutherland.* ▢				★★★★ "The Freshman" ('90, Com) *Marlon Brando.* ▢				★ "Adventure in Baltim...		132	256
TLC*	331	132	Yes Dress "Love Is Love" ▢		Say Yes to the Dress ▢		Say Yes to the Dress ▢		Say Yes to the Dress ▢		Say Yes to the Dress ▢		Say Yes to the Dress ▢		183	280
TMC	644	467	★ "Saw" ▢	★ "Nazi Undead" *Georgia Chara.* ▢			★★ "Saw" ('04, Hor) *Leigh Whannell.* ▢				★ "Nazi Undead" *Georgia Chara.* ▢			Movie	329	554
TNT	553	125	Movie	★★ "Snow White and the Huntsman" ('12, Act) *Kristen Stewart.* ▢					★ "Pete's Dragon" ('16, Adv) *Bryce Dallas Howard.*					Movie	138	245
TOON	440	103	FamilyGuy ▢	Academia ▢	DB Super ▢	TBA ▢	TBA ▢	TBA ▢	Lupin5 (N) ▢	Clover (N) ▢	Boruto (N) ▢	Naruto (N) ▢	Hunter X (N)	Machu ▢	177	297
TRAVEL*	325	139	Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures ▢		Ghost Adventures ▢		196	277
TVLAND	441	127	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	2½Men ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	★★ "The Fast and the Furious: Tokyo Drift" ▢				★★ "Fast and Furious" ('09, Act) *Vin Diesel.* ▢				★★ "Two Fast Two Furious" ('03, Act) *Paul Walker.* ▢				105	242
WE	451	230	Crim. Minds "Hopeless" ▢		Criminal Minds ▢		Criminal Minds ▢		CSI: Miami "Prey" ▢		CSI "48 Hours to Life" ▢		CSI "Under Suspicion" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

Sunday

6 a.m. TCM "Jezebel" ★★★★ (1938, Drama) (2h) ▢ A tempestuous, headstrong southern belle falls for a man who is betrothed to another. (2:00)

8 a.m. TCM "An American in Paris" ★★★★ (1951, Musical) (2h) ▢ An ex-GI stays in Paris to pursue a career as an artist and to romance women. (2:00)

11 a.m. BBCA "Stand by Me" ★★★★ (1986, Adventure) (2h) ▢ Four friends set out on an adventure to look for the missing body of a local teenager. (2:00)

2 p.m. TCM "A Place in the Sun" ★★★★ (1951, Mystery) (2h15) ▢ A man decides to murder his pregnant girlfriend so he will be free to marry a rich woman. (2:15)

3:30 p.m. TNT "Suicide Squad" ★★★★ (2016, Action) (2h30) ▢ A government official sends a team of supervillains to fight a new and powerful threat. (2:30)

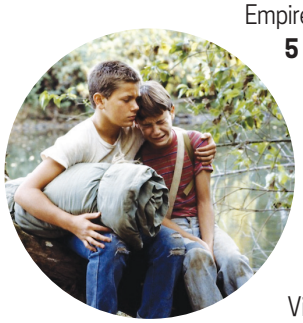
5 p.m. USA "Captain America: The Winter Soldier" ★★★★ (2014, Action) (3h) ▢ Captain America faces a new and powerful enemy as he struggles to unravel a conspiracy. (3:00)

8 p.m. USA "xXx: Return of Xander Cage" ★★★★ (2017, Action) (1h59) ▢ Xander Cage returns to race a powerful new foe to a seemingly unstoppable weapon. (1:59)

10 p.m. USA "xXx: Return of Xander Cage" ★★★★ (2017, Action) (2h01) ▢ Xander Cage returns to race a powerful new foe to a seemingly unstoppable weapon. (2:01)

10:30 p.m. TNT "The Divergent Series: Allegiant" ★★★★ (2016, Adventure) (2h31) ▢ Tris must escape with Four beyond the wall the encircles Chicago. (2:31)

BBCA "Stand by Me" ★★★★ **(1986, Adventure) (2h01) ▢ Four friends set out on an adventure to look for the missing body of a local teenager. (2:01)**



