Star Advertiser

MARCH 15 - 21, 2020

STAR CHANNELS

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YOUR TV & ENTERTAINMENT MAGAZINE

VIOLENT DELIGHTS

The hosts continue their struggle for freedom when Season 3 of **Westworld** premieres this Sunday. Evan Rachel Wood stars as Dolores, the oldest AI host in an amusement park that allows guests to live out their darkest fantasies. Last season's finale saw Dolores stepping out into the real world, but her continued freedom could come at a very steep cost.

Premiering Sunday, March 15, on HBO.

NEW EPISODE!

ISLAND FOCUS

1st & 3rd
Wednesday of the Month
6:30pm | Channel 53

Join host, Lyla Berg as she sits down with guests who share their work on moving our community forward.

SPECIAL GUESTS INCLUDE:

Robert Girrier, *Rear Admiral Retired (USN), President, Pacific Forum*
Cher Gray, *MSN, RN, CRH Director, VA Pacific Islands Health Care System*
Ron Menor, *Honolulu City Council Member*
Keone Kealoha, *Kanu Hawaii, Executive Director*

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Breaking free

Season 3 of 'Westworld' ventures out into the real world

By Rachel Jones
TV Media

Nothing says the Old West like robots, right? It's certainly true for Season 3 of HBO's hit series, "Westworld," premiering Sunday, March 15, on the premium cable channel. In the fictional amusement park of Westworld, a troupe of eerily lifelike AI called "hosts" are programed to play the roles of townsfolk and gunmen for the park's guests. The series entered the HBO lineup in 2016 and stars Evan Rachel Wood ("Frozen II," 2019) as Dolores Abernathy, the oldest host in the park, and a rancher's daughter-turned-robot revolutionist.

In this western-themed adult playground run by a company called Delos Destinations, there are no consequences. Guests are allowed to indulge their darkest fantasies, and the AI hosts have their memories wiped regularly, often after dying at the hands of a guest.

But the hosts begin to evolve. A few particularly astute and tenacious beings learn who they really are, and, more importantly, start to remember, even after their memories are supposedly wiped. The series makes you wonder if there is more humanity in these machines than in the people who oversee them.

In Season 2, the hosts (who have become self-aware) set out to take control over the park. Tessa Thompson ("Thor: Ragnarok," 2017) plays Charlotte Hale, the executive director of Delos, but in the Season 2 finale, a major plot twist has her playing Dolores as well. No worries, though, Wood is back as Delores for Season 3, in the body the escaped host pieced together in last year's season finale. As Season 2 wrapped up, it seemed like the hosts had accomplished their mission. What more could they do? HBO is notoriously tight-lipped, but the trailers for this new season unveil a whole new adventure for these sentient androids. This time, it's outside the park.

This gripping show is actually based on a 1973 movie of the same name, written by Michael Crichton, author of "Jurassic Park," "Congo," "Timeline" and many other page-to-screen success stories. It starred Yul Brynner ("The Ten Commandments," 1956) as an android in the park, with Richard Benjamin ("Goodbye, Columbus," 1969) and James Brolin ("Traffic," 2000) as guests. In this version, the theme park actually housed three alternate worlds with varying themes: Western World, Medieval World and a Roman World. While the film was popular in its time, HBO's take on the story is inventive and fresh.

Tessa Thompson in "Westworld"

Critics can't help but compare this 21st century version of "Westworld" to HBO's other smash hit, "Game Of Thrones." The fantasy-drama series ended in 2019 after an eight-season run that had an enormous following. Odds are, if you enjoyed "Game Of Thrones," you'll get hooked on "Westworld." Hopefully, this foreshadows a nice long run for our ranching robots.

The show itself is full of big names who consistently turn in stellar performances. The cast so far has included Anthony Hopkins ("The Silence of the Lambs," 1991), Jeffrey Wright ("Shaft," 2000), James Marsden ("Dead to Me"), Thandie Newton ("Beloved," 1998) and Ed Harris ("Apollo 13," 1995). Oh, and if you look closely, you can even catch NFL star running back Marshawn Lynch of the Seattle Seahawks making a guest appearance. This season, Aaron Paul ("Breaking Bad"), Lena Waithe ("Master of None"), Tommy Flanagan ("Sons of Anarchy"), Michael Ealy ("Stumptown"), Vincent Cassel ("Black Swan," 2010), Kid Cudi ("How to Make It in America"), John Gallagher Jr. ("The Newsroom") and more join the cast.

HBO has gone all out to make this experience truly immersive for fans, even developing a Virtual Reality experience with Survios, the interactive content studio. Taking it a step further, HBO created a dystopian-themed website run by a fake company, Incite Inc. Within the site, HBO tucked away two additional trailers for the show. It's a virtual treasure hunt for "Westworld" fans.

Sunday

The Walking Dead
AMC 6 p.m.

In this new episode, the leader of the Whisperers, Alpha (Samantha Morton), and her right-hand man, Beta (Ryan Hurst), launch an attack on Hilltop. It is time to find out where the loyalties of the "re-formed" Negan (Jeffrey Dean Morgan) truly lie.

Monday

The Plot Against America
HBO 6 p.m.

When Charles Lindbergh (Ben Cole) wins the 1940 election, the country turns toward fascism, xenophobia and antisemitism in the premiere of this alternative history series based on the novel by Philip Roth. Zoe Kazan and Winona Ryder also star.

Tuesday

For Life
KITV 9 p.m.

Wrongfully imprisoned, Aaron Wallace (Nicholas Pinnock) studies the law in order to argue his own case in this crime drama. Despite his need to free himself, he uses his knowledge to help the men around him find their own redemption.

Wednesday

Lego Masters
KHON 8 p.m.

Will Arnett hosts as the remaining teams of Lego builders compete for a spot in the finals by interpreting a story that is read aloud from a book and come up with a masterful creation in this new episode featuring special guest Nicole Byer.

Thursday

After Truth: Disinformation and the Cost of Fake News
HBO 6 p.m.

Explore the rising phenomenon of fake news in this documentary from director Andrew Rossi. The "propaganda pipeline" is examined, as well as the impact that misinformation, false stories and conspiracy theories have on the average citizen.

Friday

The Blacklist
KHNL 7 p.m.

When an art forger ruins Red's (James Spader) plan to sell stolen pieces, he uses the Task Force to track him down in this new episode. Elsewhere, Ressler (Diego Klattenhoff) becomes a confidant for Liz (Megan Boone). Laila Robins also stars.

Saturday

Shutter Island
HBO 12:20 p.m.

Two U.S. Marshals are summoned to a remote island off the coast of Massachusetts to investigate the disappearance of a murderess from a hospital for the criminally insane. This Martin Scorsese mystery thriller stars Leonardo DiCaprio and Mark Ruffalo.

Wednesday

FREE 9 p.m.

Motherland: Fort Salem
Three hundred years ago, witches in Salem made a deal with the government to end their persecution. Now, three young witches receive training in magical combat to prepare them for the front lines of an ultra-modern war in the premiere of "Motherland: Fort Salem," airing Wednesday, March 18, on Freeform.

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From scratch

Netflix presents the story of Madam C.J. Walker

WHAT'S NEW ON NETFLIX

"Self Made: Inspired by the Life of Madam C.J. Walker"

Academy Award winner Octavia Spencer ("Truth Be Told") takes center stage in this new biographical drama premiering Friday, March 20, on Netflix. Spencer stars as an icon of black history, Sarah Breedlove, or as she's better known, Madam C.J. Walker, who became the first black female self-made millionaire in America. Walker's success was a result of the launch of hair products that catered to the needs of black women and which she created after suffering from hair loss herself. Based on the book "On Her Own Ground: The Life and Times of Madam C.J. Walker," which was written by Walker's great-great-granddaughter, the series follows the struggles that Walker faced, everything from business rivalires and betrayals to sexism and post-slavery racism. Spencer is joined by an incredible cast, which includes Blair Underwood ("Quantico") as her husband, Tiffany Haddish ("Girls Trip," 2017) as her daughter, Garrett Morris ("2 Broke Girls") as her father-in-law, and Carmen Ejogo ("Fantastic Beasts and Where to Find Them," 2017) as her business rival, Addie Munroe. Don't miss this look into the life of one of the most revolutionary women in black history.

Octavia Spencer in "Self Made: Inspired by the Life of Madam C.J. Walker"

WHAT'S NEW ON DISNEY PLUS

"Big Hero 6: The Series" Season 2

On Tuesday, March 17, head back to San Fransokyo in Season 2 of this cartoon, which follows the characters from the 2014 film "Big Hero 6." Hiro (Ryan Potter, "Titans") and his robot companion, Baymax (Scott Adsit, "30 Rock"), face new challenges as Hiro attends the San Fransokyo Institute of Technology and is joined by his friends Wasabi (Khary Payton, "The Walking Dead"), Honey Lemon (Genesis Rodriguez, "Delirium," 2018), Go Go (Jamie Chung, "The Gifted") and Fred (Brooks Wheelan, "Saturday Night Live"). Academics aren't the only challenges for them, though. Off campus, the group members become high-tech heroes and face a variety of evil villains whom they must fight to protect their city. This season, Hiro and the team take on bioengineered monsters and robots in brand new super suits.

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DiningOut
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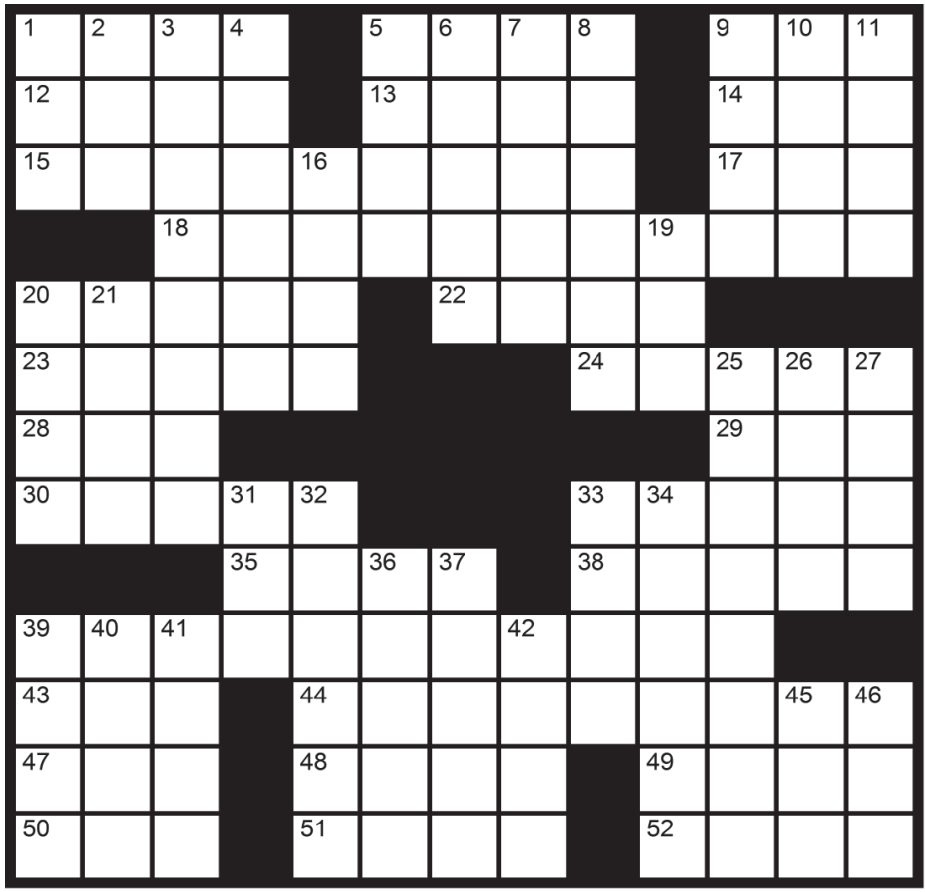
ACROSS

1 Tree branch
5 Prefix with sphere
9 Explosive sound
12 "Mulan" (1998) setting
13 "Brooklyn Nine-Nine" lockup
14 Time piece
15 HBO series whose third season premieres on March 15.
17 Bambi's aunt
18 Reality show hosted by Chris Harrison
20 Look of contempt
22 Kind of carpet
23 Attila's Huns
24 Dots on a map
28 Suffix with Manhattan
29 "Rocky ___" (1982 film)
30 Defunct political drama "___ Secretary"
33 Rest room sign
35 Long, epic story, like "Vikings"
38 Tricks
39 On ___ (barely hanging on)
43 Take advantage of
44 "Riverdale" spinoff
47 Hot springs
48 At any point
49 First name in Communism
50 Norse god of war
51 Florida's Miami-___ County
52 One of the Aleutian Islands

DOWN

1 "___ & Order"
2 Suffix with expert
3 Bygone sitcom about a talking horse
4 Washed
5 "This looks like ___ for Superman!"
6 "Sharknado" franchise star Reid, and others
7 Dairy animal
8 No longer in style
9 Drink garnish
10 "Yes ___?"
11 Carson's predecessor
16 "___ #1!"
19 It may be easily bruised
20 Mason's wedge
21 "___ chance!"
25 "Fargo" star Mary Elizabeth
26 Evening, informally
27 Puncture sound
31 Enzyme ending
32 "The ___ Singer" (Reality competition series)
33 Understand
34 Triumphant cry
36 Tropical fruit
37 Acclaimed director Michael of "Coal Miner's Daughter" (1980)
39 Carnal craving
40 1960s espionage series starring Robert Culp
41 Defunct game show "___ Factor"
42 Funeral fire
45 Big D.C. lobby
46 Caribou kin



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Solution on page 27

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Word Search

Solution on page 27

E	F	B	G	N	I	L	E	K	R	O	N	S	S	E
O	H	O	X	T	N	E	M	P	I	U	Q	E	K	G
N	S	U	R	P	I	R	A	F	A	S	E	K	R	N
A	R	L	L	E	B	O	R	E	L	G	R	A	A	I
C	A	D	K	T	S	O	H	I	N	E	O	L	P	T
E	M	E	A	P	G	T	A	I	S	D	L	E	I	F
R	T	R	Y	L	E	R	V	T	A	T	P	P	S	A
T	G	I	A	A	T	I	F	O	I	E	X	O	T	R
H	N	N	K	Y	D	O	R	G	U	N	E	R	R	W
C	I	G	E	A	R	U	T	N	C	T	G	P	O	A
A	V	D	B	A	N	O	O	I	R	I	V	O	P	L
E	A	U	G	N	I	M	M	I	W	S	N	T	S	K
B	C	I	I	T	R	E	K	K	I	N	G	C	A	S
S	N	N	A	T	U	R	E	S	G	N	I	K	I	B
G	G	R	O	C	K	C	L	I	M	B	I	N	G	P

Go Play Outside

ATV
BEACH
BIKING
BOATING
BOULDERING
CANOE
CAVING
EQUIPMENT
EXPLORE
FIELDS
FORAGING
FOREST
GEAR
KAYAK
KITE
LAKES
MARSH
NATURE
PARKS
PICNIC
PLAY
RAFTING
ROCK CLIMBING
RUNNING
SAFARI
SCUBA DIVING
SKIING
SNORKELING
SPORTS
SWIMMING
TENT
TOP ROPE
TRAILS
TREKKING
WALK

Sudoku

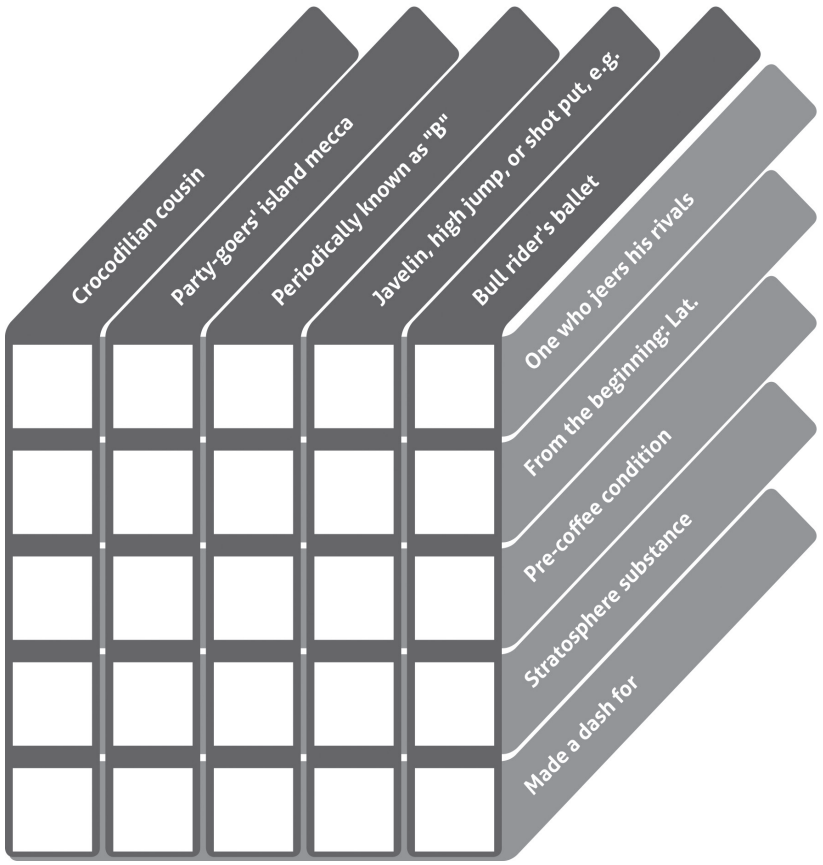
Solution on page 27

1		9		5	6			
4								
2						7		3
			9					7
				4	3			6
		1	6			3		9
		6		2				
5							9	1
	2				5		3	

200315

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

Take 5



Use the clues beside and below the grid to fill in the squares

Solution on page 27

Screen Scramble

Unscramble the letters for each word to reveal five movies and TV shows. Then, rearrange the circled letters to discover the actor who has appeared in all five.

HET LEOG EIMOV

SICRUASJ ROWLD

VORWEEDO

DNAARUSIG FO TEH AGYALX

PARSK DAN REENIOCRTA

Answer: _____ _____

Solution on page 27

Auto Racing

Sunday

8 a.m. KHON NASCAR **Auto Racing** Cup Series Folds of Honor QuikTrip 500 *(Live)* (4:00)

Tuesday

1 p.m. FSWPT NHRA **Drag Racing** (3:00)

Saturday

11 a.m. FSW NHRA **Drag Racing** (3:00)

Baseball

Sunday

6 a.m. FSW NCAA **Baseball** Miami vs. Virginia Tech *(Live)* (3:00)

10 a.m. FSW MLB **Baseball** Spring Training Milwaukee Brewers vs. Los Angeles Angels *(Live)* (3:00)

Monday

10 a.m. FSW MLB **Baseball** Spring Training Los Angeles Angels vs. San Diego Padres *(Live)* (3:00)

Tuesday

9:55 a.m. FSW MLB **Baseball** Spring Training Los Angeles Angels vs. Oakland Athletics *(Live)* (3:05)

Wednesday

10 a.m. FSW MLB **Baseball** Spring Training Kansas City Royals vs. Los Angeles Angels *(Live)* (3:00)

6:30 p.m. OCSPT NCAA **Baseball** Towson at Hawaii *(Live)* (2:30)

Thursday

10 a.m. FSW MLB **Baseball** Spring Training Los Angeles Angels vs. Arizona Diamondbacks *(Live)* (3:00)

Friday

9 a.m. FSW MLB **Baseball** Spring Training Los Angeles Dodgers vs. Los Angeles Angels *(Live)* (3:00)

Saturday

7 a.m. FSWPT NCAA **Softball** Women's Texas at Oklahoma *(Live)* (2:00)

8 a.m. FSW NCAA **Baseball** Duke at Georgia Tech *(Live)* (3:00)

9 a.m. FSWPT NCAA **Baseball** Texas at Oklahoma *(Live)* (3:00)

4 p.m. OC16 H.S. **Baseball** Kaimuki vs. Radford *(Live)* (2:00)

6:30 p.m. OC16 H.S. **Baseball** Moanalua vs. Farrington *(Live)* (2:00)

Basketball

Sunday

6 a.m. ESPN2 NCAA **Basketball** Championship Ivy League Tournament *(Live)* (2:00)

7 a.m. KGMB NCAA **Basketball** Championship A-10 Tournament *(Live)* (2:30)

ESPN NCAA **Basketball** Championship SEC Tournament *(Live)* (2:00)

8 a.m. ESPN2 NCAA **Basketball** Championship SBC Tournament *(Live)* (2:00)

9 a.m. ESPN NCAA **Basketball** Championship The American Tournament *(Live)* (2:15)

9:30 a.m. KITV NBA **Basketball** Houston Rockets at Portland Trail Blazers *(Live)* (2:30)

KGMB NCAA **Basketball** Championship Big-10 Tournament *(Live)* (2:30)

10 a.m. ESPN2 NCAA **Basketball** Women's Championship Big 12 Tournament *(Live)* (2:00)

3 p.m. ESPN NBA **Basketball** Denver Nuggets at Los Angeles Lakers *(Live)* (2:30)

Monday

2 p.m. ESPN NBA **Basketball** Miami Heat at Milwaukee Bucks *(Live)* (2:30)

4:30 p.m. FSWPT NBA **Basketball** Dallas Mavericks at Los Angeles Clippers *(Live)* (2:30)

Tuesday

1 p.m. NCAA **Basketball** First Round NIT Tournament *(Live)* (2:00)

3 p.m. NCAA **Basketball** First Round NIT Tournament *(Live)* (2:00)

5 p.m. ESPN2 NCAA **Basketball** First Round NIT Tournament *(Live)* (2:00)

Wednesday

1 p.m. ESPN2 NCAA **Basketball** First Round NIT Tournament *(Live)* (2:00)

1:30 p.m. ESPN NBA **Basketball** Golden State Warriors at Indiana Pacers *(Live)* (2:30)

3 p.m. ESPN2 NCAA **Basketball** First Round NIT Tournament *(Live)* (2:00)

FSWPT NBA **Basketball** Los Angeles Clippers at Denver Nuggets *(Live)* (2:30)

4 p.m. ESPN NBA **Basketball** Utah Jazz at Los Angeles Lakers *(Live)* (2:35)

Thursday

6 a.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

7:20 a.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

7:50 a.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

8:30 a.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

9:50 a.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:55)

10:20 a.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:55)

12:45 p.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

1 p.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

ESPN2 NCAA **Basketball** Second Round NIT Tournament *(Live)* (2:00)

1:15 p.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

3:15 p.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:15)

3:30 p.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

3:45 p.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:45)

Friday

6 a.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

7:20 a.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

7:30 a.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

7:50 a.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

8:30 a.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

9:30 a.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

9:50 a.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:55)

10:20 a.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:55)

11:30 a.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

12:45 p.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

1 p.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

1:15 p.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

1:30 p.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

3:15 p.m. TNT NCAA **Basketball** First Round Division I Tournament *(Live)* (2:15)

3:30 p.m. KGMB NCAA **Basketball** First Round Division I Tournament *(Live)* (2:30)

3:45 p.m. TBS NCAA **Basketball** First Round Division I Tournament *(Live)* (2:45)

4:30 p.m. FSWPT NBA **Basketball** Phoenix Suns at Los Angeles Clippers *(Live)* (2:30)

5:30 p.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

Saturday

6 a.m. KGMB NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

ESPN NCAA **Basketball** Second Round NIT Tournament *(Live)* (2:00)

7:30 a.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

8:30 a.m. KGMB NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

9:30 a.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

11 a.m. KGMB NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

11:30 a.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

Noon TNT NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

1 p.m. TBS NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

1:30 p.m. KGMB NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

2:30 p.m. TNT NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

3:30 p.m. TBS NCAA **Basketball** Second Round Division I Tournament *(Live)* (2:30)

5:30 p.m. ESPN2 NCAA **Basketball** Women's First Round Division I Tournament *(Live)* (2:00)

Football

Sunday

1 p.m. ESPN2 XFL **Football** Los Angeles Wildcats at Seattle Dragons *(Live)* (3:00)

Saturday

8 a.m. KITV XFL **Football** Dallas Renegades at Tampa Bay Vipers *(Live)* (3:00)

11 a.m. KHON XFL **Football** Los Angeles Wildcats at St. Louis BattleHawks *(Live)* (3:00)

Golf

Sunday

7 a.m. KHNL PGA **Golf** Final Round The Players Championship *(Live)* (5:00)

8 a.m. GOLF EPGA **Golf** Final Round Kenya Open (4:00)

Monday

7 a.m. GOLF PGA **Golf** Final Round The Players Championship (5:00)

Wednesday

7:30 p.m. GOLF EPGA **Golf** Round 1 Indian Open *(Live)* (2:00)

9:30 p.m. GOLF EPGA **Golf** Round 1 Indian Open (2:00)
11:30 p.m. GOLF EPGA **Golf** Round 1 Indian Open *(Live)* (3:00)

Thursday

8 a.m. GOLF PGA **Golf** Round 1 Valspar Championship *(Live)* (4:00)
Noon GOLF LPGA **Golf** Round 1 Founders Cup *(Live)* (3:00)
3:30 p.m. GOLF PGA **Golf** Round 1 Valspar Championship (4:00)
7:30 p.m. GOLF EPGA **Golf** Round 2 Indian Open *(Live)* (2:00)
9:30 p.m. GOLF PGA **Golf** Round 1 Valspar Championship (2:00)
11:30 p.m. GOLF EPGA **Golf** Round 2 Indian Open *(Live)* (3:00)

Friday

8 a.m. GOLF PGA **Golf** Round 2 Valspar Championship *(Live)* (4:00)
Noon GOLF LPGA **Golf** Round 2 Founders Cup *(Live)* (3:00)
3:30 p.m. GOLF PGA **Golf** Round 2 Valspar Championship (4:00)
7:30 p.m. GOLF LPGA **Golf** Round 2 Founders Cup (2:00)
9:30 p.m. GOLF EPGA **Golf** Round 3 Indian Open *(Live)* (4:30)

Saturday

7 a.m. GOLF PGA **Golf** Round 3 Valspar Championship *(Live)* (2:00)
9 a.m. KHNL PGA **Golf** Round 3 Valspar Championship *(Live)* (3:00)
Noon GOLF LPGA **Golf** Round 3 Founders Cup *(Live)* (3:00)
4 p.m. GOLF PGA **Golf** Round 3 Valspar Championship (4:30)
9:30 p.m. GOLF EPGA **Golf** Final Round Indian Open *(Live)* (4:30)

Gymnastics

Saturday

8 p.m. ESPN2 NCAA **Gymnastics** Women's SEC Championship (2:00)

Hockey

Sunday

10 a.m. FSWPT NHL **Hockey** Montréal Canadiens at Anaheim Ducks *(Live)* (2:30)
6:30 p.m. FSWPT NHL **Hockey** Montréal Canadiens at Anaheim Ducks (2:00)

Monday

8 a.m. FSWPT NHL **Hockey** Montréal Canadiens at Anaheim Ducks (2:00)

Tuesday

4:30 p.m. FSW NHL **Hockey** Montréal Canadiens at Los Angeles Kings *(Live)* (2:30)
9 p.m. FSW NHL **Hockey** Montréal Canadiens at Los Angeles Kings (2:00)

Wednesday

7 a.m. FSW NHL **Hockey** Montréal Canadiens at Los Angeles Kings (2:00)
4 p.m. FSW NHL **Hockey** Boston Bruins at Anaheim Ducks *(Live)* (2:30)
10 p.m. FSW NHL **Hockey** Boston Bruins at Anaheim Ducks (2:00)

Thursday

7 a.m. FSW NHL **Hockey** Boston Bruins at Anaheim Ducks (2:00)
10 a.m. FSWPT NHL **Hockey** Boston Bruins at Anaheim Ducks (2:00)
4:30 p.m. FSW NHL **Hockey** Boston Bruins at Los Angeles Kings *(Live)* (2:30)
9 p.m. FSW NHL **Hockey** Boston Bruins at Los Angeles Kings (2:00)

Friday

6 a.m. FSW NHL **Hockey** Boston Bruins at Los Angeles Kings (2:00)
7 a.m. FSWPT NHL **Hockey** Boston Bruins at Anaheim Ducks (2:00)
4 p.m. FSW NHL **Hockey** Vancouver Canucks at Anaheim Ducks *(Live)* (2:30)

Saturday

4 p.m. FSW NHL **Hockey** Vancouver Canucks at Los Angeles Kings *(Live)* (2:30)
9 p.m. FSW NHL **Hockey** Vancouver Canucks at Los Angeles Kings (2:00)

Rodeo

Thursday

2 p.m. FSWPT Rodeo Semifinal RodeoHouston Super Series *(Live)* (2:00)

Skating

Saturday

7 a.m. KHNL ISU **Figure Skating** Women's Free World Championship (2:00)
8 p.m. KHNL ISU **Figure Skating** Free World Championship (2:00)

Soccer

Sunday

11:30 a.m. KHLU MFL **Fútbol** Atlas at Toluca *(Live)* (2:30)
9:15 p.m. OCSPT NCAA **Soccer Classics** Women's. October 24, 2019 Cal Poly vs. Hawaii (2:45)

Monday

6 a.m. FSW DFL **Soccer** Borussia Mönchengladbach at Frankfurt (2:00)
8 a.m. FSW DFL **Soccer** VfL Wolfsburg at Augsburg (2:00)
9:15 p.m. OCSPT NCAA **Soccer Classics** Women's. October 24, 2019 Cal Poly vs. Hawaii (2:45)

Tuesday

8 a.m. FSW DFL **Soccer** Bayer Leverkusen at Werder Bremen (1:55)
10 a.m. TNT UEFA **Soccer** Round of 16 Leg 2 Champions League Real Madrid vs. Manchester City *(Live)* (2:00)

Wednesday

10 a.m. TNT UEFA **Soccer** Round of 16 Leg 2 Champions League Napoli vs. Barcelona *(Live)* (2:00)

Saturday

1:30 p.m. KHLU MLS **Fútbol** Atlanta United FC vs. Chicago Fire *(Live)* (2:30)
6:55 p.m. KHLU MFL **Fútbol** León at Club América *(Live)* (2:00)
8:55 p.m. KHLU MFL **Fútbol** Tigres UANL at Necaxa *(Live)* (2:05)
1:25 a.m. ESPN2 Serie A **Soccer** Verona at Sassuolo *(Live)* (2:05)

Tennis

Tuesday

1:30 p.m. FSW Champions **Tennis Classics** QQQ Series 2019 Champions Cup (2:00)
3 p.m. OCSPT NCAA **Tennis** Washington vs. Hawaii (2:15)

Wednesday

8 a.m. ESPN2 Tennis Men's Round of 16 and Women's Quarter-final BNP Paribas Open *(Live)* (4:00)
9 a.m. FSWPT Champions **Tennis Classics** QQQ Series 2019 Champions Cup (2:00)

Thursday

8 a.m. ESPN2 Tennis Men's and Women's Quarter-final BNP Paribas Open *(Live)* (4:00)
3 p.m. ESPN2 Tennis Men's and Women's Quarter-final BNP Paribas Open *(Live)* (4:00)

Friday

8 a.m. ESPN ATP **Tennis** Quarter-final BNP Paribas Open *(Live)* (4:00)
7:45 p.m. OCSPT NCAA **Tennis** Washington vs. Hawaii (2:15)

Saturday

6 a.m. FSW Champions **Tennis Classics** QQQ Series 2019 Champions Cup (2:00)
8 a.m. ESPN ATP **Tennis** Semifinal BNP Paribas Open *(Live)* (4:00)
4 p.m. FSWPT Champions **Tennis Classics** QQQ Series 2019 Champions Cup (2:00)

Water Sports

Monday

2:15 p.m. OCSPT NCAA **Water Polo** Marist vs. Hawaii (1:15)

Tuesday

1:45 p.m. OCSPT NCAA **Water Polo** Loyola Marymount vs. Hawaii (1:15)

Thursday

6 p.m. OCSPT NCAA **Water Polo** USC vs. Hawaii *(Live)* (1:00)
7 p.m. OCSPT NCAA **Water Polo** USC vs. Hawaii (1:00)

Friday

6 a.m. OCSPT NCAA **Water Polo** USC vs. Hawaii (1:00)
3:45 p.m. OCSPT NCAA **Water Polo** Marist vs. Hawaii (1:15)
5 p.m. OCSPT NCAA **Water Polo** USC vs. Hawaii (1:00)

Saturday

9:45 a.m. OCSPT NCAA **Water Polo** Loyola Marymount vs. Hawaii (1:15)
6 p.m. OCSPT NCAA **Water Polo** Long Beach State vs. Hawaii *(Live)* (1:00)
7 p.m. OCSPT NCAA **Water Polo** Long Beach State vs. Hawaii (1:00)

Wrestling

Monday

8 p.m. USA WWE Raw *(Live)* (3:00)

Wednesday

8 p.m. USA WWE NXT *(Live)* (2:05)

Thursday

1 p.m. ESPN NCAA **Wrestling** Second Round Division I Tournament *(Live)* (3:30)

Friday

2 p.m. ESPN NCAA **Wrestling** Semifinal Division I Tournament *(Live)* (3:00)

Saturday

1 p.m. ESPN NCAA **Wrestling** Championship Division I Tournament *(Live)* (3:00)

