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YOUR TV & ENTERTAINMENT MAGAZ

COLD WAR

It can be hard to imagine a completely frozen-over Earth in the middle of a sweltering July, but that is the setting of the new sci-fi series **Snowpiercer**. The last surviving humans on the inhospitable planet are on board the super-speed train Snowpiercer, when a class war begins between its passengers.

Airing Sunday, July 12, on TNT.

Train to nowhere

Sci-fi thriller series 'Snowpiercer' journeys through an artificially frozen wasteland

By Sarah Passingham
TV Media

It can be hard to imagine a completely frozen-over Earth in the middle of a sweltering July, but that is the catapult of the story behind the new sci-fi series, "Snowpiercer." A new episode airs Sunday, July 12, on TNT.

The last surviving humans on the planet all boarded the 1,001-car-long, super-speed train, Snowpiercer, before the Earth became inhospitably cold after an ill-advised attempt to cool the effects of global warming went horribly wrong. At the final boarding call for passengers, people without tickets rushed the train, violence broke out between those desperate for survival and the guards of the Snowpiercer, and a handful of those desperate souls staked their claim on the final carriage of the train, becoming Snowpiercer's "Tailies."

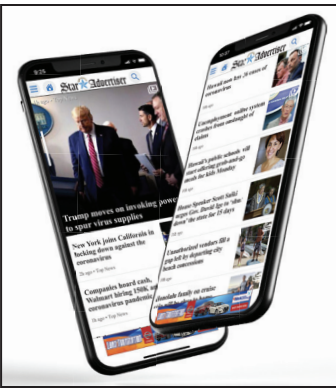
Subjected to abhorrent treatment under a strictly enforced class system, the Tailies are given the bare minimum necessary to survive. They are fed disgusting, constantly shrinking rations and treated as less than human by those who enforce the status quo. Tailies with special skills are selectively chosen as needed to ascend through the train for whatever jobs need doing for the upper classes, and those that are returned to their home car bring with them intel about the rest of the train.

Jennifer Connelly, Mike O'Malley and Daveed Diggs in "Snowpiercer"

Seven years into the train's never-ending journey, Tailies have banded together to organize a revolution to force their oppressors to improve their living conditions. Andre Layton, portrayed by Daveed Diggs ("Black-ish"), is the leader of this revolution, and when he is unexpectedly plucked out of the last car to investigate murders in the upper classes, the Tailies enact his planned takeover without him.

As a former homicide detective, Layton investigates a series of murders that the First Class was wholly unprepared to handle. Layton is surveilled at a distance by the mysterious head of Hospitality, Melanie Cavill (Jennifer Connelly, "Labyrinth," 1986), and more directly by Brakeman Till (Mickey Sumner, "Low Winter Sun"), a security enforcement officer who is saved from the bloody uprising by Layton.

After watching him leave them, other Tailies involved with the revolution splinter over whether they believe Layton will return to their car after his work in the upper classes, or if he will remain there, having had a taste of a better life and forgetting the bigger goal of creating equality among all classes of passengers aboard the Snowpiercer. Without much knowledge of the 1,000 cars beyond the one they call home, the Tailies are forced to push forward in the hopes of gaining ground in an essential carriage and holding resources hostage as a bargaining tactic.



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Home again

NBC brings 'Psych' back on its new streaming platform, Peacock

WHAT'S NEW ON PEACOCK

"Psych 2: Lassie Come Home"

On Wednesday, July 15, don't miss this sequel to the 2017 film "Psych" — which was itself a film continuation of the popular crime comedy series of the same name — when it premieres on the new NBC streaming service Peacock. James Roday ("A Million Little Things") and Dulé Hill ("Suits") star, reprising their roles as the hilarious crime-fighting duo Shawn Spencer and Burton "Gus" Guster, who return to Santa Barbara when their former chief, Carlton "Lassie" Lassiter (Timothy Omundson, "Galavant") is ambushed and left for dead. Now, to help Lassie, Shawn and Gus must investigate their chief's personal and professional life. Unfortunately, the rest of the precinct doesn't welcome them back with open arms, leaving Shawn and Gus with only their unusual tactics and no backup. As the case progresses, they learn there may actually be a supernatural angle this time around.

James Roday and Dulé Hill star in "Psych 2: Lassie Come Home"

WHAT'S NEW ON HULU

"The Rest of Us" (2019)

As an ex, you're expected to hate your former partner's new girlfriend or wife, right? That's what society tells us, anyway. In this heartfelt drama, premiering Monday, July 13, on Hulu, the connection between first and second wife is deeply explored as an ex-wife and a mistress are brought together by tragedy. Cami's (Heather Graham, "The Hangover," 2009) husband, Craig, left her years ago for another woman, and she is now raising their teenage daughter, Aster (Sophie Nelisse, "The Book Thief," 2013), on her own. Rachel (Jodi Balfour, "For All Mankind"), on the other hand, is the new wife and is living in the house that was once Cami's while raising Tallulah (Abigail Pniowsky, "Channel Zero"), Craig's new daughter. When Craig has a sudden heart attack, his death shocks both of the families, but Rachel's life is turned upside down as she realizes he hadn't paid the mortgage on their house in months, and now she is going to lose her home. In a bold and surprising move, Cami offers to let Rachel and her daughter move in with her and Aster. Tensions rise as the four women struggle to find a connection beyond their deceased husband/father, and secrets begin to come out.

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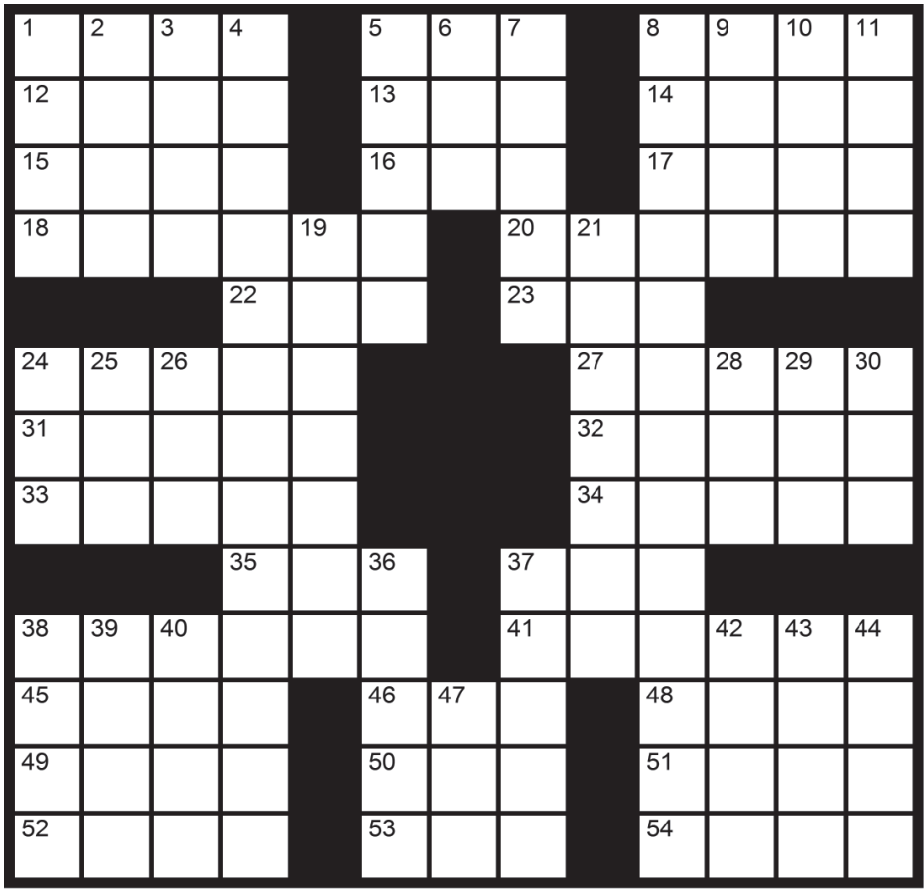
CROSSWORD

ACROSS

1 "No ___!" ("Can do")
5 When repeated, the hero of a 2011 film based on a Belgian comics series
8 Settled a cable TV bill
12 Desired gift in "The Bachelorette"
13 Prefix with meter
14 ___ of passage
15 Itty-bitty bit
16 ___ Moines, Iowa
17 Thor's father in the Marvel Cinematic Universe
18 Sicilian eruptor
20 Administer via needle
22 Queen ___ (Beyoncé nickname)
23 "The Facts of Life" actress
24 Permit
27 "Star Trek" character nicknamed Bones
31 Entry room
32 "Who's there?" response
33 Shakespeare's theater
34 Overconfident
35 Starchy tuber
37 "Elementary" star Lucy
38 "Tom and Huck" (1995) and "The Client" (1994) star Brad
41 Fishy reality series
45 Organic compound
46 Clothing label
48 Website that anyone can edit
49 VHS alternative
50 Gloaming
51 Rate ___ (be perfect)
52 Pasty-faced
53 Broadway hit "Hamilton's" ___-Manuel Miranda
54 Before today: Abbr.

DOWN

1 Proper partner?
2 Cheer for the home team
3 Bone: Prefix
4 Food Network competition series
5 NBC morning show
6 Cyan finish
7 Emphatic denial
8 Reality TV series
9 Campaign worker
10 Suffix with arthr-
11 Bumper depression
19 January 1st
21 South African nation
24 High school subj.
25 Text titter
26 Wall St. deal
28 Civil War letters
29 Mantra sounds
30 Food Network's "Girl Meets Farm" host Molly
36 Former drama based on a classic cinematic thriller: "Bates ___"
37 Wearer of three stars: Abbr.
38 Former sitcom that starred a country music singer
39 Chemical endings
40 "Sex and the City's" Mr. Big portrayer
42 Toy that comes with strings attached
43 Just makes, with "out"
44 Force or power
47 Prefix that's for the birds



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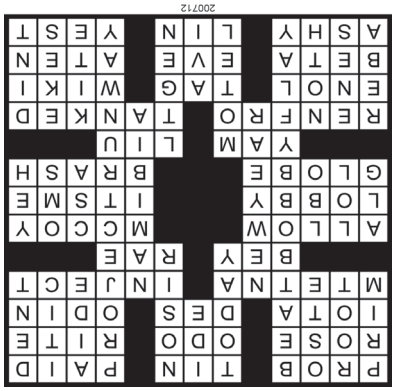