1:15 a.m. TCM "Love Crazy" ★★★★ (1941, Romance) (1h45) ▢ A happily married man goes to extreme lengths to prevent his wife from divorcing him. (1:45)

Monday

7 a.m. TCM "Libeled Lady" ★★★★ (1936, Comedy) (1h45) ▢ A newspaper editor hires a gigolo to compromise the heiress that is suing him for libel. (1:45)

11 a.m. TCM "The Great Ziegfeld" ★★★★ (1936, Musical) (3h) ▢ A biography of Florenz Ziegfeld, the producer who became Broadway's biggest starmaker. (3:00)

4 p.m. FX "Logan" ★★★★ (2017, Action) (3h) ▢ Logan and Professor X are brought out of retirement when a young mutant is hunted. (3:00)

6:30 p.m. TMC "The English Patient" ★★★★ (1996, Romance) (2h45) ▢ A Canadian nurse tries to piece together the history of a badly injured pilot. (2:45)

12:45 a.m. HBO2 "The Station Agent" ★★★★ (2003, Drama) (1h30) ▢ A man who was born with dwarfism finds his solitude interrupted by a vendor and a woman. (1:30)

Tuesday

1 p.m. TMC "The Death of Stalin" ★★★★ (2018, Comedy) (2h) ▢ In the days following Stalin's collapse, his core team of ministers tussle for control. (2:00)

1:30 p.m. FX "Logan" ★★★★ (2017, Action) (3h) ▢ Logan and Professor X are brought out of retirement when a young mutant is hunted. (3:00)

2 p.m. TCM "Close Encounters of the Third Kind" ★★★★ (1977, Sci-Fi) (2h30) ▢ An electrical lineman tries desperately to understand his close encounter with a UFO. (2:30)

4:30 p.m. TCM "Star Wars: Episode IV - A New Hope" ★★★★ (1977, Sci-Fi) (2h15) ▢ Luke Skywalker and his allies set out to rescue Princess Leia from the Galactic Empire. (2:15)

5 p.m. AMC "The Shawshank Redemption" ★★★★ (1994, Drama) (3h05) ▢ A banker is wrongly convicted of a double murder and is sent to prison for life. (3:05)

6 p.m. NICK "How to Train Your Dragon" ★★★★ (2010, Adventure) (2h35) ▢ A young Viking forms a friendship with a dragon that he initially attempted to slay. (2:35)

6:45 p.m. TCM "Star Trek II: The Wrath of Khan" ★★★★ (1982, Sci-Fi) (2h15) ▢ An old enemy seeks revenge against the captain and crew of a starship. (2:15)

8:15 p.m. TMC "The Death of Stalin" ★★★★ (2018, Comedy) (1h50) ▢ In the days following Stalin's collapse, his core team of ministers tussle for control. (1:50)

8:40 p.m. SYFY "Harry Potter and the Sorcerer's Stone" ★★★★ (2001, Fantasy) (3h33) ▢ Upon learning that he has magical powers, a boy enrolls in a boarding school for wizards. (3:33)

Wednesday

11:05 a.m. SYFY "Harry Potter and the Sorcerer's Stone" ★★★★ (2001, Fantasy) (3h34) ▢ Upon learning that he has magical powers, a boy enrolls in a boarding school for wizards. (3:34)

11:10 a.m. NICK "How to Train Your Dragon" ★★★★ (2010, Adventure) (2h26) ▢ A young Viking forms a friendship with a dragon that he initially attempted to slay. (2:26)

2 p.m. AMC "The Shawshank Redemption" ★★★★ (1994, Drama) (3h) ▢ A banker is wrongly convicted of a double murder and is sent to prison for life. (3:00)

TCM "Star Wars: Episode IV - A New Hope" ★★★★ (1977, Sci-Fi) (2h15) ▢ Luke Skywalker and his allies set out to rescue Princess Leia from the Galactic Empire. (2:15)

4:15 p.m. TCM "Young Frankenstein" ★★★★ (1974, Comedy) (2h) ▢ Dr. Frankenstein's grandson returns to the ancestral castle and creates a monster. (2:00)