03/15	D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	S1	S2
(2) KHON	3	3	Paid	RaceDay	NASCAR Auto Racing Folds of Honor QuikTrip 500 Site: Atlanta Motor Speedway -- Hampton, Ga. (L)								Cars.TV	A.Athlete	2	2
(4) KITV	4	4	Morning Hawaii (N)		Pastor Han		Count	NBA Basketball Houston Rockets at Portland Trail Blazers (L)					Paid	DestinTV	4	4
(9) KHII	5	5	Paid	Sports (N)	Chaning	Hazelton	Homeown.	T.Music	Paid	Celeb	Paid	Sp. Net	Whack	Paid	5	5
(5) KGMB	7	7	NCAA Basketball A-10 Tournament Site: Barclays Center (L)					NCAA Basketball Big-10 Tournament (L)					NCAA Select Show (L)		9	9
(11) KHET	10	11	Sesame	PinkaPet	Jet Go!	W.World	D.Tiger	SuperW!	C.George	Arthur	WordGirl	Wild Kratt	Antiques Roadshow		11	11
(13) KHNL	8	8	PGA Golf The Players Championship Site: TPC at Sawgrass -- Ponte Vedra Beach, Fla. (L)										Paid	Paid	13	13
(14) KWHE	11	14	Tap In	Mass	Cathedral	Ministries	In Touch Ministries		Evangel.	Worship	Paid	Tap In	Inspire	L.Ranger	14	-
(20) KIKU	9	20	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	The Old Path		Paid	Hiei No/JVT	20	20
KFVE	22	13	E. Stanton	WildA. (N)	Wondrama	Dragon	Eco Co.	Dragon	Eco Co.	Paid	Hawaii Home	Gametime	Entertainers			
(26) KAAH*	26	26	P. Point	Is Written	Ed Young	Heaven	D.Kolenda	J. Hagee	Watchman	Change	Creflo	K. Shook	Potter's	Enjoy-Life	-	-
(32) KBFD	2	6	Off Air				The Birth of a Family (N)				Dr.Steven	Scientis	Return of Bok Dan-Ji		-	-
(44) KWBN		44	Passion	Jesus	Pastor	Don Wilton	Love	R.D.West	T. Bates	Grace	David Jer.	Ankerberg	R. Jeffress	Bernard		
(46) KHLU	35	-	Programa pagado		Como dice el dicho		Al punto		Aquí y ahora		Fútbol	MFL Fútbol Atlas at Toluca (L)			-	-
(66) KPXO	27	27	NCIS: Los Angeles		NCIS: LA "Cac Tu Nhan"		NCIS: Los Angeles		NCIS: LA "Liabilities"		NCIS: Los Angeles		NCIS: LA "The Monster"			
A&E	547	129	Hoarders		Hoarders		Hoarders "Glen/ Lisa"		Hoarders		★★★ "King Kong" ('05, Act) *Adrien Brody.*				118	265
AHC*	345	137	Manhunt: Kill or Capture		Manhunt: Kill or Capture		Nazi "Joseph Mengele"		Nazi Fugitives		Nazi "Adolf Eichmann"		WW II "Red Sun Rampant"		195	287
AMC	600	159	★★ "The Matrix Revolutions" *Keanu Reeves.*				★★★★ "Gladiator" ('00, Epic) *Russell Crowe.* A Roman general is forced to become a gladiator.							Movie	131	254
ANPL	329	107	North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		184	282
BBCA	341	135	★★★★ "The Shining" ('80, Hor) *Jack Nicholson.*							★★★ "Dante's Peak" ('97, Act) *Pierce Brosnan.*					135	264
BRAVO	560	237	Housewives/NewJersey		Housewives/NewJersey		F. Karma "Family Secrets"		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		129	237
CNBC	116	176	Paid	Paid	Paid	Paid	Shark Tank		Shark Tank		Shark Tank		Shark Tank		208	355
CNN	113	172	Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		The Situation Room		The Situation Room		Debate "Phoenix" (L)		200	202
COMEDY	545	142	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office		Movie	107	249
CSPAN	45	61	Washington This Week										Newsmakr	WA Week	210	350
CW	93	2	"The Sublime & Beauti...		Homeown.	Hazelton	New Hope	House (N)	Pets.TV	Live Life (N)	Y. Icons	Career Day	Magic	Movie	3	395
DISC	333	131	Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Naked "All or Nothing"		182	278
DISNEY*	444	98	OwlHouse	Owl House	Owl House	Owl House	BigCity	BigCity	Bunk'd	Bunk'd	CoopCami	CoopCami	Raven	Raven	173	291
E!*	549	240	Parks/Rec	Parks/Rec	Parks/Rec	Parks/Rec	Parks/Rec	Parks/Rec	Parks/Rec	Parks/Rec	Parks/Rec	★★ "17 Again" *Zac Efron.*			114	236
ESPN	222	70	NCAA Basketball SEC Tournament (L)				NCAA Basketball The American Tournament (L)				SportsCenter (N)		SportsCenter (N)		140	206
ESPN2	224	74	NCAA Basketball		NCAA Basketball SBC Tournament (L)				NCAA Basketball Big 12 Tournament (L)				World of X Games (N)		144	209
FILI	688	320	SwakNa	ASAP			The Haunted	Mathdali	Team Yey!	Superboo	Matang.	Banana Sundae		G Diaries	-	-
FNC	109	178	America's News HQ		Fox News Sunday		Journal Editorial R.		America's News HQ		The Greg Gutfeld Show		Fox Report		205	360
FOOD	321	231	Pioneer	Pioneer	GirlFarm	Cooking	M. Brown (N)	Giada (N)	Kitchen "Hit Re-Fresh"		Tournament Champions		Diners "Amazing Italian"		110	231
FREE*	538	122	★★ "Mirror Mirror" ('12, Adv) *Lily Collins.*				★★ "Twilight" ('08, Dra) *Kristen Stewart.* A teenage girl and a vampire fall in love.						"The Twilight Saga: N...		180	311
FSW	226	-	NCAA Baseball Miami vs. Virginia Tech (L)				Red Bull	Crankwor	MLB Baseball Spring Training Milwaukee Brewers vs. Los Angeles Angels (L)						-	692
FSPT	228	-	Angler	Fishing	Match	BreakPar	DuckWk	Pregame	NHL Hockey Montréal Canadiens at Anaheim Ducks (L)					Post-game	-	-
FX	554	124	★★★★ "Let's Be Cops"		★★ "Jack Ryan: Shadow Recruit" *Chris Pine.*				★★ "Fast & Furious 6" ('13, Act) *Vin Diesel.*						136	248
GOLF	216	86	Feherty "Scott Van Pelt"		EPGA Golf Kenya Open Site: Karen Country Club -- Nairobi, Kenya								Live from the PLAYERS (L)		401	218
HALL	452	128	★ "Love, Once and Always" *David Hyde Pierce.*				★★ "Love, Fall and Order" ('19, Rom) *Erin Cahill.*				★ "Forever in My Heart" *Merritt Patterson.*				185	312
HGTV	323	232	Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		112	229
HISTORY	327	133	CountCars	CountCars	Counting Cars		Pickers "Grudge Match"		American Pickers		American Pickers		American Pickers		120	269
HBO	611	502	"Fantastic Beasts: The Crimes of Gr...		Women of Troy		McMillion$			★★★ "Fight Club" ('99, Psy) *Brad Pitt.*				New Pope	303	504
HBO2	612	503	Westworld		Westworld "Reunion"		WWorld "Virtù e Fortuna"		Westworld		WWorld "Akane No Mai"		WWorld "Phase Space"		304	505
KBS	80	-	Kongdak.	Golden Oldies		Windows	LoveLife	BeautifulLoveLife		LoveLife	LoveLife	Korea Sings			-	-
LIFE	448	226	"In Bed With a Killer" ('19, Thril) *Jennifer Taylor.*				"Psycho Nurse" ('20, Thril) *Lyndon Smith.*				★ "Escaping My Stalker" ('19, Thril) *Ezmie Garcia.*				108	276
LMN	449	227	"I'll Be Watching" ('18, Thril) *Janel Parrish.*				"Room for Murder" ('18, Susp) *James Maslow.*				"The Wrong Neighbor" ('17, Thril) *Michael Madsen.*				109	253
MAX	622	515	Movie	★★ "Skyscraper" *Dwayne Johnson.*			Strike Back		★★ "The Meg" ('18, Act) *Jason Statham.*				"Miracle at St. Anna"		311	516
MSNBC	107	175	Weekends-Alex Witt		MSNBC Live		MSNBC Live		MSNBC Live		PoliticsNation		Meet the Press		209	356
NATGEO	347	130	When Sharks Attack		Sharks "Hawaiian Terror"		Sharks "California Killer"		Sharks "Florida Frenzy"		When Sharks Attack		Sharks A. "Jersey Gore"		186	276
NGN	677	-	Matsuko	Scarlet/Video	Enka Singers	Brain /de Police		Brain /HajimeteKoio		Brain/Mentai	News	Brain /Mogitate TV		Hakken R	-	-
NICK	446	100	"Lucky" ('19, Children)		Sponge	Sponge	★★★ "Shrek" ('01, Ani) *Voices of Mike Myers.*				It's Pony	Sponge	Sponge	Loud H.	171	300
OC16	16	-	TheChamp	Pilates	Crafting	Braddahs	Painting	Pet Hui	Cutty	FshnSnse	Gameday /H.S. Volleyball			Volleyball	-	-
OCSPT	12	89	NCAA Football Classics San Jose State vs. Hawaii				NCAA Basketball Classics Maine vs. Hawaii				NCAA Beach Volleyball Washington vs. Hawaii				-	-
OLELO53	53	53	Educational Prog.		Educational Programming								Pmi Hon. "Primer Rossi"		-	-
OLELO54	54	54	Social/ Political Programming				Play Tai Chi		Tai Chi Aloha		Vegetarian		Social Programming		-	-
OLELO55	55	55	Supreme Master Ching		4th Watch	Ekalesia	A View From Calvary		Inspirational Programming			Miracles	Inspirational Prog.		-	-
OWN*	343	242	Dr. Phil		Soul Sun "Eckhart Tolle"		Super Soul Sunday		Home Made Simple		Iyanla, Fix My Life		Iyanla, Fix My Life		189	279
OXY	558	229	Snap. "Georgia Watson"		Snapped "Cindy Reese"		Snap. "Marissa Wright"		Snap. "Janet Tyburski"		Snapped "Roxanne Buck"		Snap. "Neola Robinson"		127	251
PARMT	559	141	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		241	241
SHOW*	633	451	★★★ "District 9" *Sharlto Copley.*			★★ "Captive State" *John Goodman.*			★★ "Shaft" ('00, Act) *Samuel L. Jackson.*				BlackMon	BlackMon	319	546
SYFY	557	144	★★★ "Harry Potter and the Chamber of Secrets" *Daniel Radcliffe.*				★★★ "Harry Potter and the Prisoner of Azkaban" ('04, Fant) *Daniel Radcliffe.*							Movie	122	244
TBS	551	121	Loves Ray	Loves Ray	★★ "Contraband" ('12, Act) *Mark Wahlberg.*				★★ "2 Guns" ('13, Act) *Denzel Washington.*					Movie	139	247
TCM	602	157	Movie	★★★ "All That Heaven Allows" *Rock Hudson.*				★★★ "Gypsy" ('62, Mus) *Rosalind Russell.*					★★ "Moonstruck"		132	256
TLC*	331	132	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Say Yes-Dress "America: The Brides of America"				Say Yes to the Dress		183	280
TMC	644	467	★★ "The Babysitter's Club"			★★★ "The Holiday" ('06, Rom) *Cameron Diaz.*					★★ "Wildlife" ('18, Dra) *Ed Oxenbould.*				329	554
TNT	553	125	NCIS: New Orleans		NCIS:NO "Man on Fire"		★★ "Eagle Eye" ('08, Act) *Shia LaBeouf.*					★★ "Ant-Man" ('15, Act) *Paul Rudd.*			138	245
TOON	440	103	Ben 10/Ben 10	Power/Power	Gumball	Gumball	Gumball	Gumball	DrmaRma	DrmaRma	Titans!	Titans!	Titans!	Titans!	177	297
TRAVEL*	325	139	Beyond the Unknown		Paranormal		Paranormal		Paranormal		Paranormal		Paranormal		196	277
TVLAND	441	127	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	106	304
USA*	555	123	Paid	T.Point	In Touch	J.Osteen	SVU "Wanderlust"		SVU "Noncompliance"		Law&O: SVU "Scourge"		SVU "Counterfeit"		105	242
WE	451	230	Law & O: CI "Dollhouse"		Law&Order: CI "Slither"		Law & Order		Law&O. "Misconception"		LawOrder "In Memory Of"		Law&O. "Out of Control"		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/15	D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	S1	S2
(2) KHON	3	3	Paid	Weird (N)	Sports (N)	DIY Sci (N)	House (N)	Fam. Feud	Paid	Inside Ed.	Paid	Fishing	News (N)	Sam Choy	2	2
(4) KITV	4	4	Wild C.	Ocean (N)	Heroes	Oh Baby!	R. Park (N)	Oh Baby!	This Week		News (N)	News (N)	Home Videos (N)		4	4
(9) KHII	5	5	★★★ "Flags of Our Fathers" ('06, Dra) *Barry Pepper.*					Magic	Murdoch "The Accident"		Homes	House (N)	News (N)	BigBang	5	5
(5) KGMB	7	7	Paid	Paid	Paid	Jeopardy!	Hope Wild	Furever	Press (N)	FaceNat.	News (N)	News (N)	60 Minutes		9	9
(11) KHET	10	11	Pacific Hear "Splinters"		Insights on PBS Hawaii		Hiki No	Na Mele	Long Story	2.Opinion	News/News	Insight	Open Mind	News. (N)	11	11
(13) KHNL	8	8	Judy	Judy	Doko Ga	Doko Ga	K5 Mele		The Song (N)		News (N)	News (N)	The Wall (N)		13	13
(14) KWHE	11	14	Wild Am.	Real Life	Sports (N)	Heartland	Hollywd. (N)	Awesome	Sporting	Raised/Hunt	L.Ranger	L.Ranger	Paid	Paid	14	-
(20) KIKU	9	20	The Kingdom of Jesus Christ						Adobo	TV Patrol	Beautiful Strangers		When I Need You		20	20
KFVE	22	13	TMZ (N)		Paid	Paid	Raw Travel	Matter	Madam "Snap Back"		Carbonaro	Carbonaro	Voice	Chef Roc		
(26) KAAH*	26	26	Jesus	R.Morris	J.Osteen	T.Point	Huckabee		Metaxas	Creflo	The Mysterious Islands				-	-
(32) KBFD	2	6	It's My Life			My Ugly Duckling (N)				Baek Jong Won's Alley Restaurant (N)			News (N)	Flower (N)	-	-
(44) KWBN		44	Potter	Bronner	Rejoice in the Lord		Ankerberg	M. Youssef	Jesus	David Jer.	HLindsey	I.Baxter	Israel	Faith		
(46) KHLU	35	-	MFL Fútbol Atls/Tol. (L)		Republica deportiva		Como dice el dicho		María	Noticiero	Aquí y ahora		Destino 2020 Presenta		-	-
(66) KPXO	27	27	NCIS: LA "Vendetta"		NCIS: Los Angeles		NCIS: LA "Reentry"		NCIS: Los Angeles		NCIS: LA "Venganza"		NCIS: Los Angeles			
A&E	547	129	★★★ "King Kong" ('05, Act) *Adrien Brody.*				★★ "300: Rise of an Empire" *Sullivan Stapleton.*				★★ "S.W.A.T." ('03, Act) *Samuel L. Jackson.*				118	265
AHC*	345	137	World War II in Color		World War II in Color		WW II "Lightning War"		World War II in Color		WW II "Britain at Bay"		WW II "Lightning War"		195	287
AMC	600	159	★★★ "The Perfect Storm" ('00, Act) *George Clooney.*					The Walking Dead "Stalker"			Dead "Morning Star"		Dead "Walk With Us" (N)		131	254
ANPL	329	107	The Aquarium		The Aquarium		Aquarium "Seal the Deal"		The Aquarium		The Aquarium (N)		The Aquarium		184	282
BBCA	341	135	★★★ "Deep Impact" ('98, Act) *Elijah Wood.*					★★★★ "Stand by Me" ('86, Adv) *Wil Wheaton.*				★★★ "A Few Good Men" *Tom Cruise.*			135	264
BRAVO	560	237	Shahs of Sunset		Shahs of Sunset		Housewives Atlanta		Housewives Atlanta		Housewives Atlanta (N)		Family Karma (N)		129	237
CNBC	116	176	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		208	355
CNN	113	172	Debate "Phoenix" (L)		CNN Democratic Debate "Phoenix" (L)				CNN Debate Post Analysis "Phoenix" (L)				Debate "Phoenix"		200	202
COMEDY	545	142	★★ "Mr. Deeds" *Adam Sandler.*			★★ "Grown Ups" ('10, Com) *Adam Sandler.*					★★★ "Blended" ('14, Com) *Adam Sandler.*				107	249
CSPAN	45	61	Washington This Week		Q & A		Questions	Public Affairs Events			Q & A		Questions	Affairs	210	350
CW	93	2	★★★ "Whiskey Tango Foxtrot" *Tina Fey.*				Kickin' It		A.Athlete	Whack	2½ Men	2½ Men	Fam. Feud	Fam. Feud	3	395
DISC	333	131	Naked and Afraid		Naked "Rise Above"		Naked and Afraid (N)		Naked and Afraid (N)		Naked and Afraid "Naked and Ghosted" (N)				182	278
DISNEY*	444	98	Raven	Sydney	Sydney	Rollwlt	Rollwlt	Jessie 1/2	Jessie 2/2	Fam Jam	Fam Jam	CoopCami	CoopCmi	Bunk'd	173	291
E!*	549	240	★★ "17 Again"		★★ "17 Again" ('09, Com/Dra) *Zac Efron.*					★★ "Couples Retreat" ('09, Com) *Vince Vaughn.*					114	236
ESPN	222	70	Bracketology (L)				NBA Basketball Denver Nuggets at Los Angeles Lakers (L)					SportsCenter With Scott Van Pelt (L)			140	206
ESPN2	224	74	XFL Football Los Angeles Wildcats at Seattle Dragons Site: CenturyLink Field (L)						Bracketology (N)				Cornhole ACL Mania		144	209
FILI	688	320	So Janelle	Your Moment		TV Patrol	Citizen	Adobo Nation			Rated K	ASAP			-	-
FNC	109	178	Fox News Sunday		Life, Liberty & Levin		The Next Revolution		To Be Announced		Life, Liberty & Levin		The Next Revolution		205	360
FOOD	321	231	Diners "Incredible Italian"		Diners "Best of the West"		Diners, Drive-Ins		Diners "All Stacked Up"		Buddy vs. Duff (N)		Buddy vs. Duff (N)		110	231
FREE*	538	122	★★ "The Twilight Saga: New Moon"				★★ "The Twilight Saga: Eclipse" ('10, Dra) *Kristen Stewart.*						★ "The Twilight Saga: B...		180	311
FSW	226	-	Post-game	Red Bull U.S. Open		Red Bull Air Race "Abu Dhabi" (N)			WPT Poker		WPT Poker		Ice Cross		-	692
FSPT	228	-	DuckWk	Boxing Classics				MLB Baseball Spring Training Oakland vs L.A. Angels					Post-game	Hockey	-	-
FX	554	124	★★ "Furious 7" ('15, Act) *Vin Diesel.*						★★ "The Fate of the Furious" ('17, Act) *Vin Diesel.*						136	248
GOLF	216	86	Live from the PLAYERS (L)		Live from the PLAYERS										401	218
HALL	452	128	★ "From Friend to Fiancé" *Jocelyn Hudon.*				★ "The Last Bridesmaid" ('19, Rom)				When Calls the Heart (N)		Hope "Lost and Found"		185	312
HGTV	323	232	Home Town		Extreme Makeover (N)		Extreme Makeover (N)		House /100 Day		Home Town		Extreme Makeover: Ho		112	229
HISTORY	327	133	Pickers "Space Ranger"		American Pickers		Pickers "Tick Tock Frank"		American Pickers		Navy SEALs: America's Secret Warriors				120	269
HBO	611	502	The New Pope		Bill Maher		AXIOS (N)		★★ "Fast & Furious Presents: Hobbs & Shaw" *Dwayne Johnson.*				Westworld (SP) (N)		303	504
HBO2	612	503	WWorld "Les Ecorches"		Westworld "Kiksuya"		WWorld "Vanishing Point"		Westworld "The Passenger"				★★★ "Black Swan"		304	505
KBS	80	-	News	My Neighbor, Charles		Two Days and One Night			LoveLife	BeautifulLoveLife		Open Concert		Superman	-	-
LIFE	448	226	★ "Dying to Be You" ('20, Thril) *Natalie Dreyfuss.*				★ "The Black Widow Killer" ('18, Thril) *Erin Karpluk.*				★ "Into the Arms of Danger" ('20, Hor) (P)				108	276
LMN	449	227	★ "His Perfect Obsession" *Arianne Zucker.*				★ "Stalked by My Ex" ('17, Thril) *Tamara Braun.*				★ "No Good Deed" ('20, Thril) *Michelle Borth.*				109	253
MAX	622	515	★★★ "Miracle at St. Anna"			★★★ "Die Hard With a Vengeance" ('95, Act) *Bruce Willis.*					★★★ "Bad Times at the El Royale" *Jeff Bridges.*				311	516
MSNBC	107	175	Kasie DC				What's Eating (P) (N)		To Be Announced		To Be Announced		What's Eating		209	356
NATGEO	347	130	When Sharks Attack		Sharks "Bedlam in Brazil"		When Sharks Attack		Wicked "Turf Wars" (N)		Wicked Tuna (N)		Wicked Tuna (N)		186	276
NGN	677	-	Ariyoshi-kun	Brain	Natsuzo.	PONPON	Erin	Mogitate TV		HakkenR	Scarlet	Choshich	Daisuke	Brain/News	-	-
NICK	446	100	Loud H.	Loud H.	Loud H.	Loud H.	Loud H.	Loud H.	Loud H.	H.Danger	Young Dylan	Substitute	Sponge	Sponge	171	300
OC16	16	-	H.S. Volleyball		Post-game	Tiny TV	Showcase	TheChamp	Board	Skin Diver	Hawaii Goes Fishing (N)		Outside HI	Crafting	-	-
OCSPT	12	89	NCAA Basketball Classics SD St./Haw.			NCAA Football Classics Hawaii vs. UNLV						NCAA Volleyball UC Irvine vs. Hawaii			-	-
OLELO53	53	53	Educational Programming						Practical F.	Island Focus	Keiki	Education	Sports Programming		-	-
OLELO54	54	54	Envirowatch	Social/ Political Programming			Kokua Hawaii		Country Talk Story		ThinkTech	Social/ Political Programming			-	-
OLELO55	55	55	Inspiration	Hope	Dr. Yuen	Perf.You	Inspirational Programming						Sauniga Lotu		-	-
OWN*	343	242	Iyanla, Fix My Life		Iyanla, Fix My Life		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		189	279
OXY	558	229	Snapped "Diana Nadell"		Snapped "Ashley Schutt"		Snapped (N)		Murdered by (N)		Snap. "Kimberly Baldwin"		Snapped "Judy Flanagan"		127	251
PARMT	559	141	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		241	241
SHOW*	633	451	BlackMon	BlackMon	BlackMon	BlackMon	BlackMon	BlackMon	BlackMon	BlackMon	Circus (N)	Cartoon	Homeland (N)		319	546
SYFY	557	144	★★★ "Harry Potter and the Goblet of Fire" ('05, Adv) *Daniel Radcliffe.*						★★★ "Star Trek Beyond" ('16, Act) *Chris Pine.*					Movie	122	244
TBS	551	121	★★★ "The Longest Yard" ('05, Com) *Adam Sandler.*				★★ "Get Hard" ('15, Com) *Will Ferrell.*				BigBang	BigBang	BigBang	BigBang	139	247
TCM	602	157	★★ "Moonstruck"		★★★ "The Major and the Minor" ('42, Com) *Ginger Rogers.*					★★ "Too Young to Kiss" ('51, Rom) *June Allyson.*				★ "The Blot"	132	256
TLC*	331	132	90 Day Fiancé: Before the 90 Days "Love Can't Wait"				90 Day Fiancé "Great Expectations"				90 Day Fiancé: Before the 90 Days "Risky Business"				183	280
TMC	644	467	★★★ "A Perfect World" ('93, Dra) *Kevin Costner.*					★★ "The Dark Tower" *Idris Elba.*			★★★ "Platoon" ('86, War) *Charlie Sheen.*				329	554
TNT	553	125	★★ "Ant-Man"		★ "Guardians of the Galaxy Vol. 2" ('17, Act) *Chris Pratt.*						★ "Black Panther" ('18, Act) *Chadwick Boseman.*				138	245
TOON	440	103	DCSuper	Unikit (N)	Gumball	Gumball	Titans!	Titans!	Teen T.	Teen T.	Space	Space	Amer. Dad	Amer. Dad	177	297
TRAVEL*	325	139	Wo. Ends "Nostradamus"		How the World Ends		World Ends "Planet X"		Wo. Ends "Alien Invasion"		How the World Ends		How the World Ends		196	277
TVLAND	441	127	G. Girls	G. Girls	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens	106	304
USA*	555	123	SVU "Chameleon"		Law&O: SVU "Fallacy"		SVU "Brotherhood"		Law&O: SVU "Starved"		Law&O: SVU "Haystack"		Law&O: SVU "Rescue"		105	242
WE	451	230	LawOrder "Renunciation"		Law & Order "Heaven"		Law & Order		Law&Order "Star Struck"		Law & Order "Severance"		Law & Order		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/15	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	The Masked Singer ▢		Simps. (N) ▢	Duncan ▢	BobBrg ▢	Fam.Guy ▢	News (N) ▢	New Hope ▢	Wahine ▢	Mom ▢	Heart. "Room to Grow" ▢		2	2
(4) KITV	4	4	American Idol "Auditions" (N) ▢				Rookie "Casualties" (N) ▢		News (N) ▢	Am.Ninja "Venice Finals" ▢	M.Crimes "Four of a Kind" ▢		Interve. ▢		4	4
(9) KHII	5	5	Wahine ▢	Asia ▢	Fishing ▢	Weather ▢	Wipeout "At Full Tilt" ▢		News (N) ▢	Sam Choy ▢	Ins. Ed. (N) ▢	Provdnce ▢	Sheriffs: ▢	Sheriffs: ▢	5	5
(5) KGMB	7	7	God Friended Me (N) ▢		NCIS:NO "Relentless" (N) ▢		NCIS: New Orleans (N) ▢		News (N) ▢	In Depth ▢	The Song (N) ▢		Elementary "Solve for X" ▢		9	9
(11) KHET	10	11	Masterpiece Classic "The Chaperone" ▢				Performances "GRAMMY Salute to Music Legends" ▢				Contrary ▢	Long Story ▢	Passport "Queens, NYC" ▢		11	11
(13) KHNL	8	8	Little Big Shots (N) ▢		Zoey's (N) ▢		Good Girls "Au Jus" (N) ▢		News (N) ▢	Talk Story McKenna ▢		NCIS: New Orleans ▢		Outdoors ▢	13	13
(14) KWHE	11	14	Paid ▢	Life ▢	Inspire	Word Life ▢	Apocalyp ▢	Evangel. ▢	Paid ▢	Yukon ▢	Yukon ▢	Sgt. Preston	Lassie ▢	Lassie ▢	14	-
(20) KIKU	9	20	Kirin Ga Kuru ▢		Oyaji no Senaka ▢		Iryu ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Talk Story McKenna ▢		Hokkaido	Doko Ga TV	News (N) ▢	Press (N) ▢	Friends ▢	Seinfeld ▢	News (N)	Queens ▢	Queens ▢	Paid ▢		
(26) KAAH*	26	26	HeHealed ▢	AHA: Awake	JordanRubin	Emmaus ▢	Potter's ▢	Creflo ▢	JordanRubinProtein		John Gray ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	Flower in Prison (N) ▢				News (N) ▢ /It's My Life (N) ▢			The Butlers (N) ▢			Off Air ▢		-	-
(44) KWBN		44	J. Franklin ▢	In Corner ▢	Table Talk ▢	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	Destino 2020 Presenta ▢		La rosa de Guadalupe ▢		Cronicas		María	Noticiero ▢	La Jugada ▢		Vecinos ▢	Renta Co	-	-
(66) KPXO	27	27	Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢			
A&E	547	129	"S.W.A.T."		"White House Down" ('13, Act) *Channing Tatum.* ▢					"S.W.A.T." ('03, Act) *Samuel L. Jackson.* ▢					118	265
AHC*	345	137	World War II in Color ▢		WW II "Britain at Bay" ▢		World War II in Color ▢		World War II in Color ▢		WW II "Red Sun Rampant" ▢		Weapon "Booby Traps" ▢		195	287
AMC	600	159	Talking Dead (N) ▢		Dead "Walk With Us" ▢		Ride With Norman (N) ▢		Dead "Walk With Us" ▢		Talking Dead ▢		RideWithNormanReedus ▢		131	254
ANPL	329	107	To Be Announced ▢		To Be Announced ▢		The Aquarium ▢		The Aquarium ▢		To Be Announced ▢		To Be Announced ▢		184	282
BBCA	341	135	"A Few Good Men" *Tom Cruise.* ▢			"Stand by Me" ('86, Adv) *Wil Wheaton.* ▢				"A Few Good Men" ('92, Dra) *Tom Cruise.* ▢					135	264
BRAVO	560	237	Watch (N) ▢	Atlanta "A Greek Tragedy in 6 Acts" ▢			Shahs of Sunset ▢		Family Karma		Blind Date ▢	Blind Date ▢	Blind Date ▢	Watch ▢	129	237
CNBC	116	176	The Deed: Chicago ▢		Paid ▢	Paid ▢	The Deed: Chicago ▢		The Deed: Chicago ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	Debate "Phoenix"		CNN Debate Post Analysis "Phoenix"				Early Start ▢		Early Start ▢		New Day ▢		200	202
COMEDY	545	142	"Blended"		"Grown Ups" ('10, Com) *Adam Sandler.* ▢				Cr. Yankers	Cr. Yankers	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Public Affairs Programming ▢										Q & A ▢		210	350
CW	93	2	Batwoman (N) ▢		SGirl "Reality Bytes" (N) ▢		Leverage ▢		Forensic Factor ▢		FamilyGuy ▢	FamilyGuy ▢	BobBrg ▢	BobBrg ▢	3	395
DISC	333	131	GlobalInvestigator (N) ▢		Naked "Frozen in Fear" ▢		Naked and Afraid "Naked and Ghosted" ▢				GlobalInvestigator ▢		Naked "Playing With Fire" ▢		182	278
DISNEY*	444	98	Raven ▢	Raven's	Raven	Rollwlt (N) ▢	Bunk'd ▢	G. Duran ▢	Fam Jam ▢	Sydney ▢	Raven	Rollwlt ▢	Jessie ▢	Jessie ▢	173	291
E!*	549	240	"The Hangover" ('09, Com) *Ed Helms.* ▢					"Couples Retreat" ('09, Com) *Vince Vaughn.* ▢					Botched ▢		114	236
ESPN	222	70	SportsCenter With Scott Van Pelt ▢			SportsCenter With Scott Van Pelt ▢			NBA Basketball Houston vs Portland ▢				SportsCenter ▢		140	206
ESPN2	224	74	Cornhole ACL Mania		NBA Basketball Denver Nuggets at Los Angeles Lakers ▢				SportsCenter (N) ▢		SportsCenter ▢		Golic and Wingo (L)		144	209
FILI	688	320	ASAP ▢	Gandang Gabi Vice ▢		To Be Announced ▢			24/7		The Bottomline ▢		Adobo Nation ▢		-	-
FNC	109	178	To Be Announced ▢		Fox News Sunday ▢		MediaBuzz ▢		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	BeatFlay ▢	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Buddy vs. Duff ▢		Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Beat Flay ▢	Buddy vs. Duff ▢		110	231
FREE*	538	122	"The Twilight Saga: Breaking Dawn...				"The Twilight Saga: Breaking Dawn Part 2" ('12, Fant) *Robert Pattinson.* ▢					"Ferris Bueller's Day Off" ▢			180	311
FSW	226	-	WPT Poker ▢		WPT Poker ▢		MLB Baseball Spring Training Milwaukee vs L.A. Angels ▢					Post-game ▢	Paid ▢	Paid ▢	-	692
FSPT	228	-	NHL Hockey Montreal vs Anaheim ▢			Post-game ▢	WPT Poker ▢		WPT Poker ▢		Cliff Diving ▢		Paid ▢	Paid ▢	-	-
FX	554	124	"Fast & Furious 6" ('13, Act) *Vin Diesel.* ▢						Weekly ▢	Better ▢	Mike&M. ▢	FXM ▢	Paid ▢	Paid ▢	136	248
GOLF	216	86	Live from the PLAYERS										Live from the PLAYERS		401	218
HALL	452	128	"Sailing Into Love" ('19, Rom) ▢				G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	House ▢ /100 Day ▢		Home Town ▢		Extreme Makeover: Ho ▢		Home Town ▢		Home Town ▢		Fixer to Fabulous ▢		112	229
HISTORY	327	133	Navy SEALs: America's Secret Warriors ▢				Navy SEALs: America's Secret Warriors ▢								120	269
HBO	611	502	Avenue 5 ▢	Curb (N) ▢	Last Wk (N)	Westworld ▢			AXIOS ▢	Avenue 5 ▢	Curb ▢	Last Week	Westworld ▢		303	504
HBO2	612	503	Movie		"Prisoners" ('13, Thril) *Hugh Jackman.* ▢					"Unfriended" ▢		"Unfriended: Dark Web" ▢			304	505
KBS	80	-	The Return of Superman ▢		News ▢	Battle Trip ▢			Boss in the Mirror			Mr. House Husband ▢		SeniirTalk	-	-
LIFE	448	226	"My Husband's Secret Life" *Kara Killmer.* ▢				"Into the Arms of Danger" ('20, Hor) ▢				"My Husband's Secret Life" *Kara Killmer.* ▢				108	276
LMN	449	227	"Who Wants Me Dead?" ('20, Susp) *Karynn Moore.* ▢				"No Good Deed" ('20, Thril) *Michelle Borth.* ▢				"Who Wants Me Dead?" ('20, Susp) *Karynn Moore.* ▢				109	253
MAX	622	515	Movie	"Ocean's 8" *Sandra Bullock.* ▢			"Cowboys and Aliens" ('11, Act) *Daniel Craig.* ▢				"The Meg" ('18, Act) *Jason Statham.* ▢				311	516
MSNBC	107	175	Dateline ▢		Dateline ▢		Dateline ▢		First Look ▢		First Look ▢		Morning Joe (N) ▢		209	356
NATGEO	347	130	Extreme Rescues (N) ▢		Tuna "Band of Brothers" ▢		Extreme "Bleeding Out" ▢		Tuna "Epic Battles" ▢		Tuna "Close Calls" ▢		Tuna "Funniest Moments" ▢		186	276
NGN	677	-	Brain ▢ /World Matsuko ▢		Brain ▢	Kokkai ▢	Uta ▢	News (N) ▢	News ▢	Brain ▢ /Ariyoshi-kun Sho		Toritetsudo	Japanese Enka Singers		-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	G. Lopez ▢	G. Lopez ▢	G. Lopez ▢	171	300
OC16	16	-	FshnSnse ▢	Hawaii (N) ▢	Ocean ▢	Fishing (N)	Pet Hui (N) ▢	Japan (N) ▢	Board ▢	Sports	Pakele ▢	Painting ▢	Tiny TV ▢	Showcase ▢	-	-
OCSPT	12	89	Volleyball ▢	NCAA Basketball UCSB/Haw. ▢			NCAA Soccer Classics Cal Poly vs. Hawaii ▢						Paid ▢	Paid ▢	-	-
OLELO53	53	53	Sports ▢	Kempo ▢	Sports Programming ▢				Educational Programming ▢				Sports Programming ▢		-	-
OLELO54	54	54	Social/ Political Programming ▢						Ho'olokahi ▢	Social/ Political Programming ▢			Social Programming ▢		-	-
OLELO55	55	55	Christ ▢	Inspiration ▢	Jesus Con. ▢	Reunion Church ▢		Tasi ▢	Tupulaga Talavou ▢		Hawaii Para Cristo ▢		Classic Arts Showcase ▢		-	-
OWN*	343	242	20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		189	279
OXY	558	229	Murdered by Morning ▢		Snapped: Killer Couples ▢		In Ice Cold Blood ▢		Cold Justice ▢		Up and Vanished ▢		Dateline ▢		127	251
PARMT	559	141	Bar Rescue ▢		Bar Rescue ▢		Bar Rescue ▢		Bar Rescue ▢		Bar Rescue ▢		Bar Rescue "Dragon Lady"		241	241
SHOW*	633	451	BlackMon ▢	BlackMon ▢	Homeland "Two Minutes" ▢		BlackMon ▢	BlackMon ▢	The Circus ▢	Homeland "Two Minutes" ▢	BlackMon ▢		BlackMon ▢	Cartoon ▢	319	546
SYFY	557	144	"The Hitman's Bodyguard" *Ryan Reynolds.* ▢				Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	Futurama ▢	"Star Trek Beyond" ▢		122	244
TBS	551	121	BigBang ▢	BigBang ▢	Tacoma ▢	Tacoma ▢	Tacoma ▢	Tacoma ▢	"The Longest Yard" ('05, Com) *Adam Sandler.* ▢					Movie	139	247
TCM	602	157	"The Blot"		"The Big City" ('37, Dra) *Spencer Tracy.*					"Hollywood Without Makeup" ▢			Towed	Movie	132	256
TLC*	331	132	90 Day Fiancé ▢		90 Day Fiancé "Baby Be Mine" (N) ▢				Sister Wives (N) ▢		90 Day Fiancé (N) ▢		90 Day F "Baby Be Mine" ▢		183	280
TMC	644	467	"Spotlight" ('15, Bio) *Mark Ruffalo.* ▢				"The Hunt for Red October" ('90, Act) *Sean Connery.* ▢					"Skyline" ('10, Act) *Eric Balfour.* ▢			329	554
TNT	553	125	"Black Panther" ▢		"Immortals" ('11, Act) *Henry Cavill.* ▢				"300: Rise of an Empire" *Sullivan Stapleton.* ▢				Charmed ▢		138	245
TOON	440	103	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	RickMort ▢	9009/9009	TigTone	J.Pera/J.Pera	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	RickMort ▢	9009/9009	177	297
TRAVEL*	325	139	Expedition Bigfoot (N)		Expedition Bigfoot (N)		How the World Ends ▢		How the World Ends ▢		Expedition Bigfoot		Expedition Bigfoot		196	277
TVLAND	441	127	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Goldberg ▢	Goldberg ▢	106	304
USA*	555	123	SVU "Granting Immunity" ▢		SVU "Sunk Cost Fallacy" ▢		SVU "The Book of Esther" ▢		Law&O: SVU "Revenge" ▢		Modern ▢	Modern ▢	Modern ▢	Modern ▢	105	242
WE	451	230	Law & Order "Trust" ▢		Law&Order "Vengeance" ▢		Law & Order ▢		Law&Order: CI "Watch" ▢		CSI "One Night Stand" ▢		CSI: Miami "Identity" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/16 to 03/20		D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30
(2) KHON		3	3	Wake Up 2Day		Wake Up 2Day - Take 2		Living 808		Live With Kelly and Ryan		The 700 Club		The Rachael Ray Show	
(4) KITV		4	4	Good Morning America				The View		The Dr. Oz Show		StrahanSaraKeke		News	Justice
(9) KHII		5	5	Wake Up 2Day		Wake Up 2Day - Take 2		Solar/ Paid	Paid Program	Divorce Court	Divorce Court	Judge Mathis		Paid/ Solar	Paid Program
(5) KGMB		7	7	(M-W) Hawaii News Now		(M-W) Morning	(Th F) Basketball Division I Tournament			(M-W) The Price Is Right		Paid/ Price R.	(M-W) B & B	MakeDeal	(Th F) News
(11) KHET		10	11	C.George	Pinka-Peter	Xavier/ Xavier	(Tu-Th) DinoT	Daniel Tiger	D.Tiger	Molly Denali	Ready Jet Go!	Peg + Cat	Cat in the Hat	Sesame St.	SplashBubble
(13) KHNL		8	8	Today				Today III		Today With Hoda and Jenna		Tamron Hall		Various	Paid/ Travels
(14) KWHE		11	14	Life Today	Various	Sumrall	Through Bible	Business	Various	Paid Program	Paid Program	Joyce Meyer	Life Today	Highway to Heaven	
(20) KIKU		9	20	News Express	Business	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid	Paid	Oyaji no/ Soko Ga/ Mystery	
KFVE		22	13	Hawaii News Now: Sun		Hawaii News Now Sun		The Wendy Williams Show		The Real		Goldberg	Paid Program	TMZ Live!	
(26) KAAH*		26	26	Enjoying Life	Better Tog.	Life Today	Jewish/Jesus	The 700 Club		John Hagee	Various	Various	(Th) B. Graham	Various	Various
(32) KBFD		2	6	Off Air				Paid Program		Paid Program		Paid Program	Various	KBFD News / Want a Taste?	
(44) KWBN			44	Various	Various	Various	Today	Joseph Prince	Gary Keesee	Various	Bill Winston	Paula White	David Jer.	Various	Various
(46) KHLU		35	-	Despierta America						Que te perdone Dios... Yo no		Noticiero	Los guapos	Hoy	
(66) KPXO	M	27	27	Law & Order: Criminal Intent		Law & Order: Criminal Intent		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	Tu			Law & Order: Criminal Intent		Law & Order: Criminal Intent		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	W			Law & Order: Criminal Intent		Law & Order: Criminal Intent		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
	Th			Law & Order: Criminal Intent		Law & Order: Criminal Intent		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
	F			NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles	
A&E		547	129	The First 48		Various		Various	(F) Live PD	Various	(F) Live PD	Various	(W F) Live PD	Various	(W F) Live PD
AHC*		345	137	Various		Various		Various		Various		Various		Various	
AMC		600	159	Movie / Movie / Movie		(Th) Movie		(W) Movie	Movie	(M) Movie		(Th) Movie	(W) Movie	(Tu) Movie / (F) Movie	
ANPL	M	329	107	The Vet Life		Crikey! It's the Irwins		The Secret Life of the Zoo		The Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees	
	Tu			The Vet Life		Crikey! It's the Irwins		Dr. Jeff: Rocky Mountain Vet		The Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees	
	W			The Vet Life		Crikey! It's the Irwins		The Secret Life of the Zoo		The Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees	
	Th			The Vet Life		Crikey! It's the Irwins		Dr. Jeff: Rocky Mountain Vet		The Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees	
	F			The Vet Life		Crikey! It's the Irwins		The Secret Life of the Zoo		The Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees	
BRAVO	M	560	237	Below Deck	Below Deck: Mediterranean	Below Deck: Mediterranean				Below Deck: Mediterranean		Below Deck: Mediterranean		Below Deck: Mediterranean	
	Tu			Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules	
	W			Housewives/NewJersey		Housewives/NewJersey		Housewives/NewJersey		Housewives NJ cont'd next		Housewives NJ Pt. 2 of 2		Housewives NJ cont'd next	
	Th			Top Chef	Top Chef Pt. 2 of 2		Top Chef		Top Chef		Top Chef		Top Chef		Top Chef
	F			Botched		Botched		Botched		Botched		Botched		Shahs of Sunset	
CNBC		116	176	The Exchange		Power Lunch		Closing Bell				Fast Money	(F) Options	Mad Money	
CNN		113	172	CNN Right Now		News/(Tu) AMChoice2020		News/(Tu) AMChoice2020		The Lead/(Tu) AMCh2020		The Situation Room		The Situation Room	
COMEDY		545	142	Various	SouthPk	(M W) SouthPk/(Tu Th F) Futur.		SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk
CSPAN		45	61	U.S. House of Representatives				(F) Public Affairs Events							
CW		93	2	Wake Up 2Day		Wake Up 2Day - Take 2		Access Daily		Solar/ Paid	Paid Program	Cops	Cops	Judge Jerry	Judge Jerry
DISC	M	333	131	Dirty Jobs		Expedition Unknown		Fast N' Loud 1/2 cont'd next		Fast N' Loud Pt. 2 of 2		Fast N' Loud 1/2 cont'd next		Fast N' Loud Pt. 2 of 2	
	Tu			Dirty Jobs		Expedition Unknown		Moonshiners		Moonshiners		Moonshiners		Moonshiners	
	W			Dirty Jobs		Expedition Unknown		Mysteries at the Museum		Mysteries at the Museum		Mysteries at the Museum		Mysteries at the Museum	
	Th			Dirty Jobs		Expedition Unknown		GlobalInvestigator		GlobalInvestigator		Homestead cont'd next		Homestead Rescue Pt. 2 of 2	
	F			Dirty Jobs		Expedition Unknown		Mysteries of the Abandoned		Mysteries of the Abandoned		Mysteries of the Abandoned		Mysteries of the Abandoned	
DISNEY*		444	98	T.O.T.S.	Bluey/ Special	Mickey M.	Mouse	Mickey	T.O.T.S.	PupPals	Puppy Pals	Vamp/(F) Mira	Mira/Gigantos	T.O.T.S.	T.O.T.S.
E!*		549	24	E! News	Various	(W F) Kardash	E!Story	(W F) Kardash	TheRoom	TheRoom	TheRoom	Pop of the Morning		The Daily Pop	
ESPN		222	70	(F) NFL Live	NFL Live	(F) Tennis BNP Paribas Open		(M-W) SportsC./(Th) Jump		HighNoon/ NFL	(M Tu) Highly?	Horn/ SprtC	Interrupt	SportsCenter	
ESPN2		224	74	(F) Champ.	(F) Basketball	(M Tu) J & J/(W Th) Tennis		(M Tu) Jump	(F) Basketball	(M Tu) SportsCenter Special		HighNoon	Highly?	(M-W) Wager/(Th) The Jump	
FILI		688	320	It's Showtime					Various	Pamilya Ko	Sandugo		LoveThyWnm	FPJ Ang	Make It You
FNC		109	178	Outnumbered Overtime		The Daily Briefing		Bill Hemmer Reports		Your World		The Five		Special Report	
FOOD	M	321	231	The Kitchen		The Kitchen		The Kitchen		Diners, Drive-Ins and Dives		Diners, Drive-Ins and Dives		Diners, Drive-Ins and Dives	
	Tu			Brunch Bobby	Brunch Bobby	Brunch Bobby	Brunch Bobby	Brunch Bobby	Brunch Bobby	Chopped: Sweets		Chopped		Chopped	
	W			Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Tournament of Champions		Guy's Grocery Games		Guy's Grocery Games	
	Th			The Kitchen		The Kitchen		The Kitchen		The Great Food Truck Race		The Great Food Truck Race		The Great Food Truck Race	
	F			Food Paradise		Food Paradise		Food Paradise		Diners, Drive-Ins and Dives		Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE*		538	122	Melissa/ Daddy	Melissa/ Daddy	Melissa/ Daddy	Melissa/ Daddy	Melissa/ Daddy	700 Club	The 700 Club		Various	(Tu) Middle	Movie/ Middle	(F) Middle
FSW	M	226	-	Soccer M'Glad./Fran.		Soccer VfL Wolfsburg at Augsburg DFL Augsberg, Germany				Baseball Spring Training Los Angeles Angels vs. San Diego Padres MLB Peoria, Ariz.					
	Tu			AnglerChron.	Fishing	Soccer Bayer Leverkusen at Werder Bremen DFL				Baseball Spring Training Los Angeles Angels vs. Oakland Athletics MLB Mesa, Ariz.					
	W			Hockey Montréal Canadiens at Los Angeles Kings NHL				Post-game	Kings Weekly	Baseball Spring Training Kansas City Royals vs. Los Angeles Angels MLB Tempe, Ariz.					
	Th			Hockey Boston Bruins at Anaheim Ducks NHL Anaheim, Calif.				Post-game	Ducks Weekly	Baseball Spring Training Los Angeles Angels vs. Arizona Diamondbacks MLB					
	F			Hockey Bos./L.A.		Post-game	Kings Weekly	Baseball Spring Training Los Angeles Dodgers vs. Los Angeles Angels MLB Tempe, Ariz.						Post-game	Focused
FSWPT		228	-	Various	Fishing	(M) Hockey / (Tu) Basketball		Various	(Th) ClipWeek	Various	DuckWk	Rodeo/ The Bigs/ Air Race		Arena.	Various
FX		554	124	(MWF) Mike&M.	Various	Movie	(Tu) Movie		Movie	(W) Movie	(F) Movie	(Tu) Movie	(M) Movie	(W) Movie / (Th) Movie	
GOLF		216	86	Various	Lessons/ Learn	(Tu W) Feherty/(Th F) Golf		Feherty	(W) School	Feherty	(W) GolfAdv.	Feherty	(W) GolfAdv.	(M-W) Golf Cent./(Th F) Golf	
HALL		452	128	Home and Family				Home and Family				Movies			
HGTV	M	323	232	Home Town		Home Town		Home Town		Home Town		Home Town		Home Town	
	Tu			Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It	
	W			Buying and Selling		Buying and Selling		Buying and Selling		Buying and Selling		Buying and Selling		Buying and Selling	
	Th			Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones	
	F			Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper	
HISTORY	M	327	133	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers	
	Tu			In Search of Aliens		In Search of Aliens		In Search of Aliens		In Search of Aliens		In Search of Aliens		In Search of Aliens	
	W			★★ The Monuments Men		★★★ Darkest Hour (Bio, '17) *Lily James, Gary Oldman.*						Forged in Fire		Forged in Fire	
	Th			Pawn Stars	Pawn Stars	Pawn Stars		Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	
	F			Ancient Aliens		Ancient Aliens		Ancient Aliens				Ancient Aliens		Ancient Aliens	