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07/12	D	HT	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	S1	S2
(2) KHON	3	3	Drag R.	Cars.TV	Sp. Net	Sp. Net	Paid □	Magic □	Paid □	Hollywd.	Paid □	Sp. Net	Kickin' It □		Paid □	Feud □	News (N) □		Paid □	Ins. Ed.	Paid □	Fishing	2	2
(4) KITV	4	4	Peyton's	Peyton's	Peyton's	ESPN □	E:60 □		Pastor Han □		Paid □	DestinTV	Wild C.	Ocean	Heroes	OhBaby!	R. Park	OhBaby!	This Week □		News □	News □	4	4
(9) KHII	5	5	Paid □	Hazelton	Homeo.	T.Music	Paid □	Celeb	Paid □	Sp. Net	Whack	Paid □	★★ "Good Bones" □				Weather	Magic	Murdoch □		Homes	House	5	5
(5) KGMB	7	7	BullRide	PGAOrig	PGA Golf Charity Open (L) □						Paid □	Paid □	Ent. Tonight □		9 Island	Jeop. □	Hope □	Furever	Press □	FaceNtn	News □	News □	9	9
(11) KHET	10	11	Jet Go!	W.World	D.Tiger	Super □	George	Arthur	WordG	WildK □	Antiques Rd. □		List. Forest □		Insights PBS □		Hiki No	Na Mele	Story □	History	News	Insight	11	11
(13) KHNL	8	8	Racing	Pstrace	Golf American Century Championship (L) □						K.Power	Paid □	TMZ □		Doko Ga	Doko Ga	K5 Mele □		Hawaii	Modern	News □	News □	13	13
(14) KWHE	11	14	King's	Ministry	In Touch □		Evangel.	Worship	Paid □	Tap In	Inspire	L.Ranger	WildAm.	Life101	Sports	Heartl.	Hollywd.	Awesme	Fishing	Lindner	LRanger	LRanger	14	-
(20) KIKU	9	20	Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	The Old Path □		Paid □	HieiNo	Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	Adobo	News □	SncFnd □		20	20
KFVE	22	13	Wondra	Dragon	Eco Co.	Paid □	Paid □	Paid □	Home	Gmetim	Entertain. (N) □		TMZ (N) □		Extra (N) □		RawTrv.	Matter	Madam □		Carbon.	Carbon.		
(26) KAAH*	26	26	EdYoung	P. Stone	Kolenda	J.Hagee	End Age	Change	Leading	Shook	Potter's	Life □	Jospeh	R.Morris	Osteen	David J.	Huckabee □		Metaxas	Creflo	Praise □		-	-
(32) KBFD	2	6	Off Air □		You're My Favorite (N) □				Paid □	Scientis	Return of Bok □		Dream of the Emperor □		My Ugly Duckling (N) □					Alley Restaurant (N) □			-	-
(44) KWBN		44	Pastor	D.Wilton	Love □	R.D.West	T. Bates	Grace □	David J.	Ankerb.	Jeffress	Bernard	Potter's	Bronner	Rejoice □		Ankerb.	Youssef	Jesus	David J.	Lindsey	I.Baxter		
(46) KHLU	35	-	Como dice □		Al punto □		Aquí y ahora □		"Joy: El Nombre del Éxito" □				Republica □		Como dice □		Rosa □		Rosa □		María	Notice	-	-
(66) KPXO	27	27	NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □		NCIS: LA □			
A&E	547	129	Hoarders "Linda" □				Hoarders □		The First 48 □		The First 48 □		The First 48 □		The First 48 □		The First 48 □		The First 48 □		The First 48 □		118	265
AHC*	345	137	Apocalypse □		Apocalypse □		Apocalypse □		9/11-Falling □		Bin Laden □		9/11 □		World War II □		World War II □		World War II □		World War II □		195	287
AMC	600	159	★★★★ "Braveheart" ('95, Act) *Mel Gibson.* □						★★★★ "Clear and Present Danger" □						★★ "Jack Ryan: Shadow Recruit" □					"I Am Number Four"			131	254
ANPL	329	107	L. Star Law □		Lone Star Law □		Lone Star Law □		Lone Star Law □		Lone Star Law □		L. Star Law □		L. Star Law □		L. Star Law □		L. Star Law □		L. Star Law □		184	282
BBCA	341	135	Planet	★★★★ "Lethal Weapon" *Mel Gibson.* □					★★★★ "Lethal Weapon 2" *Mel Gibson.* □				★★★★ "Lethal Weapon 3" *Mel Gibson.* □						★★★ "Lethal Weapon 4" □				135	264
BRAVO	560	237	tlanta □		Atlanta □		Atlanta □		Atlanta □		Atlanta □		Atlanta □		Atlanta □		Medicine LA □		Medicine LA □		Medicine LA □		129	237
CNBC	116	176	Paid □	Paid □	Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		Shark Tank □		208	355
CNN	113	172	News □		News □		News □		News □		The Situation □		The Situation □		The Situation Room □				State/Union □		Zakaria GPS □		200	202
COMEDY	545	142	Office	★★★★ "Men in Black" □				★★ "Men in Black II" □				★★ "Men in Black 3" *Will Smith.* □				★★★★ "Men in Black" □					SouthPk	SouthPk	107	249
CSPAN	45	61	Washington This Week □								Newsmk	Washington This Week □	Q & A □				Question	Public Affairs Events □			Q & A □		210	350
CW	93	2	Homeo.	Hazelton	NewHpe	House	Pets.TV	LiveLife	Y. Icons	Career	Magic □	Celeb	"The Cider House Rules" □				Kickin' It (N) □		AAthlete	Whack	2½ Men	2½ Men	3	395
DISC	333	131	Dino Hunters □		Naked □		Naked □		Naked □		Naked □		NakedAfr □		NakedAfr □		NakedAfr (N) □		Naked (N) □		NakedAfr (N) □		182	278
DISNEY*	444	98	Owl □	BigCity	BigCity	Cat Noir	Cat Noir	Bunk'd	Coop □	Coop □	Jessie	Jessie	Jessie	Jessie	Jessie	Jessie	Raven	Raven	Raven	Raven	G. Duran	G. Duran	173	291
E!*	549	240	SexCity	SexCity	SexCity	SexCity	SexCity	SexCity	SexCity	SexCity	SexCity	SexCity	SexCity	★★★★ "Sex and the City" *Sarah Jessica Parker.* □					"Home Again" □				114	236
ESPN	222	70	Serie A Soccer (L) □		UFCMain	Basketball The Tournament (L) □			Basketball The Tournament (L) □				MLS Soccer MLS is Back Tournament (L) □						MLS Soccer □				140	206
ESPN2	224	74	ITF Tennis Classics 2019 Wimbledon □						USL Soccer Pitt./Louis (L) □				F1 Auto Racing Styrian Grand Prix □					UFCWve	World of X Games □			XGames	144	209
FILI	688	320	ASAP □		24/7 □		TeamY.	Matang.	Failon □	Ban. Sundae □		GDiaries	Janelle	SportsU	Puhun.	News □	Citizen	Adobo Nation □			Rated K	ASAP □	-	-
FNC	109	178	News Sunday □		Journal Edit. □		News HQ □		Greg Gutfeld □		Fox Report □		News Sunday □		Liberty & Levin		NextRevoluti □		TBA □		Liberty & Levin		205	360
FOOD	321	231	GirlFarm	Cooking	M.Brown	Cooking	The Kitchen □		Diners...Dives □		Diners...Dives □		Diners...Dives □		Diners...Dives □		Diners...Dives □		Diners...Dives □		Diners	Diners	110	231
FREE*	538	122	★★ "Insurgent" □		"The Divergent Series: Allegiant" □						★★★★ "The Hunger Games" *Jennifer Lawrence.* □				★★★★ "The Hunger Games: Catching Fire" □								180	311
FSW	226	-	ATP Tennis 2019 BNP Paribas Open □					ITF Tennis Classics □			Champions Tennis Classics □				Strongman □		Strongman □		WPT Poker □		WPT Poker □		-	692
FSPT	228	-	America's Day at the Races (L) □						BreakP.	Match	Swing □	Golf □	Sports	ATP Tennis 2019 BNP Paribas Open □					NHL Hockey Classics □				-	-
FX	554	124	★★ "Now You See Me 2" *Jesse Eisenberg.* □						★★ "Mission: Impossible II" *Tom Cruise.* □						★★ "The Fate of the Furious" *Vin Diesel.* □						"xXx: Retu...		136	248
GOLF	216	86	PGA Golf □		Golfer	Golfer	Golfer	Golfer	Golfer	Golfer	Golf Cent. (N) □		PGA Golf Charity Open □						Golf □				401	218
HALL	452	128	"The Christ...		"The Christmas Club" □				"Christmas at Pemberley Ma...				"Snow Bride" □				"Christmas Getaway" □				"A Christm...		185	312
HGTV	323	232	Property □		Property Bros. □		Property □		Property □		Property □		Property □		Renovation (N)		Bahama	Bahama	Beach	Beach	Bargain	Bargain	112	229
HISTORY	327	133	CountCars □		Amer. Pickers □		Amer. Pickers □		Amer. Pickers □		Amer. Pickers □		Amer. Pickers □		Amer. Pickers □		Amer. Pickers □		AmercDM "A New Beginning" □				120	269
HBO	611	502	"Fast & Furious Pre...		Very Ralph □					★★★★ "Ford V. Ferrari" *Matt Damon.* □					★★ "Bad Education" □				"Joker" ('19, Dra) *Joaquin Phoenix.* □				303	504
HBO2	612	503	Plot Against □		Plot Against □		Plot Against □		Plot Against □		★★★★ "Bohemian Rhapsody" □					Perry Mason □		Perry Mason □		Perry Mason □		Movie	304	505
KBS	80	-	Oldies	Window	Again	Once Again		Again	Again	Korea Sings			News	Two Days One Night □			Open Concert □		Again		Once Again		Superm.		-
LIFE	448	226	"Tempted ...		"His Fatal Fixation" □				★ "Stalked by My Ex" □				"Obsession: Stalked by My ...				"Obsession: Escaping My Ex"				"Obsession...		108	276
LMN	449	227	"Killer Nigh...		★★ "Nightmare Nurse" □				★ "Killer Caregiver" □				★★ "The Wrong Patient" □				"The Doctor Will Kill You Now"				"Black Hea...		109	253
MAX	622	515	"Widows" □		"A Very Harold & Ku...		★★ "Shallow Hal" □					Trackers □		"The Crow: City of A...			★★ "Killerman" □				"Don't Let...		311	516
MSNBC	107	175	MSNBC Live □		MSNBC Live □		MSNBC Live □		PoliticsNation □		Meet Press □		Kasie DC □				TBA □		TBA □		TBA □		209	356
NATGEO	347	130	The '90s □		The '80s		The '80s		The '80s		The '80s		The '80s		The '80s □		Wicked Tuna □		Wick.Tun (N) □		W. Tuna (N) □		186	276
NGN	677	-	Enka □	Final Cut □		Perfect World □		Mentai	News □	Scarlet /	Mogitate	HakkenR	Ariyoshi-kun		Scarlet	PONPON	Erin □		Mogitate TV □	HakkenR	MdHaw.	Zatoichi	-	-
NICK	446	100	Nick/Un	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Nick/Un	Loud H.	Loud H.	Loud H.	Loud H.	Loud H.	Nick/Un	Dylan	All That	"Rio 2" □		171	300
OC16	16	-	Crafting	Braddah	Painting	Pet Hui	Cutty □	Fashion	Outside	Fishing	Ha.Thing	Cook. □	Girlz □	Hawaii	Japan	Tiny TV	Showcse	Champ	Board	Diver □	Fishing (N) □		-	-
OCSPT	12	89	NCAA W.Polo □		NCAA Football Classics Oregon State vs. Hawaii □								NCAA Basketball □			NCAA Tennis GCU/Haw. □				NCAA Basketball □			-	-
OLELO53	53	53	Educational Programming □								Pmi Honolulu		Educational □		Ariel □		Educational □		Practica	Focus	Keiki □	Educat.	-	-
OLELO54	54	54	Social/Politic □		Play Tai Chi □		Tai Chi Aloha □		Vegetarian		Social/Politic □		Envirow.	Social Programming □			Kokua Hawaii		Country Talk □		Tech	Social	-	-
OLELO55	55	55	4thWtch	Ekalesia	View Calvary □		Inspirational Prog. □			Miracles	Inspirational Prog. □			Hope □	Dr. Yuen	Perf.You	Inspirational Programming □				Jesus Cares □		-	-
OWN*	343	242	Soul Sunday □		Soul Sunday □		Fix My Life □		Fix My Life □		Fix My Life □		Fix My Life □		Fix My Life □		Fix My Life □		20/20OWN □		20/20OWN □		189	279
OXY	558	229	Snapped □		Snapped □		Snapped □		Snapped □		Snapped □		Snapped □		Snapped □		Snapped (N) □		Accident, Su □		Snapped □		127	251
PARMT	559	141	Bar Rescue □		Bar Rescue		Bar Rescue □		★★★★ "Top Gun" *Tom Cruise.* □				★★★★ "Shooter" ('07, Act) *Mark Wahlberg.* □						★★★★ "Top Gun" *Tom Cruise.* □				241	241
SHOW*	633	451	★★★★ "Pineapple Express" □				★★★★ "Cape Fear" *Robert De Niro.* □				★★★★ "Red" *Bruce Willis.* □					Outcry □		BlackM.	The Chi □		BlackM.	BlackM.	319	546
SYFY	557	144	"Abraham Lincoln:...		★★★★ "Seven" ('95, Thril) *Morgan Freeman.* □						★★★★ "Edge of Tomorrow" *Tom Cruise.* □						★★ "Clash of the Titans" □					Movie	122	244
TBS	551	121	★★ "Save the Last Dance" □				★★ "27 Dresses" *Katherine Heigl.* □				★★ "Life of the Party" □						★★ "Vacation" *Ed Helms.* □				BBang	BBang	139	247
TCM	602	157	Movie	★★★★ "Jezebel" *Bette Davis.* □			★★★★ "A Star Is Born" ('54, Mus) *Judy Garland.* □								"Children of Hirosh...		"Hiroshima" ('53, War) □						132	256
TLC*	331	132	Four Wedding □		Four Wedding □		Four Wedding □		90 Day Fiancé □		90 Day Fiancé □		90 Day Other □		90 Day Other □		90 Day Other □		90 Day Other □		90 Fiancé □		183	280
TMC	644	467	★★ "Mary Magdalene" □				★★ "Peppermint" □				"The United States of Leland"		★★★★ "Breakdown" □				★★ "Captive State" □				"The Impos...		329	554
TNT	553	125	"Batman v Superman: Dawn...				★★★★ "Wonder Woman" ('17, Act) *Gal Gadot.* □						★★★★ "Suicide Squad" *Will Smith.* □						★★ "Solo: A Star Wars Story" □				138	245
TOON	440	103	TeenTitanGo! □		TeenTitanGo! □		Titans!	Titans!	Titans!		"Teen Titans Go! vs. Teen Tit...		TeenTitanGo! □		TeenTitanGo! □		Titans!		TeenTitanGo! □		Space	Am.Dad	177	297
TRAVEL*	325	139	UFOs: Evidence		Loch Ness New				Paranormal □		Paranormal □		Paranormal □		Paranormal □		Paranormal □		Paranormal □		Paranormal □		196	277
TVLAND	441	127	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	106	304
USA*	555	123	InTouch	Osteen	SVU "Home" □		Law&O: SVU □		SVU "Debt" □		Law&O: SVU □		Law&O: SVU □		SVU "Weak" □		Law&O: SVU □		Law&O: SVU □		SVU "Identity" □		105	242
WE	451	230	Law Order CI □		Law & Order □		Law & Order □		Law & Order □		Law & Order □		Law & Order □		Law & Order □		Law & Order □		Law & Order □		Law & Order □		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

Louise and Gene from "Bob's Burgers"

Black Monday
SHOW 5 p.m.

Don Cheadle stars as Wall Street broker Maurice "Mo" Monroe in this dramedy which imagines the cause of the 1987 stock market crash. In this season, the market has crashed and Mo, along with everyone else, attempts to deal with the fallout.

Bob's Burgers
KHON 9 p.m.

If anyone knows how to get in trouble, its Louise, so when a classmate needs lessons on being rebellious, that's exactly who she turns to in this rebroadcast. Meanwhile, Jimmy Pesto needs his hernia meds, and Bob is the one who has to bring it to him.