12:40 a.m. TMC "Re-Animator" ★★★★ (1985, Horror) (1h30) ▢ A medical student and his girlfriend venture into experiments re-animating corpses. (1:30)

Thursday

9:45 a.m. TCM "Mister Roberts" ★★★★ **(1955, Comedy) (2h15) ▢ An officer aboard a ship yearns for combat duty while his friends play practical jokes. (2:15)**

11 a.m. FX "Split" ★★★★ (2016, Horror) (2h30) ▢ Three teenagers are kidnapped by a man with 24 personalities warring inside his mind. (2:30)

4 p.m. TCM "Twelve Angry Men" ★★★★ (1957, Drama) (2h) ▢ A man convinces his fellow jurors to re-examine the evidence against an accused murderer. (2:00)

5 p.m. TMC "Molly's Game" ★★★★ (2017, Biography) (2h30) ▢ A former athlete runs an illegal gambling operation for Hollywood's rich and famous. (2:30)

6:40 p.m. MAX "Blood Simple" ★★★★ (1984, Thriller) (1h40) ▢ A private investigator is hired to kill an unfaithful wife and her new lover. (1:40)

8 p.m. TCM "The Grapes of Wrath" ★★★★ (1940, Drama) (2h30) ▢ A poor family migrates from Oklahoma to California during the Great Depression. (2:30)

Friday

2 p.m. TCM "The Philadelphia Story" ★★★★ (1940, Comedy) (2h) ▢ A socialite's plans to remarry are complicated by the appearance of her ex-husband. (2:00)

4 p.m. TCM "The Uninvited" ★★★★ (1944, Horror) (2h) ▢ Homeowners set out to solve a mystery when they encounter a ghost in their house. (2:00)

5 p.m. HBO "Boy Erased" ★★★★ (2018, Biography) (2h) ▢ A teen and his parents try to reconcile their religious beliefs with his sexuality. (2:00)

7 p.m. SHOW "The Shining" ★★★★ (1980, Horror) (2h30) ▢ An off-season resort hotel caretaker takes an isolated job so he can write a novel. (2:30)

11:45 p.m. TBS "Jack Reacher: Never Go Back" ★★★★ (2016, Action) (2h15) ▢ After returning home, Jack Reacher is charged with a crime committed 20 years ago. (2:15)

Saturday

1:30 p.m. TBS "Jack Reacher: Never Go Back" ★★★★ (2016, Action) (2h30) ▢ After returning home, Jack Reacher is charged with a crime committed 20 years ago. (2:30)

2 p.m. TCM "On the Waterfront" ★★★★ (1954, Drama) (2h) ▢ An ex-fighter is torn between standing up against a union boss or supporting his brother. (2:00)

2:15 p.m. FREE "The Goonies" ★★★★ (1985, Adventure) (2h40) ▢ A group of kids are swept up in an adventure after discovering a treasure map in an attic. (2:40)

10:15 p.m. TCM "The Freshman" ★★★★ (1990, Comedy) (1h45) ▢ A film student gets mixed up with the mob after his belongings are stolen. (1:45)

Honolulu Star-Advertiser, HI: Movies Jul 28, 2019 to Aug 3, 2019

HOLLYWOOD Q&A

By Adam Thomlison
TV Media

Q: Any news on what Heidi Klum and Tim Gunn are doing post-"Project Runway"?

A: Fans have been waiting with varying levels of patience for this news for nearly a year, since supermodel Heidi Klum and fashion designer Tim Gunn shocked the reality TV world by announcing their exit from the long-running hit "Project Runway."

They said at the time they'd be launching a new series on Amazon Prime's web streaming service, but nothing more was known about it — until recently.

Amazon announced a few weeks ago that the show would be called "Making the Cut" and is slated to premiere in 2020.

The first season will feature "12 talented entrepreneurs and designers from around the globe who are competing to take their fledgling brands to the next level in becoming the next big global phenomenon."