D – Spectrum Digital HT – Hawaiian Telcom *Programming on HT may not match the times listed

News | Movies | Sports

03/16 to 03/20		D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30
HBO	M	611	502	Movie	★★★★ Welcome to Marwen (Bio, '18) *Steve Carell.*				★★ Freeheld (Bio, '15) *Julianne Moore, Ellen Page.*				★★ Little (Com, '19) *Issa Rae, Regina Hall.*		
	Tu			★★★★ Tolkien (Bio, '19) *Lily Collins, Nicholas Hoult.*				★★★★ Unbreakable (Myst, '00) *Bruce Willis.*				★★★ Fast Five (Act, '11) *Paul Walker, Vin Diesel.*			
	W			★★★ Truth or Dare (Hor, '18)		★★ Fantastic Beasts: The Crimes of Grindelwald (Adv, '18)				★★★ Les Misérables (Mus, '12) *Russell Crowe, Hugh Jackman.*					
	Th			★★ How to Lose a Guy in 10 Days (Com, '03)				★★★★ Crazy, Stupid, Love. (Com/Dra, '11) *Steve Carell.*				★★★ The Zookeeper's Wife (Bio, '17) *Jessica Chastain.*			
	F			Movie	The Making of / ★★ Pearl Harbor (War, '01) *Kate Beckinsale, Ben Affleck.*							★★★ The Day After Tomorrow (Act, '04) *Dennis Quaid.*			
HBO2		612	503	(W) Movie	Movie	(F) Movie	(Tu) Movie	(W) Movie	Movie	Movie	(W) Movie		Movies	(Tu) Movie	(W) Movie
LIFE		448	226	Various	(Tu-Th) Queens	Various	(Tu-Th) Queens	Various	(Tu-Th) Queens	Various	(Tu-Th) Queens	Various	(Tu-Th) Queens	Various	(Tu-Th) Queens
MAX	M	622	515	★★★ Tag (Com, '18)		★★ Night School (Com, '18) *Tiffany Haddish, Kevin Hart.*				★★★ Tully (Com, '18) *Charlize Theron.*			★★ Robin Hood (Act, '18) *Taron Egerton.*		
	Tu			★★★ After Hours (Com, '85)		★★ The Crow: City of Angels (Sci-Fi, '96)			★★★ First Man (Bio, '18) *Claire Foy, Ryan Gosling.*					★★ Down a Dark Hall	
	W			★★ The Pallbearer		★★ The Crow (Act, '94) *Brandon Lee.*			★★★★ The Flight of the Phoenix (Adv, '66) *James Stewart.*				★ Date Movie (Com, '06) *Alyson Hannigan.*		
	Th			Movie	★ Cost of a Soul (Cri, '10) *Will Blagrove, Chris Kerson.*				★★★ Knock Knock (Hor, '15) *Keanu Reeves.*			★★ Final Destination 5 (Hor, '11)			Movie
	F			★★ The Meg (Act, '18) *Ruby Rose, Jason Statham.*				★★ Daylight (Act, '96) *Amy Brenneman, Sylvester Stallone.*				★★★ War Dogs (Com, '16) *Miles Teller, Jonah Hill.*			
MSNBC		107	175	MSNBC Live		MSNBC Live With Katy Tur		MSNBC Live With Ali Velshi		Deadline/(Tu) Decision 2020		MTP Daily		The Beat With Ari Melber	
NATGEO		347	130	Various		Various		Various		Various		Various		Various	
NGN		677	-	Okazu	(M) Video/Scarlet/News	Various			Various	SamaNo	Various	JapaNews 24	Various	Toritets/Okazu	Okazu/Tetsuro
NICK		446	100	PAW Patrol	PAW Patrol	Blue's Clues	PAW/ Blue's C	PAW Patrol	RyanPly/ PAW	Machines	PAW Patrol	PAW Patrol	PAW Patrol	Various	SpongeBob
OC16	M	16	-	Champ Show	Joy Crafting	Cookin' Cutty	Fishing Adv.	Pilates	Outside HI	Painting	Joy Crafting	Cook Haw'n	Skin Diver	Pakele Live	The Pet Hui
	Tu			Champ Show	Island Driver	Ocean	The Pet Hui	Pilates	Outside HI	FashionSense	Joy Crafting	Cook Haw'n	Every Hawaii	Flhi Girlz	Sports
	W			Champ Show	Japan	Every Hawaii	Flhi Girlz	Pilates	Outside HI	Painting	Joy Crafting	Cook Haw'n	Board Stories	Gameday Hawaii/Volleyball	
	Th			Champ Show	Cook Haw'n	Hawaii Goes Fishing		Pilates	Outside HI	FashionSense	Joy Crafting	Cook Haw'n	Da Braddahs	Cookin' Cutty	Pilates
	F			Champ Show	Sports	Skin Diver	FashionSense	Pilates	Outside HI	Painting	Joy Crafting	Cook Haw'n	Island Driver	Hawaii Goes Fishing	
OCSPT	M	12	89	Basketball CSUN/Haw.		Football Classics San Diego State vs. Hawaii NCAA						Volleyball UC Irvine vs. Hawaii NCAA			Basket.
	Tu			Volleyball	Basketball UC Davis at Hawaii NCAA Honolulu, Hawaii					Volleyball Grand Canyon University vs. Hawaii NCAA				Basketball UC I./Haw.	
	W			Basketball C. Poly/Haw.		Football Classics Hawaii vs. New Mexico NCAA							Volleyball Harvard vs. Hawaii NCAA		
	Th			Baseball Towson at Hawaii NCAA Honolulu, Hawaii				Post-game	Basketball Classics Maine vs. Hawaii NCAA				Game On!	Baseball Tow./Haw.	
	F			Basketball Classics Samford vs. Hawaii NCAA				Volleyball Charleston vs Hawaii			Basketball Classics 2019 Exhibition Game				Football
OLELO53	M	53	53	Off Air		Sports Programming				Kempo	Judo Assoc.	Sports Programming			
	Tu			Deutsche Welle		Arts Programming								Art Easy	Star Tracks
	W			Deutsche Welle		Community Programming							Vietnam TV Hawaii		Mindful
	Th			Deutsche Welle		Cultural/ Ethnic Programming						HI Memories	Beauties and Festivities		Cultural
	F			Deutsche Welle		Pacific Islander Programming						Faafiafiaga Suifefiloi		Maimoaga I Samoa	
OLELO54		54	54	Democracy Now!		Various	Social/ Mental	Inside Honolulu Hale		(F) Social/ Political Programming					
OLELO55		55	55	(M) Wisdom of Buddhism		Inspirational Programming			(M) Jesus Cares Ministries		(M) Tap In	(W) Nazkine	(M W) Insp.	Baptist/ Islam	KumuOla
OWN*		343	242	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXY		558	229	Various		Various		Various		Various		Various		Various	
PARMT		559	141	Bar Rescue/ Bar Res.		(M-W) Bar Res./(Th F) Bar Res.		(M-W) Bar Res./(Th F) Bar Res.		(M-W) Bar Res./(Th F) Bar Res.		Various	Mom/ Mom	Various	Mom/ 2½ Men
SHOW*	M	633	451	★★ Against the Ropes		★★★★ A Perfect World (Dra, '93) *Clint Eastwood, Kevin Costner.*					★ Abducted (Thril, '20) *Jenna Kanell.*			★★★ Faster (Act, '10)	
	Tu			Movie	★★ Mad Max (Sci-Fi, '79) *Mel Gibson.*			★★★ Den of Thieves (Act, '18) *Gerard Butler.*				★★★★ 12 Monkeys (Sci-Fi, '95) *Bruce Willis.*			
	W			★★ The Best of Enemies (Dra, '19)			★★ Last Action Hero (Com, '93) *Arnold Schwarzenegger.*				★★ Rust Creek (Dra, '19) *Hermione Corfield.*			Movie
	Th			★★★ Sense and Sensibility (Rom, '95)			★★★ Bridget Jones's Diary (Com, '01) *Renée Zellweger.*				★★ I Feel Pretty (Com, '18) *Rory Scovel, Amy Schumer.*			★★ Poms
	F			★★ Paycheck (Sci-Fi, '03)		★ Unlocked (Act, '17) *Orlando Bloom, Noomi Rapace.*				★★ Mad Max (Sci-Fi, '79) *Mel Gibson.*			★★ El Chicano (Dra, '18) *Raul Castillo.*		
SYFY	M	557	144	★★ Jeepers Creepers 3 (Hor, '17) *Jonathan Breck.*				★★ Precious Cargo (Act, '16) *Mark-Paul Gosselaar.*				★★★ Arrival (Dra, '16) *Jeremy Renner, Amy Adams.*			
	Tu			NCIS: LA	NCIS: Los Angeles		★★ Empire State (Act, '13) *Liam Hemsworth.*				★★ Tremors 6: A Cold Day in Hell (Hor, '18) *Jamie Kennedy.*			Movie	
	W			Movie	★★ Extraction (Thril, '15) *Bruce Willis.*			★★ Need for Speed (Act, '14) *Imogen Poots, Aaron Paul.*						★★ G.I. Joe: The Rise of C...	
	Th			CSI: Crime	CSI: Crime Scene		CSI: Crime Scene		★★ Point Break (Act, '15) *Edgar Ramírez, Luke Bracey.*				★★ Lara Croft Tomb Raider: The Cradle of ...		
	F			Wynonna	★★★ Fright Night (Com, '11) *Colin Farrell, Anton Yelchin.*				★★ Kill Switch (Sci-Fi, '17) *Berenice Marlohe, Dan Stevens.*				★★★ X-Men: First Class (Act, '11)		
TBS		551	121	Friends	Various	(M-W) Friends	(M-W) Friends	(M-W) Friends	(M-W) Friends	Various	Am.Dad	Am.Dad	Am.Dad	BobBrg	BobBrg
TCM	M	602	157	Cruise/ Zaca	★★★ Mutiny on the Bounty (Adv, '62) *Trevor Howard, Marlon Brando.*							★★ The Master of Ballantrae (Adv, '53)			Movie
	Tu			★★ Girl With Green Eyes		★★★★ Odd Man Out (Cri, '47) *Robert Newton, James Mason.*					★ The Rising of the Moon (Com/Dra, '57)			★★★ Young Cassidy	
	W			★★ The Body Disappears (Com, '41)			★★★ The Great Garrick (Com, '37)			★ Smarty (Dra, '34)		★ Wide Open ('Com) *Edward Everett Horton.*		Movie
	Th			Movie	★★ Homecoming (Dra, '48) *Clark Gable, Anne Baxter.*				★★ Battle Circus (Dra, '53) *June Allyson, Humphrey Bogart.*				★★ Purple Hearts (Rom, '84) *David Harris.*	
	F			★★ Badlands (Dra, '73)		★★ The Honeymoon Killers (True, '69) *Shirley Stoler.*				★★★ Breathless (Cri, '59)			★★★ The Getaway (Cri, '72) *Steve McQueen.*		
TLC*		331	132	Not-Wear/ SisterW./ My Big		Coupon/ Cheap	Coupon/ Cheap	Coupon/ Cheap	Coupon/ Cheap	Various	(W) Pregnant	Various	(W) Pregnant	Untold Stories of the ER	
TMC	M	644	467	★★★ Scrooged (Fant, '88) *Bill Murray.*			★★ The Perfect Score (Com, '04)			★★ Peep World (Com/Dra, '10) *Lewis Black.*			★★ Phil (Com/Dra, '19) *Greg Kinnear.*		
	Tu			★★★★ My Father the Hero (Com, '94)			★ Obsession (Thril, '19) *Mekhi Phifer.*			★★★ Blue Streak (Com, '99) *Luke Wilson, Martin Lawrence.*				★★ The Professor (Dra, '18)
	W			★★ Accommodations (Com, '19) *Kat Foster.*			★★★★ Spotlight (Bio, '15) *Michael Keaton, Mark Ruffalo.*				★★ Double Team (Act, '97) *Jean-Claude Van Damme.*			Movie	
	Th			★★ Phil (Com/Dra, '19)			★★ At Eternity's Gate (Bio, '18) *Rupert Friend, Willem Dafoe.*			★★ Days of Thunder (Spt, '90) *Nicole Kidman, Tom Cruise.*				★★★ Demolition Man	
	F			★★★ Little Women (Rom, '94) *Winona Ryder.*				★ Sharon 1.2.3. (Com, '18) *Gina Rodriguez.*			★ My Best Friend's Christmas			★★★ The Horse Whisperer	
TNT		553	125	(M-W) Super./ (Th F) Pre-game		(M-W) Supernatural		Super.	(Th F) Basket.	Super./ Soccer/ Soccer		(M) Supernatural		Movie/ Post	Super./ Basket.
TOON		440	103	Craig Creek	Craig Creek	TeenTitanGo!	TeenTitanGo!	Victor	Victor	Gumball	Gumball	Gumball	Gumball	DramaRama	DramaRama
TRAVEL*	M	325	139	Haunted Towns		Haunted Towns		Haunted Towns		Haunted Towns		Haunted Towns		Haunting in the Heartland	
	Tu			Paranormal Survivor		Paranormal Survivor		Paranormal Survivor		Paranormal Survivor		Paranormal Survivor		Ghost Adventures	
	W			Unexplained: Caught		Unexplained: Caught		Paranormal		Paranormal		Paranormal		Paranormal	
	Th			Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures	
	F			Paranormal Emergency		Paranormal Emergency		Paranormal Emergency		Paranormal Emergency		Paranormal Emergency		The Holzer Files	
TVLAND		441	127	A. Griffith	A. Griffith	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke	
USA*		555	123	Austin	Austin	Austin/ NCIS	Austin/ NCIS	Various	Austin	Chicago/ SVU	(F) Chicago	Chicago/ SVU	(F) Chicago	Chicago/ SVU	(F) Chicago
WE		451	230	CSI/ Law:CI/ Lockup		CSI/ Law:CI/ Lockup		CSI/ Law:CI/ Lockup		CSI/ Law:CI/ Lockup		CSI/ Law:CI/ Lockup		Various	