07/12	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) ▢	Sam Choy	Last Man	Duncan ▢	Simps. ▢	Harts ▢	BobBrg ▢	Fam.Guy ▢	News (N) ▢	New Hope	Wahine ▢	Mom ▢	2	2
(4) KITV	4	4	Home Videos ▢		Family Feud (N) ▢		Press Your Luck (N) ▢		Match Game (N) ▢		News (N) ▢	American Ninja War. ▢	M.Crimes		4	4
(9) KHII	5	5	News (N) ▢	BigBang ▢	Wahine ▢	Asia ▢	Fishing ▢	Weather ▢	Wipeout ▢		News (N) ▢	Sam Choy	Ins. Ed. ▢	Provdnce	5	5
(5) KGMB	7	7	60 Minutes ▢		To Be Announced ▢		NCIS: Los Angeles ▢		NCIS: New Orleans ▢		News (N) ▢	HINow	Outdoors	Element. ▢	9	9
(11) KHET	10	11	OpenMind	News (N) ▢	Very Brit. Romance ▢		Masterpiece (N) ▢		Masterpiece (N) ▢		Dictator's Playbook ▢		ToCont ▢	Story ▢	11	11
(13) KHNL	8	8	Cannonball (N) ▢		The Titan Games ▢		America's Got Talent "Auditions 2" ▢				News (N) ▢	Talk Story McKenna ▢		NCIS:NO ▢	13	13
(14) KWHE	11	14	Paid ▢	Paid ▢	Paid ▢	Life ▢	Inspire ▢	Word ▢	Apocalyp	Evangel. ▢	Paid ▢	Yukon ▢	Yukon ▢	Yukon ▢	14	-
(20) KIKU	9	20	When I Need You ▢		Kirin Ga Kuru ▢		Oishii Gohan ▢		Marigold ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Voice ▢	Chef Roc	Talk Story McKenna		Hokkaido	Doko Ga	News (N) ▢	Press ▢	Friends ▢	Seinfeld ▢	News (N)	Queens ▢		
(26) KAAH	26	26	Praise ▢		N.Health	TheScenes	JordanRubinProtein		Potter's ▢	Creflo ▢	SBO ▢	Jospeh ▢	JohnGray	Furtick ▢	-	-
(32) KBFD	2	6	News (N) ▢	That's The Way It Is (N) ▢					News (N) ▢	Dream Emperor (N) ▢		The Butlers (N) ▢			-	-
(44) KWBN		44	Reflect. ▢	Faith ▢	Franklin ▢	Corner ▢	Tab.Talk ▢	Reflect. ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢		
(46) KHLU	35	-	Aquí y ahora ▢		NBL El Reencuentro ▢				Rosa Guadalupe ▢		María	Notice ▢	La Jugada ▢		-	-
(66) KPXO	27	27	NCIS: LA "LD50" ▢		Chicago P.D. ▢		Chicago "Pain Killer" ▢		Chicago "This City" ▢		Chicago P.D. ▢		Chicago "Sacrifice" ▢			
A&E	547	129	First 48 "Blood Lust" ▢		The First 48 ▢		First 48 "Predator" ▢		First 48 "Tracked" ▢		First 48 "Blood Lust" ▢		The First 48 ▢		118	265
AHC*	345	137	World War II in Color ▢		World War II in Color ▢		World War II in Color ▢		World War II in Color ▢		9/11: We Watched ▢		Capturing Bin Laden ▢		195	287
AMC	600	159	"I Am Number Four"		NOS4A2 (N) ▢		NOS4A2 ▢		"★★★ "I Am Number Four" ('11, Act) *Alex Pettyfer.* ▢				Movie		131	254
ANPL	329	107	Lone Star Law (N) ▢		Lone Star Law ▢		Lone Star Law ▢		Star Law "Wild Call" ▢		Lone Star Law ▢		Lone Star Law ▢		184	282
BBCA	341	135	"Lethal Weapon 4"		NOS4A2 (N) ▢		"★★★ "Lethal Weapon" ('87, Act) *Mel Gibson.* ▢					"★★★ "Lethal Weapon 2" ▢			135	264
BRAVO	560	237	Medicine LA (N) ▢		Watch ▢	Game Face (N) ▢		"★★ "Enough" ('02, Thril) *Jennifer Lopez.* ▢				"★★ "Enough" *Jennifer Lopez.* ▢			129	237
CNBC	116	176	Shark Tank ▢		Shark Tank ▢		Paid ▢	Paid ▢	Jay Leno's Garage ▢		Street Signs ▢		Worldwide Exchange ▢		208	355
CNN	113	172	CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		Early Start ▢		200	202
COMEDY	545	142	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Paid ▢	Paid ▢	107	249
CSPAN	45	61	Questions	Public Affairs Events ▢											210	350
CW	93	2	Feud ▢	Feud ▢	DC's Stargirl ▢		Penn&Teller ▢		Leverage ▢		Forensic Factor ▢		Fam.Guy ▢	Fam.Guy ▢	3	395
DISC	333	131	NakedAfraid (N) ▢		NakedAfraid "Fernando and Samantha" (N) ▢				Naked and Afraid XL ▢		NakedAfraidForeign ▢		NakedAfraidWatch ▢		182	278
DISNEY*	444	98	G.Duran	Coop ▢	Coop ▢	Bunk'd ▢	Bunk'd	Summer Sing-Along ▢		Playlist ▢	Bunk'd ▢	Bunk'd ▢	Fam Jam ▢	Summer ▢	173	291
E!*	549	240	Movie	"★★ "Legally Blonde" *Reese Witherspoon.* ▢				"★★ "Legally Blonde" ('01, Com) *Reese Witherspoon.* ▢					"Home Again" ▢		114	236
ESPN	222	70	Soccer ▢	SportsCenter (N) ▢	SportsCenter ▢		SportsCenter ▢		SportsC. ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	World of X Games ▢		UFC UFC 251 Site: UFC Fight Island -- Abu Dhabi, United Arab Emirates								Best of This Is SC		144	209
FILI	688	320	ASAP ▢			Gandang ▢	To Be Announced ▢		24/7 ▢		SwakNa ▢	SwakNa ▢	The Bottomline ▢		-	-
FNC	109	178	The Next Revolution ▢		To Be Announced ▢		Fox News Sunday ▢		MediaBuzz ▢		Fox and Friend ▢		Fox and Friend ▢		205	360
FOOD	321	231	WorstCooks (N) ▢		BeatFlay ▢	BeatFlay ▢	BeatFlay ▢	BeatFlay ▢	WorstCooks ▢		BeatFlay ▢	BeatFlay ▢	BeatFlay ▢	BeatFlay ▢	110	231
FREE*	538	122	Movie	"★★ "The Hunger Games: Mockingjay, Part 1" ▢					"★★★ "The Hunger Games: Mockingjay, Part 2" *Jennifer Lawrence.* ▢						180	311
FSW	226	-	Kickboxing Glory 65 -- Utrecht, Netherlands ▢				WPT Poker ▢		Mixed Martial Arts ▢		Strongman ▢		Strongman ▢		-	692
FSPT	228	-	Hockey ▢	NHL Hockey Classics ▢					WPT Poker ▢		WPT Poker ▢		Strongman ▢		-	-
FX	554	124	"xXx: Return of Xa...		"★★★★ "xXx: Return of Xander Cage" ▢				"★★ "Mike and Dave Need Wedding Dates" ▢				MikeMoll	MikeMoll	136	248
GOLF	216	86	Golf ▢		Golf Central ▢		PGA Golf Charity Open Site: Muirfield Village Golf Club -- Dublin, Ohio ▢						Golf Central ▢		401	218
HALL	452	128	"A Christmas Det...		"Christmas Under the Stars" ('19, Rom) ▢				"It's Christmas, Eve" *LeAnn Rimes.* ▢				"With Love, Christ...		185	312
HGTV	323	232	Bahamas	Bahamas	Beach	Beach	Bargain ▢	Bargain ▢	Renovat "Bottoms Up"		Hunters ▢	Hunters ▢	Hawaii ▢	Hawaii ▢	112	229
HISTORY	327	133	AmericaDefine "Birth of Freedom" 2/3 (N) ▢				AmericaDefine "A New Beginning" 1/3 ▢				AmericaDefine "Birth of Freedom" 2/3 ▢				120	269
HBO	611	502	Perry Mason (N) ▢		Gone in the Dark (N) ▢		Perry Mason ▢		Gone in the Dark ▢		"★★★ "The Kitchen" ▢			P. Mason	303	504
HBO2	612	503	"★★★ "Amelie" *Audrey Tautou.* ▢				"★★★ "Intolerable Cruelty" *George Clooney.* ▢			"★★ "The Kids Are All Right" ▢			"★★ "He Got Game" ▢		304	505
KBS	80	-	The Return of Superman ▢			Mountain	News ▢	Boss in the Mirror			Battle of Musicians ▢			Mr.House	-	-
LIFE	448	226	"Obsession: Her Fi...		"The Perfect Stalker" *Danielle Savre.* ▢				"Obsession: Her Final Vengeance" ▢				"The Perfect Stal...		108	276
LMN	449	227	"Black Hearted Kil...		"Psycho Nurse" ('20, Thril) *Lyndon Smith.* ▢				"Black Hearted Killer" ('20, Thril) ▢				"Psycho Nurse" ▢		109	253
MAX	622	515	Movie	"★★ "Contraband" ('12, Act) *Mark Wahlberg.* ▢				"★★★★ "Chronicle" ▢			"Margaret" ('11, Dra) *Anna Paquin.* ▢				311	516
MSNBC	107	175	To Be Announced ▢		Dateline ▢		Dateline ▢		Dateline ▢		Meet the Press ▢		First Look ▢		209	356
NATGEO	347	130	Wicked Tuna (N) ▢		Gordon Ramsay (N) ▢		Gordon Ramsay ▢		Gordon Ramsay ▢		Uncharte	Wicked Tuna ▢		Food	186	276
NGN	677	-	Daisuke	News ▢	World Matsuko (N) ▢		Video ▢	Kokkai ▢	Uta (N) ▢	News (N) ▢	News ▢	Ariyoshi-kun Shojiki		Sanchi	-	-
NICK	446	100	"★★★★ "Rio 2" ▢		Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Outside ▢	Crafting ▢	Fashion ▢	Hawaii ▢	Ocean ▢	Fishing	Pet Hui ▢	Japan ▢	Board ▢	Sports	Pakele ▢	Painting ▢	-	-
OCSPT	12	89	NCAA Basketball ▢		NCAA Softball California vs. Hawaii ▢					NCAA Volleyball Harv./Haw. ▢			NCAA Water Polo ▢		-	-
OLELO53	53	53	Judo	Sports Programming ▢							Educational Programming ▢				-	-
OLELO54	54	54	Social/ Political Programming ▢								Ho'olok. ▢	Social/ Political Programming ▢			-	-
OLELO55	55	55	Sauniga Lotu ▢		Christ ▢	Waianae		Reunion Church ▢		Insp. ▢	Tupulaga Talavou ▢		Hawaii Para Cristo ▢		-	-
OWN*	343	242	20/20 OWN ▢		20/20 on OWN ▢		20/20 OWN ▢		20/20 OWN ▢		20/20 on OWN ▢		20/20 OWN ▢		189	279
OXY	558	229	Snap. "Kayla Nelson" ▢		Snapped ▢		Snapped: Killer ▢		Accident, Suicide ▢		Snap. "Pamela Hupp" ▢		Snap. "Amber Smith" ▢		127	251
PARMT	559	141	Yellowstone (N) ▢		Yellowstone ▢		"★★★ "Shooter" ('07, Act) *Mark Wahlberg.* ▢						Yellowstone ▢		241	241
SHOW*	633	451	The Chi (N) ▢		Outcry ▢		DesMero ▢	The Chi "Gangway" ▢		Outcry ▢		BlackMon	The Chi "Gangway" ▢		319	546
SYFY	557	144	"★★★ "The Bourne Identity" *Matt Damon.* ▢				Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	"Megalodon" ▢		122	244
TBS	551	121	BigBang ▢	BigBang ▢	Laughs (N) ▢		"Austin Powers: International Man of My...				TournamentLaugh ▢		"Austin Powers: T...		139	247
TCM	602	157	"★★★★ "The Kid" *Charlie Chaplin.*				"Xala" ('75, Com) *Thierno Leye.*				"Black Girl"			Borom	132	256
TLC*	331	132	Fiancé "She's a Wolf" ▢		90 Day Fiancé ▢		90 Day Fiancé: Happily Ever After? (N) ▢				sMothered (N) ▢		90 Day Fiancé (N) ▢		183	280
TMC	644	467	"The Impossible" ▢		"★★ "Peppermint" ▢			"★★ "Charlie Says" *Hannah Murray.* ▢				"★★ "Nighthawks" ▢			329	554
TNT	553	125	Snowpiercer (N) ▢		Snowpiercer (N) ▢		Snow ▢	Snowpiercer ▢		Charmed ▢		Charmed ▢		Charmed	138	245
TOON	440	103	Am.Dad ▢	Am.Dad ▢	Fam.Guy ▢	Fam.Guy ▢	RickMort	RickMort	Robot	Truth	MrPickle	Fam.Guy ▢	Fam.Guy ▢	RickMort	177	297
TRAVEL*	325	139	Paranormal (N) ▢		Paranormal Caught on Camera (N) ▢				Paranormal ▢		Paranormal ▢		Paranormal ▢		196	277
TVLAND	441	127	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		SVU "Next Chapter" ▢		SVU "Motherly Love" ▢		Modern ▢	Modern ▢	105	242
WE	451	230	Law & Order ▢		Law & Order "Seed" ▢		LawOrder "Wannabe" ▢		Law&O. "Act of God" ▢		CSI "Kill Switch" ▢		CSI "Born to Kill" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/13 to 07/17		D	HT	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
(2) KHON		3	3	Wake Up 2Day		Living 808		Live		The 700 Club		Rachael Ray		Feud	Feud	Mel Robbins		Dr. Phil		News	InsEd.	News	News
(4) KITV		4	4	GM America		The View		The Dr. Oz Show		Need to Know		News	Justice	Gener. Hosp.		Funny	Funny	The Dr. Oz Show		Ellen DeGeneres		News	News
(9) KHII		5	5	Wake Up 2Day		Paid	Paid	Divorce	Divorce	Judge Mathis		Paid	Paid	People's Court		Dateline		The Doctors		Living 808		Feud	Feud
(5) KGMB		7	7	CBS This Morning				Price Right		Paid	B & B	Make a Deal		Young & R.		The Talk		Kelly Clarkson		Jeop.	Jeop.	News	News
(11) KHET		10	11	Xavier	DinoT	D.Tiger	D.Tiger	Molly	Jet Go!	Peg Cat	Hero Ele	Sesame	CatHat	Various	Various	Various	Various	Wild K.	Cat	Arthur	O.Squad	Various	Various
(13) KHNL		8	8	Today		Today III		Hoda and Jenna		Tamron Hall		Now	Various	Days Our Lives		Judy	Judy	H.Bench	H.Bench	Judy	Judy	News	News
(14) KWHE		11	14	Sumrall	Bible	Business	Healthy	Paid	Paid	J. Meyer	Life	Hwy to Heaven		Paid	Celeb	Heartl.	Various	Various	Various	Various	Various	Court	Court
(20) KIKU		9	20	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	OishiiGo/ Soko Ga		Various		Paid	Paid	Paid	Paid	Kapuso Mo		Balitang	News
KFVE		22	13	Hawaii News		Wendy Williams		The Real		Goldberg	Paid	TMZ Live!		Minute	Minute	Am.Says	Am.Says	25Words	25Words	LastMan	LastMan	Tamron Hall	
(26) KAAH*		26	26	Life	Various	The 700 Club		J.Hagee	Various	Praise	BGraham	Various	Various	JohnGray	Potter's	Praise	GGospel	Various	Various	Various	Various	Praise	Praying
(32) KBFD		2	6	Off Air		Paid Program					Various	News	Want a	TheWay/ Lovers		G. Cast./ BckstRki			Various	News	Paid Program		
(44) KWBN			44	Various	Today	J.Prince	G Keesee	Various	Winston	P. White	David J.	Various	Various	Various	J.Hagee	Gospel	Tab.Talk	Ministry/ M.Lamb		Various	Various	Various	Copelnd
(46) KHLU		35	-	Despierta America				Simplemente		Noticier	Guapos	Hoy		Papa a Toda		Como dice dicho		Gordo y flaca		Primer impacto		Noticier	Notic.
(66) KPXO	M	27	27	CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami	
	Tu			Law Order CI		Law Order CI		Law Order CI		Law Order CI		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
	W			Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order	
	Th			Law & Order		Law & Order		Law & Order		Law & Order		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
	F			Law & Order		Law & Order		Law & Order		Law & Order		NCIS: LA		NCIS: LA		NCIS: LA		NCIS: LA		NCIS: LA		NCIS: LA	
A&E		547	129	Various	S. Wars	Various	S. Wars	Various	CourtC.	Various	CourtC.	Various	S. Wars	Various	S. Wars	Various	S. Wars	Various	S. Wars	Various	S. Wars	Various	S. Wars
AHC*		345	137	Various		Various		Various		Various		Various		Various		Various		Various		Various		Various	
AMC		600	159	Movie		Movies	(M) Movie				Movies	(M) Movie				Movies	(M) Movie / (Tu) Movie				Movie		Various	Brockm.
ANPL	M	329	107	Cat/ Hell		Cat/ Hell		Cat/ Hell		Cat/ Hell		Cat/ Hell		Last Alaskans		Last Alaskans		Last Alaskans		Last Alaskans		Last Alaskans	
	Tu			Secret Life-Zoo		Secret Life-Zoo		Secret Life-Zoo		Secret Life-Zoo		Secret Life-Zoo		Finding Bigfoot		Finding Bigfoot		Finding Bigfoot		Finding Bigfoot		Bigfoot XL	
	W			It's the Irwins		It's the Irwins		It's the Irwins		It's the Irwins		It's the Irwins		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law	
	Th			Pit Bull Parolees		Pit Bull Parolees		Pit Bull Parolees		Pit Bull Parolees		Pit Bull Parolees		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
	F			Dark Waters		Dark Waters		Dark Waters		Dark Waters		Dark Waters		River Monsters		River Monsters		River Monsters		River Monsters		RivMonDeadli	
BRAVO	M	560	237	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
	Tu			Million Dollar		Million Dollar		Million Dollar		Million Dollar		Million Dollar		Million Dollar		Million Dollar		Million Listing		Million Listing		Million Listing	
	W			Listing	Million Listing		Million Listing		Million Listing		Million Listing		Million Dollar List			Million Listing		Beverly Hills		Beverly Hills		Beverly Hills	
	Th			Wives Dallas		Dallas		Wives Dallas 2/2		Real Housewives		Real Housewives		Housewives		Housewives		Housewives		Housewives		Housewives	
	F			Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
CNBC		116	176	Power Lunch		Closing Bell				Money	Options	Mad Money		SharkT./ Invest		Shark T./ Jay Leno		Shark T./ 30 Rock		Various		Various	
CNN		113	172	CNN Newsroom		CNN Newsroom		The Lead		The Situation		The Situation		OutFront		A.Cooper/ C. Virus		Cuomo		CNN Tonight		CNN Tonight	
COMEDY		545	142	SouthPk	SouthPk	SouthPk	Various	Various	Various	Various	Office	Office	Office	DailyS.	Various	Various	SouthPk	Various	Various	Various	Various	DailyS.	Office
CSPAN		45	61	HouseRepresent		(F) Public Affairs Events												Politics & Public Policy Today					
CW		93	2	Wake Up 2Day		Access Daily		Paid	Paid	Million?	Million?	Jerry	Jerry	Provdnc	Provdnc	Court	Court	Jerry Springer		Maury		Dr. Phil	
DISC	M	333	131	Diesel Brothers		Diesel Brothers		Diesel Brothers		Diesel Brothers		Diesel Brothers		Street Outlaws		Memphis		Memphis		Memphis		Memphis	
	Tu			Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		DirtyRowedTrip		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
	W			Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		Exp. Unkown		Exp. Unkown		Exp. Unkown		TBA		Unknown	
	Th			Naked		Naked		Naked		Naked		Naked		Naked		Naked		Naked		Naked		TreasureIsland	
	F			Exp. Unkown		Exp. Unkown		Exp. Unkown		Exp. Unkown		Exp. Unkown		Bering Sea Gold		Bering Sea Gold		Bering Sea Gold		Dredged Up		SeaGold	
DISNEY*		444	98	PupPals	Mira	T.O.T.S.	T.O.T.S.	Mickey	Various	BigCity	Amphib.	BigCity	Bunk'd	Raven	Raven	Coop	Coop	Bunk'd	BigCity	BigCity	Jessie	Jessie	Jessie
E!*		549	240	Kardash	Various	Various	Various	Various	Various	Chrisley	Various	Chrisley	DailyPop	Various	Various	Botched	Various	Botched	Various	Botched	Various	Botched	Chrisley
ESPN		222	70	(M Tu) NFL Live		Jump	Soccer	J & J	Highly?	Horn	Interrupt	SportsCenter		Various		(M) SprtC/ TBA		(M) Eagles/ (Tu) Boxing			Soccer	(W Th) SportsC.	
ESPN2		224	74	SprtC/ Jump/ NFL		NFL/ SprtC		Jump	Highly?	Various	Various	Various	Interrupt	NFL	Shorts	Various	Shorts	Soccer	Shorts	30/30/ Shorts		NFL Live	
FILI		688	320	It's Showtime			Various	PamKo	Sandugo		LoveW.	FPJ Ang	Make It With You		Soldier	Various	TV Patrol		Balitang	FPJ Ang		MakeY.	LoveW.
FNC		109	178	Daily Briefing		Bill Hemmer		Your World		The Five		Special Report		The Story		Tucker Carlson		Hannity		Ingraham Angle		Fox News	
FOOD	M	321	231	The Kitchen		The Kitchen		Chopped		Chopped		Chopped		Guy's Game		Guy's Game		Guy's Game		Guy's Game		Guy's Game	
	Tu			Food Paradise		Food Paradise		Chopped		Chopped		Chopped		Chopped		Chopped		Chopped		Chopped		Chopped	
	W			Pioneer	Pioneer	Pioneer	Pioneer	Guy's Game		Guy's Game		Guy's Game		Guy's Game		Guy's Game		Guy's Game		Guy's Game		Game	
	Th			Chopped		Chopped		Market Stakeout		Market Stakeout		Market Stakeout		BeatFlay	BeatFlay	BeatFlay	BeatFlay	BeatFlay	BeatFlay	BeatFlay	BeatFlay	BeatFlay	BeatFlay
	F			Food Paradise		Food Paradise		Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
FREE*		538	122	Melissa	Melissa	Melissa	700 Club	The 700 Club		Movies				Middle	Middle	Middle	Middle	Various	Various	Various	Various	Simps.	Movie
FSW	M	226	-	Spot.	Focus.	Sports	Good Sp.	Heroes of Sport		P1 AquaX USA		Strongm.		Strongm.		Poker WPT		Poker WPT		Baseball Classic MLB			
	Tu			Baseball Classic 2014 All-Star Game MLB					Warriors	Angler	Fishing	EpcTrail	NickRide	The Ten		Tennis Classics Champions				Baseball Classic MLB			
	W			Baseball Classic 2015 All-Star Game MLB						Heroes of Sport		Tennis Classics Champions				Kickboxing Glory 66 Paris, France				Baseball Classic Sea./L.A. A.			
	Th			Fishing	Sportsm.	Baseball Classic Seattle vs L.A. Angels						Sports	Cuba	Tennis Classics 2019 Nitto Finals ATP						Baseball Classic Sea./L.A. A.			
	F			Tennis	Breaking	Baseball Classic Seattle vs L.A. Angels						P1 AquaX USA		P1APBAOff.		Strongm.		Strongm.		Baseball Classic Hou./L.A. A.			
FSWPT		228	-	AquaX	18Holes	Various		(M) Hockey		(Tu) BasketC.		TheBigs	Football	Strong	Tennis	(Tu) Strongm.		Various		(F) Football		Various	
FX		554	124	Movie	Movie	(Tu) Movie		(M) Movie / (Th) Movie			Movie	Movie	(M) Movie / (F) Movie			(Tu) Movie		(M) Movie		(Th) Movie		Movies	
GOLF		216	86	Various	TheCUT	(W) Cel.the Open		(W) Cel.the Open		The CUT	(W) Golf	Golf C.	Golf C.	Various	TheCUT	RaceAnd		Feherty		(M) Race and		Golf C.	Golf C.
HALL		452	128	Home & Family		Movies				Movies				Movies				Movies				Movies	
HGTV	M	323	232	Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		Making It Home		Home Town		Home Town	
	Tu			Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		H.Hunt	House	H.Hunt	House
	W			Property Bros.		Property Bros.		Property Bros.		Property Bros.		Property Bros.		Property Bros.		Property Bro		Property Bros		H.Hunt	House	H.Hunt	House
	Th			HotMess	HotMess	Unsella.	Unsella.	Unsella.	Unsella.	Unsella.	Unsella.	Unsella.	Unsella.	Unsella.	Unsella.	FlipFlop	FlipFlop	Flipping Across		H.Hunt	H.Hunt	Design	Design
	F			Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		DreamH.	DreamH.	Color Splash		DreamH.	DreamH.	DreamH.	DreamH.
HISTORY	M	327	133	Pawn Stars		Pawn Stars		Pawn Stars		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers	
	Tu			Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers		Amer. Pickers	
	W			Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire	
	Th			Modern Marvels		Modern Marvels		Modern Marvels		Mountain Men		Mountain Men		Mountain Men		Mountain Men		Mountain Men		Mountain Men		Mountain Men	
	F			Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens	