If that sounds comfortingly "Project Runway"-esque, you'll be further comforted by the fact that Amazon shared photos from an episode that include a "runway challenge" in front of the Eiffel Tower in Paris.

Gunn and Klum won't have to do all the celebrity work on their own, either. The first season will feature judges including supermodel Naomi Campbell and former reality star Nicole Richie.

Have a question? Email us at questions@tvtabloid.com.

Heidi Klum and Tim Gunn in "Project Runway"

LATE LAUGHS

The Tonight Show With Jimmy Fallon

A man in Japan just spent $18,000 to marry a cartoon hologram. That explains why her side of the aisle didn't have any friends … and why his side didn't either.

A man in Florida tried to pay for a hotdog at a gas station using weed. Which is ridiculous, because everyone knows Florida gas stations only accept meth.

Scientists are studying whether a male birth control gel could replace condoms. It works really well, 'cause "birth control gel" sounds so gross, nobody will ever want to sleep with you.

A lot of people are concerned that Trump just gave Russia a "green light" to interfere in 2020. In response, Putin was like, "Please, like I need his permission."

The Late Late Show With James Corden

A man in Texas recently hired a snake removal company after seeing a couple of snakes near his home, only to discover that there were 45 rattlesnakes living underneath his house. Forty-five snakes! Usually you only see that in the Tinder profile of a guy with a ponytail and a samurai sword.

Late Night With Seth Meyers

Police in Scotland have ordered a McDonald's location to stop selling milkshakes, after multiple videos showing people throwing milkshakes at far-right politicians went viral. Said McDonald's customers, "That's insane — their milkshake machine was actually working?!"

The New York Post published a series of drinking games that viewers could play during the Democratic debate. Like, "Drink every time you see someone who should drop out."

During tonight's debate, each candidate was asked which country they would most want to repair relations with. Kirsten Gillibrand chose Iran, while Marianne Williamson chose Narnia.

The city of Boston has approved a permit for a so-called Straight Pride Parade. Well, technically, it's just a Hollister.

Puzzle Solutions

Sudoku

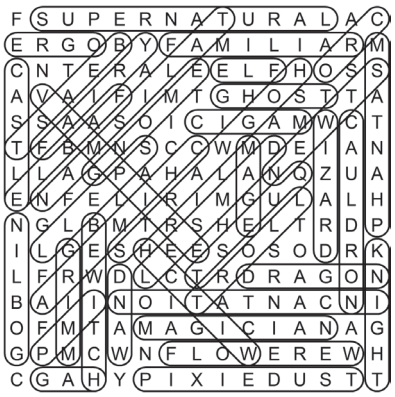
Page 6

1	5	7	9	6	3	8	4	2
4	9	2	1	7	8	6	3	5
6	8	3	5	2	4	9	1	7
5	7	6	4	1	2	3	9	8
9	1	4	8	3	7	5	2	6
2	3	8	6	5	9	1	7	4
3	6	9	2	4	5	7	8	1
7	2	1	3	8	6	4	5	9
8	4	5	7	9	1	2	6	3

190728

Word Search

Page 6



Crossword

Page 5

N	A	C	L		A	P	P	S		W	E	N
A	C	R	E		N	A	U	T		O	H	S
T	H	E	M	I	D	D	L	E		O	L	A
			D	A	V	I	D	S	P	A	D	E
L	Y	I	N	G		Y	E	P	S			
B	E	T	S	Y				E	P	O	C	H
O	O	O								N	O	I
S	H	R	U	G				T	C	E	L	L
			S	O	N	G		E	A	T	A	T
	R	I	N	G	O	S	T	A	R	R		
N	E	S		L	O	U	I	S	I	A	N	A
O	P	P		I	N	I	T		O	C	A	T
R	O	Y		A	S	T	O		U	K	E	S