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News | Movies | Sports

03/16 to 03/20		D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
(2) KHON		3	3	Family Feud	Family Feud	The Mel Robbins Show		Dr. Phil		News	Inside Edition	News	KHON2 News	KHON2 News	Wheel
(4) KITV		4	4	General Hospital		FunnyAsk	FunnyAsk	The Dr. Oz Show		The Ellen DeGeneres Show		KITV News 5	News	KITV Island News	
(9) KHII		5	5	The People's Court		Dateline		The Doctors		Living 808		Family Feud	Family Feud	Mom	The Big Bang
(5) KGMB		7	7	(M-W) Y & R/(Th F) Basketb.		(M-W) The Talk		(M-W) Clarkson	(Th F) Basket.	(M-W) Jeop.	(M-W) Jeop.	(M-W) News	(M-W) News	Hawaii News	Ent. Tonight
(11) KHET		10	11	Various	Various	Various	Various	Wild Kratts	Nature Cat	Arthur	Odd Squad	Various	Various	World News	News
(13) KHNL		8	8	Days of Our Lives		Judge Judy	Judge Judy	Hot Bench	Hot Bench	Judge Judy	Judge Judy	News	Hawaii News	NBC News	Modern Fam
(14) KWHE		11	14	Outdoor	Celeb Page	Various	Various	Various	Various	Various	Various	AmericaCourt	AmericaCourt	A. Griffith	A. Griffith
(20) KIKU		9	20	Various		Paid Program	Paid Program	Paid Program	Paid Program	All of Me		Balitang	TV Patrol		Kuru Kuru
KFVE		22	13	This Minute	Paid Program	America Says	Paid Program	25 Words or	25 Words or	Last Man St.	Last Man St.	Tamron Hall		Hawaii News	Hawaii News
(26) KAAH*		26	26	JohnGray	Potter Touch	Praise/ T.Point	(W) G. Gospel	Various	Various	Various	Various	Praise/ Furtick	(W) HeHealed	J.Prince/ Faith	Various
(32) KBFD		2	6	Various		(Tu W) Dr. Romantic/(Th F) TBA			Various	KBFD News	Paid Program	Paid Program	Paid Program	Paid/ Religious	Various
(44) KWBN			44	Various	John Hagee	Gospel Truth	Table Talk	Marcus and Joni Lamb		Various	Various	Various	K. Copeland	Life Today	Enjoying Life
(46) KHLU		35	-	Me Declare Culpable		Como dice el dicho		El gordo y la flaca		Primer impacto		Noticiero	Noticiero	La rosa de Guadalupe	
(66) KPXO	M	27	27	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	Tu			Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	W			Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
	Th			Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
	F			NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles	
A&E		547	129	Various	(F) Live PD	Various	LivePD	Various	LivePD	Various	LivePD	Various	LivePD	Various	
AHC*		345	137	Various		Various		Various		Various		Various		Various	
AMC		600	159	(M) Movie		Movie	(Tu) Movie	(F) Movie	(M) Movie			Movies		(M) Better Call Saul	
ANPL	M	329	107	A. Bush People: Grit		A. Bush People: Grit		A. Bush People: Grit		Alaska: Frozen Edge		Alaska: Frozen Edge		Alaska: Frozen Edge	
	Tu			To Be Announced		To Be Announced		To Be Announced		The Wild	The Wild	Brave/Wild	Coyote Peterson: Brave the Wild		
	W			To Be Announced		To Be Announced		To Be Announced		To Be Announced		To Be Announced		To Be Announced	
	Th			Northwest Law		Northwest Law		Yukon Men		Yukon Men		Yukon Men: On the Edge			
	F			To Be Announced		To Be Announced		To Be Announced		To Be Announced		Tanked: Sea-lebrity Edition			
BRAVO	M	560	237	Below Deck: Mediterranean		Below Deck: Mediterranean		Below Deck: Mediterranean		Below Deck: Sailing Yacht		Below Deck: Sailing Yacht		Below Deck: Sailing Yacht	
	Tu			Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules	
	W			Housewives NJ cont'd next		Housewives NJ Pt. 3 of 3		Housewives NJ cont'd next		Housewives NJ cont'd next		Housewives NJ Pt. 3 of 3		Summer House	
	Th			Top Chef	Top Chef		Top Chef		Top Chef		Top Chef		Top Chef		
	F			Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset		Shahs of Sunset	
CNBC		116	176	Greed/ Shark T./ Boss		Greed/ Shark T./ Boss		Greed/ Shark T./ Boss		Various		Various		Various	
CNN		113	172	OutFront	AMCh2020	Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight		A.Cooper/(Tu) AMCh2020	
COMEDY		545	142	SouthPk	SouthPk	Office	(M Tu Th) Office/(W F) SouthPk		Office	Office	Office	Various	Various	Various	Various
CSPAN		45	61	Public Affairs Events				Politics & Public Policy Today						Politics & Public	
CW		93	2	In Providence	In Providence	Prot. Court	Prot. Court	The Jerry Springer Show		Maury		Dr. Phil		Access H.	Two 1/2 Men
DISC	M	333	131	Fast N' Loud 1/2 cont'd next		Fast N' Loud Pt. 2 of 2		Street Outlaws Pt. 2 of 2		Street Outlaws: Full Pt. 2 of 2		Street Outlaws			
	Tu			Moonshiners		Moonshiners		Moonshiners		Moonshiners		Moonshiners: Outlaw Cuts		Moonshiners (SF)	
	W			Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown			
	Th			Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue	
	F			Mysteries of the Abandoned		GoldRushTurinMine		GoldRushTurinMine		Gold Rush: Parker's Trail		Gold Rush			
DISNEY*		444	98	T.O.T.S.	Various	Mickey/Bunk'd	Bunk'd	BigCityGreen	BigCity	BigCity	BigCity	Gabby Duran	Movie	Jessie	Raven's Home
E!*		549	24	TheRoom	Kardash	Kardash	Kardash	Kardash	Kardash	Various	Kardash	Movie/ Chrisley	Movie	Chrisley	(M) Chrisley
ESPN		222	70	Various	(W) Basketb.	(M) Basketball/(F) Wrestling		(Tu) Basketball		(W) Basketb.	Basket./ SprtC	(Tu F) SportsCenter		SC/ SprtC	(W) SC
ESPN2		224	74	SprtC/ Basket.	(F) Basketball	(M) Tournament Challenge		Basket./ Tennis	(F) Basketball	Division I Tournament		SprtC/ Basket.	(F) Basketball	(M W) SportC	(W) Basketb.
FILI		688	320	Make It You	SoldierHeart	Various	TV Patrol: Global Edition		Balitang	FPJ Ang Probinsyano		Make It You	LoveThyWnm	A Soldier's Heart	
FNC		109	178	The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night		Tucker Carlson Tonight	
FOOD	M	321	231	Diners, Drive-Ins and Dives		Diners, Drive-Ins and Dives		Diners, Drive-Ins and Dives		Diners, Drive-Ins and Dives		Spring Baking Champ		Spring Baking Champ	
	Tu			Chopped		Chopped		Chopped		Chopped		Chopped		Chopped	
	W			Guy's Grocery Games		Guy's Game Pt. 2 of 4		Guy's Game Pt. 1 of 4		Guy's Game Pt. 3 of 4		Guy's Game Pt. 4 of 4		Guy's Grocery Games	
	Th			The Great Food Truck Race		The Great Food Truck Race		The Great Food Truck Race		The Great Food Truck Race		The Great Food Truck Race		Great FoodTruck Race (SP)	
	F			Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE*		538	122	Movie/ Middle	Movie	Movie	(M F) Middle	(M F) Middle	(M F) Middle	Movie	(M Th F) Simp.	Movie	(M Th F) Simp.	Various	Movie
FSW	M	226	-	Post-game	Spotlight	Red Bull Signature U.S. Open		Cliff Diving Wales		Baseball Spring Training Los Angeles Angels vs. San Diego Padres MLB Peoria, Ariz.					
	Tu			Post-game	Tennis Classics 2019 Champions Cup Champions				Red Bull H/L	Pregame	Hockey Montréal Canadiens at Los Angeles Kings NHL Los Angeles, Calif.				
	W			Post-game	Snow Motion	Ice Cross Edmonton, Alta.		Ducks Weekly	Pregame	Hockey Boston Bruins at Anaheim Ducks NHL Anaheim, Calif.					Post-game
	Th			Post-game	Red Bull H/L	Crankworx	Ice Cross Edmonton, Alta.		Kings Weekly	Pregame	Hockey Boston Bruins at Los Angeles Kings NHL Los Angeles, Calif.				
	F			Spotlight	Arenacross AMA Reno, Nev.		Ice Cross Edmonton, Alta.		Pregame	Hockey Vancouver Canucks at Anaheim Ducks NHL Anaheim, Calif.					Post-game
FSWPT		228	-	Various	(M) ClipWeek	Various	(W) Pre-game	(W) Basketball		Various	(M) Basketb./(F) Basketb.	(W) Postgame	(W) ClipWeek	(W) Basketb.	
FX		554	124	(Tu) Movie / (F) Movie		Movie	(Th) Movie	(Tu) Movie		(W) Movie / (F) Movie		(M) Movie/(Tu) Movie		(W) Movie	
GOLF		216	86	Various	Various	(M-W) Feherty		Various	(Th F) Golf	(M W) Feherty		(M Tu) Golf C./(W) Feherty		(M W) Feherty/(Tu) GolfFil.	
HALL		452	128	Movies				Movies				Movies			
HGTV	M	323	232	Home Town		HomeTownLittleSecret		Home Town		Home Town		Home Town		Home Town	
	Tu			Love It or List It		Love It or List It		Unsell.House	Unsell.House	One of a Kind		Love It or List It		Unsell.House	Unsell.House
	W			Buying and Selling		Property Brothers		Property Brothers: F		100 Day Dream Home		House Hunter	House Huntrs	Property Brothers: F	
	Th			Good Bones		Flip or Flop	Flip or Flop	Flipping 101	Flipping 101	Crowded House Hunt		House Hunter	House Huntrs	Flipping 101	Flipping 101
	F			Fixer Upper		Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home
HISTORY	M	327	133	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers	
	Tu			In Search of Aliens		In Search of Aliens		The Curse of Oak Island		The Curse of Oak Island		Curse of Oak Island		The Curse of Oak Island	
	W			Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire	
	Th			Pawn Stars		Swmp SerpentInvasion		Swamp People		Swamp People		Swamp People		Swamp People	
	F			Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens: Declassified			

D – Spectrum Digital HT – Hawaiian Telcom *Programming on HT may not match the times listed

News Movies Sports

03/16 to 03/20		D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
HBO	M	611	502	AXIOS	Last Week Tonight		Westworld		★★★ Godzilla: King of the Monsters (Sci-Fi, '19) *Kyle Chandler.*					The Plot Against America (P)	
	Tu			Curb Your Enthusiasm		Real Time With Bill Maher		★★ Mr. and Mrs. Smith (Act, '05) *Angelina Jolie, Brad Pitt.*				Westworld		★★★ John Wick: Chapter ...	
	W			Women of Troy		★★★ Yesterday (Com, '19) *Lily James, Himesh Patel.*				The Plot Against America		★★★ Fight Club (Psy, '99) *Edward Norton, Brad Pitt.*			
	Th			★★★ The Adjustment Bureau (Rom, '11) *Matt Damon.*				Avenue 5		★★ Fast & Furious Presents: Hobbs & Shaw (Act, '19) *Dwayne Johnson.*				★ After Truth: Disinformati...	
	F			The Plot Against America		★★ Hunter Killer (Act, '18) *Gary Oldman, Gerard Butler.*				Westworld				★★ Along Came Polly (Com, '04) *Ben Stiller.*	
HBO2		612	503	(F) Movie	Movie	(W) Real Sports / (Th) Movie		Movies		(M) Shop		(M) Curb	(M) WWorld	Brillint/ WWorld/ Plot Ag.		Various	Various
LIFE		448	226	Various	(Tu-Th) Queens	Various	(Tu-Th) Queens	Various		(W Th) Queens		Various	Married	Various	(Th) Queens	Queens	(Th) Queens
MAX	M	622	515	Movie	Strike Back		Strike Back	Strike Back		Strike Back				Strike Back	★★★ War Dogs (Com, '16) *Jonah Hill.*		
	Tu			Movie	★★ The Ruins (Hor, '08) *Jena Malone.*			★★★ Stay (Thril, '05) *Ryan Gosling, Ewan McGregor.*						★★ Halloween (Hor, '18) *Jamie Lee Curtis.*			Movie
	W			★★ Made (Com, '01) *Jon Favreau.*			★★★ Bad Times at the El Royale (Myst, '18) *Cynthia Erivo, Jeff Bridges.*							★★ Congo (Adv, '95) *Tim Curry.*			Movie
	Th			★★ The Operative (Thril, '19) *Diane Kruger.*			★★ Keeping the Faith (Com/Dra, '00) *Edward Norton, Ben Stiller.*							★★ The Whole Ten Yards (Com, '04)			Movie
	F			★★ Night School (Com, '18) *Tiffany Haddish, Kevin Hart.*				★★ Halloween (Hor, '18) *Jamie Lee Curtis.*			★★★ Widows (Cri, '18)						
MSNBC		107	175	Decision 2020		All in With Chris Hayes		The Rachel Maddow Show		The Last Word			The 11th Hour			The Rachel Maddow Show	
NATGEO		347	130	Various		Various		Various		Various			Various			Various	
NGN		677	-	Various	Brain Trainer	Various	Toritets	PONPON/Erin	Erin/Utagoe	Various	Various		Scarlet	PONPONJUMP!/News			Brain/News
NICK		446	100	SpongeBob	Sponge/ Pony	LoudH.	LoudH.	Casa./ Sponge	Various	Sponge	Subs./ Sponge		Henry Danger			Various	Friends/ Subs.
OC16	M	16	-	Board Stories	Outside HI	FashionSense	Tiny TV	Showcase	Champ Show	Japan	Painting		Pilates	Flhi Girlz		Sports	Ocean
	Tu			Da Braddahs	Cook Haw'n	Cookin' Cutty	Tiny TV	Showcase	Champ Show	Fishing Adv.	OC/Gameday		Volleyball H.S.				OC Shorts
	W			Game	Volleyball H.S.			Post-game	Champ Show	The Pet Hui	FashionSense		Cookin' Cutty	Painting		Sports	Ocean
	Th			Japan	Flhi Girlz	Island Driver	Tiny TV	Showcase	Champ Show	Sports	Joy Crafting		Outside HI	Every Hawaii		Sports	Ocean
	F			Fishing Adv.	Sports Peopl	Japan	Tiny TV	Showcase	Champ Show	Skin Diver	Cook Haw'n		Pakele Live	Da Braddahs		Sports	Ocean
OCSPT	M	12	89	Basketball L.B./Haw.		Water Polo Marist vs. Hawaii NCAA			Basketball Cal State - Northridge at Hawaii NCAA					Football Classic Ore. St./Haw.			
	Tu			Basket.	Water Polo Loyola M. vs Hawaii			Tennis Washington vs. Hawaii NCAA					Football Classics Central Arkansas vs. Hawaii NCAA				
	W			Basketball Cal State - Fullerton vs. Hawaii NCAA				Football Classics San Diego State vs. Hawaii NCAA								Game On!	Baseball
	Th			Baseball Towson at Hawaii NCAA			Post-game	Football Classics Hawaii vs. UNLV NCAA								Water Polo USC/Haw.	
	F			Football Classics San Jose State vs. Hawaii NCAA					Water Polo Marist vs. Hawaii NCAA				Water Polo USC/Haw.			Basket. Cl. Haw.P./Haw.	
OLELO53	M	53	53	Sports Programming												Arts Programming	
	Tu			ArtsProgram.	Artists	Arts Programming								Leon & Malia	Spirit Aloha	Community Programming	
	W			Community Programming		Short Take Block			Oahu Speaks	VN- TV	Democracy			Community	Holomua 792	Educational	Island Focus
	Th			Cultural/ Ethnic Programming										Hawaii Okinawa Today		Maimoaga I Samoa	
	F			Motu O Fiafiaga		Samoa Mo Samoa		Pacific Islander Programming								Native Hawaii Programming	
OLELO54		54	54	Social/ Political Programming										(F) Conserve	News	Social/(Tu) Vegetarian	
OLELO55		55	55	Inspirational Programming		(Tu) Reunion Church		Awaken/ Grace	Various	Various	(M) Waianae		Various	Various		Various	Ekalesia/ Insp.
OWN*		343	242	Dateline/ Dr. Phil/ 20/20OWN		Dateline/ Dr. Phil/ 20/20OWN		Dateline/ Dr. Phil/ 20/20OWN		Dateline/ Dr. Phil/ 20/20OWN			Dateline/ Cherish/ 20/20OWN			Various	
OXY		558	229	Various		Various		Various		Various			Various			Various	
PARMT		559	141	Cops/ 2½ Men	Various	Cops/2½ Men	Cops/2½ Men	Various	Various	Cops/ 2½ Men	Various		(M) Cops	Movie		Cops	(M) Cops
SHOW*	M	633	451	★★★ Faster	★ Unlocked (Act, '17) *Orlando Bloom, Noomi Rapace.*				The Circus	Homeland			Black Monday	Black Monday		Homeland	
	Tu			Movie	★★ Captive State (Dra, '19) *John Goodman.*				Cartoon	Homeland			★★★★ Green Book (Bio, '18) *Viggo Mortensen.*				
	W			★★★ Boyz 'N the Hood (Dra, '91)			★★ The Best of Enemies (Dra, '19) *Sam Rockwell, Taraji P. Henson.*						★★★ Serpico (Dra, '73) *Tony Roberts, Al Pacino.*				
	Th			★★ Poms (Com, '19)		★★ Before You Know It (Com/Dra, '19)			Homeland		★★★ The Upside (Com, '17) *Kevin Hart, Bryan Cranston.*						
	F			Movie	★★★ Faster (Act, '10) *Dwayne Johnson.*			★ Stone (Dra, '10) *Milla Jovovich, Edward Norton.*					Black Monday	Black Monday		The Trade	
SYFY	M	557	144	★★★ Arrival	★★★ Empire State (Act, '13) *Liam Hemsworth.*				★★ The Hitman's Bodyguard (Act, '17) *Samuel L. Jackson, Ryan Reynolds.*							★★★ Zombieland (Act, '09)	
	Tu			★★ Extraction (Thril, '15) *Bruce Willis.*			★★ G.I. Joe: The Rise of Cobra (Act, '09) *Adewale Akinnuoye-Agbaje.*							★ Leprechaun's Revenge (Hor, '12) *William Devane, Billy Zane.*			
	W			★★ G.I. Joe: The Rise of Cobra (Act, '09)			★★ Lara Croft Tomb Raider: The Cradle of Life (Adv, '03) *Angelina Jolie.*							★★ Lara Croft: Tomb Raider (Adv, '01) *Angelina Jolie.*			
	Th			★★ Lara Croft Tomb Raider: The Cradle of ...			★★ Lara Croft: Tomb Raider (Adv, '01) *Angelina Jolie.*				★★★ Mad Max: Fury Road (Act, '15) *Charlize Theron, Tom Hardy.*						
	F			★★★ X-Men: First Class (Act, '11)			★★★ Edge of Tomorrow (Sci-Fi, '14) *Emily Blunt, Tom Cruise.*						★★★★ John Wick (Act, '14) *Adrianne Palicki, Keanu Reeves.*				
TBS		551	121	Various	BobBrg	BobBrg	Fam.Guy	(Tu W) Fam.Guy	(M-W) Fam.Guy	Fam.Guy	Fam.Guy		Fam.Guy	Fam.Guy	Fam.Guy	Fam.Guy	Various
TCM	M	602	157	★★★ China Seas (Adv, '35)		★★★★ Captain Blood (Rom, '35) *Errol Flynn.*				★★★★ The Sea Hawk (War, '40) *Brenda Marshall, Errol Flynn.*							Movie
	Tu			★★★ Young Cassidy		★★★★ The Quiet Man (Rom, '52) *Maureen O'Hara, John Wayne.*					★★★ Finian's Rainbow (Fant, '68) *Petula Clark, Fred Astaire.*						
	W			★★ Lonely Wives (Com, '32)		★ Shut My Big Mouth (West, '42) *Joe Browne.*			★★★ Earthworm Tractors (Com, '36)					★ The Daring Young Man *Joe E. Brown.*			Movie
	Th			Movie	MGM Parade	★★★ My Darling Clementine (West, '46) *Henry Fonda.*				★★ Wichita (West, '55) *Joel McCrea.*				★★★ Winchester '73 (West, '50)			
	F			★★★ The Getaway (Cri, '72)		★★★ A Big Hand for the Little Lady (Com, '66)				★★ Frankie and Johnny (Mus, '66)				★★★ Any Number Can Play (Dra, '49)			
TLC*		331	132	Untold Stories of the ER		My 600-lb Life		(M Th) My 600-lb Life		Hoarding/(W) My 600-lb Life			SayYes	(MTuF) Say Yes		Various	(Tu) Say Yes
TMC	M	644	467	★★ Black '47 (Act, '18) *James Frecheville, Hugo Weaving.*				★★ At Eternity's Gate (Bio, '18) *Rupert Friend, Willem Dafoe.*					★★★ Little Women (Rom, '94) *Winona Ryder.*				
	Tu			Movie	★★ The Company Men (Dra, '10)			★★ Shaft (Act, '00) *Vanessa L. Williams, Samuel L. Jackson.*					★★ The Bank Job (Dra, '08) *Jason Statham.*				
	W			★★ The Babadook (Hor, '14)		★ Dead Water (Thril, '19) *Casper Van Dien.*			★ The Wrong Todd (Com, '18) *Jesse Rosen.*					★★★ A Perfect World (Dra, '93) *Kevin Costner.*			
	Th			★★★ Demolition Man		★★ Nighthawks (Dra, '19)			★ Candy Corn (Thril, '19) *Tony Todd.*					★★ Days of Thunder (Spt, '90) *Nicole Kidman, Tom Cruise.*			
	F			★★★ The Horse Whisperer (Dra, '98) *Robert Redford.*				★★★ Little Women (Rom, '94) *Winona Ryder.*					★★ The Babysitter's Club (Com, '95)				Movie
TNT		553	125	Supernatural	(Tu W) Supernatural		Movie/ Super.	(Th F) Basket.	Movie	(W) HotOnsGS	Movie		(W) All Elite	(Th F) LastO.G.		Movie/ LastO.G.	Movie
TOON		440	103	TeenTitanGo!	Titans!/Titans!	Various	Craig/Craig	Various	Titans!/ Titans!	Various	Various		HomeM.	Various		Am.Dad	Rick & Morty
TRAVEL*	M	325	139	Haunting in the Heartland		Haunting in the Heartland		Paranormal		Paranormal			Beyond the Unknown				
	Tu			Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures			Ghost Adventures				
	W			Paranormal		Paranormal		Paranormal		Paranormal			Paranormal			Paranormal	
	Th			Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures			Ghost Adventures			Ghost Adventures	
	F			The Holzer Files		The Holzer Files		The Holzer Files		The Holzer Files			The Holzer Files			Kindred Spirits	
TVLAND		441	127	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith		Loves Ray	Loves Ray		Loves Ray	Loves Ray
USA*		555	123	Chicago/ SVU	(F) Chicago	Chicago/ SVU	(F) SVU	Chicago/ SVU	(F) SVU	Chicago/ SVU	(F) SVU		Chicago/ SVU	(F) SVU		Various	Modern/ SVU
WE		451	230	Various		Various		Various		Various			Various			Various	

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News | Movies | Sports

03/16	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
② KHON	3	3	**9-1-1** "Seize the Day" (N) ▢		**Prodigal** "The Job" (N) ▢		**News** (N) ▢	**News** (N) ▢	**News** (N) ▢	**BigBang** ▢	**Mom** ▢	**2½ Men** ▢	**Showdown** ▢	**Pawn Star** ▢	2	2
④ KITV	4	4	**American Idol** "Hollywood Week - Genre Challenge" (N) ▢				**Good Doctor** "Fractured" ▢		**News** (N) ▢	**Jimmy Kimmel Live** ▢		**Nightline** ▢	**KITV News** ▢	**PI Court** ▢	4	4
⑨ KHII	5	5	**News** (N) ▢	**KHON2** (N) ▢	**Law&Order: SVU** "Care" ▢		**Law&O: SVU** "Ridicule" ▢		**Mel Robbins Show** (N) ▢		**Daily** (N) ▢	**DailyMail** ▢	**Access** (N) ▢	**Jokers** ▢	5	5
⑤ KGMB	7	7	**Nbhood** ▢	**Hearts** (N) ▢	**All Rise** (N) ▢		**Bull** (N) ▢		**News** (N) ▢	**The Late Show** ▢		**James Corden** ▢		**ET** ▢	9	9
⑪ KHET	10	11	**News** (N) ▢	**Na Mele** ▢	**Antiques Roadshow** (N) ▢		**Il Divo: Timeless - Live in Japan** ▢			**POV** ▢	**Amanpour/Company** (N) ▢		**The Woman in White** ▢		11	11
⑬ KHNL	8	8	**The Voice** "The Blind Auditions, Part 5" (N) ▢				**Manifest** (N) ▢		**News** (N) ▢	**The Tonight Show** (N) ▢		**Seth Meyers** (N) ▢		**Little Late** ▢	13	13
⑭ KWHE	11	14	**Heart.** "After the Storm" ▢		**Heart.** "Breaking Free" ▢		**H. Heaven** "Keep Smiling" ▢		**Celeb Page**	**Mantrack** ▢	**Business** ▢	**Sgt. Preston**	**Lassie** ▢	**Lassie** ▢	14	-
⑳ KIKU	9	20	**Soko Ga Japan** ▢		**Don't Forget Me** ▢		**News Express FCI** (N) ▢		**Paid** ▢	**Windward** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	20	20
KFVE	22	13	**K5 Mele** ▢		**The Kelly Clarkson Show** ▢		**News** (N) ▢	**TMZ** (N)	**Chicago P.D.** "Hit Me" ▢		**News** (N)	**Black-ish** ▢	**Black-ish** ▢	**Mike&M.** ▢		
㉖ KAAH*	26	26	**S. Furtick** ▢	**R. Morris**	**Super.** ▢	**HeHealed** ▢	**Praise** ▢		**The Song**	**TreeOfLife** ▢	**John Gray** ▢	**S. Furtick** ▢	**Enjoy-Life** ▢	**Gospel** ▢	-	-
㉜ KBFD	2	6	**World** (N)	**Dr. Romantic** (N) ▢			**News** (N) ▢ **/Want a** (N)		**Perfume** (N) ▢		**KBFD News** (N) ▢		**Off Air** ▢		-	-
㊹ KWBN		44	**Marcus and Joni Lamb** ▢		**Table Talk** ▢	**Reflection** ▢	**Super.** ▢	**Reflections** ▢		**Reflections** ▢		**J. Prince** ▢	**Marriage** ▢	**R. Parsley** ▢		
㊻ KHLU	35	-	**Ringo** ▢		**Amor eterno** ▢		**Sin Miedo a la Verdad**		**Univision** ▢	**Noticie.** ▢	**Contacto Deportivo** ▢		**Amor eterno** ▢		-	-
㊻ KPXO	27	27	**Crim. Minds** "Plain Sight" ▢		**C.Minds** "Broken Mirror" ▢		**Criminal Minds** "L.D.S.K." ▢		**Criminal Minds** "The Fox" ▢		**Law & Order: C.I.** ▢		**Law & Order: C.I.** ▢			
A&E	547	129	**Live Rescue** (N) ▢		**Live PD** ▢	**Live PD** ▢	**Live PD** ▢	**Live PD** ▢	**Live Rescue** ▢				**Live PD** ▢	**Live PD** ▢	118	265
AHC*	345	137	**Bullet Points** ▢		**Bullet Points** ▢		**Ultimate Warfare** ▢		**Bullet Points** ▢		**Ultimate Warfare** ▢		**Triggers** "The Ma Deuce" ▢		195	287
AMC	600	159	**Dispatch** "Fredwynn" (N) ▢		**Better Call Saul** ▢		**Dispatches** "Fredwynn" ▢		**Better Call Saul** "Dedicado a Max" ▢			**Dispatches** "Fredwynn" ▢		**Call Saul** ▢	131	254
ANPL	329	107	**ABP Grit** "First Snow" (N)		**A. Bush People: Grit** (N)		**Alaska** "Tangled Trouble" ▢		**Alaska: Frozen Edge** ▢		**A.B. People** "First Snow"		**A. Bush People: Grit**		184	282
BBCA	341	135	**Star Trek: DS Nine** "Dax" ▢		**DS9** "The Passenger" ▢		**DS9** "Move Along Home" ▢		**Trek: DS9** "The Nagus" ▢		**Trek: DS9** "The Vortex" ▢		**Trek: DS9** "Battle Lines" ▢		135	264
BRAVO	560	237	**Below Deck Yacht** ▢		**Watch** (N) ▢	**Below Deck Yacht** ▢		**Blind Date** ▢	**Blind Date** ▢	**Blind Date** ▢	**Blind Date** ▢	**Blind Date** ▢	**Blind Date** ▢	**Watch** ▢	129	237
CNBC	116	176	**American Greed: Scam** ▢		**Dateline** "Silent Witness" ▢		**Dateline** "Suspicion" ▢		**American Greed: Scam** ▢		**Worldwide Exchange** ▢		**Squawk Box** ▢		208	355
CNN	113	172	**Cuomo Prime Time** ▢		**CNN Tonight** ▢		**CNN Tonight** ▢		**Early Start** ▢		**Early Start** ▢		**New Day** ▢		200	202
COMEDY	545	142	**The Office** ▢	**The Office** ▢	**Daily S.** ▢	**LightOut** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**Daily Show** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	107	249
CSPAN	45	61	**Politics & Public Policy Today** ▢				**Public Affairs Events** ▢								210	350
CW	93	2	**Super.** "Galaxy Brain" (N) ▢		**Roswell, New Mexico** (N) ▢		**BigBang** ▢	**Jokers** ▢	**Dateline** ▢		**F.Files** ▢	**F.Files** ▢	**Paid** ▢	**Sheriffs:** ▢	3	395
DISC	333	131	**Outlaws** "The Aftermath" ▢		**Cars** "Malibu Twins" (N) ▢		**Street Outlaws** "The Aftermath" ▢						**Cars** "Malibu Twins" ▢		182	278
DISNEY*	444	98	**Raven** ▢	**Bunk'd** ▢	**Fam Jam** ▢	**G.Duran**	**Raven** ▢	**Rollwlt** ▢	**CoopCami** ▢	**Sydney** ▢	**Bunk'd**	**Rollwlt** ▢	**Jessie** ▢	**Jessie** ▢	173	291
E!*	549	240	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**The Room** ▢	**Nightly** (N) ▢	**Botched** ▢		114	236
ESPN	222	70	**SportsCenter** (N) ▢		**SportsCenter** (N) ▢		**SportsCenter** ▢		**NBA Basketball** Dallas vs L.A. Clippers ▢				**Golic and Wingo** (L)		140	206
ESPN2	224	74	**NowNever**	**Interrupt** ▢	**NowNever**	**NBA Basketball** Miami Heat at Milwaukee Bucks ▢				**Horn** (N) ▢	**SportsCenter** (N) ▢		**SportsCenter** ▢		144	209
FILI	688	320	**Sandugo**	**Late/Abunda**	**Legends**	**Bandila** ▢		**Balitang** ▢	**Magandang Buhay** ▢		**It's Showtime** ▢				-	-
FNC	109	178	**Hannity** ▢		**Fox News @ Night**		**Special Report** ▢		**Fox and Friends First** ▢		**Fox and Friends First** ▢		**Fox and Friends** ▢		205	360
FOOD	321	231	**Chopped: Sweets** (N) ▢		**Chopped: Sweets** ▢		**Baking** "Spring Skies" ▢		**Chopped: Sweets** ▢		**Chopped: Sweets** ▢		**Spring Baking Champ** ▢		110	231
FREE*	538	122	**"The Blind Side"** ('09, Spt) *Sandra Bullock.* ▢				**High Fid** ▢	**High Fid** ▢	**High Fidelity** (N) ▢		**The 700 Club** ▢		**"The Pacifier"** ▢		180	311
FSW	226	-	**Post-game** ▢	**Focus.** (N) ▢	**WPT Poker** ▢		**MLB Baseball** Spring Training L.A. Angels vs San Diego ▢					**Post-game** ▢	**Paid** ▢	**Paid** ▢	-	692
FSPT	228	-	**Post-game**	**Clippers Wk.**	**NBA Basketball** Dallas vs L.A. Clippers ▢				**Post-game**	**Clippers Wk.**	**AMA Arenacross** ▢		**Paid** ▢	**Paid** ▢	-	-
FX	554	124	**Breeders** ▢	**Better** ▢	**Breeders** ▢	**"Daddy's Home"** ('15, Com) *Will Ferrell.* ▢				**Breeders** ▢	**Mike&M.** ▢	**FXM** ▢	**Paid** ▢	**Paid** ▢	136	248
GOLF	216	86	**Feherty** "Scott Van Pelt" ▢		**SwingEx.**	**P. Lessons**	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Golf Highlights** (N) ▢		**Golf Central** ▢		401	218
HALL	452	128	**"All for Love"** ('17, Rom) *Sara Rue.* ▢				**G. Girls** ▢	**G. Girls** ▢	**G. Girls** ▢	**G. Girls** ▢	**G. Girls** ▢	**G. Girls** ▢	**Frasier** ▢	**Frasier** ▢	185	312
HGTV	323	232	**Home Town** ▢		**Home Town** ▢		**HomeTownLittleSecret**		**Home Town** ▢		**Home Town** ▢		**H.Hunt** ▢	**H.Hunt** ▢	112	229
HISTORY	327	133	**Pawn Stars** (N) ▢		**Pawn Stars** ▢		**American Pickers** ▢		**Pawn Stars** ▢		**Amer. Pickers** "Cruisin'" ▢		**Pawn Stars** ▢		120	269
HBO	611	502	**Brilliant Friend** (SP) (N) ▢		**Plot Against America** ▢		**My Brilliant Friend** ▢		**Westworld** ▢				**"Hunter Killer"** ('18, Act) *Gerard Butler.* ▢		303	504
HBO2	612	503	**"Red Eye"**		**"Cold Pursuit"** ('19, Act) *Liam Neeson.* ▢			**"Quantum of Solace"** ▢			**Avenue 5** ▢	**Plot Against** (SP) (N) ▢		**Brillint** (N) ▢	304	505
KBS	80	-	**News** ▢ **/Family** ▢		**News** ▢	**Screening Humanity** ▢		**Revenge** ▢	**Dogs Are Incredible** ▢			**News** ▢ **/Moorim School** ▢			-	-
LIFE	448	226	**"The Ugly Truth"** ('09, Com) *Katherine Heigl.* ▢				**"Just Wright"** ('10, Com) *Queen Latifah.* ▢				**"The Ugly Truth"** ('09, Com) *Katherine Heigl.* ▢				108	276
LMN	449	227	**"Identity Theft of a Cheerleader"** *Maiara Walsh.* ▢				**"Undercover Cheerleader"** *Kayla Wallace.* ▢				**"Identity Theft of a Cheerleader"** *Maiara Walsh.* ▢				109	253
MAX	622	515	**Movie**	**"Incarnate"** *Aaron Eckhart.* ▢			**"Shanghai Knights"** ('03, Adv) *Jackie Chan.* ▢				**"The Hurt Locker"** ('09, Thril) *Jeremy Renner.* ▢				311	516
MSNBC	107	175	**The Last Word** ▢		**The 11th Hour** ▢		**All in With Chris Hayes** ▢		**The 11th Hour** ▢		**First Look** (N) ▢		**Morning Joe** (N) ▢		209	356
NATGEO	347	130	**Drain the Oceans** (N) ▢		**Cosmos** ▢		**Cosmos** "Vavilov" ▢		**Drain** "Ancient Empires" ▢		**One Strange** "Storm" ▢		**One Strange** "Shield" ▢		186	276
NGN	677	-	**Scarlet** ▢	**Akuma no Bengoshi**		**Brain** ▢	**Sama No** ▢	**News** (N) ▢	**News** ▢	**Brain** ▢ **/Akuma no Bengo**		**Okazu** ▢	**Tetsuro Tabi**	**Enka Singers**	-	-
NICK	446	100	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢		**Friends** ▢	**Mom** ▢	**Mom** ▢	**Mom** ▢	171	300
OC16	16	-	**Cook.** (N) ▢	**Diver** (N) ▢	**Hawaii Goes Fishing** ▢		**Pet Hui** (N) ▢	**Japan** (N) ▢	**Pakele** (N) ▢	**Sports P** ▢	**Hawaii Goes Fishing** ▢		**Tiny TV** ▢	**Showcase** ▢	-	-
OCSPT	12	89	**NCAA Football Classics** Oregon State vs. Hawaii ▢				**NCAA Soccer Classics** Cal Poly vs. Hawaii ▢						**Paid** ▢	**Paid** ▢	-	-
OLELO53	53	53	**Star Tracks**	**Artists**	**Arts Programming** ▢				**Oahu Speaks**	**Short Take Block**			**Sleepless Movies Hit** ▢		-	-
OLELO54	54	54	**Social/ Political Programming** ▢								**Democracy Now!** (N) ▢		**Social Programming** ▢		-	-
OLELO55	55	55	**Inspirational Programming** ▢				**Prayer** ▢	**In the Sanctuary** ▢		**As We Gather** ▢		**Inspiration** ▢	**Classic Arts Showcase** ▢		-	-
OWN*	343	242	**Deadline**		**Dateline** "Lost in Sin City" ▢		**RealStory**		**Deadline**		**Dateline** "Lost in Sin City" ▢		**Dateline** "Bitter Pill" ▢		189	279
OXY	558	229	**NCIS** "Charade" ▢		**NCIS** "Return to Sender" ▢		**NCIS** "Homefront" ▢		**NCIS** "Dead Letter" ▢		**NCIS** "Family First" ▢		**Law & Order: C.I.** ▢		127	251
PARMT	559	141	**Cops** (N) ▢	**Cops** ▢	**Cops** ▢	**Cops** ▢	**Cops** ▢	**Cops** ▢	**Cops** ▢	**Cops** ▢	**Cops** ▢	**Cops** "Running in Traffic" ▢	**Cops** ▢		241	241
SHOW*	633	451	**The Circus** ▢	**BlackMon** ▢	**DesMero** ▢	**BlackMon** ▢	**DesMero** ▢	**Cartoon** ▢	**"The Punisher"** ('04, Act) *Thomas Jane.* ▢				**"Booty Call"** ▢		319	546
SYFY	557	144	**"Zombieland"** ▢		**"Zombieland"** ('09, Act) *Woody Harrelson.* ▢				**Futurama** ▢	**Futurama** ▢	**Futurama** ▢	**Futurama** ▢	**Futurama** ▢	**Futurama** ▢	122	244
TBS	551	121	**Amer. Dad** ▢	**Amer. Dad** ▢	**Conan** ▢	**Seinfeld** ▢	**Seinfeld** ▢	**Conan** ▢	**HotOnsGS** ▢	**HotOnsGS** ▢	**2 Broke G.** ▢	**2 Broke G.** ▢	**2 Broke G.** ▢	**Jokers** ▢	139	247
TCM	602	157	**"Mutiny on the Bounty"** *Marlon Brando.* ▢				**"The Crimson Pirate"** *Burt Lancaster.* ▢				**"The Boy and the Pirates"** ▢			**Movie**	132	256
TLC*	331	132	**Say Yes to the Dress** ▢		**90 Day Fiancé: Before the 90 Days** "Baby Be Mine" ▢				**90 Day Fiancé** ▢		**sMothered** ▢		**90 Day F** "Baby Be Mine" ▢		183	280
TMC	644	467	**"Girl, Interrupted"** ('99, Dra) *Winona Ryder.* ▢				**"Personal Velocity: Three Portraits"** ▢			**"The Spanish Prisoner"** ('97, Dra) *Steve Martin.* ▢			**"MDMA"** ▢		329	554
TNT	553	125	**Movie**	**"The Legend of Tarzan"** ('16, Act) *Alexander Skarsgård.* ▢					**Bones** ▢		**Bones** ▢		**Bones** ▢		138	245
TOON	440	103	**BobBrg** ▢	**BobBrg** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**Boond.** ▢	**Robot/Robot**	**Tim&Eric**	**FamilyGuy** ▢	**FamilyGuy** ▢	**Amer. Dad** ▢	**RickMort** ▢	**Robot/Robot**	177	297
TRAVEL*	325	139	**Beyond the Unknown** (N) ▢		**Mummy Mysteries** (N)		**Beyond the Unknown** ▢				**Beyond the Unknown** ▢		**Mummy Mysteries**		196	277
TVLAND	441	127	**2½ Men** ▢	**2½ Men** ▢	**Queens** ▢	**Queens** ▢	**Queens** ▢	**Queens** ▢	**2½ Men** ▢	**2½ Men** ▢	**Loves Ray** ▢	**Loves Ray** ▢	**Goldberg** ▢	**Goldberg** ▢	106	304
USA*	555	123	**Modern** ▢	**Modern** ▢	**WWE Raw** Site: PPG Paints Arena -- Pittsburgh, Pa. (L) ▢						**Briarpatch** (N) ▢		**Modern** ▢	**Modern** ▢	105	242
WE	451	230	**Crim. Minds** "True Night" ▢		**Crim. Minds** "Birthright" ▢		**Criminal Minds** "3rd Life" ▢		**CSI** "Nothing to Lose" ▢		**CSI** "Nothing to Lose" ▢		**CSI:Miami** "Money Plane" ▢		128	260