D – Spectrum Digital HT – Hawaiian Telcom *Programming on HT may not match the times listed

News Movies Sports

ON TV | WEEKDAY DAYTIME

07/13 to 07/17		D	HT	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
HBO	M	611	502	★★★ School of Rock		★★ Armageddon (Adv, '98) *Bruce Willis.*						★★ Cowboys and Aliens (Act, '11)		**Perry Mason**		**Perry Mason**		★★ The Good Liar (Dra, '19)					
	Tu			★★★ Last Christmas (Com, '19)				★★★ Unstoppable				★★ Mr. and Mrs. Smith (Act, '05)		★ Midway (War, '19) *Ed Skrein.*						★★★ Last Christmas (Com, '19)			
	W			★★★★ La La Land		★★★ The Adjustment Bureau						★★★ Glass (Dra, '19) *Bruce Willis.*		**Perry Mason**		★★★ Godzilla: King of the Monsters						★★ Fantastic ...	
	Th			★★ Friday Ni...		★★★ Yesterday (Com, '19)						★★★ Fast Five (Act, '11) *Vin Diesel.*		★★★ Ford V. Ferrari (Dra, '19) *Matt Damon.*				**Perry Mason**				**Perry Mason**	
	F			★★ Armageddon (Adv, '98)				★★ Pearl Harbor (War, '01) *Ben Affleck.*						★★★ Last Christmas (Com, '19)		**Showbiz Kids**				★★★ John Wick: Chap...			
HBO2		612	503	**Movie**	**Movie**	**Movie**	**Movie**	**Movie**	**Movie**	(Tu) Movie		(W) Movie		**Various**	**GoneDrk**	**GoneDrk**	**Movie**	(F) Movie/(Tu) **Welcome to Chec...**				**Various**	**Destroy**
LIFE		448	226	**Rizzoli**	**Queens**	**Rizzoli**	**Queens**	**Various**	**Queens**	**Various**	**Queens**	**Various**	**Queens**	**Various**	**Queens**	**Various**	**Queens**	**Various**	**Queens**	**Grey's/ Married**		**Various**	
MAX	M	622	515	★★ All the Rig...		★★ Congo (Adv, '95) *Tim Curry.*				★★ Spy Game (Dra, '01) *Brad Pitt.*				★★ The Hurt Locker (Thril, '09)					★ Asylum (Hor, '08)			**Trackers**	
	Tu			★★ Keeping t...		★★★ Tower Heist (Act, '11)				★★ Night School (Com, '18)				★★ Somewhere			★★ Open Range (West, '03) *Robert Duvall.*					★★★ The Run...	
	W			★★ The Shipping News		★★★★ The Last King of Scotland				★★ Contraband (Act, '12)				★★ Shallow Hal (Com, '01)					★★ Walk of Shame			★★★ Widows	
	Th			★ Lowriders (Dra, '16)		★★ A Very Harold & K...				★★ Biloxi Blues (Dra, '88)				★★★ Red Tails (Act, '12)				★★ Halloween (Hor, '18)				★★★ The Mule	
	F			★★ Replicas		★★★ The Mule (Cri, '18)				★★★ The Rundown (Adv, '03)				★★ Don't Let Go			★★★ Widows (Cri, '18)					★★★ Us	
MSNBC		107	175	**MSNBC Live**		**News**		**Deadline: White House**		**MTP Daily**		**The Beat**		**Decision 2020**		**All In**		**Rachel Maddow**		**The Last Word**		**The 11th Hour**	
NATGEO		347	130	**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**	
NGN		677	-	**Various**	**Various**		**Various**	**Various**	**Various**	**News**	**Various**	**Sanchi**	**Okazu**	**Various**	**Daisuke**	**Various**	**Sanchi**	**PONPON**	**Erin**	**Various**	**Zatoichi**	**Scarlet**	**PONPON**
NICK		446	100	**PAW**	**Movie**	**Various**	**Various**	**Various**	**PAW**	**Sponge**	**Sponge**	**Sponge**	**Sponge**	**Sponge**	**Sponge**	**Sponge**	**Sponge**	**Sponge**	**Various**	**Sponge**	**Sponge**	**Various**	**Nick/Un**
OC16	M	16	-	**Cutty**	**Fishing**	**Pilates**	**Outside**	**Painting**	**Crafting**	**Cook.**	**Diver**	**Pakele**	**Pet Hui**	**Board**	**Outside**	**Fashion**	**Tiny TV**	**Showcse**	**Champ**	**Japan**	**Painting**	**Pilates**	**Girlz**
	Tu			**Ocean**	**Pet Hui**	**Pilates**	**Outside**	**Fashion**	**Crafting**	**Cook.**	**Hawaii**	**Girlz**	**Sports**	**Braddah**	**Cook.**	**Cutty**	**Tiny TV**	**Showcse**	**Champ**	**Hawaii Fishing**		**Fishing**	**Driver**
	W			**Hawaii**	**Ha.Thing**	**Pilates**	**Outside**	**Painting**	**Crafting**	**Cook.**	**Board**	**Fishing**	**Ocean**	**Sports P**	**Diver**	**Pakele**	**Tiny TV**	**Showcse**	**Champ**	**Pet Hui**	**Fashion**	**Cutty**	**Painting**
	Th			**Hawaii Fishing**		**Pilates**	**Outside**	**Fashion**	**Crafting**	**Cook.**	**Braddahs**	**Cutty**	**Pilates**	**Japan**	**Girlz**	**Driver**	**Tiny TV**	**Showcse**	**Champ**	**Sports**	**Crafting**	**Outside**	**Hawaii**
	F			**Diver**	**Fashion**	**Pilates**	**Outside**	**Painting**	**Crafting**	**Cook.**	**Driver**	**Hawaii Fishing**		**Fishing**	**Sports P**	**Japan**	**Tiny TV**	**Showcse**	**Champ**	**Diver**	**Cook.**	**Pakele**	**Braddah**
OCSPT	M	12	89	**Tennis** GCU/Haw.		**W.Polo**		**Basket. Classics** Fla. A&M/Haw.				**Soccer Classics** UC Irvine vs. Hawaii **NCAA**				**Basket. Classics** Por. St./Haw.				**Football**			
	Tu			**Soccer Classics** Cal Poly vs. Hawaii **NCAA**				**Basket. Classics** Tex./Haw.				**Football Classics** San Jose State vs. Hawaii **NCAA**						**Basket. Classics** Haw.P./Haw.			**Tennis**
	W			**Baseball** **Basket. Classics** Pac./Haw.				**Volleyball** Charl./Haw.				**W.Polo**		**Tennis** GCU/Haw.						**Football Classic** Hawaii vs N. Mexico			
	Th			**Water Polo** Loy. M./Haw.		**Basketball** CSUF/Haw.				**Basket. Classics** N.Orl./Haw.				**Volleyball** BYU vs. Hawaii **NCAA**							**Soccer** UC I./Haw.		
	F			**Football Classics** Hawaii vs. UNLV **NCAA**				**Basket. Classics** Sam./Haw.						**Tennis** Washington vs. Hawaii **NCAA**				**Basketball** CSUN/Haw.			**Basketball** UCSB/Haw.		
OLELO53	M	53	53	**Sports Programming**				**Kempo**	**Judo**	**Sports Programming**													
	Tu			**Arts Programming**								**Art Easy**	**StarTrak**	**HiArt**	**Artists**	**Arts Programming**						**Leon**	**Aloha**
	W			**Community Programming**							**Vietnam TV**		**Mindful**	**Community TV**		**Short Take Block**			**Oahu Sp.**	**VN- TV**	**Democr.**	**Commu..**	**Holomua**
	Th			**Cultural/ Ethnic Programming**						**HI Memo.**	**Beauties**		**Cultural/ Ethnic Programming**									**Hawaii**	**Okinawa**
	F			**Pacific Islander Programming**						**Faafiafiaga**	**Suif**	**Samoa**		**Motu O Fiafiaga**		**Samoa**		**Pacific Islander Programming**					
OLELO54		54	54	**Various**	**Social**	(Tu-Th) **Inside Honolulu Hale**																	**News**
OLELO55		55	55	**Inspirational Prog.**		(M) **Jesus Cares**		**Tap In**		**Nazkine**	**NewMan**	**Baptist**	**KumuOla**	**Inspirational P.**		(Tu) **Reunion Ch.**		**Awaken**	**Various**	**Various**	**Waianae**	**Various**	**Various**
OWN*		343	242	**Dr. Phil**		**Dr. Phil**		**Dr. Phil**		**Dr. Phil**		**Dr. Phil**		**Dateline/ Dr. Phil**		**Dateline/ Dr. Phil**		**Dateline/ Dr. Phil**		**Dateline/ Dr. Phil**		**Various**	
OXY		558	229	**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**	
PARMT		559	141	**Bar Rescue**		**Bar Rescue**		**Bar Rescue**		**Mom**	**Mom**	**Mom**	**Mom**	**2½ Men**	**2½ Men**	**2½ Men**	**2½ Men**	**2½ Men**	**2½ Men**	**2½ Men**	**2½ Men**	**Movies**	
SHOW*	M	633	451	**Movie**	★★ Paul Blart: Mall Cop		★★★ The Upside (Com, '17)					**BlckMon**	★★★ The Ring (Thril, '02)				**The Chi**		★★★ Locke (Dra, '14)		**Dexter**	
	Tu			★★★ The Pelican Brief (Susp, '93)		★★★ Rocky (Dra, '76)						**The Chi**	★★★ Rocky Balboa (Dra, '06)				**BlckMon**	★★★ Hustlers (Dra, '19)			**Ray Donovan**	
	W			★★ Failure to Launch		★★★ Stepmom (Dra, '98)				★★ Fear (Susp, '96)				★ Abducted (Thril, '20)				★★★ The Sixth Sense (Thril, '99)			★★★ Red	
	Th			★★ Chicago (Mus, '02)		★★★ Five Feet Apart (Dra, '19)				★★ Second Act				★★★ Something's Gotta Give (Com, '03)				★★ The Spectacular Now		**Shameless**	
	F			★★★ Back to ...		★★ Daybreakers			★★★ Ghost (Rom, '90) *Patrick Swayze.*					★★★ Back to the Future				★★★ The Upside (Com, '17)			★★★ Waves	
SYFY	M	557	144	★★★ Seven		★ Leatherface (Hor, '17)				★★ After Earth (Adv, '13)				★★★ Drive Angry (Act, '11)				★★★ The Bourne Identity (Act, '02)				**Movie**	
	Tu			★★ After Earth (Adv, '13)				★★★ Drive Angry (Act, '11)				★★★ Kingdom of Heaven (Act, '05) *Orlando Bloom.*				★★ Jumper (Adv, '08)				★★★ Harry P...	
	W			★★ Rings		★ Exposed (Dra, '16) *Keanu Reeves.*						★★ Jumper (Adv, '08)				★★★ Harry Potter and the Order of the Phoenix				★★★ Harry Potter & t...	
	Th			**Xena**	**Xena: Princess**	★ The Circle (Dra, '17) *Emma Watson.*						★★ Resident Evil: Retribution				★★ Anaconda (Thril, '97)			★★ R.I.P.D. (Act, '13)		
	F			**CSI**	**CSI: Crime Scene**	★★ Jigsaw (Hor, '17) *Tobin Bell.*				★★ The League of Extraordinary Gentlemen						★★ R.I.P.D. (Act, '13)				★★ Underworld: Blood Wars	
TBS		551	121	**Friends**	**Friends**	**Friends**	**Friends**	**Am.Dad**	**Am.Dad**	**Am.Dad**	**Am.Dad**	**BobBrg**	**BobBrg**	**BobBrg**	**BobBrg**	**Various**	**Fam.Guy**	**Movie**	**Fam.Guy**	**Fam.Guy**	**Fam.Guy**	**Various**	**Fam.Guy**
TCM	M	602	157	★★★ Two Tickets to Broadway				★★★ The Barkleys of Broadway				★★★ Kiss Me Kate (Mus, '53)				★★★ Some Like It Hot (Com, '59)				★★★ Captain Newman, M.D.			
	Tu			★★ The Rack (Dra, '56)		★★★ The Dirty Dozen (War, '67) *Lee Marvin.*						★★★ Point Blank (Susp, '67)				**Voyages à travers le cinéma français**						**Movie**	
	W			**Movie**	★★★ Please Believe Me		★★ What's Up, Doc? (Com, '72)					★★★★ Marty (Rom, '55)				★★★★ Auntie Mame (Com, '58)				★★★★ Meet Me in St. L...		
	Th			★★★★ In Person		★★★ Star of Midnight				★★ Chance at Heaven		★★★★ Bachelor Mother				★★★★ The More the Merrier				★★★ Louisa (Com, '50)		**Movie**	
	F			★ The Rising...		★★★ The Last Hurrah (Pol, '58)						★★★ The Long Gray Line (Dra, '55)				★★★★ How Green Was My Valley?				★★★★ The Grapes of Wrath			
TLC*		331	132	**Various**		**Various**	**Coupon**	**Various**	**Cheap**	**Various**	**Cheap**	**Various**	**Coupon**	**Various**		**Various**		**Various**		**Various**		**Various**	
TMC	M	644	467	**Movie**	★★ Antiquities (Dra, '19)		★★★ Mean Girls				★ When a Stranger Calls				★★ Skyline (Act, '10)			★★ Double Impact (Act, '91)				★★★ Rocky	
	Tu			★★ City Slickers (Com, '91)				★ The Vanishing of Sidney Hall				★★★ Atonement (Dra, '07)				★★★ Letters to Juliet				★★★★ Green Book (Bio, '18)			
	W			★★ Stomp the Yard (Dra, '06)				★ Stomp the Yard 2: Ho...				★★ El Chicano (Dra, '18)		★ Ambition (Thril, '19)				★★★ What Lies Beneath (Thril, '00)				★★★ Breakdo...	
	Th			**Movie**	★★ The Perfect Score			★★ The House With a Clock in Its...				★★ Wieners (Com, '08)				★★★ A Better Life				★★ Black '47 (Act, '18)			
	F			★★ Mary Magdalene				★★★ The Game of Their...				★★ Cop Land (Dra, '97)				★ The Vanishing of Sidney Hall				★★ The United States of Leland			
TNT		553	125	**Super./ NCIS:NO**		**Super./** Movie		Movie/ **Super.**		**Super.**	**Movie**	**Movie**	**Movie**	(Th F) **Bones**		**Various**	**Movie**	Movie/ Movie		(F) **Bones**		**Various**	**Movie**
TOON		440	103	**Titans!**	**Titans!**	**Titans!**	**MaoMao**	**Gumball**	**Gumball**	**Gumball**	**Gumball**	**Craig**	**Craig**	**Drama**	**Drama**	**Titans!**	**Titans!**	**AppOn**	**Gumball**	**Gumball**	**BreBear**	**BobBrg**	**BobBrg**
TRAVEL*	M	325	139	**Survivor**		**Survivor**		**Survivor**		**Survivor**		**Survivor**		**Survivor**		**Unknown**		**Unknown**		**Unknown**		**Unknown**	
	Tu			**Haunted Files**		**Haunted Files**		**Haunted Files**		**Haunted Files**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**	
	W			**Teeor in/ Woods**		**Teeor in/ Woods**		**Teeor in/ Woods**		**Teeor in/ Woods**		**Teeor in/ Woods**		**Teeor in/ Woods**		**Paranormal**		**Paranormal**		**Paranormal**		**The Yeti Lives**	
	Th			**Famously Afraid**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**		**Ghost Adven.**	
	F			**Haunted**		**Haunted**		**Haunted**		**Haunted**		**The Dead Files**		**The Dead Files**		**The Dead Files**		**The Dead Files**		**The Dead Files**		**The Dead Files**	
TVLAND		441	127	**Bonanza**		**Gunsmoke**		**Gunsmoke**		**Gunsmoke**		**Gunsmoke**		**Griffith**	**Griffith**	**Griffith**	**Griffith**	**Griffith**	**Griffith**	**Griffith**	**Griffith**	**Ray**	**Ray**
USA*		555	123	**NCIS**		**Chicago/ SVU**		**Chicago/ SVU**		**Chicago/ SVU**		**Chicago/ SVU**		**Various**		**Chicago/ SVU**		**Chicago/ SVU**		**Various**		**Chicago/ SVU**	
WE		451	230	**CSI/ CI/ Lockup**		**CSI/ CI/ Lockup**		**CSI/ CI/ Lockup**		**CSI/ CI/ Lockup**		**Various**		**Various**		**Various**		**Various**		**Various**		**Various**	