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Screen Scramble

Page 7

THE HUNT FOR RED OCTOBER

THE LOOMING TOWER

THE DEPARTED

PEARL HARBOR

MATCH GAME

Answer: ALEC BALDWIN

Take 5

Page 7

F	I	G	H	T
A	S	N	E	R
U	S	A	G	E
L	U	R	E	S
T	E	L	L	S

STAR CHANNELS

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CABLE CONVERSION GUIDE

Spect. Digital				HT	DISH	DTV
(2)	KHON	FOX	Honolulu	3	3	2	2
(4)	KITV	ABC	Honolulu	6	4	4	4
(9)	KHII	MNT	Honolulu	5	5	5	5
(5)	KGMB	CBS	Honolulu	7	7	9	9
(11)	KHET	PBS	Honolulu	10	11	11	11
(13)	KHNL	NBC	Honolulu	8	8	13	13
(14)	KWHE	LeSEA	Honolulu	11	14	14	-
(20)	KIKU	IND	Honolulu	9	20	20	20
(-)	KFVE	IND	Honolulu	22	13	-	-
(26)	KAAH	TBN	Honolulu	26	26	-	-
(32)	KBFD	IND	Honolulu	4	6	-	-
(44)	KWBN	Dstar	Honolulu		44	-	-
(46)	KHLU	UNI	Honolulu	35	-	-	-
(66)	KPXO	ION	Kaneohe	27	27	66	66
A&E	Arts and Entertainment			547	129	118	265
AHC	American Heroes Channel			345	137	195	287
AMC	American Movie Classics			600	159	131	254
ANPL	Animal Planet			329	107	184	282
BBCA	BBC America			341	135	135	264
BRAVO	Bravo			560	237	129	237
CNBC	Consumer News & Business			116	176	208	355
CNN	Cable News Network			113	172	200	202
COMEDY	Comedy Central			545	142	107	249
CSPAN	Cable & Satellite Public Affairs			45	61	210	350
CW	CW – KHON2			93	2	3	395
DISC	Discovery Channel			333	131	182	278
DISNEY	Disney Channel			444	98	173	291
E!	Entertainment Television			549	240	114	236
ESPN	Entertainment Sports Network			222	70	140	206
ESPN2	Entertainment Sports Network 2			224	74	144	209
FILI	The Filipino Channel			688	320	-	-
FNC	Fox News Channel			109	178	205	360
FOOD	Food Network			321	231	110	231
FREE	Freeform			442	122	180	311
FSW	Fox Sports West			226	-	-	692
FSPT	Fox Sports West Prime Ticket			228	-	-	-
FX	FX Network			554	124	136	248
GOLF	Golf Channel			216	86	401	218
HALL	Hallmark			452	128	185	312
HBO	Home Box Office			611	502	303	504
HBO2	Home Box Office 2			612	503	304	505
HGTV	Home and Garden Television			323	232	112	229
HISTORY	History Channel			327	133	120	269
KBS	Korean Broadcasting Service			80	-	-	-
LIFE	Lifetime			448	226	108	276
LMN	Lifetime Movie Network			449	227	109	253
MAX	Cinemax			622	515	311	516
MSNBC	News			107	175	209	356
NATGEO	National Geographic Channel			347	130	186	276
NGN	Nippon Golden Network			677	-	-	-
NICK	Nickelodeon			446	100	171	300
OC16	OC 16			12	-	-	-
OCSPT	OC Sports			16	89	-	-
OLELO53	Ōlelo Community Media 53			53	53	-	-
OLELO54	Ōlelo Community Media 54			54	54	-	-
OLELO55	Ōlelo Community Media 55			55	55	-	-
OWN	Oprah Winfrey Network			343	242	189	279
OXY	Oxygen			558	229	127	251
PARMT	Paramount Network			559	141	241	241
SHOW	Showtime			633	451	319	546
SYFY	Science Fiction			557	144	122	244
TBS	Turner Broadcasting System			551	121	139	247
TCM	Turner Classic Movies			602	157	132	256
TLC	TLC			331	132	183	280
TMC	The Movie Channel			644	467	329	554
TNT	Turner Network Television			553	125	138	245
TOON	Cartoon Network			440	103	177	297
TRAVEL	Travel Channel			325	139	196	277
TVLAND	TV Land			441	127	106	304
USA	USA Network			555	123	105	242
WE	Women's Entertainment			451	230	128	260

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