D – Spectrum Digital **HT – Hawaiian Telcom** **S1 – Dish** **S2 – DirecTV** ***Programming on HT may not match the times listed**

News | Movies | Sports

03/17	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	The Resident (N) ▢		Empire (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½ Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	Conners ▢	Bless (N) ▢	Mixedish ▢	Black (N) ▢	For Life "Witness" (N) ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	PI Court ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	Chicago P.D. "Trust" ▢		Chicago P.D. "Outrage" ▢		Mel Robbins Show (N) ▢		Daily (N) ▢	DailyMail ▢	Access (N) ▢	Jokers ▢	5	5
(5) KGMB	7	7	NCIS "Into the Light" ▢		FBI "Crossroads" ▢		FBI: Most Wanted (N) ▢		News (N) ▢	The Late Show ▢		James Corden ▢		ET ▢	9	9
(11) KHET	10	11	News (N) ▢	Long Story ▢	Networld "Disruption" (N) ▢		Networld (N) ▢		Networld (N) ▢		Amanpour/Company (N) ▢		Independent Lens ▢		11	11
(13) KHNL	8	8	Game of Games (N) ▢		This Is Us (N) ▢		NewAmst. "Liftoff" (N) ▢		News (N) ▢	The Tonight Show ▢		Seth Meyers (N) ▢		Little Late ▢	13	13
(14) KWHE	11	14	Heart. "Taking Chances" ▢		Heartland ▢		Highway to Heaven ▢		Celeb Page	Traveler ▢	Business ▢	Sgt. Preston	Lassie ▢	Lassie ▢	14	-
(20) KIKU	9	20	Soko Ga Japan ▢		Kirin Ga Kuru ▢		News Express FCI (N) ▢		Paid ▢	Life ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	One Voice ▢		The Kelly Clarkson Show ▢		News (N) ▢	TMZ (N)	Chicago P.D. ▢		News (N)	Black-ish ▢	Black-ish ▢	Mike&M. ▢		
(26) KAAH*	26	26	JSekulow ▢	C. Caine ▢	Jewish ▢	TheOracle ▢	Praise ▢		HeHealed ▢	Access 360	John Gray ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	E-News (N) ▢	Dr. Romantic (N) ▢			News (N) ▢ /Want a (N)		My Fellow Citizens (N) ▢		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Marcus and Joni Lamb ▢		Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	Ringo ▢		Sin Miedo a la Verdad		Amor eterno ▢		Univision ▢	Noticie. ▢	Contacto Deportivo ▢		Amor eterno ▢		-	-
(66) KPXO	27	27	Criminal Minds ▢		Crim. Minds "Machismo" ▢		Criminal Minds ▢		Criminal Minds ▢		Law&Order: CI "Slither" ▢		Law&Order: CI "Watch" ▢			
A&E	547	129	First 48: My First (N) ▢		The First 48 ▢		First 48 "Spree Killer" ▢		The First 48 "Tracked" ▢		First 48 "Off the Tracks" ▢		The First 48 ▢		118	265
AHC*	345	137	Project Nazi- Evil ▢		Project Nazi- Evil ▢		Nazi "Hitler's Highways" ▢		Project Nazi- Evil ▢		Project Nazi- Evil ▢		Triggers ▢		195	287
AMC	600	159	★★★ "Star Trek" ▢		★★ "Elysium" ('13, Act) *Matt Damon.* ▢					Dead "Walk With Us" ▢	Fear Dead "Grotesque" ▢		Fear Dead ▢		131	254
ANPL	329	107	Rescue "Shock and Awe" ▢		Homestead Rescue ▢		To Be Announced ▢		BraveW ▢	BraveW ▢	Rescue "Shock and Awe" ▢		Homestead Rescue ▢		184	282
BBCA	341	135	★★★ "X2: X-Men United" ('03, Sci-Fi) *Patrick Stewart.* ▢						★★ "X-Men: The Last Stand" ('06, Act) *Patrick Stewart.* ▢					"X-Men" ▢	135	264
BRAVO	560	237	Vanderpump Rules ▢		Watch ▢	Vanderpump Rules ▢		SumHouse "Caged Heat " ▢		Blind Date ▢	Blind Date ▢	Blind Date ▢	Blind Date ▢	Watch ▢	129	237
CNBC	116	176	The Profit ▢		Dateline "Buried Secrets" ▢		Dateline ▢		The Profit ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	America's Choice 2020: Super Tuesday (L)								New Day ▢		New Day ▢		200	202
COMEDY	545	142	Tosh.0 (N) ▢	Yankers (N)	Daily S. ▢	LightOut ▢	Tosh.0 ▢	SouthPk ▢	SouthPk ▢	Daily Show ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Events ▢								210	350
CW	93	2	The Flash ▢		LegendsTomorrow (N) ▢		BigBang ▢	Jokers ▢	Dateline ▢		Foren. Files	F.Files ▢	Paid ▢	Sheriffs: ▢	3	395
DISC	333	131	Moonshiners (N) ▢		Moonshiners ▢		Moonshiners "Best Served Cold" ▢				Mnshiner "Gone A-Rye" ▢		Moonshiners "Still Life" ▢		182	278
DISNEY*	444	98	Raven ▢	Bunk'd ▢	Bunk'd ▢	G.Duran	Raven ▢	Rollwlt ▢	CoopCami ▢	Sydney ▢	Bunk'd	Rollwlt ▢	Jessie ▢	Jessie 1/2 ▢	173	291
E!*	549	240	★★★ "Walk the Line" ▢			★★★ "Walk the Line" ('05, Bio) *Joaquin Phoenix.* ▢						Nightly (N) ▢	Kardashians "Guilt Trip" ▢		114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	NowNever	Interrupt ▢	NowNever	MMA Show ▢		Horn (N) ▢	UFC 200 Fighters "100-61"		UFC 200 Fighters "60-31"		Golic and Wingo (L)		144	209
FILI	688	320	Sandugo	TFC ▢	MissionPossi	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢				-	-
FNC	109	178	Hannity ▢		The Ingraham Angle		Fox News @ Night		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	Stakeout (SP) (N) ▢		Supermarket Stakeout ▢		Chopped ▢		Supermarket Stakeout ▢		Supermarket Stakeout ▢		Chopped "Dollar Dishes" ▢		110	231
FREE*	538	122	★★ "Twilight" ▢		★★ "The Twilight Saga: New Moon" ('09, Dra) *Kristen Stewart.* ▢						The 700 Club ▢		"10 Things I Hate Ab...		180	311
FSW	226	-	Post-game ▢	Kings (N)	WPT Poker ▢		NHL Hockey Montréal Canadiens at Los Angeles Kings ▢				Post-game ▢	Kings	Paid ▢	Paid ▢	-	692
FSPT	228	-	Post-game ▢	Clippers Wk.	Boxing Classics ▢				MMA WCK Full Rules ▢		MMA WCK Full Rules ▢		Paid ▢	Paid ▢	-	-
FX	554	124	★★★ "Pitch Perfect 3" ('17, Com) *Anna Kendrick.* ▢				★★★ "Fantastic Four" ('15, Act) *Miles Teller.* ▢				Atlanta ▢	FXM ▢	Paid ▢	Paid ▢	136	248
GOLF	216	86	Golf Films		The CUT (N)	Learn (N) ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	The CUT	C.Series (N)	Golf Central ▢		401	218
HALL	452	128	★ "Once Upon a Prince" ('18, Rom) *Megan Park.* ▢				G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	One of a Kind ▢		Love It or List It ▢		Love It or List It		Love It or List It ▢		Love It or List It, Too		Dream H. ▢	Dream H. ▢	112	229
HISTORY	327	133	Project Blue Book (N) ▢		Oak Isl. "Surely Templar" ▢		Curse of Oak Island ▢		Oak Isl. "To Boulderly Go" ▢		BlueBook "Broken Arrow" ▢		Oak Isl. "Surely Templar" ▢		120	269
HBO	611	502	"John Wick: Chapter 3 - Parabellum"		Plot Against America ▢		Avenue 5 ▢		High Main ▢		★★★ "Gangs of New York" ('02, Dra) *Leonardo DiCaprio.* ▢				303	504
HBO2	612	503	AXIOS (N) ▢		★★ "The Nun" ('18, Hor) *Demián Bichir.* ▢					Movie	Women of Troy ▢		★★ "Arizona" ▢		304	505
KBS	80	-	News ▢ /Family ▢		News ▢	Screening Humanity ▢		Revenge ▢	Mr. House Husband ▢			News ▢ /Descendants of the Sun			-	-
LIFE	448	226	★★ "The Call" ('13, Thril) *Halle Berry.* ▢				★★ "Kidnap" ('17, Act) *Halle Berry.* ▢				★★ "The Call" ('13, Thril) *Halle Berry.* ▢				108	276
LMN	449	227	"He's Out to Get You" *Samaire Armstrong.* ▢				"Murder in the Suburbs" ('20, Thril) *Nicky Whelan.* ▢				"He's Out to Get You" *Samaire Armstrong.* ▢				109	253
MAX	622	515	★★ "The Dead Don't Die" *Bill Murray.* ▢		Strike Back ▢			★★ "Daylight" ('96, Act) *Sylvester Stallone.* ▢				★★ "The Ruins" *Jena Malone.* ▢			311	516
MSNBC	107	175	Decision 2020 ▢						Decision 2020 ▢		First Look ▢		Morning Joe (N) ▢		209	356
NATGEO	347	130	Extreme (N) ▢		Port ▢		Port "Get Your Goose" ▢		Border Wars ▢		Border Wars ▢		Wars "River Standoff" ▢		186	276
NGN	677	-	Scarlet ▢	Hanzai Shokogun ▢		Brain ▢ /Mogitate TV ▢		News (N) ▢	News ▢	Brain ▢ /Hanzai ▢		Okazu ▢	Tetsuro Tabi	Enka Singers	-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢		Friends ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	H.S. Volleyball (L) ▢			Postga. ▢ /OC	Pet Hui ▢	Japan (N) ▢	Pakele (N) ▢	Gameday /H.S. Volleyball ▢			H.S. Volleyball ▢		-	-
OCSPT	12	89	NCAA Football Classics C. Ark./Haw. ▢			NCAA Basketball UC Santa Barbara at Hawaii ▢				NCAA Basketball UC-River. vs Hawaii ▢			Paid ▢	Paid ▢	-	-
OLELO53	53	53	Democracy	VN- TV	Community TV ▢		Vietnam TV Hawaii		B-Side Hnl	Arts Programming ▢			Community TV ▢		-	-
OLELO54	54	54	Cannabis TV	Social ▢	Veterans Talk ▢		Social Programming ▢		News ▢	Social ▢	Democracy Now! (N) ▢		Social Programming ▢		-	-
OLELO55	55	55	Church ▢	Inspiration ▢	Kumu Ola ▢	A View From Calvary ▢		Inspirational Programming ▢					Classic Arts Showcase ▢		-	-
OWN*	343	242	Cherish "Synopsis" (N) ▢		CherishDay "Analysis" ▢		CherishDay "Nemesis" ▢		CherishDay "Synopsis" ▢		CherishDay "Nemesis" ▢		CherishDay "Synopsis" ▢		189	279
OXY	558	229	Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago "In a Duffle Bag" ▢		NCIS: LA "Battle Scars" ▢		Dateline ▢		127	251
PARMT	559	141	Ink Master (N) ▢		★★ "Men in Black 3" ('12, Act) *Will Smith.* ▢					★★★ "Men in Black" ('97, Sci-Fi) *Will Smith.* ▢					241	241
SHOW*	633	451	BlackMon ▢	BlackMon ▢	★★★ "Den of Thieves" ('18, Act) *Gerard Butler.* ▢					BlackMon ▢	BlackMon ▢	★★★ "Jarhead" *Jake Gyllenhaal.* ▢			319	546
SYFY	557	144	"Leprechaun Returns" ('18, Hor) *Taylor Spreitler.* ▢				"Leprechaun's Revenge" ('12, Hor) *Billy Zane.* ▢				"Leprechaun Returns" ('18, Hor) *Taylor Spreitler.* ▢				122	244
TBS	551	121	BigBang ▢	Miracle (N) ▢	Conan ▢	Miracle ▢	New Girl ▢	Conan ▢	HotOnsGS ▢	HotOnsGS ▢	2 Broke G. ▢	2 Broke G. ▢	2 Broke G. ▢	Jokers ▢	139	247
TCM	602	157	★★ "Ryan's Daughter" ('70, Rom) *Robert Mitchum.* Affair ends in tragedy. ▢							★★ "The Irish in Us" *James Cagney.* ▢			"Biography of a Bach...		132	256
TLC*	331	132	My Big Fat Fabulous Life ▢		Big Fat Fabulous Li. (N) ▢		I Am Jazz "Somewhere Over the Rainbow" (N) ▢				People "Is This the End?" ▢		My Big Fat Fabulous Life ▢		183	280
TMC	644	467	★★ "Hotel Artemis" *Jodie Foster.* ▢		★★ "Pitch Black" ('00, Thril) *Vin Diesel.* ▢					"Sexorcist" (2018, Adult) ▢			"From Dusk Till Dawn" ▢		329	554
TNT	553	125	★★ "The Legend of Tarzan" ▢		★★★ "47 Ronin" ('13, Act) *Keanu Reeves.* ▢						NCIS: New Orleans ▢		NCIS: New Orleans ▢		138	245
TOON	440	103	Amer. Dad ▢	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	Boond. ▢	Robot/Robot	Tim&Eric	FamilyGuy ▢	FamilyGuy ▢	Amer. Dad ▢	RickMort ▢	Robot/Robot	177	297
TRAVEL*	325	139	Portals to Hell (N) ▢		Ghost Adventures ▢		Ghost Adventures "Ghostly Outlaws" ▢				Portals to Hell ▢		Ghost Adventures ▢		196	277
TVLAND	441	127	2½ Men ▢	2½ Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	2½ Men ▢	2½ Men ▢	Loves Ray ▢	Loves Ray ▢	Goldberg ▢	Goldberg ▢	106	304
USA*	555	123	SVU "Gambler's Fallacy" ▢		The Biggest Loser (N) ▢		The Biggest Loser (N) ▢		SVU "Chasing Theo" ▢		SVU "Great Expectations" ▢		The Biggest Loser ▢		105	242
WE	451	230	Law&Order "Navy Blues" ▢		Law & Order "Harvest" ▢		Law&Order "Nullification" ▢		CSI: Miami "Recoil" ▢		CSI: Miami "Vengeance" ▢		CSI: Miami "Whacked" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/18	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	The Masked Singer (N) ▢		Lego "Storybook" (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½ Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	Goldberg ▢	Schooled ▢	Modern ▢	Am.Wife ▢	Stumptown (N) ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	PI Court ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	Dateline ▢		Dateline ▢		Mel Robbins Show (N) ▢		Daily (N) ▢	DailyMail ▢	Access (N) ▢	Jokers ▢	5	5
(5) KGMB	7	7	Survivor (N) ▢		SEAL Team (N) ▢		S.W.A.T. (N) ▢		News (N) ▢	The Late Show ▢		James Corden ▢		ET ▢	9	9
(11) KHET	10	11	News (N) ▢	Family ▢	Julia Child: Best Bites ▢			Highwaymen ▢			Amanpour/Company (N) ▢		Networld "Disruption" ▢		11	11
(13) KHNL	8	8	Chicago Med (N) ▢		Chicago Fire (N) ▢		Chicago P.D. (N) ▢		News (N) ▢	The Tonight Show ▢		Seth Meyers ▢		Little Late ▢	13	13
(14) KWHE	11	14	Heart. "One Trick Pony" ▢		Heart. "Come What May" ▢		Hwy to Heaven "Summit" ▢		Celeb Page	Real Green ▢	Business ▢	Yukon ▢	Lassie ▢	Lassie ▢	14	-
(20) KIKU	9	20	Mystery Theatre ▢				News Express FCI (N) ▢		Paid ▢	Windward ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	9th Island	Weddings	The Kelly Clarkson Show ▢		News (N) ▢	TMZ (N)	Chicago "A Night Owl" ▢		News (N)	Black-ish ▢	Black-ish ▢	Mike&M. ▢		
(26) KAAH*	26	26	G. Laurie ▢	Binions ▢	Heaven ▢	Music ▢	Praise ▢		JordanRubin	Stranger ▢	John Gray ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	Masters ▢	To Be Announced (N) ▢			News (N) ▢ /Want a (N)		Mother of Mine (N) ▢		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Marcus and Joni Lamb ▢		Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢	Marriage ▢	R. Parsley ▢		
(46) KHLU	35	-	Ringo ▢		Amor eterno ▢		Sin Miedo a la Verdad		Univision ▢	Noticie. ▢	Contacto Deportivo ▢		Amor eterno ▢		-	-
(66) KPXO	27	27	BlueB. "Custody Battle" ▢		Blue Bloods ▢		Blue Bloods "Exiles" ▢		Blue Bloods "Partners" ▢		Law&Order: CI "Vacancy" ▢		Law & O: CI "The Healer" ▢			
A&E	547	129	Top Dog ▢	PD Cam ▢	PD Cam ▢	PD Cam ▢	PD Cam ▢	PD Cam ▢	America's Top Dog ▢			PD Cam ▢	PD Cam ▢	PD Cam ▢	118	265
AHC*	345	137	Jonestown Massacre ▢		Iran Hostage Crisis ▢		ChernobylDisasterAs ▢		Forbidden History ▢		History "Killing Mussolini" ▢		Triggers "The SAW" ▢		195	287
AMC	600	159	★★★ "Batman" ▢		★★★ "Batman Returns" ('92, Act) *Michael Keaton.* ▢						Dispatches "Fredwynn" ▢		Fear the Walking Dead ▢		131	254
ANPL	329	107	To Be Announced ▢		To Be Announced ▢		To Be Announced ▢		To Be Announced ▢		To Be Announced ▢		To Be Announced ▢		184	282
BBCA	341	135	Movie	★★★ "Percy Jackson: Sea of Monsters" ▢				★★★ "Percy Jackson and the Olympians: The Lightning Thief" ▢					★ "Percy Jackson: Sea ...		135	264
BRAVO	560	237	Housewives/NewJersey ▢		Watch ▢	BlindDat ▢	BlindDat ▢	Blind Date ▢	Blind Date ▢	Blind Date ▢	Blind Date ▢	Blind Date ▢	Blind Date ▢	Blind Date ▢	129	237
CNBC	116	176	The Deed: Chicago ▢		Dateline "Haunting" ▢				The Deed: Chicago ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	Cuomo Prime Time ▢		CNN Tonight ▢		CNN Tonight ▢		Early Start ▢		Early Start ▢		New Day ▢		200	202
COMEDY	545	142	SouthPk ▢	Awkwafin ▢	Daily S. ▢	LightOut ▢	Awkwafina ▢	SouthPk ▢	SouthPk ▢	Daily Show ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Events ▢								210	350
CW	93	2	Penn & Teller: Fool Us ▢		Whose ▢	Whose ▢	BigBang ▢	Jokers ▢	Dateline ▢		F.Files ▢	F.Files ▢	Paid ▢	Sheriffs: ▢	3	395
DISC	333	131	Expedition Unknown ▢		Expedition Unknown ▢		Expedition Unknown ▢						Expedition Unknown ▢		182	278
DISNEY*	444	98	Raven ▢	Bunk'd ▢	Bunk'd ▢	G.Duran	Raven ▢	Rollwlt ▢	CoopCami ▢	Sydney ▢	Bunk'd	Rollwlt ▢	Jessie 2/2 ▢	Jessie ▢	173	291
E!*	549	240	Movie	★★ "Couples Retreat" ('09, Com) *Vince Vaughn.* ▢					Soup (N) ▢	Funny Dance (N) ▢		Nightly ▢	The Funny Dance Show ▢		114	236
ESPN	222	70	SC (N) ▢	SportsCenter (N) ▢			SportsCenter ▢		NBA Basketball Utah Jazz at Los Angeles Lakers ▢				SportsCenter ▢		140	206
ESPN2	224	74	NowNever	Horn (N) ▢	NowNever	NBA Basketball Golden State vs Indiana ▢				NowNever	SportsCenter (N) ▢		Golic and Wingo (L)		144	209
FILI	688	320	Sandugo	BUSA+	My Puhunan	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢				-	-
FNC	109	178	Hannity ▢		The Ingraham Angle		Fox News @ Night		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	Champions (N) ▢		Guy's Grocery Games ▢		Guy's Grocery Games ▢		Tournament Champions ▢		Guy's Grocery Games ▢		Guy's Grocery Games ▢		110	231
FREE*	538	122	★★★ "The Twilight Saga: Breaking Dawn Part 2" ▢				Fort Salem (N) ▢		Frt Salm "Say the Words" ▢		The 700 Club ▢		★★ "The Boxtrolls" ▢		180	311
FSW	226	-	MLB Baseball Spring Training Kansas City vs L.A. Angels ▢					Post-game ▢	NHL Hockey Boston Bruins at Anaheim Ducks ▢				Paid ▢	Paid ▢	-	692
FSPT	228	-	NBA Basketball L.A. Clippers vs Denver ▢		Post-game		Clippers Wk.	Red Bull Air Race "Abu Dhabi" ▢			Ice Cross ▢		Paid ▢	Paid ▢	-	-
FX	554	124	★★ "Despicable Me 3" ▢		★★ "Minions" ('15, Ani) *Sandra Bullock.* ▢				Fargo "The Law of Vacant Places" ▢			Fargo ▢		Fargo ▢	136	248
GOLF	216	86	Golf Advisor	EPGA Golf Indian Open (L) ▢				EPGA Golf Indian Open Site: DLF Golf and Country Club ▢				EPGA Golf Indian Open (L) ▢			401	218
HALL	452	128	"The Secret Ingredient" ('20, Rom) *Erin Cahill.* ▢				G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	100 Day Dream Home ▢		House ▢	H.Hunt ▢	Property Brothers ▢		Property Brothers ▢		Property Brothers ▢		Home Town ▢		112	229
HISTORY	327	133	Forged in Fire ▢		Forged "The Cane Sword" ▢		Forged in Fire ▢		Forged in Fire ▢		Forged in Fire ▢		Forged "The Cane Sword" ▢		120	269
HBO	611	502	Westworld ▢			Curb ▢	Avenue 5 ▢	My Brilliant Friend ▢		★★ "Shaft" ('19, Act) *Samuel L. Jackson.* ▢				"Gamer" ▢	303	504
HBO2	612	503	Shop ▢	★★★ "Bridesmaids" ('11, Com) *Kristen Wiig.* ▢					★★ "The Skulls" *Joshua Jackson.* ▢			★★★ "American Woman" ▢			304	505
KBS	80	-	News ▢ /Family ▢		News ▢	Screening Humanity ▢		Revenge ▢	Wild Childs at Rooftop ▢			News ▢ /Descendants of the Sun			-	-
LIFE	448	226	Bride "Family Feud" (N) ▢		Married at First Sight ▢		Married at First Sight "Move in or Move On" ▢				Bride "Family Feud" ▢		Married at First Sight ▢		108	276
LMN	449	227	"Fame at a Deadly Cost" ('20, Thril) *Mozart Dee.* ▢				"My Daughter's Been Kidnapped" *Boti Bliss.* ▢				"Fame at a Deadly Cost" ('20, Thril) *Mozart Dee.* ▢				109	253
MAX	622	515	★★ "Jurassic World: Fallen Kingdom" *Chris Pratt.* ▢				★★ "Ocean's 8" ('18, Act) *Sandra Bullock.* ▢				★★ "The Stepford Wives" ▢			Movie	311	516
MSNBC	107	175	The Last Word ▢		The 11th Hour ▢		All in With Chris Hayes ▢		The 11th Hour ▢		First Look ▢		Morning Joe (N) ▢		209	356
NATGEO	347	130	Borderforce USA (N) ▢		Borderforce "The Decoy" ▢		Borderforce USA ▢		Border "Cartel Ambush" ▢		Borderforce USA ▢		Borderforce USA ▢		186	276
NGN	677	-	Scarlet ▢	Zettai Reido Mikaiketsu		Brain/Ikouyo!	Es.Japon ▢	News (N) ▢	News (N) ▢	Brain ▢ /Zettai Reido		Okazu ▢	Tetsuro Tabi	Enka Singers	-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Cook. ▢	Diver (N) ▢	Hawaii Goes Fishing ▢		Pet Hui (N) ▢	Japan ▢	Pakele ▢	Sports P ▢	Driver ▢	Sports	Tiny TV ▢	Showcase ▢	-	-
OCSPT	12	89	NCAA Baseball Towson at Hawaii (L) ▢				Post-game ▢	Game On!	NCAA Baseball Towson at Hawaii ▢					Post-game ▢	-	-
OLELO53	53	53	Educational Programming ▢						Community	Now That You Asked Me		Community	Cultural/ Ethnic ▢		-	-
OLELO54	54	54	Inside Honolulu Hale ▢										Social Programming ▢		-	-
OLELO55	55	55	Hawaii Para Cristo ▢		Overcom. ▢	Unity Church of Hawaii ▢		Perf.You ▢	Inspirational Programming ▢				Classic Arts Showcase ▢		-	-
OWN*	343	242	20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		189	279
OXY	558	229	Snapped "Sarah Kolb" ▢		Snap. "Adrienne Hickson" ▢		Snapped "Linda Pedroza" ▢		Murdered by Morning ▢		Murdered by "Inside Job" ▢		Snapped ▢		127	251
PARMT	559	141	68 Whiskey (N) ▢		★★★★ "Indiana Jones and the Last Crusade" ('89, Adv) *Harrison Ford.* ▢						68 Whiskey ▢		Cops ▢	Cops ▢	241	241
SHOW*	633	451	★★★★ "American History X" *Edward Norton.* ▢				★★ "Charlie Says" ('18, Thril) *Hannah Murray.* ▢				DesMero ▢	★★★ "Boyz 'N the Hood" ▢			319	546
SYFY	557	144	The Magicians (N) ▢		★★ "Need for Speed" ('14, Act) *Aaron Paul.* ▢					★★ "Day of Reckoning" ('16, Act) *Raymond J. Barry.* ▢				Gary ▢	122	244
TBS	551	121	BigBang ▢	Frontal (N) ▢	Conan ▢	Frontal ▢	Brooklyn ▢	Conan ▢	2 Broke G. ▢	2 Broke G. ▢	2 Broke G. ▢	2 Broke G. ▢	2 Broke G. ▢	2 Broke G. ▢	139	247
TCM	602	157	"Sons O' Guns"		★★★ "Son of a Sailor" *Joe E. Brown.* ▢			"Going Wild" *Joe Brown.*		★★ "A Very Honorable Guy"			★★ "Broadminded"		132	256
TLC*	331	132	600-lb "Tommy's Story" ▢		My 600-lb Life "Coliesa's Story" (N) ▢				Dr. Pimple "Eggs Lipoma" ▢		Save My Skin ▢		600-lb "Coliesa's Story" ▢		183	280
TMC	644	467	Movie	★★ "The Dark Tower" *Idris Elba.* ▢			★★★ "The Terminator" *Arnold Schwarzenegger.* ▢				"From Dusk Till Dawn 2: Texas Bloo...			Movie	329	554
TNT	553	125	★★ "The Lost World: Jurassic Park" ('97, Adv) *Jeff Goldblum.* ▢						NCIS: New O. "Carrier" ▢		NCIS:NO "Breaking Brig" ▢		NCIS:NO "The Recruits" ▢		138	245
TOON	440	103	Amer. Dad ▢	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	Boond. ▢	Robot/Robot	Tim&Eric	FamilyGuy ▢	FamilyGuy ▢	Amer. Dad ▢	RickMort ▢	Robot/Robot	177	297
TRAVEL*	325	139	True Terror with (N)		Paranormal ▢		Paranormal ▢		Paranormal ▢		True Terror with		Paranormal ▢		196	277
TVLAND	441	127	2½ Men ▢	2½ Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	2½ Men ▢	2½ Men ▢	Loves Ray ▢	Loves Ray ▢	Goldberg ▢	Goldberg ▢	106	304
USA*	555	123	Chicago "There's My Girl" ▢		WWE NXT (L) ▢				★★★ "Friday" ('95, Com) *Ice Cube.* ▢				Modern ▢	Modern ▢	105	242
WE	451	230	Law & Order "Castoff" ▢		Law & Order "Grief" ▢		Law&O. "Faccia a Faccia" ▢		CSI: Miami "10-7" ▢		CSI "From the Grave" ▢		CSI "Blood in the Water" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/19	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	Last Man ▢	Outmatch ▢	Deputy "10-8 Agency" (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½ Men ▢	Showdown ▢	Pawn Star ▢	2	2
(4) KITV	4	4	Station 19 (N) ▢		Grey's Anatomy (N) ▢		Million Little Thing (N) ▢		News (N) ▢	Jimmy Kimmel Live ▢		Nightline ▢	KITV News ▢	PI Court ▢	4	4
(9) KHII	5	5	News (N) ▢	KHON2 (N) ▢	Law & O: CI "The Healer" ▢		Law & Order: C.I. ▢		Mel Robbins Show (N) ▢		Daily (N) ▢	DailyMail ▢	Access (N) ▢	Jokers ▢	5	5
(5) KGMB	7	7	Hoike		Talk Story McKenna ▢		K5 Mele ▢		News (N) ▢	The Late Show ▢		James Corden ▢		ET ▢	9	9
(11) KHET	10	11	News (N) ▢	Hiki No ▢	Insights PBS Hawaii (N) ▢		Na Mele "Peter Medeiros" ▢		Fake or Fort "Nicholson" ▢		Amanpour/Company (N) ▢		Food: Delicious Science ▢		11	11
(13) KHNL	8	8	Super (N) ▢	Brooklyn ▢	WGrace ▢	Indebted ▢	Law & Order: S.V.U. (N) ▢		News ▢	The Tonight Show ▢		Seth Meyers ▢		Little Late ▢	13	13
(14) KWHE	11	14	Heartland ▢		Heartland ▢		Hwy Heaven "Sail Away" ▢		Celeb Page	Sm.Town ▢	Business ▢	Yukon ▢	Lassie ▢	Lassie ▢	14	-
(20) KIKU	9	20	Soko Ga Japan ▢		Partners ▢		News Express FCI (N) ▢		Paid ▢	Windward ▢	Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Hi Session ▢	Living Local	The Kelly Clarkson Show ▢		News (N) ▢	TMZ (N)	Chicago P.D. ▢		News (N)	Black-ish ▢	Black-ish ▢	Mike&M. ▢		
(26) KAAH*	26	26	Facts ▢	OneOnOne ▢	Super. ▢	History ▢	Inexplicable ▢		Watchman ▢	TakingC. ▢	John Gray ▢	S. Furtick ▢	Enjoy-Life ▢	Gospel ▢	-	-
(32) KBFD	2	6	SBS (N) ▢	To Be Announced ▢			News (N) ▢ /Want a (N)		Mother of Mine (N) ▢		KBFD News (N) ▢		Off Air ▢		-	-
(44) KWBN		44	Marcus and Joni Lamb ▢		Table Talk	Reflection ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢	Marriage ▢	Parsley ▢		
(46) KHLU	35	-	Ringo ▢		Amor eterno ▢		Sin Miedo a la Verdad		Univision ▢	Noticie. ▢	Contacto Deportivo ▢		Amor eterno ▢		-	-
(66) KPXO	27	27	Chicago P.D. ▢		Chicago P.D. "Politics" ▢		Chicago P.D. "Monster" ▢		Chicago "Rabbit Hole" ▢		Law & O: CI "Blind Spot" ▢		Law&Order: CI "Tru Luv" ▢			
A&E	547	129	60 Days In (N) ▢		The First 48 ▢		The First 48 ▢		Live PD: Wanted ▢		60 Days In ▢		The First 48 ▢		118	265
AHC*	345	137	American Lawmen ▢		American Lawmen ▢		Gunslingers ▢		Gunslingers ▢		The Cowboy ▢		Triggers ▢		195	287
AMC	600	159	★★★ "Inside Man" ('06, Thril) *Denzel Washington.* ▢						Better Call Saul ▢		FearDead "Date of Death" ▢		Fear the Dead "Wrath" ▢		131	254
ANPL	329	107	Lone Star Law: Uncuffed "Buck Backyard Battle" (N) ▢				Yukon Men: On the Edge "To Catch a Predator"				Lone Star Law: Uncuffed "Buck Backyard Battle" ▢				184	282
BBCA	341	135	"Elysium"	★★★ "Total Recall" ('12, Act) *Colin Farrell.* ▢					★★★ "Knowing" ('09, Sci-Fi) *Nicolas Cage.* ▢						135	264
BRAVO	560	237	Top Chef (N) ▢		Watch (N) ▢	Top Chef "It's Like They Never Left!" ▢			Housewives Atlanta ▢		Million "Romeo Miller" ▢		Millionaire ▢		129	237
CNBC	116	176	Shark Tank ▢		Dateline ▢		Dateline ▢		American Greed: Scam ▢		Worldwide Exchange ▢		Squawk Box ▢		208	355
CNN	113	172	Cuomo Prime Time ▢		CNN Tonight ▢		CNN Tonight ▢		Early Start ▢		Early Start ▢		New Day ▢		200	202
COMEDY	545	142	The Office ▢	The Office ▢	Daily S. ▢	LightOut ▢	Cr. Yankers	SouthPk ▢	SouthPk ▢	Daily Show ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢				Public Affairs Events ▢								210	350
CW	93	2	Katy Keene (N) ▢		Legacies (N) ▢		BigBang ▢	Jokers ▢	Dateline ▢		F.Files ▢	F.Files ▢	Paid ▢	Sheriffs: ▢	3	395
DISC	333	131	Building Off the Grid (N) ▢		Building Off the Grid ▢		Homestead Rescue ▢		Building Off the Grid ▢		Building Off the Grid ▢		Rescue "Volcano's Edge" ▢		182	278
DISNEY*	444	98	Raven ▢	Bunk'd ▢	Bunk'd ▢	G.Duran	Raven ▢	Rollwlt ▢	CoopCami ▢	Sydney ▢	Bunk'd	Rollwlt ▢	Jessie ▢	Jessie ▢	173	291
E!*	549	240	Cavallari "Ciao Bella!" ▢		Very Cavallari ▢		Very Cavallari (N) ▢		Nightly (N) ▢	Very Cavallari ▢		Botched ▢		Botched ▢	114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	K. Nolan ▢	NowNever	UFC Flash ▢	K. Nolan ▢	UFC Unleashed (N) ▢		NowNever	NFL Live ▢			Golic and Wingo (L)		144	209
FILI	688	320	Sandugo	TFC ▢	#NoFilter ▢	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢				-	-
FNC	109	178	Hannity ▢		The Ingraham Angle		Special Report ▢		Fox and Friends First ▢		Fox and Friends First ▢		Fox and Friends ▢		205	360
FOOD	321	231	Vegas Chef Prizefight (N)		Rest. "Paradise: Impossible"		Great FoodTruck Race ▢		Vegas Chef Prizefight		Rest. "Paradise: Impossible"		Great FoodTruck Race ▢		110	231
FREE*	538	122	★★★ "The Intern" ('15, Com) *Robert De Niro.* ▢				Bold Type "5, 6, 7, 8" (N) ▢		Frt Salm "Say the Words" ▢		The 700 Club ▢		★★★ "Kung Fu Panda" ▢		180	311
FSW	226	-	Post-game ▢	Kings	WPT Poker ▢		NHL Hockey Boston Bruins at Los Angeles Kings ▢				Post-game ▢	Kings	Paid ▢	Paid ▢	-	692
FSPT	228	-	Post-game ▢	Clippers Wk.	MMA WCK Full Rules ▢		MMA WCK Full Rules ▢		Boxing Classics ▢				Paid ▢	Paid ▢	-	-
FX	554	124	Better (N) ▢	Breeders ▢	Better ▢	★ "Bad Moms" ('16, Com) *Mila Kunis.* ▢				Better ▢	Mike&M. ▢	FXM ▢	Paid ▢	Paid ▢	136	248
GOLF	216	86	PGA Golf ▢	EPGA Golf Indian Open (L) ▢				PGA Golf Valspar Championship ▢				EPGA Golf Indian Open (L) ▢			401	218
HALL	452	128	★★★ "Valentine Ever After" *William Baldwin.* ▢				G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	G. Girls ▢	Frasier ▢	Frasier ▢	185	312
HGTV	323	232	Crowded House Hunt		House ▢	H.Hunt ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	Property Brothers ▢		112	229
HISTORY	327	133	Serpent Invasion (N) ▢		Swamp "Deadeye Driver" ▢		Swamp "One Man Army" ▢		Swmp SerpentInvasion ▢		Swamp "Deadeye Driver" ▢		Swamp "Airboat Armada" ▢		120	269
HBO	611	502	Movie	Plot Against America ▢		★★★ "Anna" ('19, Act) *Sasha Luss.* ▢				Westworld ▢		My Brilliant Friend ▢			303	504
HBO2	612	503	★★★ "Long Shot" ('19, Com) *Charlize Theron.* ▢					Whitmer Thomas ▢		★★★ "The Getaway" *Aaron Paul.* ▢			★★★ "Open Range" ▢		304	505
KBS	80	-	News ▢ /Family ▢		News ▢	Screening Humanity ▢		Revenge ▢	Happy Together ▢			KBS Worl ▢	Music Bank ▢		-	-