D – Spectrum Digital **HT – Hawaiian Telcom** ***Programming on HT may not match the times listed**

News | Movies | Sports

07/13	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) ▢	Wheel ▢	9-1-1 "Seize the Day" ▢		9-1-1: Lone Star ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½ Men ▢	2	2
(4) KITV	4	4	KITV News (N) ▢		CMA: Best of Fest (N) ▢						News (N) ▢	Kimmel ▢	Nightl. ▢	Kimmel ▢	4	4
(9) KHII	5	5	Mom ▢	BigBang ▢	News (N) ▢	News (N) ▢	SVU "Perfect" ▢		SVU "Soulless" ▢		Mel Robbins Show ▢		Daily (N) ▢	Daily ▢	5	5
(5) KGMB	7	7	News (N) ▢	ET ▢	Nbhood ▢	Hearts ▢	All Rise ▢		Bull "Rectify" ▢		News (N) ▢	The Late Show ▢		J.Corden ▢	9	9
(11) KHET	10	11	News ▢	PBS NewsHour (N) ▢		Na Mele ▢	Antiques Rd. (N) ▢		Antiques Roadshow ▢		Independent Lens ▢		Amanpour/Com (N) ▢		11	11
(13) KHNL	8	8	News (N) ▢	Modern ▢	The Titan Games (N) ▢		The Wall ▢		Dateline NBC ▢		News (N) ▢	The Tonight Show ▢		Late N. ▢	13	13
(14) KWHE	11	14	Griffith ▢	Griffith ▢	Heartland ▢		Heartland ▢		Highway to Heaven ▢		Celeb Page	Business	Griffith ▢	Griffith ▢	14	-
(20) KIKU	9	20	News ▢	KuruKuru	Soko Ga Japan ▢		Downtown Rocket			News Express (N) ▢		Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	News (N) ▢	News (N) ▢	K5 Mele ▢		Honolulu Mayor		News (N) ▢	TMZ (N)	Chicago P.D. ▢		News (N)	Goldberg		
(26) KAAH	26	26	J.Prince ▢	P. Stone ▢	StevenF. ▢	R. Morris	LiveLife ▢	TheScenes	Praise ▢		Rubin	Greatest ▢	JohnGray	Furtick ▢	-	-
(32) KBFD	2	6	Paid ▢	News ▢ /World ▢		Good Casting (N) ▢			News ▢ /Want a ▢		Lovers in Bloom (N) ▢		KBFD News (N) ▢		-	-
(44) KWBN		44	Life ▢	Life ▢	Ministry Now! ▢		Tab.Talk ▢	Reflect. ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢		
(46) KHLU	35	-	Rosa Guadalupe ▢		Te Doy la Vida		Amor eterno ▢		Como Tú No Hay 2		Univis'n ▢	Noticie. ▢	Contacto Deportivo ▢		-	-
(66) KPXO	27	27	CSI: Miami ▢		CSI "Sink or Swim" ▢		CSI "Divorce Party" ▢		CSI "Flight Risk" ▢		CSI "Target Specific" ▢		CSI: Miami ▢			
A&E	547	129	Hoarders ▢		Hoarders ▢		Hoarders ▢		Hoarders ▢		Hoarders ▢		Hoarders ▢		118	265
AHC*	345	137	Warfare "Battles" ▢		Top Ten Warfare ▢		Top Ten Warfare ▢		Warfare "Aircraft" ▢		Hunting Nazi ▢		Hunting "Nazi Gold" ▢		195	287
AMC	600	159	Brockm. ▢	Brockm. ▢	Brockm. ▢	Brockm. ▢	Brockm. ▢	Brockm. ▢	★★★ "Major League" ('89, Com) *Charlie Sheen.* ▢					Dead ▢	131	254
ANPL	329	107	Last Alaskans (N) ▢		Survival Shelter "Fight Against the Flood" (N)				The Last Alaskans "Fair Game" ▢				Survival Shelter		184	282
BBCA	341	135	★★★ "Godzilla" *Elizabeth Olsen.* ▢		★★★ "Godzilla" ('14, Act) *Elizabeth Olsen.* ▢							Dr. Who "Voyage of the Damned" ▢			135	264
BRAVO	560	237	Below Deck (N) ▢		Below Deck ▢		Watch ▢	Below Deck ▢		BelowD. "Man Down!" ▢		Below Deck ▢		BelowD. ▢	129	237
CNBC	116	176	American Greed ▢		American Greed ▢		Dateline ▢		Dateline "Suspicion" ▢		Street Signs ▢		Worldwide Exchange ▢		208	355
CNN	113	172	A. Cooper 360 ▢		Cuomo Prime Time ▢		CNN Tonight ▢		CNN Tonight ▢		CNN Newsroom ▢		Early Start ▢		200	202
COMEDY	545	142	SouthPk ▢	SouthPk ▢	The Daily Show ▢		SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Paid ▢	Paid ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢						Public Affairs Events ▢						210	350
CW	93	2	Access ▢	2½ Men ▢	Whose ▢	Whose ▢	Penn&Teller (N) ▢		BigBang ▢	Jokers ▢	Dateline ▢		F.Files ▢	F.Files ▢	3	395
DISC	333	131	To Be Announced ▢		Diesel "Tanks A Lot" ▢		Street Outlaws ▢		OutlawsMemphis ▢		To Be Announced ▢		Diesel "Tanks A Lot" ▢		182	278
DISNEY*	444	98	Jessie ▢	Raven ▢	Raven ▢	Raven ▢	Raven ▢	Bunk'd	BigCity ▢	Bunk'd ▢	Bunk'd ▢	G. Duran ▢	Raven	BigCity ▢	173	291
E!*	549	240	Botched ▢		Botched ▢		Botched ▢		Botched (N) ▢			C.Center ▢	Nightly ▢	Botched ▢	114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	NBA: The Jump ▢		UFC Main Event ▢		UFC Archival		E:60 ▢		E:60 ▢		Best Of	Baseball ▢	144	209
FILI	688	320	A Soldier's Heart		Sandugo	Late	Legends ▢	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢		-	-
FNC	109	178	Tucker Carlson ▢		Hannity ▢		Fox News @ Night		Special Report ▢		Fox and Friend ▢		Fox and Friend ▢		205	360
FOOD	321	231	Bake "Travel" (SF) (N)		Chopped "Pie Jinks" ▢		Chopped ▢		Big Time Bake "Travel"		Chopped "Pie Jinks" ▢		Chopped ▢		110	231
FREE*	538	122	Movie	★★★ "The Waterboy" *Adam Sandler.* ▢				★★★ "Click" ('06, Com) *Adam Sandler.* ▢					The 700 Club ▢		180	311
FSW	226	-	Baseball ▢	ITF Tennis 2019 French Open ▢			WPT Poker ▢		ATP Tennis Classics 2019 BNP Paribas Open ▢					Cuba ▢	-	692
FSPT	228	-	NBA Basket. Cl. ▢		Fight Sports: In 60 ▢		Fight Sports: In 60 ▢		Mixed Martial Arts ▢		Mixed Martial Arts ▢		Strongman ▢		-	-
FX	554	124	"Pitch Perfect 3" ▢		★★★ "Pitch Perfect 3" *Anna Kendrick.* ▢				★★ "Suburbicon" ('17, Cri) *Matt Damon.* ▢				MikeMoll	MikeMoll	136	248
GOLF	216	86	Feherty "Bill Russell"		Race and Sports ▢		Golf Central ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Golf Central ▢		401	218
HALL	452	128	"Pride, Prejudice ...		"Christmas Wishes and Mistletoe Kisses" ▢				"Christmas in Rome" *Lacey Chabert.* ▢				"Holiday Date" ▢		185	312
HGTV	323	232	Making It Home ▢		Home Town ▢		Home Town ▢		Home Town ▢		Home Town ▢		Home Town ▢		112	229
HISTORY	327	133	Amer. Pickers (N) ▢		Pawn Stars (N) ▢		Pawn S. "Pawnfellas" ▢		American Pickers ▢		Pawn Stars ▢		American Pickers ▢		120	269
HBO	611	502	Destroy ▢	Gone in the Dark ▢		Destroy ▢	Perry Mason ▢		★★★ "Fight Club" ('99, Psy) *Brad Pitt.* ▢					Movie	303	504
HBO2	612	503	★★★ "Slumdog Millionaire" *Dev Patel.* ▢				★★★ "Winter's Bone" ▢			"Midway" ('19, War) *Ed Skrein.* ▢					304	505
KBS	80	-	Golden Oldies ▢		News ▢ /Brilliant ▢		News ▢	Screening Humanity ▢		Promsie ▢	Dogs Are Incredible ▢			News ▢	-	-
LIFE	448	226	"Madea's Family ...		★★ "Madea Goes to Jail" *Tyler Perry.* ▢				★★ "Madea's Family Reunion" *Tyler Perry.* ▢				"Madea Goes to J...		108	276
LMN	449	227	"Is There a Killer i...		"Her Secret Family Killer" *Brooke Nevin.* ▢				"Is There a Killer in My Family" ▢				"Her Secret Fami...		109	253
MAX	622	515	★★ "The Crow" *Brandon Lee.* ▢			"The Collection" *Josh Stewart.* ▢			★★ "The Dead Don't Die" ▢			★★★ "Rounders" *Matt Damon.* ▢			311	516
MSNBC	107	175	Rachel Maddow ▢		The Last Word ▢		The 11th Hour ▢		All in Chris Hayes ▢		The 11th Hour ▢		First Look ▢		209	356
NATGEO	347	130	Wild Yellowstone ▢		Wild Yellowstone ▢		Wild Hawaii		Wild Alaska		Wild Australia ▢		Wild Costa Rica ▢		186	276
NGN	677	-	News ▢	News ▢	Scarlet ▢	Rental no Koi		Yamatoho	Es.Japon ▢	News (N) ▢	News ▢	Rental no Koi		Okazu ▢	-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Sports	Ha.Thing	Cook. ▢	Diver ▢	Hawaii Fishing (N) ▢		Pet Hui ▢	Japan ▢	Pakele ▢	Sports P ▢	Hawaii Goes Fishing ▢		-	-
OCSPT	12	89	NCAA Football Classics Oregon State vs. Hawaii ▢						NCAA Softball ▢			NCAA Water Polo Loy. M./Haw. ▢			-	-
OLELO53	53	53	Arts Programming ▢							Hi on Art	Oahu Sp.	Short Take Block			-	-
OLELO54	54	54	Social/ Political Programming ▢										Democracy Now! ▢		-	-
OLELO55	55	55	Miracles	Inspirational Programming ▢						In the Sanctuary ▢		As We Gather ▢		Insp. ▢	-	-
OWN*	343	242	RealStory ▢		Deadline		Dateline ▢		RealStory ▢		Deadline		Dateline ▢		189	279
OXY	558	229	NCIS "Shiva" 2/2 ▢		NCIS "Hit and Run" ▢		NCIS "Canary" ▢		NCIS "Hereafter" ▢		NCIS "Detour" ▢		NCIS ▢		127	251
PARMT	559	141	★★★ "Rush Hour" *Jackie Chan.* ▢		★★ "Rush Hour 2" ('01, Act) *Jackie Chan.* ▢					★★★ "Rush Hour" ('98, Act) *Jackie Chan.* ▢					241	241
SHOW*	633	451	The Chi "Gangway" ▢		Twenties	DesMero ▢	BlackMon	Outcry ▢		★★★ "Mr. Brooks" ('07, Dra) *Kevin Costner.* ▢				BlackMon	319	546
SYFY	557	144	★★★ "Kingdom of Heaven" ('05, Act) *Orlando Bloom.* ▢				Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	"Leatherface" ▢		122	244
TBS	551	121	Fam.Guy ▢	Fam.Guy ▢	Am.Dad ▢	Am.Dad ▢	Conan ▢	Celebrity Show-Off ▢		Conan ▢	Brooklyn ▢	Brooklyn ▢	Brooklyn ▢	Brooklyn ▢	139	247
TCM	602	157	Movie	★★★ "The Perfect Furlough" ▢			★★ "Who Was That Lady?" *Tony Curtis.* ▢				★★★ "The Great Race" *Tony Curtis.* ▢				132	256
TLC*	331	132	90 Day Fiancé ▢		90 Day Fiancé ▢		90 Day Fiancé (N) ▢		90 Day Fiancé (N) ▢		90 Day Fiancé (N) ▢		Find Love LIVE (N)		183	280
TMC	644	467	★★★ "Rocky" ▢		★★★ "Rocky Balboa" ▢			★★ "Cop Land" ('97, Dra) *Sylvester Stallone.* ▢					"My Erotic Ghost Lover" ▢		329	554
TNT	553	125	★★ "Solo: A Star Wars Story" ▢		★★ "Identity Thief" ('13, Com) *Jason Bateman.* ▢						Bones ▢		Bones ▢		138	245
TOON	440	103	Am.Dad ▢	Am.Dad ▢	RickMort	RickMort	Fam.Guy ▢	Fam.Guy ▢	Robot	Mouse	Samurai ▢	Fam.Guy ▢	Fam.Guy ▢	RickMort	177	297
TRAVEL*	325	139	Buried Worlds (N)		Unknown (N) ▢		Beyond Unknown ▢		Beyond Unknown ▢		Buried "Devil Swamp"		Beyond Unknown ▢		196	277
TVLAND	441	127	Ray ▢	Ray ▢	Ray ▢	Ray ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	Chicago P.D. ▢		Chicago P.D. ▢		WWE Raw (L) ▢						Modern ▢	Modern ▢	105	242
WE	451	230	Criminal Minds ▢		Criminal Minds ▢		Criminal Minds ▢		Criminal Minds ▢		CSI: Miami ▢		CSI "Cyber-lebrity" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed News Movies Sports