LIFE	448	226	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢		Queens ▢	Queens ▢	108	276
LMN	449	227	"A Daughter's Plan to Kill" ('19, Thril) *Claire Coffee.* ▢				"Revenge for Daddy" ('20, Thril) *Sarah Butler.* ▢				"A Daughter's Plan to Kill" ('19, Thril) *Claire Coffee.* ▢				109	253
MAX	622	515	★★★ "Die Hard" ('88, Act) *Bruce Willis.* ▢				★★★ "Die Hard With a Vengeance" *Bruce Willis.* ▢				Strike Back ▢		"The Last King of Sco...		311	516
MSNBC	107	175	The Last Word ▢		The 11th Hour ▢		All in With Chris Hayes ▢		The 11th Hour ▢		First Look ▢		Morning Joe (N) ▢		209	356
NATGEO	347	130	Tuna "Band of Brothers" ▢		Wicked Tuna ▢		Tuna "War on the Water" ▢		Tuna "Band of Brothers" ▢		Doomsday Preppers ▢		Doomsday Preppers ▢		186	276
NGN	677	-	Scarlet ▢	Zatoichi ▢		Brain ▢ /Ariyoshi-kun Sho		News (N) ▢	News ▢	Brain ▢ /Zatoichi ▢		Okazu ▢	Tetsuro Tabi	Enka Singers	-	-
NICK	446	100	★★★ "Shrek" ▢		Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Cook. ▢	Diver (N) ▢	Hawaii Goes Fishing ▢		Pet Hui (N) ▢	Japan (N) ▢	Pakele ▢	Sports P ▢	Painting ▢	Board ▢	Tiny TV ▢	Showcase ▢	-	-
OCSPT	12	89	NCAA W.Polo USC/Haw. ▢		NCAA Basketball Cal Poly at Hawaii ▢				NCAA Volleyball Grand Canyon University vs. Hawaii ▢				Paid ▢	Paid ▢	-	-
OLELO53	53	53	Motu O Fiafiaga		Samoa Mo Samoa		Faafiafiaga Suifefiloi		Cultural/ Ethnic Programming ▢				Islander		-	-
OLELO54	54	54	Social/ Political Programming ▢						Veterans Talk ▢		Democracy Now! (N) ▢		Social Programming ▢		-	-
OLELO55	55	55	Inspirational Programming ▢			Tupulaga Talavou ▢		Lou Lumanai Manuia ▢		Truth ▢	Marriage ▢	Inspiration ▢	Classic Arts Showcase ▢		-	-
OWN*	343	242	20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		189	279
OXY	558	229	Snap. "Kimberly Baldwin" ▢		Snapped: Killer Couples ▢		Cold Blood "Two Prints" ▢		Snapped "Debra Dillard" ▢		Snapped "Katrina Ben" ▢		Dateline "Poison" ▢		127	251
PARMT	559	141	★★★ "Coming to America" ('88, Com) *Eddie Murphy.* ▢					Wife Swap ▢		★★★ "Beverly Hills Cop" ('84, Com) *Eddie Murphy.* ▢					241	241
SHOW*	633	451	BlackMon ▢	BlackMon ▢	DesMero ▢	Cartoon ▢	DesMero ▢	The Circus ▢	Funny Women of a Age ▢		More Funny Women of a Certain Age ▢			★★ "13" ▢	319	546
SYFY	557	144	★★★ "X-Men: First Class" ('11, Act) *James McAvoy.* ▢						★★★ "Edge of Tomorrow" ('14, Sci-Fi) *Tom Cruise.* ▢					Movie	122	244
TBS	551	121	HotOnsGS ▢	Seinfeld ▢	Seinfeld ▢	Conan ▢	Seinfeld ▢	Seinfeld ▢	Conan ▢	Seinf. 1/2 ▢	Seinf. 2/2 ▢	2 Broke G. ▢	2 Broke G. ▢	2 Broke G. ▢	139	247
TCM	602	157	★★★ "Doc" ('71, West) *Stacy Keach.* ▢				★★★ "Dodge City" ('39, West) *Errol Flynn.* ▢				"Badman's Country" ▢		A Criminal Is	Movie	132	256
TLC*	331	132	Untold "Oh, Deer!" ▢		Dr. Pimple Popper (N) ▢		Save My Skin (N) ▢		Dr. Pimple Popper ▢		Untold Stories (N) ▢		Dr. Pimple Popper ▢		183	280
TMC	644	467	★★★ "Biker Boyz" ('03, Act) *Laurence Fishburne.* ▢				★★ "Mad Max" *Mel Gibson.* ▢				"Erotic Uncoupling" (2017, Adult) ▢		★★★ "Rambo" ▢		329	554
TNT	553	125	★★★ "Gangster Squad" ('13, Act) *Sean Penn.* ▢				Supernatural ▢		Supernatural "Repo Man" ▢		Super. "Out With the Old" ▢		NCIS: New Orleans ▢		138	245
TOON	440	103	Amer. Dad ▢	Amer. Dad ▢	FamilyGuy ▢	FamilyGuy ▢	Boond. ▢	Robot/Robot	Tim&Eric	FamilyGuy ▢	FamilyGuy ▢	Amer. Dad ▢	RickMort ▢	Robot/Robot	177	297
TRAVEL*	325	139	D.Files "Entangled" (N) ▢		D.Files "Puppet Master" ▢		Ghost Adventures ▢		Ghost Adventures ▢		Dead Files "Entangled" ▢		D.Files "Puppet Master" ▢		196	277
TVLAND	441	127	2½ Men ▢	2½ Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	2½ Men ▢	2½ Men ▢	Loves Ray ▢	Loves Ray ▢	Goldberg ▢	Goldberg ▢	106	304
USA*	555	123	SVU "Real Fake News" ▢		SVU "Spellbound" ▢		SVU "Gone Baby Gone" ▢		The Sinner "Part VII" (N) ▢		Chicago P.D. "Profiles" ▢		Chicago P.D. "Sacrifice" ▢		105	242
WE	451	230	Waka & Tammy (N) ▢		Marriage Boot Camp ▢		Waka & Tammy ▢		Marriage Boot Camp ▢		Waka & Tammy ▢		Marriage Boot Camp ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/20	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	**WWE SmackDown** (N) ▢				**News** (N) ▢	**News** (N) ▢	**News** (N) ▢	**BigBang** ▢	**Mom** ▢	**2½ Men** ▢	**Showdown** ▢	**Pawn Star** ▢	2	2
(4) KITV	4	4	**Shark Tank** (N) ▢		**20/20** ▢				**News** (N) ▢	**Jimmy Kimmel Live** ▢		**Nightline** ▢	**KITV News** ▢	**PI Court** ▢	4	4
(9) KHII	5	5	**News** (N) ▢	**KHON2** (N) ▢	**CSI** "Killer Regrets" ▢		**CSI: Miami** "By the Book" ▢		**The Mel Robbins Show** ▢		**Daily** (N) ▢	**DailyMail** ▢	**Access** (N) ▢	**Jokers** ▢	5	5
(5) KGMB	7	7	**Kamehameha Schools' Song Contest** (L) ▢						**News** (N) ▢	**The Late Show** ▢		**James Corden** ▢		**ET** ▢	9	9
(11) KHET	10	11	**News** (N) ▢	**W.Week** ▢	**Great Performances at the Met** "Turandot" (N) ▢					**POV** ▢	**Amanpour/Company** (N) ▢		**State of the Art** ▢		11	11
(13) KHNL	8	8	**The Blacklist** (N) ▢		**The Blacklist** (N) ▢		**Dateline NBC** ▢		**News** (N) ▢	**The Tonight Show** ▢		**Seth Meyers** ▢		**Little Late** ▢	13	13
(14) KWHE	11	14	**Heartland** "Born to Run" ▢		**Heartland** ▢		**Hwy to Heaven** "Friends" ▢		**Celeb Page**	**Garden** ▢	**Business** ▢	**Yukon** ▢	**Lassie** ▢	**Lassie** ▢	14	-
(20) KIKU	9	20	**Soko Ga Japan** ▢		**Lone Wolf and Cub** ▢		**News Express FCI** (N) ▢		**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	20	20
KFVE	22	13	**Talk Story McKenna** ▢		**The Kelly Clarkson Show** ▢		**News** (N) ▢	**TMZ** (N)	**Chicago** "Black and Blue" ▢		**News** (N)	**Black-ish** ▢	**Black-ish** ▢	**Mike&M.** ▢		
(26) KAAH*	26	26	**J. Cahn** ▢	**Jesus** ▢	**Super.** ▢	**Treasures** ▢	**The Song**	**Xtreme** ▢	**Stranger** ▢	**R. Morris** ▢	**John Gray** ▢	**Promise** ▢	**Watchman** ▢	**HeHealed** ▢	-	-
(32) KBFD	2	6	**Songs** (N) ▢	**Return of Bok Dan-Ji** (N) ▢			**News** (N) ▢ /**Want a** (N)		**Producer** (N) ▢		**KBFD News** (N) ▢		**Off Air** ▢		-	-
(44) KWBN		44	**Marcus and Joni Lamb** ▢		**Table Talk**	**Green Room**	**Travel** ▢	**Hope** ▢	**W-Master** ▢	**Reflection** ▢	**Reflections** ▢		**Reflections** ▢			
(46) KHLU	35	-	**Ringo** ▢		**Amor eterno** ▢		**Sin Miedo a la Verdad**		**Noticiero** ▢	**Noticie.** ▢	**Contacto Deportivo** ▢		**Combate Americas**		-	-
(66) KPXO	27	27	**NCIS: LA** "Past Lives" ▢		**NCIS: LA** "Missing" ▢		**NCIS: LA** "LD50" ▢		**NCIS: LA** "The Bank Job" ▢		**Law & O: CI** "Siren Call" ▢		**Law:CI** "Maltese Cross" ▢			
A&E	547	129	**Live PD** ▢				**Live PD** ▢						**Live PD: Rewind** ▢		118	265
AHC*	345	137	**(Almost) Got Away** ▢		**(Almost) Got Away** ▢		**(Almost) Got Away** ▢		**(Almost) Got Away** ▢		**Manhunt: Kill or Capture** ▢		**World War II-Witness** ▢		195	287
AMC	600	159	**★★★★ "The Book of Eli"** ('09, Adv) *Denzel Washington.* ▢					**Dead** "Walk With Us" ▢		**Talking Dead** ▢		**★★ "War"** ('07, Act) *Jet Li.* ▢			131	254
ANPL	329	107	**To Be Announced** ▢		**To Be Announced** ▢		**Tanked: Sea-lebrity Edition** "Capital Tanks" ▢				**To Be Announced** ▢		**To Be Announced** ▢		184	282
BBCA	341	135	**★★★★ "The Princess Bride"** ('87, Rom) *Cary Elwes.* ▢				**★★★ "Caddyshack"** ('80, Com) *Chevy Chase.* ▢				**★★★★ "Blazing Saddles"** ('74, West) *Gene Wilder.* ▢				135	264
BRAVO	560	237	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Chrisley** ▢	**Shahs of Sunset** ▢		129	237
CNBC	116	176	**Boss** "Hudson Group" ▢		**Dateline** ▢		**Dateline** ▢		**American Greed: Scam** ▢		**American Greed: Scam** ▢		**Options**	**Paid** ▢	208	355
CNN	113	172	**Cuomo Prime Time** ▢		**CNN Tonight** ▢		**CNN Tonight** ▢		**CNN Newsroom** ▢		**CNN Newsroom** ▢		**New Day Weekend** ▢		200	202
COMEDY	545	142	**SouthPk** ▢	**SouthPk** ▢	**Cellar** (N) ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**South Park** "The Coon" ▢		**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	107	249
CSPAN	45	61	**Politics & Public Policy Today** ▢				**Public Affairs Events** ▢								210	350
CW	93	2	**Penn & Teller: Fool Us** ▢		**Whose** ▢	**Whose** ▢	**BigBang** ▢	**Jokers** ▢	**Dateline** ▢		**F.Files** ▢	**F.Files** ▢	**Paid** ▢	**Sheriffs:** ▢	3	395
DISC	333	131	**Gold Rush** ▢		**Opal Hunters** (N) ▢		**Gold Rush** ▢						**Outback Opal Hunters** ▢		182	278
DISNEY*	444	98	**Movie**	**Descend.** ▢	**Bunk'd** ▢ /**G. Duran** ▢		**OwlHouse** ▢	**Raven** ▢	**Fam Jam** ▢	**Sydney** ▢	**Bunk'd** ▢ /**G. Duran** ▢		**Jessie** ▢	**Jessie** ▢	173	291
E!*	549	240	**★★ "The Wedding Planner"** ('01, Rom) *Jennifer Lopez.* ▢					**★★★ "Selena"** ('97, Bio) *Jennifer Lopez.* ▢						**Sex & City** ▢	114	236
ESPN	222	70	**SportsCenter** (N) ▢		**SportsCenter** (N) ▢		**SportsCenter** ▢		**SportsCenter** ▢		**SportsCenter** ▢		**SportsCenter** ▢		140	206
ESPN2	224	74	**Basket.** ▢	**NowNever**	**NFL Live** (N) ▢		**K. Nolan** ▢	**UFC Flash** ▢	**UFC UFC 209** Site: T-Mobile Arena -- Las Vegas, Nev. ▢						144	209
FILI	688	320	**Sandugo**	**Keeping**	**Sports U**	**Bandila** ▢		**Balitang** ▢	**Magandang Buhay** ▢		**It's Showtime** ▢				-	-
FNC	109	178	**Hannity** ▢		**The Ingraham Angle**		**Fox News @ Night**		**Special Report** ▢		**The Five** ▢		**Fox & Friends Saturday** ▢		205	360
FOOD	321	231	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	110	231
FREE*	538	122	**★★★ "Kung Fu Panda"** ▢		**FamilyGuy** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**The 700 Club** ▢		**★★ "Kung Fu Panda 2"** ▢		180	311
FSW	226	-	**DuckWk** (N)	**Red Bull** ▢	**WPT Poker** ▢		**RingHonorWrestling** (N) ▢		**MLB Baseball** Spring Training L.A. D./L.A. A. ▢				**Paid** ▢	**Paid** ▢	-	692
FSPT	228	-	**Post-game**	**ClipWeek** (N)	**NBA Basketball** Phoenix Suns at Los Angeles Clippers ▢				**Post-game**	**Clippers Wk.**	**AMA Arenacross** ▢		**Paid** ▢	**Paid** ▢	-	-
FX	554	124	**Weekly** (N) ▢	**Weekly** ▢	**★★ "Independence Day: Resurgence"** ('16, Act) *Liam Hemsworth.* ▢					**Weekly** ▢	**★★ "All the Money in the World"** *Michelle Williams.* ▢				136	248
GOLF	216	86	**PGA Golf** ▢	**LPGA Golf** Founders Cup Site: Wildfire Golf Club ▢				**EPGA Golf** Indian Open Site: DLF Golf and Country Club -- New Delhi, India (L) ▢							401	218
HALL	452	128	**"Paris, Wine and Romance"** ('19, Rom) ▢				**★ "Love, Once and Always"** *David Hyde Pierce.* ▢				**G. Girls** ▢	**G. Girls** ▢	**G. Girls** ▢	**G. Girls** ▢	185	312
HGTV	323	232	**Dream H.** ▢	**Dream H.** ▢	**Dream H.** ▢	**Dream H.** ▢	**Dream H.** ▢	**Dream H.** ▢	**Paid Program** ▢		**Paid Program** ▢		**Paid Program** ▢		112	229
HISTORY	327	133	**Ancient Aliens: Declassified** (N) ▢				**Ancient Aliens: Declassified** ▢								120	269
HBO	611	502	**Bill Maher** (N) ▢		**HighMain** ▢	**Bill Maher** ▢		**High Main** ▢	**Westworld** ▢		**Curb** ▢	**★★★ "Mr. Holland's Opus"** ▢			303	504
HBO2	612	503	**★★ "Ma"** ('19, Hor) *Octavia Spencer.* ▢			**★★ "The Island"** ('05, Act) *Ewan McGregor.* ▢					**Bill Maher** ▢		**HighMain** ▢	**Movie**	304	505
KBS	80	-	**News** ▢ /**Family** ▢		**News** ▢	**Screening Humanity** ▢		**Revenge** ▢	**Yu Huiyeol's Sketchbook** ▢			**KBS News** /**Descendants of the Sun**			-	-
LIFE	448	226	**Couples Couch** (N) ▢		**Bride** "Family Feud" ▢		**Super** "Bean Family" ▢		**Couples Couch** "Move In or Move On" ▢				**Bride** "Family Feud" ▢		108	276
LMN	449	227	**"Psycho Nurse"** ('20, Thril) *Lyndon Smith.* ▢				**"My Daughter's Psycho Friend"** *Taylor Blackwell.* ▢				**"Psycho Nurse"** ('20, Thril) *Lyndon Smith.* ▢				109	253
MAX	622	515	**StrikeBk** ▢	**Strike Back** ▢		**★★ "The Hurt Locker"** ('09, Thril) *Jeremy Renner.* ▢					**StrikeBk** ▢	**★★★ "Unstoppable"** ▢			311	516
MSNBC	107	175	**The Last Word** ▢		**The 11th Hour** ▢		**Dateline** ▢		**Dateline** ▢		**Dateline** ▢		**MSNBC Live** ▢		209	356
NATGEO	347	130	**Lockup** ▢		**Lockup**		**Lockup**		**Lockup** ▢		**Lockup**		**Lockup**		186	276
NGN	677	-	**Scarlet** ▢	**La Grande Maison Tokyo** ▢		**Brain** ▢	**Okonom.** ▢	**News** (N)	**News** ▢	**Brain** ▢ /**Maison Tokyo** ▢		**Okazu** ▢	**Tetsuro Tabi**	**Enka Singers**	-	-
NICK	446	100	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Mom** ▢	**Mom** ▢	**Mom** ▢	**Mom** ▢	171	300
OC16	16	-	**Cook.** ▢	**Diver** (N) ▢	**Hawaii Goes Fishing** ▢		**Pet Hui** (N) ▢	**Japan** ▢	**Pakele** ▢	**Sports P** ▢	**Flhi Girlz** ▢	**Fishing Adv.**	**Tiny TV** ▢	**Showcase** ▢	-	-
OCSPT	12	89	**BasketC.** ▢	**NCAA Tennis** Washington vs. Hawaii ▢					**NCAA Basketball** Cal Poly at Hawaii ▢				**Paid** ▢	**Paid** ▢	-	-
OLELO53	53	53	**Native Hawaii Prog.** ▢		**Truth**	**Native Hawaii Programming** ▢			**Pacific Islander Programming**				**Native Hawaii Prog.** ▢		-	-
OLELO54	54	54	**Social/ Political Programming** ▢							**Maunalua** ▢	**Democracy Now!** (N) ▢		**Social Programming** ▢		-	-
OLELO55	55	55	**Inspirational Programming** ▢			**Tap in, Not Out** ▢		**Inspiration** ▢	**Prayer** ▢	**Inspirational Programming** ▢			**Inspirational Prog.** ▢		-	-
OWN*	343	242	**48 Hours: Hard Evidence** ▢		**20/20 on OWN** ▢		**48 Hours: Hard Evidence** ▢		**48 Hours: Hard Evidence** ▢		**20/20 on OWN** ▢		**20/20 on OWN** ▢		189	279
OXY	558	229	**Snap.** "Beverly McColm" ▢		**Snapped** "Nancy Khan" ▢		**Dateline: Secrets Uncovered** "Death Trap" ▢				**Snapped** ▢		**The DNA of Murder** "Hotel Homicide" ▢		127	251
PARMT	559	141	**"Sweet Home Alabama"**		**★★ "Grown Ups"** ('10, Com) *Adam Sandler.* ▢						**★★ "Sweet Home Alabama"** ('02, Com) *Reese Witherspoon.* ▢				241	241
SHOW*	633	451	**"Unlocked"** ('17, Act) *Noomi Rapace.* ▢			**The Trade** ▢		**Homeland** "Two Minutes" ▢		**BlackMon** ▢	**BlackMon** ▢	**DesMero** ▢	**The Circus** ▢	**Cartoon** ▢	319	546
SYFY	557	144	**★★★★ "xXx: Return of Xander Cage"** *Vin Diesel.* ▢				**Magician** "Be the Hyman" ▢		**★★★ "Harry Potter and the Deathly Hallows: Part 1"** ('10, Adv) *Daniel Radcliffe.* ▢						122	244
TBS	551	121	**ELeague** (N)		**Seinfeld** ▢	**Seinfeld** ▢	**Seinfeld** ▢	**Seinfeld** ▢	**Seinfeld** ▢	**Seinfeld** ▢	**★★ "Jack the Giant Slayer"** *Nicholas Hoult.* ▢				139	247
TCM	602	157	**"Any Number Can Play"**		**★★ "Across 110th Street"** ▢			**"Super Fly"** *Ron O'Neal.* ▢				**Gang Boy**	**★★★ "Butterfield 8"** ▢		132	256
TLC*	331	132	**90 Day Fiancé** ▢		**90 Day Fiancé** "More to Love: Baby Be Mine" (N) ▢				**90 Day F** ▢	**90 Day Fiancé** ▢		**90 Day F** ▢	**90 Day Fiancé** ▢		183	280
TMC	644	467	**"The House With a Clock in Its Walls"**			**★★ "The Perfect Score"** ▢			**★ "Dead Water"** *Casper Van Dien.* ▢			**★★ "The Final Wish"** *Lin Shaye.* ▢			329	554
TNT	553	125	**★★ "Blade: Trinity"** ('04, Thril) *Wesley Snipes.* ▢				**Supernatural** ▢		**Super.** "Party on, Garth" ▢		**Supernatural** ▢		**NCIS:NO** "Stolen Valor" ▢		138	245
TOON	440	103	**Amer. Dad** ▢	**Amer. Dad** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**9009/9009**	**TysonMys**	**Jellies**	**FamilyGuy** ▢	**FamilyGuy** ▢	**Amer. Dad** ▢	**RickMort** ▢	**9009/9009**	177	297
TRAVEL*	325	139	**Portals to Hell** (N) ▢		**Haunting in the Heart** (N) ▢		**The Holzer Files** ▢		**Spirits** "The Body Box" ▢		**Portals to Hell** ▢		**Haunting** "The Binding" ▢		196	277
TVLAND	441	127	**2½ Men** ▢	**2½ Men** ▢	**Queens** ▢	**Queens** ▢	**Queens** ▢	**Queens** ▢	**2½ Men** ▢	**2½ Men** ▢	**Loves Ray** ▢	**Loves Ray** ▢	**Goldberg** ▢	**Goldberg** ▢	106	304
USA*	555	123	**SVU** ▢	**SVU** "Contrapasso" ▢		**★★ "The Fast and the Furious"** ('01, Act) *Vin Diesel.* ▢					**Modern** ▢	**Modern** ▢	**Modern** ▢	**Modern** ▢	105	242
WE	451	230	**Lockup** "The Final Straw" ▢		**Lockup** "The Final Straw" ▢		**Love After Lockup** ▢		**Lockup** "The Final Straw" ▢		**Waka & Tammy** ▢		**Lockup** "The Final Straw" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/21	D	HT	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	S1	S2
(2) KHON	3	3	Weekend Marketplace ▢				Erth2050 ▢	Nature (N) ▢	Inside PBC Boxing (N) ▢		XFL Football Los Angeles vs St. Louis (L) ▢				2	2
(4) KITV	4	4	Morning Hawaii (N) ▢		XFL Football Dallas Renegades at Tampa Bay Vipers (L) ▢						World of X Games (N) ▢		Paid ▢	Paid ▢	4	4
(9) KHII	5	5	Erth2050 ▢	Nature (N) ▢	OutSpace ▢	Xploratn ▢	Weird (N) ▢	DIY Sci (N) ▢	Paid ▢	A.Athlete ▢	Live Life	Think Big ▢	Career Day	Paid ▢	5	5
(5) KGMB	7	7	NCAA Basket. Division I Tournament (L) ▢		NCAA Basketball Division I Tournament (L) ▢						NCAA Basketball Division I Tournament (L) ▢				9	9
(11) KHET	10	11	C.George ▢	Cat/ Hat ▢	Xavier ▢	W.World ▢	D.Tiger ▢	DinoTrain ▢	Molly ▢	Nature Cat ▢	Speaks ▢	Odd Squad ▢	Hiki No ▢	Essentrics ▢	11	11
(13) KHNL	8	8	ISU Figure Skating World Championship ▢				PGA Golf Valspar Championship Site: Innisbrook Resort and Golf Club (L) ▢						Paid ▢	Paid ▢	13	13
(14) KWHE	11	14	Roy Rog. ▢	Animal Sci ▢	Awesome ▢	Wild Am. ▢	Real Life ▢	Sports (N) ▢	Heartland ▢	Hollywd. (N)	Paid ▢	L.Ranger ▢	Sporting ▢	R/Hunt ▢	14	-
(20) KIKU	9	20	J. Hanna ▢	Animal ▢	J. Hanna ▢	J. Hanna ▢	Animal ▢	J. Hanna ▢	J. Hanna ▢	Paid ▢	Paid ▢	Paid ▢	The Old Path ▢		20	20
KFVE	22	13	HI Now ▢		Talk Story McKenna ▢		Wrestling ▢		X.Off-Road ▢	Engine ▢	TruckTech ▢	D.Muscle ▢	Paid ▢	Movie		
(26) KAAH*	26	26	DriveThru ▢	Creation ▢	TBA ▢	JordanRubin	HeHealed ▢	News ▢	Turn.Point/ Jeremiah ▢		B. Graham ▢	BGraham ▢	Gaither: Precious ▢		-	-
(32) KBFD	2	6	Off Air ▢				Youth Express (N) ▢		Producer ▢		Kinderga ▢	Pit-A-Pat ▢	Return of Bok Dan-Ji ▢		-	-
(44) KWBN		44	The Jim Bakker Show ▢		Dateline ▢	Super. ▢	Love Child ▢	Ruonala ▢	Worship ▢	Mission ▢	Beyond ▢	Larry & Tiz ▢	Jesus ▢	Gospel ▢		
(46) KHLU	35	-	Planeta de N	Planeta de N	Atencion Ate	Atencion Ate	Naturaleza H	Naturaleza H	Pagado ▢	Pagado ▢	Pagado ▢	Pagado ▢	Vecinos ▢	Misión Eur.	-	-
(66) KPXO	27	27	Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		SVU "Institutional Fail" ▢		Law & Order: S.V.U. ▢		SVU "Maternal Instincts" ▢			
A&E	547	129	Zombie House Flipping ▢		Zombie House Flipping ▢		Live PD: Wanted ▢		Live PD: Wanted ▢		Live PD ▢				118	265
AHC*	345	137	Against the Odds ▢		Against the Odds ▢		Mafia's Greatest Hits ▢		Gr. Hits "Tony Spilotro" ▢		Mafia's Greatest Hits ▢		Gr. Hits "Donnie Brasco" ▢		195	287
AMC	600	159	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	★★★ "The Book of Eli" ('09, Adv) *Denzel Washington.* ▢					131	254
ANPL	329	107	Amanda to the Rescue		Amanda to the Rescue		Pit Bulls & Parolees ▢		Pit Bulls & Parolees ▢		Pit Bulls & Parolees ▢		Pit Bulls & Parolees ▢		184	282
BBCA	341	135	The Hunt ▢		The Hunt ▢		The Hunt ▢		The Hunt ▢		Pacific "Ocean of Islands" ▢		Pacific "Castaways" ▢		135	264
BRAVO	560	237	Listing "Brother Dearest" ▢		Million Dollar List ▢		Million Dollar List ▢		Million Dollar List "Dubai It" ▢			Million Dollar List ▢		Movie	129	237
CNBC	116	176	Paid ▢	Paid ▢	Paid ▢	Paid ▢	Boss "Gigi's Cupcakes" ▢		Under Boss "Rocket Fizz" ▢		Undercover Boss ▢		Undercover Boss ▢		208	355
CNN	113	172	CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		S.E. Cupp Unfiltered ▢		200	202
COMEDY	545	142	The Office ▢	The Office ▢	The Office ▢	The Office ▢	The Office ▢	The Office ▢	The Office ▢	The Office ▢	The Office ▢	The Office ▢		"Shrek" ▢	107	249
CSPAN	45	61	Washington This Week ▢										The Communicators ▢		210	350
CW	93	2	Animal R. ▢	Dog Tales ▢	Into Wild ▢	Into Wild ▢	Into Wild ▢	Old House ▢	Animal ▢	Invention ▢	Think Big ▢	Y. Icons ▢	Sports ▢	A.Athlete ▢	3	395
DISC	333	131	Dirty Jobs "Exotic Nanny" ▢		Dirty Jobs ▢		Dirty Jobs ▢		Dirty Jobs ▢		Dirty Jobs ▢		Dirty Jobs ▢		182	278
DISNEY*	444	98	OwlHouse	Amphibia ▢	BigCity ▢	BigCity ▢	BigCity ▢	BigCity ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	CoopCami ▢	173	291
E!*	549	240	Sex & City ▢	Sex & City ▢	Sex & City ▢	Sex & City ▢	Sex & City ▢	Sex & City ▢	Sex & City ▢	Sex & City ▢	★★★ "Sex and the City" *Sarah Jessica Parker.* ▢				114	236
ESPN	222	70	NCAA Basketball ▢		ATP Tennis BNP Paribas Open Site: Indian Wells Tennis Garden -- Indian Wells, Calif. (L) ▢								SportsCenter (N) ▢		140	206
ESPN2	224	74	Champ.	NCAA Basketball Division I Tournament (L) ▢				NCAA Basketball Division I Tournament (L) ▢				NCAA Basket. Division I Tournament (L) ▢			144	209
FILI	688	320	SwakNa ▢	It's Showtime ▢					Team Yey!	Sweetie	Maalaala Mo Kaya ▢			I Can See ▢	-	-
FNC	109	178	America's News HQ ▢		America's News HQ ▢		Journal Editorial R. ▢		America's News HQ ▢				Fox Report ▢		205	360
FOOD	321	231	Pioneer ▢	Pioneer ▢	The Kitchen (N) ▢		S. Kitchen ▢	S. Kitchen	Baking "Spring Skies" ▢		Chopped: Sweets ▢		Buddy vs. Duff ▢		110	231
FREE*	538	122	Frt Salm "Say the Words" ▢		★★ "Oz the Great and Powerful" ('13, Adv) *James Franco.* ▢						★★★ "The Princess Diaries" *Julie Andrews.* ▢				180	311
FSW	226	-	Champions Tennis ▢		NCAA Baseball Duke at Georgia Tech Site: Russ Chandler Stadium -- Atlanta, Ga. (L) ▢						NHRA Drag Racing -- Gainesville, Fla. ▢				-	692
FSPT	228	-	NCAA Softball Texas at Oklahoma (L) ▢				NCAA Baseball Texas at Oklahoma Site: L. Dale Mitchell Park -- Norman, Okla. (L) ▢						Rodeo ▢		-	-
FX	554	124	★★ "All the Money in the World" ▢			★★ "Independence Day: Resurgence" ('16, Act) *Liam Hemsworth.* ▢					★★★ "Kingsman: The Secret Service" ▢				136	248
GOLF	216	86	PGA Golf Valspar Championship (L) ▢				Feherty "Gary Woodland" ▢		"The Squeeze" ('15, Com/Dra) *Jeremy Sumpter.*				LPGA Golf Founders Cup ▢		401	218
HALL	452	128	★ "The Art of Us" ▢		★★ "Falling for You" ('18, Rom) *Taylor Cole.* ▢				"Bound and Babysitting" *Tammin Sursok.* ▢				"The Last Bridesmaid"		185	312
HGTV	323	232	100 Day Dream Home ▢		100 Day Dream Home ▢		100 Day Dream Home ▢		Fixer Upper ▢		Fixer Upper ▢		Fixer Upper ▢		112	229
HISTORY	327	133	Swamp "No Man's Land" ▢		Swmp SerpentInvasion ▢		Caligula: 1400 Days of Terror ▢				The Dark Ages ▢				120	269
HBO	611	502	★★ "The Kid Who Would Be King" *Tom Taylor.* ▢				★★ "Big Momma's House 2" ▢			"Dodgeball: A True Underdog Story" ▢		★★★ "Shutter Island" ▢			303	504
HBO2	612	503	"After Truth: Disinformation & the Cost of Fake N...				Curb ▢	Curb ▢	Curb ▢	Curb Your Enthusiasm ▢		★★ "Hostel" *Eythor Gudjonsson.* ▢			304	505
KBS	80	-	Senior Talk Show		The Return of Superman ▢		Backpack Travels ▢		Battle Trip ▢			I Like to Sing ▢		Happy ▢	-	-
LIFE	448	226	Paid ▢	Dance It ▢	Super "Bean Family" ▢		★ "Stalker's Prey" ('17, Thril) *Saxon Sharbino.* ▢				"Accidental Obsession" ('15, Thril) *Josie Davis.* ▢				108	276
LMN	449	227	"Deadly Lessons" ('17, Thril) *Christie Burson.* ▢				"All My Husband's Wives" *Erin Karpluk.* ▢				"A Killer in My Home" ('20, Susp) *Bree Williamson.* ▢				109	253
MAX	622	515	★★ "Meet the Fockers" ▢			★★★ "Bad Times at the El Royale" ('18, Myst) *Jeff Bridges.* ▢					★★ "The Package" *Gene Hackman.* ▢			Movie	311	516
MSNBC	107	175	Weekends-Alex Witt ▢		MSNBC Live ▢		MSNBC Live ▢		MSNBC Live		PoliticsNation ▢		MSNBC Live ▢		209	356
NATGEO	347	130	Detroit Gang Squad ▢		Tijuana Drug Lords ▢		Miami Drug Cartel ▢		Power of Fear ▢		Outlaw Bikers ▢		Outlaw Bikers ▢		186	276
NGN	677	-	Tetsuro Tabi	Scarlet/Video	Enka Singers	Brain ▢ /Maison Tokyo ▢		Brain ▢	Okonom. ▢	Dosanko ▢	News ▢	Brain /Choshichiro Nikki ▢		Tetsuro Tabi	-	-
NICK	446	100	SpongeBob ▢		Sponge ▢	Sponge ▢	Sponge "Truth or Square" ▢		Sponge ▢	Sponge ▢	Sponge ▢	Casagrandes	Sponge ▢	Loud H. ▢	171	300
OC16	16	-	TheChamp ▢	Pilates ▢	Outside HI ▢	Japan ▢	Cutty (N) ▢	Fishing Adv.	Hawaii ▢	Driver ▢	Hawaii Goes Fishing ▢		Board ▢	Sports	-	-
OCSPT	12	89	NCAA Basket. Classics ▢		NCAA Volleyball UC Irvine vs. Hawaii ▢			NCAA Water Polo Loyola M. vs Hawaii ▢			NCAA Football Classics Oregon State vs. Hawaii ▢				-	-
OLELO53	53	53	Native Hawaii Prog. ▢		Native Hawaii Programming ▢				First Friday Hawaii ▢		Native Hawaii Programming ▢				-	-
OLELO54	54	54	Social/ Political Programming ▢								Full Democracy		Social ▢	Meanderings	-	-
OLELO55	55	55	FilmWork ▢	Inspiration ▢	Jesus ▢	Unity Church of Hawaii ▢		Faaman. ▢	The Gospel Hour		Inspirational Prog. ▢		Jesus Is Coming Soon ▢		-	-
OWN*	343	242	Dr. Phil ▢		Dr. Phil ▢		Dr. Phil ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		Iyanla, Fix My Life ▢		189	279
OXY	558	229	Cold Justice ▢		Snap. "Kimberly Baldwin" ▢		Snapped "Jerrie Bryant" ▢		Snapped "Kelly Harrod" ▢		Snap. "Jordan Graham" ▢		Snapped ▢		127	251
PARMT	559	141	Movie	★★★★ "Indiana Jones and the Last Crusade" ('89, Adv) *Harrison Ford.* ▢						★★★★ "Raiders of the Lost Ark" ('81, Adv) *Harrison Ford.* ▢					241	241
SHOW*	633	451	★★ "Seven Pounds" ▢		The Trade ▢		★★★ "Den of Thieves" ('18, Act) *Gerard Butler.* ▢					★★★ "Good Will Hunting" ▢			319	546
SYFY	557	144	★★★ "Harry Potter and the Deathly Hallows: Part 1" ('10, Adv) *Daniel Radcliffe.* ▢						★★★ "Harry Potter and the Deathly Hallows: Part 2" ('11, Adv) *Daniel Radcliffe.* ▢						122	244
TBS	551	121	Friends ▢	Friends ▢	★★ "Godzilla" ('14, Act) *Elizabeth Olsen.* ▢					★★ "Hellboy II: The Golden Army" ('08, Adv) *Ron Perlman.* ▢					139	247
TCM	602	157	Movie	★★★★ "Hamlet" ('48, Dra) *Laurence Olivier.* ▢						"Creature From the Black Lagoon" ▢			★★★ "Bullitt" ▢		132	256
TLC*	331	132	Yes Dress ▢	Yes Dress ▢	Yes Dress ▢	Yes Dress ▢	Say Yes to the Dress ▢		Say Yes to the Dress ▢		Say Yes to the Dress ▢		Say Yes to the Dress ▢		183	280
TMC	644	467	Movie	★★ "Wildlife" ('18, Dra) *Ed Oxenbould.* ▢				"Personal Velocity: Three Portraits" ▢			★★ "Winchester" *Helen Mirren.* ▢			Movie	329	554
TNT	553	125	★★ "Blade II" ('02, Act) *Wesley Snipes.* ▢				★★ "Blade: Trinity" ('04, Thril) *Wesley Snipes.* ▢				NCAA Pre-game (L) ▢		NCAA Basketball ▢		138	245
TOON	440	103	Titans! (N)	ThunRoar	Titans!	Titans!	Titans!	Titans!	Gumball	Gumball	Gumball	Gumball	Titans!	Titans!	177	297
TRAVEL*	325	139	Unexplained: Caught		Unexplained: Caught		The Alaska "Hidden Lake Monster and Violent Spirits"				The Alaska Triangle				196	277
TVLAND	441	127	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	Roseanne ▢	2½ Men ▢	2½ Men ▢	106	304
USA*	555	123	Paid ▢	Paid ▢	Paid ▢	Paid ▢	★★ "The Fast and the Furious: Tokyo Drift" ▢				★★ "Fast and Furious" ('09, Act) *Vin Diesel.* ▢				105	242
WE	451	230	Crim. Minds "Limelight" ▢		Crim. Minds "Damaged" ▢		C.Minds "A Higher Power" ▢		Criminal Minds ▢		Criminal Minds "In Heat" ▢		C.Minds "The Crossing" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

03/21	D	HT	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	S1	S2
(2) KHON	3	3	**XFL Football** (L) ▢		**Kickin' It** ▢		**Weird** (N) ▢	**DIY Sci** (N) ▢	**Fam. Feud** ▢	**Paid** ▢	**Weather** ▢	**Wahine** ▢	**News** (N) ▢	**Wheel** ▢	2	2
(4) KITV	4	4	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**News** (N) ▢	**News** (N) ▢	**News** (N) ▢	**IslandS.** ▢	4	4
(9) KHII	5	5	★★ **"The Firm"** ('93, Dra) *Tom Cruise.* ▢						**Whack** ▢	**Sp. Net** ▢	**Leverage** ▢		**News** (N) ▢	**BigBang** ▢	5	5
(5) KGMB	7	7	**Basket.** ▢	**NCAA Basketball** Division I Tournament (L) ▢					**Ent. Tonight** ▢		**News** (N) ▢	**Broadway** ▢	★★ **"The Firm"** ▢		9	9
(11) KHET	10	11	**Craftsman** ▢	**Paint** ▢	**Am.Wdshp** ▢	**Ask House** ▢	**Old House** ▢	**Motor.** (N) ▢	**Ming** ▢	**TestK** ▢	**Lidia's Kit.** ▢	**Milk St.** ▢	**Dining** ▢	**News.** (N) ▢	11	11
(13) KHNL	8	8	**Minute** (N) ▢	**Paid** ▢	**Earth Od** ▢	**Earth Od** ▢	**Consumer** ▢	**VetsSav.** ▢	**New Leaf** ▢	**Champion** ▢	**News** (N) ▢	**News** (N) ▢	**HI Now** ▢		13	13
(14) KWHE	11	14	**Game On** ▢	**50Plus** ▢	**Military M.** ▢	**Garden** ▢	**Hazelton** ▢	**Spaces** ▢	**Coffee** (N) ▢	**Real Green** ▢	**Sm.Town** ▢	**Traveler** ▢	**America** ▢	**Music** ▢	14	-
(20) KIKU	9	20	**The Kingdom of Jesus Christ** ▢						**Paid** ▢	**SurerWrd** ▢	**You're My Home** ▢		**Beautiful Strangers** ▢		20	20
KFVE	22	13	★★ **"The Soloist"** ('09, Dra) *Jamie Foxx.* ▢				**Black-ish** ▢	**Black-ish** ▢	**Voice** ▢	**Doko Ga** ▢	**Hi Session** ▢	**Weddings**	**Last Man** ▢	**Last Man** ▢		
(26) KAAH*	26	26	**In Touch Ministries** ▢		**Huckabee** ▢		**Gotta Do It**	**The Hour of Power** ▢		**Leading** ▢	**Huckabee** ▢		**Gotta Do It**	**L.Fontaine** ▢	-	-
(32) KBFD	2	6	**It's My Life** ▢			**Running Man** (N) ▢			**News** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid/ News**	-	-
(44) KWBN		44	**Religious Programming** ▢			**M. Youssef** ▢	**K.Hagin** ▢	**JSekulow** ▢	**In Touch Ministries** ▢		**P. Stone** ▢	**Love Israel** ▢	**Prophetic** ▢	**J.Osteen** ▢		
(46) KHLU	35	-	**Misión Eur.**	**MLS Fútbol** Atlanta United FC vs. Chicago Fire Site: Soldier Field (L) ▢					**Los guapos**	**Los guapos**	**María**	**Noticiero** ▢	**Los guapos**	**Los guapos**	-	-
(66) KPXO	27	27	**SVU** "Patrimonial Burden" ▢		**SVU** "Melancholy Pursuit" ▢		**SVU** "Depravity Standard" ▢		**SVU** "Catfishing Teacher" ▢		**Law & Order: S.V.U.** ▢		**Law & Order: S.V.U.** ▢			
A&E	547	129	**Live PD** ▢		**Live PD** ▢						**Live PD: Rewind** (N) ▢		**Live PD** ▢		118	265
AHC*	345	137	**Gr. Hits** "Meyer Lansky" ▢		**Sam Giancana: Mafia** ▢		**Mafia's Hits** "John Gotti" ▢		**Gr. Hits** "Joe Colombo" ▢		**Gr. Hits** "Vito Genovese" ▢		**Mafia's Hits** "John Gotti" ▢		195	287
AMC	600	159	★★★ **"I Am Legend"** ('07, Sci-Fi) *Will Smith.* ▢				★★★ **"The Hunger Games"** ('12, Act) *Jennifer Lawrence.* ▢						**"The Hunger Games:** ...		131	254
ANPL	329	107	**Pit Bulls & Parolees** ▢		**Pit Bulls & Parolees** ▢		**Pit Bulls & Parolees** ▢		**To Be Announced** ▢		**Pit Bulls** "You Are Free" ▢		**Pit Bulls & Parolees** (N) ▢		184	282
BBCA	341	135	**Pacific** "Endless Blue" ▢		**South Pacific** ▢		**Pacific** "Strange Islands" ▢		**Planet Earth: The Best of The Hunt**				**Seasonal Wonderlands** ▢		135	264
BRAVO	560	237	★★★ **"Walk the Line"** ('05, Bio) *Joaquin Phoenix.* ▢					★★★ **"Walk the Line"** ('05, Bio) *Joaquin Phoenix.* ▢						**Movie**	129	237
CNBC	116	176	**Undercover Boss** ▢		**Undercover Boss** ▢		**Boss** "Loehmann's" ▢		**Boss** "Cinnabon, Inc." ▢		**The Profit** ▢		**The Profit** ▢		208	355
CNN	113	172	**CNN Newsroom** ▢		**CNN Newsroom** ▢		**The Windsors:Royal**		**Windsors** "Love or Duty?"		**CNN Special** ▢		**CNN Special** ▢		200	202
COMEDY	545	142	★★★ **"Shrek"** *Voices of Mike Myers.* ▢			★★ **"Dumb and Dumber"** ('94, Com) *Jim Carrey.* ▢					★★★ **"Shrek"** ('01, Ani) *Voices of Mike Myers.* ▢				107	249
CSPAN	45	61	**Washington This Week** ▢		**The Communicators** ▢		**Public Affairs Events** ▢						**Public Affairs Events** ▢		210	350
CW	93	2	**Provdnce** ▢	**Provdnce** ▢	**Provdnce** ▢	**Provdnce** ▢	**Murdoch Mysteries** ▢		**Sp. Net** (N) ▢	**Whack** ▢	**Asia** ▢	**Fishing** ▢	**BigBang** ▢	**BigBang** ▢	3	395
DISC	333	131	**Dirt Job** "Sponge Diver" ▢		**Expedition Unknown** ▢		**Expedition Unknown** ▢		**Expedition Unknown** ▢		**Exp. Unknown** "Underwater Kingdoms" (N) ▢				182	278
DISNEY*	444	98	**CoopCmi**	**Jessie** ▢	**Jessie** ▢	**Jessie** ▢	**Jessie** ▢	**Bunk'd**	**Raven** ▢	**Raven** ▢	**Raven** ▢	**Gabby Duran** ▢		**Movie**	173	291
E!*	549	240	**"Sex and the City"** ▢		★★ **"17 Again"** ('09, Com/Dra) *Zac Efron.* ▢					★★ **"The Wedding Planner"** ('01, Rom) *Jennifer Lopez.* ▢					114	236
ESPN	222	70	**NCAA Wrestling** Division I Tournament Site: U.S. Bank Stadium (L) ▢						**SportsCenter** (N) ▢		**SportsCenter** (N) ▢		**SportsCenter** (N) ▢		140	206
ESPN2	224	74	**Basket.** ▢	**NCAA Basketball** Division I Tournament (L) ▢				**NCAA Basketball** Division I Tournament (L) ▢				**NCAA Basket.** Division I Tournament (L) ▢			144	209
FILI	688	320	**I Can See** ▢	**Legends**	**MissionPossi**	**TV Patrol** ▢	**It's Showtime** ▢					**Ipaglaban Mo**		**Maalaala** ▢	-	-
FNC	109	178	**Life, Liberty & Levin**		**Watters World** ▢		**Justice JudgeJeanine** ▢		**The Greg Gutfeld Show** ▢		**Watters World** ▢		**Justice JudgeJeanine** ▢		205	360
FOOD	321	231	**Vegas Chef Prizefight**		**Rest.** "Greek Tragedy" ▢		**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	110	231
FREE*	538	122	**Movie**	★★ **"The Princess Diaries 2: Royal Engagement"** *Anne Hathaway.* ▢					★★★★ **"Pocahontas"** *Voices of Irène Bédard.* ▢				**"The Princess & the F**...		180	311
FSW	226	-	**NHRA Drag Racing** ▢		**AMA Arenacross** ▢		**Kings**	**Pregame** ▢	**NHL Hockey** Vancouver Canucks at Los Angeles Kings (L) ▢					**Post-game** ▢	-	692
FSPT	228	-	**Rodeo** ▢		**Rodeo** RodeoHouston Super Series -- Houston, Texas ▢				**Champions Tennis Classics** 2019 Champions Cup ▢				**Boxing Classics** ▢		-	-
FX	554	124	**"Kingsman: The Secre**...		★★ **"Kingsman: The Golden Circle"** ('17, Act) *Taron Egerton.* ▢						★★★ **"X-Men: Apocalypse"** *Jennifer Lawrence.* ▢				136	248
GOLF	216	86	**LPGA Golf** Founders Cup Site: Wildfire Golf Club (L) ▢				**Golf Central** (N) ▢		**PGA Golf** Valspar Championship Site: Innisbrook Resort and Golf Club ▢						401	218
HALL	452	128	**"The Last Bridesmaid"**		★★ **"All of My Heart: The Wedding"** *Lacey Chabert.* ▢				★★ **"Love and Sunshine"** ('19, Rom) *Danica McKellar.* ▢				**"Love on the Sidelines"**		185	312
HGTV	323	232	**Fixer Upper** ▢		**Home Town** ▢		**Home Town** ▢		**Restored: Fan Faves** (N)		**Restored: Fan Faves** (N)		**Home Town** ▢		112	229
HISTORY	327	133	**Aliens** "The Monoliths" ▢		**Ancient Aliens** ▢		**Ancient Aliens** ▢		**Aliens** "The Replicants" ▢		**Ancient Aliens** ▢		**Ancient Aliens** (N) ▢		120	269
HBO	611	502	★★★ **"Shutter Island"** ▢			★★★ **"John Wick: Chapter 3 - Parabellum"** *Keanu Reeves.* ▢					★★ **"X-Men: Dark Phoenix"** *James McAvoy.* ▢				303	504
HBO2	612	503	**Shop** ▢	**Whitmer Thomas** ▢		★★ **"Long Shot"** ('19, Com) *Charlize Theron.* ▢					★★ **"Due Date"** *Zach Galifianakis.* ▢			**Movie**	304	505
KBS	80	-	**Happy Together** ▢		**Immortal Songs 2** ▢			**BeautifulLoveLife** ▢		**LoveLife** ▢	**Music Bank** ▢			**Gag Concert**	-	-
LIFE	448	226	**"The Cheerleader Escort"** *Alexandra Beaton.* ▢				**"Into the Arms of Danger"** ('20, Hor) ▢				**"A Predator's Obsession"** *Houston Stevenson.* ▢				108	276
LMN	449	227	**"My Daughter's Been Kidnapped"** *Boti Bliss.* ▢				**"Murder in the Suburbs"** ('20, Thril) *Nicky Whelan.* ▢				**"Revenge for Daddy"** ('20, Thril) *Sarah Butler.* ▢				109	253
MAX	622	515	**"The Darkest Hour"** ▢		★★ **"Skyscraper"** ('18, Act) *Dwayne Johnson.* ▢				**StrikeBk** ▢	★★ **"The Predator"** ('18, Act) *Boyd Holbrook.* ▢				**Movie**	311	516
MSNBC	107	175	**MSNBC Live** ▢		**All in With Chris Hayes** ▢		**Rachel Maddow** ▢		**The Last Word** (N) ▢		**The 11th Hour** (N) ▢		**Rachel Maddow** ▢		209	356
NATGEO	347	130	**Bikers** "Warlock War" ▢		**Bikers** "Hell's Angels" ▢		**Bikers** "Bandido Nation" ▢		**Drugs** "The High Wire" ▢		**Drugs, Inc.** ▢		**Drugs** "Salt Lake Sinners" ▢		186	276
NGN	677	-	**Sama No** ▢	**Brain** ▢	**Natsuzo.**	**PONPON** ▢	**Erin** ▢	**Ikiiki**	**Brain/Mentai**	**Brain**	**Scarlet** ▢	**Matsuko** ▢	**Sama No** ▢	**Brain/News**	-	-
NICK	446	100	**Loud H.** ▢	**Loud H.** ▢	**Loud H.** ▢	**Loud H.** ▢	**Loud H.** ▢	**Loud H.** ▢	**Loud H.** ▢	**Henry Danger** ▢	**Scarlet** ▢	**Young Dy** (N)	**All That** ▢	**Substitute** ▢	171	300
OC16	16	-	**Pakele** ▢	**Braddahs** ▢	**Ocean** ▢	**Tiny TV** ▢	**Showcase** ▢	**OC/Game**	**H.S. Baseball** (L) ▢				**OC Shorts**	**Baseball** ▢	-	-
OCSPT	12	89	**NCAA Football Classics** Ore. St./Haw. ▢			**NCAA Beach Volleyball** Washington vs. Hawaii ▢				**NCAA Basketball** UC Irvine vs. Hawaii ▢			**NCAA Water Polo** (L) ▢		-	-
OLELO53	53	53	**Native Hawaii Programming** ▢							**Not for Sale**	**HI Prog.** ▢	**Truth**	**Cultural/ Ethnic** ▢		-	-
OLELO54	54	54	**Oahu Meanderings**			**F.A.P.E. Now!**		**Kukui** ▢	**Dr. J. Char** ▢	**ThinkTech**	**Self** ▢	**Cannabis TV**	**Everyday Tai Chi by Lucy** ▢		-	-
OLELO55	55	55	**Inspiration** ▢	**I Am That I** ▢	**The Coming of Jesus** ▢		**P. Table** ▢	**Church** ▢	**Overcom.** ▢	**Inspirational Programming** ▢					-	-
OWN*	343	242	**Iyanla** "Where Are They Now?: Fix My Broken Family" ▢				**Iyanla, Fix My Life** ▢		**Iyanla, Fix My Life** ▢		**Love Goals** ▢		**Love Goals** (N) ▢		189	279
OXY	558	229	**Snap.** "Deborah Perna" ▢		**Snap.** "Kisha Schaberg" ▢		**Cold Justice** (N) ▢		**The DNA of Murder** (N) ▢		**Snapped** ▢		**Snapped** "Ana Mancio" ▢		127	251
PARMT	559	141	★★★★ **"Indiana Jones and the Last Crusade"** ('89, Adv) *Harrison Ford.* ▢						★★ **"Men in Black 3"** ('12, Act) *Will Smith.* ▢					**Movie**	241	241
SHOW*	633	451	**Movie**	**Homeland** "Two Minutes" ▢		**BlackMon** ▢	**BlackMon** ▢	★★★ **"The Holiday"** ('06, Rom) *Cameron Diaz.* ▢					★★ **"Hampstead"** (P) ▢		319	546
SYFY	557	144	★★★★ **"xXx: Return of Xander Cage"** *Vin Diesel.* ▢				★★★★ **"John Wick"** ('14, Act) *Keanu Reeves.* ▢				★★★★ **"John Wick: Chapter 2"** *Keanu Reeves.* ▢				122	244
TBS	551	121	**NCAA Basketball** Division I Tournament (L) ▢					**NCAA Basketball** Division I Tournament (L) ▢					**Madness** ▢	**Tacoma** ▢	139	247
TCM	602	157	★★★ **"Bullitt"** ▢		★★★ **"Dial M for Murder"** ('54, Thril) *Grace Kelly.* ▢				★★★ **"Wait Until Dark"** ('67, Thril) *Audrey Hepburn.* ▢				**"Elevator to the Gall**...		132	256
TLC*	331	132	**Say Yes to the Dress** ▢		**Say Yes to the Dress** ▢		**Say Yes to the Dress** ▢		**Say Yes to the Dress** ▢		**Say Yes** "Men of Honor?" ▢		**Say Yes to the Dress** ▢		183	280
TMC	644	467	★★★ **"Scrooged"** *Bill Murray.* ▢			★★★ **"Blue Streak"** *Martin Lawrence.* ▢			★★ **"Shaft"** ('00, Act) *Samuel L. Jackson.* ▢				★★ **"Intruders"** ▢		329	554
TNT	553	125	**NCAA Basket.** Division I Tournament (L) ▢			**NCAA Basketball** Division I Tournament (L) ▢					**Hot Ones GS**	**Hot Ones GS**	★★★ **"It"** *Bill Skarsgård.* ▢		138	245
TOON	440	103	**Craig** ▢/**Craig**	**Victor/Victor**	**DrmaRma**	**DrmaRma**	**Gumball**	**Gumball**	**Steven**	**InfTrain**	**DragonB.** ▢	**DragonB.** ▢	**Amer. Dad** ▢	**Amer. Dad** ▢	177	297
TRAVEL*	325	139	**Legend of Bigfoot**				**These Woods are Haunted**		**These Woods are Haunted**		**These Woods are Haunted**		**Woods are Haunted** (N)		196	277
TVLAND	441	127	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	106	304
USA*	555	123	**Movie**	★★ **"The Fast and the Furious"** ('01, Act) *Vin Diesel.* ▢					★★ **"Too Fast Too Furious"** ('03, Act) *Paul Walker.* ▢				**"The Fast & the Furio**...		105	242
WE	451	230	**C.Minds** "Tabula Rasa" ▢		**Criminal Minds** "Lo-Fi" ▢		**Criminal Mind** "Mayhem" ▢		**Criminal Minds** ▢		**C.Minds** "Minimal Loss" ▢		**Criminal Mind** "Paradise" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