Hank Azaria stars in "Brockmire"

Brockmire

AMC 5 p.m.

Jim Brockmire (Hank Azaria), a beloved Major League Baseball color commentator, receives some incredibly disturbing news while on the air causing his life to spiral in Season 1 of this hit comedy series. Amanda Peet and Tyrel Jackson Williams also star.

I May Destroy You

HBO 6 p.m.

In this new episode, Arabella (Michaela Coel) decides to take part in a support group for survivors of sexual assault. Terry (Weruche Opia) disapproves of the idea because it is run by a former acquaintance who has some disturbing views on the matter.

John Quinones hosts "What Would You Do?"

Inception
AMC 11:30 a.m.

Leonardo DiCaprio, Ken Watanabe and Joseph Gordon-Levitt star in this hit film from director Christopher Nolan. A thief is offered redemption and the safety of his family if he can plant an idea in the mind of an unsuspecting victim while he sleeps.

What Would You Do?
KITV 9 p.m.

Host John Quinones and his covert team of actors find out how average people behave in provocative situations in this poignant series. Hidden cameras record the reactions of onlookers as ethical and moral dilemmas play out before their unsuspecting eyes.

07/14	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) □	Wheel □	Hell's Kitchen □		Prodigal Son □		News (N) □	News (N) □	News (N) □	BigBang □	Mom □	2½ Men □	2	2
(4) KITV	4	4	KITV News (N) □		20/20 "The Last Defense: Julius Jones" (N) □				You Do? □		News (N) □	Kimmel □	Nightl. □	Kimmel □	4	4
(9) KHII	5	5	Mom □	BigBang □	News (N) □	News (N) □	Chicago P.D. □		Chicago "The Silos" □		Mel Robbins Show □		Daily (N) □	Daily □	5	5
(5) KGMB	7	7	News (N) □	ET □	NCIS "Flight Plan" □		FBI "Ties That Bind" □		FBI: Most Wanted □		News (N) □	The Late Show □		J.Corden □	9	9
(11) KHET	10	11	News □	PBS NewsHour (N) □		Story □	We'll Meet Again □		Frontline "Once Upon a Time in Iraq" (N) □				Amanpour/Com (N) □		11	11
(13) KHNL	8	8	News (N) □	Modern □	America's Got Talent "Auditions 7" (N) □				World of Dance (N) □		News (N) □	The Tonight Show □		Late N. □	13	13
(14) KWHE	11	14	Griffith □	Griffith □	Heartland □		Heart. "A Long Shot" □		Highway to Heaven □		Celeb Page	Business	Griffith □	Griffith □	14	-
(20) KIKU	9	20	News □	KuruKuru	Soko Ga Japan □		Shogun 1/3 (N) □		News Express (N) □		Paid □	Life □	Paid □	Paid □	20	20
KFVE	22	13	News (N) □	News (N) □	Kupuna	Wahi Pana	Honolulu Mayor		News (N) □	TMZ (N)	Chicago P.D. □		News (N)	Goldberg		
(26) KAAH	26	26	J.Prince □	Leading □	Sekulow □	C. Caine □	Jewish □	Right	Praise □		C. Caine □	Access	JohnGray	Furtick □	-	-
(32) KBFD	2	6	Religious	News □ /E-News □		Good Casting (N) □			News □ /Want a □		Lovers in Bloom (N) □		KBFD News (N) □		-	-
(44) KWBN		44	Life □	Life □	Ministry Now! □		Tab.Talk □	Reflect. □	Super. □	Reflections □		Reflections □		J. Prince □		
(46) KHLU	35	-	Rosa Guadalupe □		Te Doy la Vida		Médicos, Línea de Vida		Como Tú No Hay 2		Univis'n □	Noticie. □	Contacto Deportivo □		-	-
(66) KPXO	27	27	C.Minds "Damaged" □		Criminal Minds □		Criminal Minds □		C.Minds "In Heat" □		Criminal Minds □		Criminal Minds □			
A&E	547	129	Kids Bars "James" □		Kids Bars "Preston" □		Kids Bars "Special" □		Kids Bars "Ronald" □		Kids Bars "James" □		Kids Bars "Preston" □		118	265
AHC*	345	137	Weapon "Rangers" □		Weapon "Artillery" □		Weapon "USMC" □		Weapon "Navy Seals" □		Weaponology □		Weaponology □		195	287
AMC	600	159	★★★ "The Fugitive" *Harrison Ford.* □				★★★ "The Book of Eli" ('09, Adv) *Denzel Washington.* □					Dead "Some Guy" □		Dead □	131	254
ANPL	329	107	Finding Bigfoot: XL		Finding Bigfoot: XL □		GuardiansGlades (N) □		Bigfoot "Squatching in the Midnight Sun"				Finding Bigfoot □		184	282
BBCA	341	135	★★★ "Oblivion" ('13, Sci-Fi) *Tom Cruise.* □				★★★ "Oblivion" ('13, Sci-Fi) *Tom Cruise.* □						★★ "Evolution" □		135	264
BRAVO	560	237	Million Listing (N) □		Watch □	Million Listing "Storm the Castle" □			Botched □		Botched □		Botched □		129	237
CNBC	116	176	The Profit "Smithfly" □		The Profit □		Dateline □		Dateline □		Street Signs □		Worldwide Exchange □		208	355
CNN	113	172	A. Cooper 360 □		Cuomo Prime Time □		CNN Tonight □		CNN Tonight □		CNN Newsroom □		Early Start □		200	202
COMEDY	545	142	SouthPk □	SouthPk □	The Daily Show □		SouthPk □	SouthPk □	SouthPk □	SouthPk □	SouthPk □	SouthPk □	Paid □	Paid □	107	249
CSPAN	45	61	Politics & Public Policy Today □						Public Affairs Events □						210	350
CW	93	2	Access □	2½ Men □	DC's Stargirl (N) □		Alice Wetterlund □		BigBang □	Jokers □	Dateline □		F.Files □	F.Files □	3	395
DISC	333	131	DirtyRowedTrip (N) □		DirtyJobsRowedTrip □		Deadliest Catch □		Deadliest Catch □		DirtyJobsRowedTrip □		DirtyJobsRowedTrip □		182	278
DISNEY*	444	98	Jessie □	Raven □	Raven □	Sydney □	Sydney □	Coop/Coop	Bunk'd □	Bunk'd □	Bunk'd □	G. Duran □	Sydney	Coop □	173	291
E!*	549	240	★★ "Couples Retreat" ('09, Com) *Vince Vaughn.* □					★★ "Couples Retreat" ('09, Com) *Vince Vaughn.* □					C.Center □	C.Center □	114	236
ESPN	222	70	SportsCenter (N) □		SportsCenter □		SportsCenter □		SportsCenter □		SportsCenter □		SportsCenter □		140	206
ESPN2	224	74	NBA: The Jump □		Backstory □		Backstory □		Backstory □		UFC Archival		UFC Wave	Baseball □	144	209
FILI	688	320	A Soldier's Heart		Sandugo	TFC □	Mission □	Bandila □		Balitang □	Magandang Buhay □		It's Showtime □		-	-
FNC	109	178	Tucker Carlson □		Hannity □		The Ingraham Angle		Fox News @ Night		Fox and Friend □		Fox and Friend □		205	360
FOOD	321	231	Chopped (N) □		Market Stakeout (N) □		Chopped □		Chopped □		Market Stakeout □		Chopped □		110	231
FREE*	538	122	Movie	★★ "Click" ('06, Com) *Adam Sandler.* □					★★★ "The Wedding Singer" *Adam Sandler.* □				The 700 Club □		180	311
FSW	226	-	MLB Baseball □		WPT Poker □		WPT Poker □		Kickboxing Glory 66 -- Paris, France □				Mixed Martial Arts □		-	692
FSPT	228	-	NBA Basket. Cl. □		Glory Kickboxing Glory 66 -- Paris, France □				Fight Sports: In 60 □		Fight Sports: In 60 □		Strongman □		-	-
FX	554	124	★★ "Furious 7" ('15, Act) *Vin Diesel.* □				★★★ "Deepwater Horizon" ('16, Act) *Mark Wahlberg.* □					MikeMoll	MikeMoll	MikeMoll	136	248
GOLF	216	86	Golf Central □		Cel. the Open □		The CUT □	Lessons	Paid □	Paid □	Paid □	Paid □	The CUT □	Golfer □	401	218
HALL	452	128	"Reunited at Chri...		"Switched for Christmas" □				"Write Before Christmas" *Torrey DeVitto.* □				"A Cookie Cutter ...		185	312
HGTV	323	232	Good Bones □		H.Hunt □	House	H.Hunt □	House □	Good Bones: Down to		Good Bones □		Good Bones □		112	229
HISTORY	327	133	American Pickers □		American Pickers □		American Pickers □		American Pickers □		American Pickers □		American Pickers □		120	269
HBO	611	502	Showbiz Kids (N) □			Perry Mason □		Destroy □	★★ "John Q" ('02, Dra) *Denzel Washington.* □				"The Talented Mr....		303	504
HBO2	612	503	Gone in the Dark □		★★ "The Good Liar" ('19, Dra) *Helen Mirren.* □				★★★★ "Bohemian Rhapsody" *Rami Malek.* □				★★ "The Island" □		304	505
KBS	80	-	That Guy	That Guy □	News □ /Brilliant □		News □	Screening Humanity □		Promsie □	Mr. House Husband □			News □	-	-
LIFE	448	226	★★ "Madea's Witness Protection" □				★★ "Kidnap" ('17, Act) *Halle Berry.* □						★★ "Madea's Witness Protection" □		108	276
LMN	449	227	"Who Wants Me ...		"Murder in the Suburbs" *Nicky Whelan.* □				"Who Wants Me Dead?" *Karynn Moore.* □				"Murder in the Su...		109	253
MAX	622	515	Movie	★★★ "Dante's Peak" *Pierce Brosnan.* □				Trackers □		★★★ "Mary Queen of Scots" □				Movie	311	516
MSNBC	107	175	Rachel Maddow □		The Last Word □		The 11th Hour □		All in Chris Hayes □		The 11th Hour □		First Look □		209	356
NATGEO	347	130	Gordon Ramsay "New Zealand Off the Menu" □				Gordon Ramsay □		Gordon Ramsay □		Gordon Ramsay □		Gordon Ramsay □		186	276
NGN	677	-	News □	News □	Scarlet □	Takaga Mondo □		Mogitate TV □		News (N) □	News □	Takaga Mondo □		Okazu □	-	-
NICK	446	100	Friends □	Friends □	Friends □	Friends □	Friends □	Friends □	Friends □	Friends □	Friends □	Friends □	Mom □	Mom □	171	300
OC16	16	-	Sports	Ocean □	Cook. □	Diver □	Hawaii Goes Fishing □		Pet Hui □	Japan □	Pakele □	Sports P □	Crafting □	Japan □	-	-
OCSPT	12	89	NCAA Tennis Wash./Haw. □			NCAA Football Classics Central Arkansas vs. Hawaii □							Basketball Classics □		-	-
OLELO53	53	53	Asked Me		Community	VN- TV	Community TV □		Vietnam TV Hawaii □		B-Side Hnl	Arts Programming □			-	-
OLELO54	54	54	Social/ Political Programming □				Veterans Talk □		Social Programming □		News □	Social □	Democracy Now! □		-	-
OLELO55	55	55	Inspirational Programming □				Kumu Ola	Marriage □	Inspirational Programming □						-	-
OWN*	343	242	Greenleaf (N) □		Greenleaf □		Greenleaf □		Greenleaf □		Greenleaf □		Greenleaf □		189	279
OXY	558	229	Chicago "Prison Ball" □		Chicago P.D. □		To Be Announced □		Chicago P.D. □		Chicago P.D. □		NCIS: Los Angeles □		127	251
PARMT	559	141	★★ "The Hitman's Bodyguard" □		★★ "The Hitman's Bodyguard" ('17, Act) *Ryan Reynolds.* □						★★ "The Expendables 3" *Sylvester Stallone.* □				241	241
SHOW*	633	451	City on a Hill □		LoudVoic "2009" □		★★★ "Enemy" *Jake Gyllenhaal.* □			★★★ "The Grey" ('11, Act) *Liam Neeson.* □				"Brake"	319	546
SYFY	557	144	"Harry Potter and the Order of the Phoenix"				★★★ "Harry Potter and the Half-Blood Prince" ('09, Adv) *Daniel Radcliffe.* □							Movie	122	244
TBS	551	121	BigBang □	BigBang □	CelebrityShow (N) □		Conan □	Celebrity Show-Off □		Conan □	Misery □	Misery □	Misery □	Jokers □	139	247
TCM	602	157	★★★ "Rules of the Game" □			"Casque d'Or" *Simone Signoret.* □					"Le Samouraï" ('67) *Alain Delon.* □			MGM Par.	132	256
TLC*	331	132	Home Sextuplets □		Home Sextuplets □		Counting On (N) □		Counting On □		Sextuplets (N) □		OutDaughtered □		183	280
TMC	644	467	★★★ "Almost Famous" *Billy Crudup.* □				★★ "The Best of Enemies" ('19, Dra) *Taraji P. Henson.* □					★★ "Attrition" *Steven Seagal.* □			329	554
TNT	553	125	★★ "Geostorm" ('17, Act) *Gerard Butler.* □				Supernatural □		Super. "Citizen Fang" □		Supernatural □		The Alienist □		138	245
TOON	440	103	Am.Dad □	Am.Dad □	RickMort	RickMort	Fam.Guy □	Fam.Guy □	Robot	Mouse	Samurai □	Fam.Guy □	Fam.Guy □	RickMort	177	297
TRAVEL*	325	139	Ghost Adven. (N) □		Ghost Adventures "Witches" □				Ghost Adventures □				Ghost Adv. "Witches" □		196	277
TVLAND	441	127	Ray □	Ray □	Ray □	Ray □	Queens □	Queens □	Queens □	Queens □	Queens □	Queens □	Queens □	Queens □	106	304
USA*	555	123	Law & Order: S.V.U. □		Law&O: SVU "Intent" □		SVU "Flight Risk" □		SVU "Info Wars" □		Dirty John (N) □		Law & Order: S.V.U. □		105	242
WE	451	230	LawOrder "Prejudice" □		Law&O. "The Collar" □		Law & Order □		LawOrder "DR 1-102" □		L&O: CI "Cherry Red" □		Law Order CI "Blink" □		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/15	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) ▢	Wheel ▢	MasterChef ▢		Ultimate Tag (N) ▢		News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½ Men ▢	2	2
(4) KITV	4	4	KITV News (N) ▢		United ▢	United ▢	Conners ▢	Am.Wife ▢	Agent SHIELD (N) ▢		News (N) ▢	Kimmel ▢	Nightl. ▢	Kimmel ▢	4	4
(9) KHII	5	5	Mom ▢	BigBang ▢	News (N) ▢	News (N) ▢	Dateline "The Client" ▢		Dateline ▢		Mel Robbins Show ▢		Daily (N) ▢	Daily ▢	5	5
(5) KGMB	7	7	News (N) ▢	ET ▢	Tough as Nails (N) ▢		Game On! (N) ▢		SEAL Team ▢		News (N) ▢	The Late Show ▢		J.Corden ▢	9	9
(11) KHET	10	11	News ▢	PBS NewsHour (N) ▢		Chow ▢	Nature ▢		Nova ▢		Secrets of the Dead ▢		Amanpour/Com (N) ▢		11	11
(13) KHNL	8	8	News (N) ▢	Modern ▢	Chicago Med ▢		Chicago Fire ▢		Chicago P.D. ▢		News (N) ▢	The Tonight Show ▢		Late N. ▢	13	13
(14) KWHE	11	14	Griffith ▢	Griffith ▢	Heartland "Dreamer" ▢		Heartland ▢		Highway to Heaven ▢		Celeb Page	Business	Griffith ▢	Griffith ▢	14	-
(20) KIKU	9	20	News ▢	KuruKuru	Mystery Theatre ▢				News Express (N) ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	News (N) ▢	News (N) ▢	9 Island ▢	Weddings	Honolulu Mayor		News (N) ▢	TMZ (N)	Chicago P.D. ▢		News (N)	Goldberg		
(26) KAAH	26	26	J.Prince ▢	Access	G. Laurie ▢	Binions ▢	Heaven ▢	Worship ▢	Praise ▢		Rubin	Jospeh ▢	JohnGray	Furtick ▢	-	-
(32) KBFD	2	6	Paid ▢	News ▢ /Trot God ▢		Backstreet Rookie (N) ▢			News ▢ /Want a ▢		Mother of Mine (N) ▢		KBFD News (N) ▢		-	-
(44) KWBN		44	Life ▢	Life ▢	Ministry Now! ▢		Tab.Talk ▢	Reflect. ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢		
(46) KHLU	35	-	Rosa Guadalupe ▢		Te Doy la Vida		Médicos, Línea de Vida		Como Tú No Hay 2		Univis'n ▢	Noticie. ▢	Contacto Deportivo ▢		-	-
(66) KPXO	27	27	Law & Order ▢		Law & Order ▢		Law & Order ▢		Law&Order "Church" ▢		Law&O. "Melting Pot" ▢		Law & Order ▢			
A&E	547	129	The First 48 ▢		First 48: Squad (N) ▢		The First 48 ▢		The First 48 ▢		The First 48 ▢		The First 48: Squad ▢		118	265
AHC*	345	137	America: Facts vs. ▢		America: Facts vs. ▢		America: Facts vs. ▢		America: Facts vs. ▢		America: Facts vs. ▢		America: Facts vs. ▢		195	287
AMC	600	159	★★★ "Demolition Man" ▢			★★ "Escape Plan" ('13, Act) *Sylvester Stallone.* ▢					Walking Dead "How It's Gotta Be" ▢			Dead ▢	131	254
ANPL	329	107	Lone Star Law (N) ▢		North Woods (N) ▢		North Woods Law ▢		Lone Star Law "Too Close for Comfort" ▢				North Woods Law ▢		184	282
BBCA	341	135	★★ "Total Recall" *Colin Farrell.* ▢			★★ "Pitch Black" ('00, Thril) *Vin Diesel.* ▢					★★ "Total Recall" ('12, Act) *Colin Farrell.* ▢				135	264
BRAVO	560	237	Beverly Hills (N) ▢		Watch ▢	Beverly Hills ▢		CashCb ▢	CashCb ▢	CashCb ▢	CashCb ▢	Below Deck ▢		BelowD. ▢	129	237
CNBC	116	176	Jay Leno's Garage ▢		Jay Leno's Garage ▢		Dateline "Haunting" Pt. 1 of 2 cont'd next ▢				Street Signs ▢		Worldwide Exchange ▢		208	355
CNN	113	172	A. Cooper 360 ▢		Cuomo Prime Time ▢		CNN Tonight ▢		CNN Tonight ▢		CNN Newsroom ▢		Early Start ▢		200	202
COMEDY	545	142	SouthPk ▢	SouthPk ▢	The Daily Show ▢		SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Paid ▢	Paid ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢						Public Affairs Events ▢						210	350
CW	93	2	Access ▢	2½ Men ▢	The 100 (N) ▢		Bulletproof (N) ▢		BigBang ▢	Jokers ▢	Dateline ▢		F.Files ▢	F.Files	3	395
DISC	333	131	Exp. Unkown (N) ▢		Mysteries of Deep ▢		Mysteries of Deep ▢		ExpeditionUnknown ▢		Expedition Unknown ▢		Mysteries of Deep ▢		182	278
DISNEY*	444	98	Jessie ▢	Raven ▢	Raven ▢	BigCity ▢	BigCity ▢	Amphib.	Owl ▢	G. Duran ▢	Bunk'd ▢	Bunk'd ▢	BigCity	Owl ▢	173	291
E!*	549	240	Botched ▢		Botched ▢		Botched ▢		Botched ▢		Botched ▢		Soup (N) ▢	Nightly ▢	114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsCenter ▢		SportsCenter ▢		140	206
ESPN2	224	74	E:60 ▢		E:60 Pictures		UFC Reloaded						Horn ▢	Baseball ▢	144	209
FILI	688	320	A Soldier's Heart		Sandugo	BUSA+	Puhunan	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢		-	-
FNC	109	178	Tucker Carlson ▢		Hannity ▢		The Ingraham Angle		Fox News @ Night		Fox and Friend ▢		Fox and Friend ▢		205	360
FOOD	321	231	Guy's Game (N) ▢		Guy's Game (N) ▢		Guy's Game ▢		Guy's Game ▢		Guy's Game ▢		Guy's Game ▢		110	231
FREE*	538	122	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	Simps. ▢	The 700 Club ▢		180	311
FSW	226	-	MLB Baseball ▢		The Bigs "Mike Trout"		WPT Poker ▢		Strongman ▢		Strongman ▢		Mixed Martial Arts ▢		-	692
FSPT	228	-	NBA Basket. Cl. ▢		Strongman ▢		Strongman ▢		Glory Kickboxing Glory 66 -- Paris, France ▢				Fight Sports: In 60 ▢		-	-
FX	554	124	"xXx: Return of Xa...		★★★★ "xXx: Return of Xander Cage" ▢				MikeMoll	MikeMoll	Amr Horror: 1984 ▢		AmHorr "True Killers" ▢		136	248
GOLF	216	86	Golf Central ▢		Cel. the Open ▢		Cel. the Open ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	Golf Central ▢		401	218
HALL	452	128	"The Sweetest Ch...		"The Mistletoe Promise" *Jamie King.* ▢				"A Christmas Detour" ▢				"Christmas Conne...		185	312
HGTV	323	232	Property Brothers ▢		H.Hunt ▢	House ▢	H.Hunt ▢	House ▢	Property Brothers: F		Property Brothers ▢		Property Brothers ▢		112	229
HISTORY	327	133	Forged in Fire (N) ▢		Forged in Fire ▢		Forged in Fire ▢		Forged in Fire ▢		Forged in Fire ▢		Forged in Fire ▢		120	269
HBO	611	502	Movie	Gone in the Dark ▢		Perry Mason "Chapter Four" ▢			★★ "Ad Astra" ('19, Sci-Fi) ▢				Chechnya ▢		303	504
HBO2	612	503	P. Mason	Showbiz Kids (N) ▢				★ "The American" *George Clooney.* ▢				★★★ "Die Hard" *Bruce Willis.* ▢			304	505
KBS	80	-	That Guy	That Guy ▢	News ▢ /Brilliant ▢		News ▢	Screening Humanity ▢		Promsie ▢	Wild Childs at Rooftop ▢			News ▢	-	-
LIFE	448	226	Married1stSight (N) ▢		Baby Factory "Pilot" ▢		Married/ First Sight ▢		Married at First Sight "The Story Begins" ▢				Baby Factory "Pilot" ▢		108	276
LMN	449	227	"Deadly Hollywoo...		★ "Deadly Influencer" ('19, Thril) ▢				"Deadly Hollywood Obsession" ▢				"Deadly Influencer"		109	253
MAX	622	515	★★★ "Widows" ▢		★★ "Life on the Line" ▢			★★★ "Rise of the Planet of the Apes" ▢				★★ "Ma" *Octavia Spencer.* ▢			311	516
MSNBC	107	175	Rachel Maddow ▢		The Last Word ▢		The 11th Hour ▢		All in Chris Hayes ▢		The 11th Hour ▢		First Look ▢		209	356
NATGEO	347	130	Air Force One ▢		Area 51 ▢		CIA Secret ▢		Inside North ▢		Inside North ▢		Inside North ▢		186	276
NGN	677	-	News ▢	News ▢	Scarlet ▢	Alive		Ikouyo! ▢	Hokkaido	News (N) ▢	News ▢	Alive		Okazu ▢	-	-
NICK	446	100	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Sports	Ocean ▢	Cook. ▢	Diver ▢	Hawaii Goes Fishing ▢		Pet Hui ▢	Japan ▢	Pakele ▢	Sports P ▢	Driver ▢	Sports	-	-
OCSPT	12	89	NCAA Football ▢		NCAA Volleyball Wash./Haw. ▢		NCAA Softball Nevada (Reno) vs. Hawaii ▢					NCAA Basketball UCR/Haw. ▢			-	-
OLELO53	53	53	Education	Focus	Read With	Educational Programming ▢					Community	Asked Me		Community	-	-
OLELO54	54	54	Social Programming ▢		Inside Honolulu Hale ▢										-	-
OLELO55	55	55	Inspirational Prog. ▢		Hawaii Para Cristo ▢		Overcom.	Unity Church Hawaii ▢		Perf.You ▢	In God's ▢	Inspirational Programming ▢			-	-
OWN*	343	242	20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		20/20 on OWN ▢		189	279
OXY	558	229	Dirty John, the Dirty Truth ▢				Snapped ▢		Secrets Uncovered ▢		Murder "Dirty Deeds" ▢		Murder for Hire ▢		127	251
PARMT	559	141	★★ "S.W.A.T." ▢			★★ "The Expendables 3" ('14, Act) *Sylvester Stallone.* ▢					★★ "S.W.A.T." ('03, Act) *Samuel L. Jackson.* ▢				241	241
SHOW*	633	451	★★★ "Red" ▢		★★★ "The Fifth Element" *Bruce Willis.* ▢				"Under the Skin" *Scarlett Johansson.* ▢				"Zombie Strippers"		319	546
SYFY	557	144	"Harry Potter and the Half-Blood Prince" ▢				"The Circle" ('17, Dra) *Emma Watson.* ▢					"Resident Evil: Retribution" ▢			122	244
TBS	551	121	BigBang ▢	BigBang ▢	BigBang ▢	Frontal ▢	Conan ▢	Frontal ▢	Hot One ▢	Conan ▢	2 Broke ▢	2 Broke ▢	2 Broke ▢	2 Broke ▢	139	247
TCM	602	157	Movie	★★★★ "Life With Father" *William Powell.* ▢			★★★★ "The Man Who Came to Dinner" ▢					★★★ "On Moonlight Bay" ▢			132	256
TLC*	331	132	My 600-lb Life "Ashley T's Story" ▢				My 600-lb Life "Doug's Story" ▢				My 600-lb Life "Doug" ▢				183	280
TMC	644	467	Movie	★★★ "Basic Instinct" *Michael Douglas.* ▢			★★ "Domestic Disturbance" ▢				"The Beyond" ▢			"Becks"	329	554
TNT	553	125	All Elite Wrestling (N)		★★★ "Kong: Skull Island" ('17, Act) *Tom Hiddleston.* ▢					★★★ "Kong: Skull Island" ('17, Act) *Tom Hiddleston.* ▢					138	245
TOON	440	103	Am.Dad ▢	Am.Dad ▢	RickMort	RickMort	Fam.Guy ▢	Fam.Guy ▢	Robot	Mouse	Samurai ▢	Fam.Guy ▢	Fam.Guy ▢	RickMort	177	297
TRAVEL*	325	139	The Yeti Lives (N)		Bigfoot Is Real (N)		Bigfoot Is Real		The Yeti Lives				Bigfoot Is Real		196	277
TVLAND	441	127	Ray ▢	Ray ▢	Ray ▢	Ray ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	NCIS "Left for Dead" ▢		NCIS "Eye Spy" ▢		WWE NXT (L) ▢				"Harry Potter and the Sorcerer's Stone" ▢				105	242
WE	451	230	LawOrder "Dazzled" ▢		LawOrder "Foul Play" ▢		Law & Order ▢		Law&O. "Oxymoron" ▢		Law Order CI ▢		L&O: CI "Pravda" ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed News Movies Sports