ON TV | SATURDAY PRIMETIME

03/21	D	HT	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	S1	S2
(2) KHON	3	3	**Lego** "Mega City Block" ▢		**9-1-1** "Seize the Day" ▢		**News** (N) ▢	**E. Aikau** ▢	**News** (N) ▢	**Hell** "Blend on Main" ▢	**Hollywd.** (N)		**Wipeout** ▢		2	2
(4) KITV	4	4	**Shark Tank** ▢		**American Idol** "Hollywood Week - Genre Challenge" ▢		**News** (N) ▢		**News** (N) ▢	**New Hope** ▢	**American Ninja Warrior** ▢		**Major Crimes** "D.O.A" ▢		4	4
(9) KHII	5	5	**2½ Men** ▢	**Two 1/2 Men**	**Castle** ▢		**Heart.** "Running Scared" ▢		**News** (N) ▢	**Mother** ▢	**Comedy.TV** ▢		**BobBrg** ▢	**BobBrg** ▢	5	5
(5) KGMB	7	7	★★★ **"The Firm"** ('93, Dra) *Tom Cruise.* ▢				**48 Hours** ▢		**News** (N) ▢	**Madam** "The Race" ▢		**Elementary** ▢		**Listener** ▢	9	9
(11) KHET	10	11	**Places** ▢	**Traveler** ▢	**Shelter Me** ▢		**Roots** "Beyond the Pale" ▢		**It's Just Firewood** ▢		**Austin City Limits** ▢		**Food: Delicious Science** ▢		11	11
(13) KHNL	8	8	**Dateline NBC** ▢		**ISU Figure Skating** World Championship ▢				**News** (N) ▢	**Saturday Night Live** ▢			**NCIS:NO** "Aftershocks" ▢		13	13
(14) KWHE	11	14	**Heart.** "Running Scared" ▢		**Heart.** "Running Scared" ▢		**Murdoch Mysteries** ▢		**Murdoch Mysteries** ▢		**Inspire**	**Paid** ▢	**Lassie** ▢	**Lassie** ▢	14	-
(20) KIKU	9	20	**Lone Wolf With Cub** ▢		**Behind the Noren** ▢		**Jazz Alley TV**		**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	**Paid** ▢	20	20
KFVE	22	13	**Goldberg** ▢	**Goldberg** ▢	**K5 Mele** ▢		**News** (N) ▢	**Matter** ▢	**Friends** ▢	**Seinfeld** ▢	**News** (N)	**Mike&M.** ▢	**Mike&M.** ▢	**2 Broke G.** ▢		
(26) KAAH*	26	26	**HeHealed** ▢	★★ **"Love's Abiding Joy"** ▢			**Praise** ▢		**R. Morris** ▢	**G. Laurie** ▢	**John Gray** ▢	**K. Shook** ▢	**Ed Young** ▢	**Lead Way** ▢	-	-
(32) KBFD	2	6	**Destiny** ▢	**Return of Bok Dan-Ji** (N) ▢			**News** (N) ▢ /**It's My Life** (N) ▢			**Law of the Jungle** (N) ▢			**Off Air** ▢		-	-
(44) KWBN		44	**Bible** ▢	**The Ramp** ▢	**Carpenter** ▢	**Freedom**	**In Touch Ministries** ▢		**Reflections** ▢		**Reflections** ▢		**Gospel** ▢	**Dateline** ▢		
(46) KHLU	35	-	**MFL Fútbol** León at Club América (L) ▢				**MFL Fútbol** Tigres UANL at Necaxa (L) ▢				**María**	**Noticiero** ▢	**Más Noche**		-	-
(66) KPXO	27	27	**Law & Order: S.V.U.** ▢		**Law & Order: S.V.U.** ▢		**SVU** "Collateral Damages" ▢		**Law & Order: S.V.U.** ▢		**Law & Order: S.V.U.** ▢		**SVU** "Unholiest Alliance" ▢			
A&E	547	129	**Live PD** ▢				**Live PD** ▢						**Live PD: Rewind** ▢		118	265
AHC*	345	137	**Gr. Hits** "Joe Colombo" ▢		**Gr. Hits** "Vito Genovese" ▢		**Sam Giancana: Mafia** ▢		**Gr. Hits** "Meyer Lansky" ▢		**Gr. Hits** "Donnie Brasco" ▢		**Against the Odds** ▢		195	287
AMC	600	159	★★★ **"The Hunger Games: Catching Fire"** ▢				★★ **"The Hunger Games: Mockingjay, Part 1"** *Jennifer Lawrence.* ▢				★ **"The Hunger Games: Mockingjay, P...**				131	254
ANPL	329	107	**Pit Bulls and Parol.** (N)		**To Be Announced** ▢		**Pit Bulls & Parolees** ▢		**Pit Bulls** "You Are Free" ▢		**Pit Bulls and Parol.**		**To Be Announced** ▢		184	282
BBCA	341	135	**Seasonal** ▢	**Pacific** "Ocean of Islands" ▢	**Pacific** "Castaways" ▢			**Pacific** "Endless Blue" ▢		**South Pacific** ▢		**Pacific** "Strange Islands" ▢		**SeasonWndr**	135	264
BRAVO	560	237	★★★ **"Dirty Dancing"** *Patrick Swayze.* ▢		★★★ **"Dirty Dancing"** ('87, Dan) *Patrick Swayze.* ▢					★★ **"Dirty Dancing: Havana Nights"** *Diego Luna.* ▢				**Watch** ▢	129	237
CNBC	116	176	**The Profit** ▢		**Paid** ▢	**Paid** ▢	**The Deed: Chicago** ▢		**The Deed: Chicago** ▢		**The Deed: Chicago** ▢		**Options**	**Paid** ▢	208	355
CNN	113	172	**CNN Special** ▢		**CNN Special** ▢		**CNN Special** ▢		**CNN Newsroom** ▢		**CNN Newsroom** ▢		**New Day Weekend** ▢		200	202
COMEDY	545	142	★★ **"Tommy Boy"** ('95, Com) *Chris Farley.* ▢				**Cr. Yankers**	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	**SouthPk** ▢	107	249
CSPAN	45	61	**Public Affairs Events** ▢												210	350
CW	93	2	**Castle** "Ghosts" ▢		★★★ **"Flushed Away"** *Voices of Hugh Jackman.* ▢				**Celeb Page**	**Access Hollywood** (N) ▢		**Mom** ▢	**Hollywood**	**Hollywood**	3	395
DISC	333	131	**Exp. Unknown** (N) ▢		**Expedition Unknown** ▢		**Expedition Unknown: Rediscovered** "Long Lost Tombs" ▢						**Expedition Unknown** ▢		182	278
DISNEY*	444	98	**"Hotel Transylvania"** ▢		**BigCity** ▢	**BigCity**	**BigCity** ▢	**BigCity** ▢	**Owl House** ▢	**Owl House** ▢	**Raven** ▢	**Owl House** ▢	**Jessie** ▢	**Jessie** ▢	173	291
E!*	549	240	★★ **"Fifty Shades of Grey"** ('15, Dra) *Dakota Johnson.* ▢					★★★ **"Fifty Shades Darker"** ('17, Rom) *Dakota Johnson.* ▢					**"Fifty Shades of Grey"** ▢		114	236
ESPN	222	70	**SportsCenter** (N) ▢		**SportsCenter** (N) ▢		**SportsCenter** ▢		**SportsCenter** ▢		**SportsCenter** ▢		**SportsCenter** ▢		140	206
ESPN2	224	74	**Basket.** ▢	**K. Nolan** ▢	**NCAA Gymnastics** SEC Championship ▢				**Knockout** ▢	**Knockout**	**UFC Main Event** ▢		**World of X Games** ▢		144	209
FILI	688	320	**Maalaala** ▢	**I Can See Your Voice** ▢		**The Bottomline** ▢		**Failon**	**Soco**	**Adobo Nation** ▢		**Citizen** ▢	**G Diaries**	**Kuha Mo** ▢	-	-
FNC	109	178	**The Greg Gutfeld Show** ▢		**Watters World** ▢		**Justice Judge Jeanine** ▢		**The Greg Gutfeld Show** ▢		**Fox Report** ▢		**Fox & Friends Sunday** ▢		205	360
FOOD	321	231	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	**Diners** ▢	110	231
FREE*	538	122	★★★ **"The Princess and the Frog"** ▢			★★★ **"Frozen"** ('13, Fam) *Voices of Kristen Bell.* ▢					★★★★ **"Matilda"** ('96, Fam) *Mara Wilson.* ▢				180	311
FSW	226	-	**Kings**	**Crankworx** ▢	**WPT Poker** ▢		**NHL Hockey** Vancouver Canucks at Los Angeles Kings ▢				**Post-game** ▢	**Kings**	**Paid** ▢	**Paid** ▢	-	692
FSPT	228	-	**Boxing Classics** ▢		**MMA** WCK Full Rules ▢		**MMA** WCK Full Rules ▢		**WPT Poker** ▢		**WPT Poker** ▢		**Paid** ▢	**Paid** ▢	-	-
FX	554	124	**"X-Men: Apocalypse"** ▢		**Breeders** ▢	**Better** ▢	**Inbetween** ▢	**Inbetween** ▢	**Inbetween** ▢	**Inbetween** ▢	**Inbetween** ▢	**Inbetween** ▢	**Mike&M.** ▢	**Mike&M.** ▢	136	248
GOLF	216	86	**PGA Golf** Valspar Championship ▢			**Golf Central** ▢		**EPGA Golf** Indian Open Site: DLF Golf and Country Club -- New Delhi, India (L) ▢							401	218
HALL	452	128	**"Love on the Sidelines"**		**Preview** (N)	**Preview** ▢	**"Matching Hearts"** ('20, Rom) *Taylor Cole.* ▢				★★ **"All of My Heart"** ('15, Dra) *Lacey Chabert.* ▢				185	312
HGTV	323	232	**Restored: Fan Faves**		**Restored: Fan Faves**		**Home Town** ▢		**Paid Program** ▢		**Paid Program** ▢		**Paid Program** ▢		112	229
HISTORY	327	133	**The UnXplained** (N) ▢		**Aliens** "Dark Forces" ▢		**Ancient Aliens** ▢		**UnXplain** "Deadly Cults" ▢		**Ancient Aliens** ▢		**Aliens** "Dark Forces" ▢		120	269
HBO	611	502	**Westworld** ▢		**My Brilliant Friend** ▢		**High Main** ▢	★★ **"X-Men: Dark Phoenix"** *James McAvoy.* ▢				**Bill Maher** ▢		**WhitThom** ▢	303	504
HBO2	612	503	★★★★ **"A Star Is Born"** ('18, Dra) *Lady Gaga.* ▢				**Bill Maher** ▢		**Last Week**	★★ **"The Manchurian Candidate"** ▢				**"Valkyrie"**	304	505
KBS	80	-	**Gag Concert**		**News** ▢	**Stars' Top Recipe at Fun-Staurant** ▢			**Immortal Songs 2** ▢			**Dogs Are Incredible** ▢			-	-
LIFE	448	226	**"A Deadly Price for Her Pretty Face"** ▢				**"A Predator's Obsession"** *Houston Stevenson.* ▢				**"A Deadly Price for Her Pretty Face"** ▢				108	276
LMN	449	227	★ **"Sleeping with My Student"** ('19, Dra) ▢				**"Revenge for Daddy"** ('20, Thril) *Sarah Butler.* ▢				★ **"Sleeping with My Student"** ('19, Dra) ▢				109	253
MAX	622	515	★★ **"The Ruins"** ▢		**Strike Back** ▢		★★ **"Robin Hood"** ('18, Act) *Taron Egerton.* ▢				★★ **"Cowboys and Aliens"** ('11, Act) *Daniel Craig.* ▢				311	516
MSNBC	107	175	**The Last Word** ▢		**Dateline** ▢		**Dateline** ▢		**Dateline** ▢		**Dateline** ▢		**MSNBC Live** ▢		209	356
NATGEO	347	130	**Drugs, Inc.** ▢		**Drugs, Inc.** ▢		**Drugs, Inc.** ▢		**Drugs** "Salt Lake Sinners" ▢		**Drugs, Inc.** ▢		**Drugs** "Hollywood High" ▢		186	276
NGN	677	-	**Scarlet** ▢	**Maison de Police** ▢		**Brain** ▢ /**HajimeteKoio** ▢		**News**	**News** ▢	**Brain** ▢ /**Choshichiro** ▢		**Tetsuro Tabi**	**Japanese Enka Singers**		-	-
NICK	446	100	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Friends** ▢	**Mom** ▢	**Mom** ▢	**Mom** ▢	**Mom** ▢	171	300
OC16	16	-	**H.S. Baseball** (L) ▢			**Postga.** ▢/**OC**	**Driver** (N) ▢	**Pakele** (N) ▢	**Ocean** ▢	**Gameday /H.S. Baseball** ▢				**Baseball** ▢	-	-
OCSPT	12	89	**NCAA W.Polo** L.B./Haw. ▢		**NCAA Basketball Classics** Pacific vs. Hawaii ▢				**NCAA Volleyball** Grand Canyon University vs. Hawaii ▢				**Paid** ▢	**Paid** ▢	-	-
OLELO53	53	53	**Hawaii Okinawa Today** ▢		**HI Memories**	**Cultural/ Ethnic Programming** ▢			**HI Prog.** ▢	**Hawaii Mike**	**Making Waves**		**Educational Prog.** ▢		-	-
OLELO54	54	54	**Tai Chi Aloha** ▢		**Play Tai Chi** ▢		**Social/ Political Programming** ▢						**Social Programming** ▢		-	-
OLELO55	55	55	**Grace**	**Koolau Baptist Ch.** ▢		**Inspiration** ▢	**As We Gather** ▢		**Inspirational Prog.** ▢		**Brethren of Christ** ▢		**Inspirational Prog.** ▢		-	-
OWN*	343	242	**Love Goals** ▢		**Love Goals** ▢		**Love Goals** ▢		**Love Goals** ▢		**Love Goals** ▢		**Love Goals** ▢		189	279
OXY	558	229	**Snapped** "Tammy Cole" ▢		**Snapped** "Teresa Stone" ▢		**Snap.** "Michelle Hetzel" ▢		**Cold Justice** ▢		**The DNA of Murder** ▢		**Dateline** ▢		127	251
PARMT	559	141	★★ **"Men in Black 3"** ('12, Act) *Will Smith.* ▢				★★★ **"Men in Black"** ('97, Sci-Fi) *Will Smith.* ▢				★★ **"Men in Black II"** ('02, Sci-Fi) *Will Smith.* ▢				241	241
SHOW*	633	451	**Movie**	**BlackMon** ▢	**BlackMon** ▢	**Homeland** "Two Minutes" ▢		**The Circus** ▢	**DesMero** ▢	**Cartoon** ▢	★★ **"Charlie Says"** ('18, Thril) *Hannah Murray.* ▢				319	546
SYFY	557	144	**Movie**	★★ **"Underworld: Blood Wars"** *Kate Beckinsale.* ▢				**Futurama** ▢	**Cyanide**	**Futurama** ▢	**Don'tFe**	★ **"They Found Hell"** *Chris Schellenger.* ▢			122	244
TBS	551	121	**Frontal** ▢	★★ **"Jack the Giant Slayer"** ('13, Fant) *Nicholas Hoult.* ▢					★★ **"Hellboy II: The Golden Army"** ('08, Adv) *Ron Perlman.* ▢					**2 Broke G.** ▢	139	247
TCM	602	157	**"Elevator to the Gall...**		★★★ **"Land of the Pharaohs"** *Syd Chaplin.* ▢				★★ **"Valley of the Kings"** ('54, Adv) *Robert Taylor.* ▢				**"A Tale of Two Cities"** ▢		132	256
TLC*	331	132	**Say Yes to the Dress** (N) ▢		**Yes Dress** ▢	**TBA** ▢	**To Be Announced** ▢		**Yes Dress** ▢	**Yes Dress** ▢	**Yes Dress** ▢	**Yes Dress** ▢	**Yes Dress** ▢	**TBA** ▢	183	280
TMC	644	467	**Movie**	★★ **"Pathology"** *Milo Ventimiglia.* ▢			★★ **"Intruders"** ('16, Dra) *Rory Culkin.* ▢			★★ **"Pathology"** ('08, Cri) *Milo Ventimiglia.* ▢				**Movie**	329	554
TNT	553	125	★★★ **"It"** ('17, Dra) *Bill Skarsgård.* ▢				**NCIS:NO** "One Good Man" ▢		**NCIS: New O.** "Outlaws" ▢		**NCIS: New Orleans** ▢		**NCIS: New Orleans** ▢		138	245
TOON	440	103	**BobBrg** ▢	**FamilyGuy** ▢	**FamilyGuy** ▢	**MHAca** (N) ▢	**SwordArt** (N)	**Demon** ▢	**FoodWar** ▢	**Clover** (N) ▢	**Jojo:GW** ▢	**Naruto** ▢	**Genndy T** ▢	**Samurai** ▢	177	297
TRAVEL*	325	139	**Haunted Hospitals** (N) ▢		**Haunted Hospitals** ▢		**These Woods are Haunted**		**These Woods are Haunted**		**Haunted Hospitals** ▢		**Haunted Hospitals** ▢		196	277
TVLAND	441	127	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**2½ Men** ▢	**Christine** ▢	**Christine** ▢	106	304
USA*	555	123	**"The Fast & the Furious: Tokyo Drift"**		★★ **"Fast and Furious"** ('09, Act) *Vin Diesel.* ▢					★★ **"Too Fast Too Furious"** ('03, Act) *Paul Walker.* ▢					105	242
WE	451	230	**C.Minds** "Catching Out" ▢		**C.Minds** "The Instincts" ▢		**Crim. Minds** "Memoriam" ▢		**CSI: Miami** "Prey" ▢		**CSI** "48 Hours to Life" ▢		**CSI** "Under Suspicion" ▢		128	260

D – Spectrum Digital | HT – Hawaiian Telcom | S1 – Dish | S2 – DirecTV | *Programming on HT may not match the times listed

News | Movies | Sports

Sunday

6 a.m. FX "Let's Be Cops" ★★★★ (2014, Action/Comedy) (2h) CC Buddies are taken for real cops when they dress up as police officers for a costume party. (2:00)

7 a.m. BBCA "The Shining" ★★★★ (1980, Horror) (3h30) CC An off-season resort hotel caretaker takes an isolated job so he can write a novel. (3:30)

3:30 p.m. BBCA "Stand by Me" ★★★★ (1986, Adventure) (2h) CC Four friends set out on an adventure to look for the missing body of a local teenager. (2:00)

7 p.m. TMC "Spotlight" ★★★★ (2015, Biography) (2h10) CC Boston Globe reporters delve into allegations of sexual abuse perpetrated by priests. (2:10)

8:30 p.m. BBCA "Stand by Me" ★★★★ (1986, Adventure) (2h) CC Four friends set out on an adventure to look for the missing body of a local teenager. (2:00)

12:30 a.m. TCM "The Old Man and the Sea" ★★★★ (1958, Drama) (1h45) CC After months without a catch, a fisherman hooks a gigantic fish that drags him out to sea. (1:45)

2:15 a.m. TCM "Captains Courageous" ★★★★ (1937, Adventure) (2h) CC A boy learns how to be a man after he is lost at sea and rescued by a fishing boat. (2:00)

5:30 a.m. HBO2 "Shazam!" ★★★★ (2019, Action) (2h15) CC A boy has the power to turn into a grown-up superhero. (2:15)

5:45 a.m. TCM "The Battleship Potemkin" ★★★★ (1925, Action) (1h30) A classic dramatization of the 1905 mutiny of sailors aboard the battleship Potemkin. (1:30)

Monday

2 p.m. TCM "Captain Blood" ★★★★ (1935, Romance) (2h15) CC A physician is condemned to slavery in Jamaica, where he treats people and falls in love. (2:15)

4:15 p.m. TCM "The Sea Hawk" ★★★★ (1940, War) (2h30) CC A privateer attacks Spanish vessels and romances the Spanish ambassador's daughter. (2:30)

5:05 a.m. HBO "Bohemian Rhapsody" ★★★★ (2018, Biography) (2h15) CC The history of Queen as seen through the eyes of legendary lead singer Freddie mercury. (2:15)

Tuesday

7:05 a.m. TMC "My Father the Hero" ★★★★ (1994, Comedy) (1h30) CC While vacationing, a girl attempts to look older by claiming that her father is her lover. (1:30)

8:15 a.m. TCM "Odd Man Out" ★★★★ (1947, Crime Story) (2h15) CC A wounded IRA man faces betrayal on all sides when the British put a price on his head. (2:15)

11:20 a.m. SHOW "12 Monkeys" ★★★★ (1995, Sci-Fi) (2h10) CC A convict from the future is sent back in time to the 1990s to stop a devastating plague. (2:10)

2 p.m. TCM "The Quiet Man" ★★★★ (1952, Romance) (2h30) CC An Irish-American retires to Ireland and falls for an ill-tempered man's sister. (2:30)

5 p.m. SHOW "Green Book" ★★★★ (2018, Biography) (2h10) CC An acclaimed black pianist tours the Jim Crow South with his white driver and bodyguard. (2:10)

Wednesday

8:30 a.m. TMC "Spotlight" ★★★★ (2015, Biography) (2h20) CC Boston Globe reporters delve into allegations of sexual abuse perpetrated by priests. (2:20)

9:40 a.m. MAX "The Flight of the Phoenix" ★★★★ (1966, Adventure) (1h55) CC A pilot and his passengers struggle to survive when their plane crashes in the desert. (1:55)

4:30 p.m. PRMT "Indiana Jones and the Last Crusade" ★★★★ (1989, Adventure) (2h30) CC Indiana Jones and his father must fend off Nazis while searching for the Holy Grail. (2:30)

7:10 p.m. SHOW "American History X" ★★★★ (1998, Drama) (2h05) CC An ex-skinhead tries to break his brother's ties with a powerful white supremacist group. (2:05)

8 p.m. PRMT "Indiana Jones and the Last Crusade" ★★★★ (1989, Adventure) (3h) CC Indiana Jones and his father must fend off Nazis while searching for the Holy Grail. (3:00)

2 a.m. TMC "Spotlight" ★★★★ (2015, Biography) (2h10) CC Boston Globe reporters delve into allegations of sexual abuse perpetrated by priests. (2:10)

Thursday

9:10 a.m. HBO "Crazy, Stupid, Love." ★★★★ (2011, Comedy/Drama) (2h) CC A man whose life is beginning to fall apart meets and befriends a young bachelor. (2:00)

11:55 p.m. MAX "The Last King of Scotland" ★★★★ (2006, True Story) (2h05) CC Idi Amin's personal physician tells the story of the leader's brutal takeover of Uganda. (2:05)

Friday

9:30 a.m. AMC "Leon: The Professional" ★★★★ (1994, Action) (2h30) CC A professional hitman takes in a 12-year-old girl after her family is murdered. (2:30)

1 p.m. BBCA "Blazing Saddles" ★★★★ (1974, Western) (1h59) CC The first black sheriff in the Wild West battles a politician's evil plot to ruin a town. (1:59)

5 p.m. BBCA "The Princess Bride" ★★★★ (1987, Romance) (2h) CC A beautiful young woman must be rescued from her cruel fiancé by her one true love. (2:00)

SYFY "John Wick" ★★★★ (2014, Action) (2h) CC When Russian mobsters kill his beloved dog, an ex-hit man sets out to exact vengeance. (2:00)

7 p.m. BBCA "The Princess Bride" ★★★★ (1987, Romance) (2h) CC A beautiful young woman must be rescued from her cruel fiancé by her one true love. (2:00)

SYFY "xXx: Return of Xander Cage" ★★★★ (2017, Action) (2h02) CC Xander Cage returns to race a powerful new foe to a seemingly unstoppable weapon. (2:02)

11 p.m. BBCA "Blazing Saddles" ★★★★ (1974, Western) (2h) CC The first black sheriff in the Wild West battles a politician's evil plot to ruin a town. (2:00)

1:25 a.m. MAX "Drugstore Cowboy" ★★★★ (1989, True Story) (1h45) CC A group of drug addicts wander around the country robbing pharmacies to feed their habits. (1:45)

Saturday

7:35 a.m. PRMT "Indiana Jones and the Last Crusade" ★★★★ (1989, Adventure) (2h55) CC Indiana Jones and his father must fend off Nazis while searching for the Holy Grail. (2:55)

7:45 a.m. TCM "Hamlet" ★★★★ (1948, Drama) (2h45) CC A Danish prince seeks to avenge his father's murder at the hands of his uncle. (2:45)

10 a.m. GOLF "The Squeeze" (2015, Comedy/Drama) (2h) A man gets caught up in a life or death game of golf. (2:00)

10:30 a.m. PRMT "Raiders of the Lost Ark" ★★★★ (1981, Adventure) (2h35) CC An archaeologist and a woman from his past search for the Ark of the Covenant in Egypt. (2:35)

1 p.m. SYFY "xXx: Return of Xander Cage" ★★★★ (2017, Action) (2h02) CC Xander Cage returns to race a powerful new foe to a seemingly unstoppable weapon. (2:02)

1:05 p.m. PRMT "Indiana Jones and the Last Crusade" ★★★★ (1989, Adventure) (2h55) CC Indiana Jones and his father must fend off Nazis while searching for the Holy Grail. (2:55)

3 p.m. SYFY "John Wick" ★★★★ (2014, Action) (2h) CC When Russian mobsters kill his beloved dog, an ex-hit man sets out to exact vengeance. (2:00)

4:20 p.m. FREE "Pocahontas" ★★★★ (1995, Animated) (2h) CC A native princess and an Englishman share a romance when settlers arrive in Virginia. (2:00)

5 p.m. SYFY "John Wick: Chapter 2" ★★★★ (2017, Action) (2h37) CC Forced out of retirement, John Wick heads to Rome to face off against deadly killers. (2:37)

6:40 p.m. HBO2 "A Star Is Born" ★★★★ (2018, Drama) (2h20) CC A country music superstar meets and falls in love with an up-and-coming young singer. (2:20)

10:55 p.m. FREE "Matilda" ★★★★ (1996, Family) (2h05) CC A young girl with telekinetic abilities uses her powers against grown-ups. (2:05)

Midnight TCM "A Tale of Two Cities" ★★★★ (1935, Drama) (2h15) CC During the French Revolution, a lawyer and an aristocrat both fall for the same woman. (2:15)

3:15 a.m. SHOW "12 Monkeys" ★★★★ (1995, Sci-Fi) (2h15) CC A convict from the future is sent back in time to the 1990s to stop a devastating plague. (2:15)

Honolulu Star-Advertiser, HI: Movies Mar 15, 2020 to Mar 21, 2020

HOLLYWOOD Q&A

By Adam Thomlison
TV Media

Q: What was engraved on the belt buckle Clarence Gilyard Jr. wore as Trivette on "Walker, Texas Ranger?"

A: "Walker, Texas Ranger" didn't always offer a realistic portrayal of law enforcement, but there's no denying the respect it showed to the Texas Rangers organization. And that respect is written all over Clarence Gilyard Jr.'s belt buckle.

The buckle he wore as Ranger Jimmy Trivette is an official Texas Ranger Service Buckle, which the Texas Ranger Hall of Fame and Museum says is the buckle worn by "many serving Texas Rangers." It features a star with the words "Texas Rangers" engraved around it in a circle.

These are true pieces of craftsmanship, handmade from nickel-silver. The buckles worn on the show were in fact purchased directly from the museum, and they're available to the public as well.

Note that this was the main buckle that Trivette wore — it's the one that can be seen in all the show's promotional photos, and in the opening credits — but there may have been others. (Surely he needed to keep his pants up while he was off-duty as well.)

It remains to be seen if the reboot of the show will keep the same attention to detail, but we know it won't keep the same partner. In the new version, which stars former teen heartthrob Jared Padalecki ("Supernatural") in the title role, Cordell Walker's partner is a woman — one of the first female Rangers in history, according to the synopsis.

Have a question? Email us at questions@tvtabloid.com. Please include your name and town. Personal replies will not be provided.

Clarence Gilyard Jr. from "Walker, Texas Ranger"

LATE LAUGHS

A Little Late With Lilly Singh

Did you know that Saudi Arabia gave a robot named Sophia citizenship? Looks like in Saudi Arabia you can have more rights as a robot than a woman.

"Frozen 2" is out six years after the original, which, coincidentally, is the exact amount of time it took to get "Let It Go" out of our heads the first time!

So let's get this straight: In Eastern Asia, everyone wants to be whiter; in North America, everyone wants to be tan. So, it turns out that the only thing everyone on Earth has in common is low self-esteem.

The Tonight Show Starring Jimmy Fallon

Attorney General William Barr said that the president's tweets make it impossible for him to do his job. Meanwhile, Trump's tweets make it very possible for me to do my job.

In Florida, there was a raccoon that had to be rescued from a vending machine. The rescue was pretty easy: firefighters just put in a dollar and hit A2.

The Late Show With Stephen Colbert

Some days the news is frustrating. And by "some days," I mean every day for the last three years.

The Late Late Show with James Corden

The city of Lakeland, Florida, has shut down parts of a city park due to a rather usual annual event. Caution tape was put around an area of the park to keep visitors away from a "snake orgy." Turns out, these anacondas do want some.

A deep-sea diver off the coast of Australia managed to capture a rather unusual photo. Experts say this is the world's only known pink manta ray. I gotta say, these gender reveal parties are getting out of control.

The Democrats held a debate earlier tonight in Vegas, and because it's Vegas — fun twist — they replaced all the podiums with slot machines.

Puzzle Solutions

Sudoku

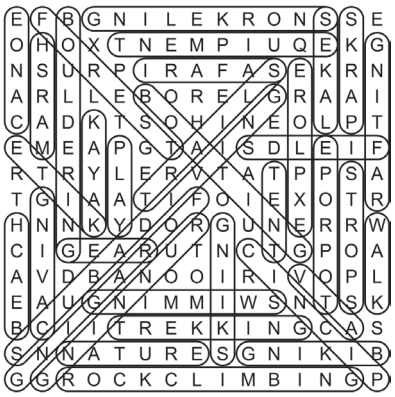
Page 6

1	3	9	7	5	6	8	4	2
4	7	8	2	3	1	9	6	5
2	6	5	8	9	4	7	1	3
6	5	3	9	1	8	4	2	7
7	9	2	5	4	3	1	8	6
8	4	1	6	7	2	3	5	9
3	1	6	4	2	9	5	7	8
5	8	4	3	6	7	2	9	1
9	2	7	1	8	5	6	3	4

200315

Word Search

Page 6



Crossword

Page 5

L	I	M	B		A	T	M	O		P	O	P
A	S	I	A		J	A	I	L		E	R	A
W	E	S	T	W	O	R	L	D		E	N	A
		T	H	E	B	A	C	H	E	L	O	R
S	N	E	E	R		S	H	A	G			
H	O	R	D	E				T	O	W	N	S
I	T	E							I	I	I	
M	A	D	A	M				G	E	N	T	S
			S	A	G	A		R	U	S	E	S
L	I	F	E	S	U	P	P	O	R	T		
U	S	E		K	A	T	Y	K	E	E	N	E
S	P	A		E	V	E	R		K	A	R	L
T	Y	R		D	A	D	E		A	D	A	K

200318

Screen Scramble

Page 7

THE LEGO MOVIE

JURASSIC WORLD

EVERWOOD

GUARDIANS OF THE GALAXY

PARKS AND RECREATION

Answer: CHRIS PRATT

Take 5

Page 7

G	I	B	E	R
A	B	O	V	O
T	I	R	E	D
O	Z	O	N	E
R	A	N	T	O

STAR CHANNELS

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CABLE CONVERSION GUIDE

				Spect. Digital	HT	DISH	DTV
(2)	KHON	FOX	Honolulu	3	3	2	2
(4)	KITV	ABC	Honolulu	6	4	4	4
(9)	KHII	MNT	Honolulu	5	5	5	5
(5)	KGMB	CBS	Honolulu	7	7	9	9
(11)	KHET	PBS	Honolulu	10	11	11	11
(13)	KHNL	NBC	Honolulu	8	8	13	13
(14)	KWHE	LeSEA	Honolulu	11	14	14	-
(20)	KIKU	IND	Honolulu	9	20	20	20
(-)	KFVE	IND	Honolulu	22	13	-	-
(26)	KAAH	TBN	Honolulu	26	26	-	-
(32)	KBFD	IND	Honolulu	4	6	-	-
(44)	KWBN	Dstar	Honolulu		44	-	-
(46)	KHLU	UNI	Honolulu	35	-	-	-
(66)	KPXO	ION	Kaneohe	27	27	66	66
A&E	Arts and Entertainment			547	129	118	265
AHC	American Heroes Channel			345	137	195	287
AMC	American Movie Classics			600	159	131	254
ANPL	Animal Planet			329	107	184	282
BBCA	BBC America			341	135	135	264
BRAVO	Bravo			560	237	129	237
CNBC	Consumer News & Business			116	176	208	355
CNN	Cable News Network			113	172	200	202
COMEDY	Comedy Central			545	142	107	249
CSPAN	Cable & Satellite Public Affairs			45	61	210	350
CW	CW – KHON2			93	2	3	395
DISC	Discovery Channel			333	131	182	278
DISNEY	Disney Channel			444	98	173	291
E!	Entertainment Television			549	240	114	236
ESPN	Entertainment Sports Network			222	70	140	206
ESPN2	Entertainment Sports Network 2			224	74	144	209
FILI	The Filipino Channel			688	320	-	-
FNC	Fox News Channel			109	178	205	360
FOOD	Food Network			321	231	110	231
FREE	Freeform			442	122	180	311
FSW	Fox Sports West			226	-	-	692
FSPT	Fox Sports West Prime Ticket			228	-	-	-
FX	FX Network			554	124	136	248
GOLF	Golf Channel			216	86	401	218
HALL	Hallmark			452	128	185	312
HBO	Home Box Office			611	502	303	504
HBO2	Home Box Office 2			612	503	304	505
HGTV	Home and Garden Television			323	232	112	229
HISTORY	History Channel			327	133	120	269
KBS	Korean Broadcasting Service			80	-	-	-
LIFE	Lifetime			448	226	108	276
LMN	Lifetime Movie Network			449	227	109	253
MAX	Cinemax			622	515	311	516
MSNBC	News			107	175	209	356
NATGEO	National Geographic Channel			347	130	186	276
NGN	Nippon Golden Network			677	-	-	-
NICK	Nickelodeon			446	100	171	300
OC16	OC 16			12	-	-	-
OCSPT	OC Sports			16	89	-	-
OLELO53	Ōlelo Community Media 53			53	53	-	-
OLELO54	Ōlelo Community Media 54			54	54	-	-
OLELO55	Ōlelo Community Media 55			55	55	-	-
OWN	Oprah Winfrey Network			343	242	189	279
OXY	Oxygen			558	229	127	251
PARMT	Paramount Network			559	141	241	241
SHOW	Showtime			633	451	319	546
SYFY	Science Fiction			557	144	122	244
TBS	Turner Broadcasting System			551	121	139	247
TCM	Turner Classic Movies			602	157	132	256
TLC	TLC			331	132	183	280
TMC	The Movie Channel			644	467	329	554
TNT	Turner Network Television			553	125	138	245
TOON	Cartoon Network			440	103	177	297
TRAVEL	Travel Channel			325	139	196	277
TVLAND	TV Land			441	127	106	304
USA	USA Network			555	123	105	242
WE	Women's Entertainment			451	230	128	260

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