Young An from "Tough as Nails"

Forged in Fire

HIST 6 p.m.

A new season of this hit competition series kicks off in this new episode. First, the smiths must forge a key that unlocks a box of steel they must create a knife from. In the final round, the top two are sent home to create a Tomahawk and a Bowie knife.

Tough as Nails

KGMB 7 p.m.

Phil Keoghan hosts this new reality series, as men and women who work hard everyday face off in mental and physical challenges designed to test their endurance, life skills and all-around toughness. In the end, only one will be crowned champion.

Adam Scott hosts "Don't"

Interstellar
FX Noon

Matthew McConaughey stars as a widowed father and engineer in this emotional sci-fi film. Taking the risk of leaving his family in order to save the damaged Earth, he and his team embark on a mission to enter a wormhole. Anne Hathaway also stars.

Don't
KITV 8 p.m.

Don't forget to tune in for a new episode of this wacky game show hosted by comedian Adam Scott. In order to win big cash prizes and avoid embarrassing punishments, teams of four compete in challenges that require them to avoid doing certain things.

07/16	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) ▢	Wheel ▢	Celebrity (SF) (N) ▢		Labor of Love (N) ▢		Your Election (N)			News (N) ▢	Mom ▢	2½ Men ▢	2	2
(4) KITV	4	4	KITV News (N) ▢		Holey Moley (N) ▢		Don't (N) ▢		To Tell the Truth (N) ▢		News (N) ▢	Kimmel ▢	Nightl. ▢	Kimmel ▢	4	4
(9) KHII	5	5	Mom ▢	BigBang ▢	Your Election (N)			Celeb Page	L&O: CI "Major Case" ▢		L&O: CI "Alpha Dog" ▢		Daily (N) ▢	Daily ▢	5	5
(5) KGMB	7	7	News (N) ▢	ET ▢	Sheldon ▢	Unicorn ▢	Mom ▢	Mom ▢	NCIS: Los Angeles ▢		News (N) ▢	The Late Show ▢		J.Corden ▢	9	9
(11) KHET	10	11	News ▢	PBS NewsHour (N) ▢		Hiki No ▢	Insights PBS (N) ▢		Hawaiian Voices ▢		Life From Above ▢		Amanpour/Com (N) ▢		11	11
(13) KHNL	8	8	News (N) ▢	Modern ▢	30 Rock (N) ▢		Super ▢	Brooklyn ▢	Law & Order: S.V.U. ▢		News (N) ▢	The Tonight Show ▢		Late N. ▢	13	13
(14) KWHE	11	14	Griffith ▢	Griffith ▢	Heartland ▢		Heartland ▢		Hwy Heaven "Pilot" ▢		Celeb Page	Business	Griffith ▢	Griffith ▢	14	-
(20) KIKU	9	20	News ▢	KuruKuru	Soko Ga Japan ▢		Partners ▢		News Express (N) ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	News (N) ▢	News (N) ▢	Hi Sess. ▢	Hi Sess. ▢	Honolulu Mayor		News (N) ▢	TMZ (N)	Chicago P.D. ▢		News (N)	Goldberg		
(26) KAAH	26	26	J.Prince ▢	J.Osteen ▢	Facts ▢	BestLife ▢	History ▢	Building ▢	Praise ▢		N.Health	TakingC. ▢	JohnGray	Furtick ▢	-	-
(32) KBFD	2	6	Religious	News (N) ▢ /SBS (N) ▢		Backstreet Rookie (N) ▢			News ▢ /Want a ▢		Mother of Mine (N) ▢		KBFD News (N) ▢		-	-
(44) KWBN		44	Life ▢	Life ▢	Marcus Lamb		Tab.Talk ▢	Reflect. ▢	Super. ▢	Reflections ▢		Reflections ▢		J. Prince ▢		
(46) KHLU	35	-	Rosa Guadalupe ▢		Médicos, Línea de Vida		MFL Fútbol (L) ▢				Rosa Guadalupe ▢		Notic. ▢	Noticie. ▢	-	-
(66) KPXO	27	27	Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢			
A&E	547	129	The First 48 (N) ▢		Court C. ▢	Court C. ▢	The First 48 ▢		The First 48 ▢		The First 48 ▢		Court C. ▢	Court C. ▢	118	265
AHC*	345	137	Moon Landing ▢		Mafia vs. KKK ▢		HollywoodCommies ▢		Nazis vs. Aliens ▢		Apocalypse "Rage" ▢		Apocalypse: WWI ▢		195	287
AMC	600	159	★★ "Grown Ups" ▢		★★ "Road House" ('89, Act) *Patrick Swayze.* ▢					NOS4A2 ▢		The Walking Dead "The Key" ▢			131	254
ANPL	329	107	Deadliest Catch (N) ▢		Deadliest Catch (N) ▢		Deadliest Catch (N) ▢		Deadliest Catch ▢		Deadliest Catch ▢		Deadliest Catch ▢		184	282
BBCA	341	135	"Star Trek II: The Wrath of K...				★★★★ "Star Trek III: The Search for Spock" ▢						★★★★ "Star Trek II: The Wrath of Khan" ▢		135	264
BRAVO	560	237	Real Housewives (N) ▢		Watch ▢	Real Housewives ▢		Beverly Hills ▢		Below Deck ▢		BelowD. "Smashton" ▢		BelowD. ▢	129	237
CNBC	116	176	Shark Tank ▢		Shark Tank ▢		Dateline ▢		Dateline ▢		Street Signs ▢		Worldwide Exchange ▢		208	355
CNN	113	172	Coronavirus Facts		Cuomo Prime Time ▢		CNN Tonight ▢		CNN Tonight ▢		CNN Newsroom ▢		Early Start ▢		200	202
COMEDY	545	142	SouthPk ▢	SouthPk ▢	The Daily Show ▢		SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Paid ▢	Paid ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢						Public Affairs Events ▢						210	350
CW	93	2	Access ▢	2½ Men ▢	Killer Camp (N) ▢		Illusion ▢	Illusion ▢	BigBang ▢	Jokers ▢	Dateline "The Farm" ▢		F.Files ▢	F.Files	3	395
DISC	333	131	Naked and Afraid (N) ▢				Naked and Afraid XL ▢		TreasureIsland ▢		Naked "Beginner's Battle in the Jungle" ▢				182	278
DISNEY*	444	98	Jessie ▢	Raven ▢	Raven ▢	Bunk'd ▢	Bunk'd ▢	FamJam	Raven ▢	Bunk'd ▢	Bunk'd ▢	G. Duran ▢	Bunk'd	Raven ▢	173	291
E!*	549	240	House ▢	House ▢		House ▢		House ▢		House ▢		House ▢		Nightly ▢	114	236
ESPN	222	70	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter (N) ▢		To Be Announced ▢				Jump ▢	Baseball ▢	140	206
ESPN2	224	74	Jump ▢	E:60Pics	Horn ▢	Highly? ▢	SportsCenter (N) ▢		SportsCenter ▢		Jump ▢	F1 Wknd	F1 Auto Racing ▢		144	209
FILI	688	320	A Soldier's Heart		Sandugo	TFC ▢	NoFilter ▢	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢		-	-
FNC	109	178	Tucker Carlson ▢		Hannity ▢		The Ingraham Angle		Special Report ▢		Fox and Friend ▢		Fox and Friend ▢		205	360
FOOD	321	231	Restaurant: Impossible (N) ▢				BeatFlay ▢	BeatFlay ▢	Restaurant: Impossible ▢				BeatFlay ▢	BeatFlay ▢	110	231
FREE*	538	122	★★★ "Easy A" *Emma Stone.* ▢			★★★ "Pretty Woman" ('90, Rom) *Richard Gere.* ▢					The Bold Type (N) ▢		The 700 Club ▢		180	311
FSW	226	-	MLB Baseball ▢		Mixed Martial Arts ▢		WPT Poker ▢		ATP Tennis Classics 2019 Nitto Finals ▢						-	692
FSPT	228	-	NBA Basket. Cl. ▢		Glory Kickboxing Glory 66 -- Paris, France ▢				MMA WCK Full Rules ▢		Mixed Martial Arts ▢		Mixed Martial Arts ▢		-	-
FX	554	124	"The Martian" ▢		★★★ "The Martian" ('15, Adv) *Matt Damon.* ▢						★★★ "What We Do in the Shadows" ▢				136	248
GOLF	216	86	Golf C. ▢	PGA Golf The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio ▢								Golf Central ▢		Golfer	401	218
HALL	452	128	"Christmas Geta...		"The Christmas Cottage" ▢					"Christmas in Homestead" *Taylor Cole.* ▢			"A Cheerful Christ...		185	312
HGTV	323	232	Flipping Across Am.		H.Hunt ▢	H.Hunt ▢	Design ▢	Design ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	FlipFlop ▢	112	229
HISTORY	327	133	Mountain Men (N) ▢		Alone "The Musk Ox" (N) ▢			Mountain	Mountain Men ▢		Mountain "Carnage" ▢		Mountain	Alone ▢	120	269
HBO	611	502	★★★ "Doctor Sleep" ('19, Hor) *Ewan McGregor.* ▢					Destroy ▢	★★ "Enemy of the State" ('98, Act) *Will Smith.* ▢					Movie	303	504
HBO2	612	503	"A Star Is Born" ▢		★★ "Stuber" ('19, Com) *Dave Bautista.* ▢				★★ "American Pie" *Chris Klein.* ▢		★★ "American Pie 2" ▢				304	505
KBS	80	-	Ballot ▢	Ballot ▢	News ▢ /Brilliant ▢		News ▢	Screening Humanity ▢		Promsie ▢	TopRecipeFunStaurant ▢			KBS Worl	-	-
LIFE	448	226	Married1stSight (N) ▢		Married1stSight (N) ▢		Married/ First Sight ▢		Married/ First Sight ▢		Married/ First Sight ▢		Married/ First Sight ▢		108	276
LMN	449	227	"The Wrong House...		"The Wrong House" *Clare Kramer.* ▢				"The Wrong House Sitter" *Vivica A. Fox.* ▢				"The Wrong House"		109	253
MAX	622	515	★★★ "The Mule" ▢		★★★★ "Chronicle" ▢			Trackers ▢	★ "Asylum" ('08, Hor) *Aaron Bloomberg.* ▢				"Killing Streets" ▢		311	516
MSNBC	107	175	Rachel Maddow ▢		The Last Word ▢		The 11th Hour ▢		All in Chris Hayes ▢		The 11th Hour ▢		First Look ▢		209	356
NATGEO	347	130	W. Tuna "Stick' em" ▢		Wicked Tuna (N) ▢		Wicked Tuna ▢		Wicked Tuna ▢		W. Tuna "Dethroned" ▢		W. Tuna "Title Fight" ▢		186	276
NGN	677	-	News ▢	News ▢	Scarlet ▢	Zatoichi ▢		Ariyoshi-kun Shojiki		News (N) ▢	News ▢	Zatoichi ▢		Okazu ▢	-	-
NICK	446	100	★★ "Tooth Fairy" ▢			Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Sports	Ocean ▢	Cook. ▢	Diver ▢	Hawaii Goes Fishing ▢		Pet Hui ▢	Japan ▢	Pakele ▢	Sports P ▢	Ha.Thing	Board ▢	-	-
OCSPT	12	89	Soccer ▢	NCAA Baseball Washington State at Hawaii ▢						NCAA Basketball UC Davis at Hawaii ▢					-	-
OLELO53	53	53	Maimoaga I Samoa		Motu O Fiafiaga		Samoa Mo Samoa		Faafiafiaga Suifefiloi		Cultural/ Ethnic Programming ▢				-	-
OLELO54	54	54	Social/ Political Programming ▢								Veterans Talk ▢		Democracy Now! ▢		-	-
OLELO55	55	55	Bride ▢	Inspirational Programming ▢				Tupulaga Talavou ▢		Lou Lumanai Manuia ▢	Truth ▢		Marriage ▢	Insp. ▢	-	-
OWN*	343	242	20/20 OWN ▢		20/20 on OWN (N) ▢		20/20 OWN ▢		20/20 OWN ▢		20/20 on OWN ▢		20/20 OWN ▢		189	279
OXY	558	229	Snapped: Killer ▢		Snapped: Killer ▢		Snapped: Killer ▢		Dateline: Secrets Uncovered "The Promise" ▢				Secrets Uncovered ▢		127	251
PARMT	559	141	★★★ "Shooter" *Mark Wahlberg.* ▢			★★★ "Four Brothers" ('05, Act) *Mark Wahlberg.* ▢					★★★ "Shooter" ('07, Act) *Mark Wahlberg.* ▢				241	241
SHOW*	633	451	BecomingFlorida ▢		The Chi "Gangway" ▢		DesMero ▢		★★ "Scary Stories to Tell in the Dark" ▢			DesMero ▢	BlackMon	"8MM"	319	546
SYFY	557	144	★★ "Underworld: Blood Wars" ▢				Debate ▢		★★ "Anaconda" ('97, Thril) *Jon Voight.* ▢			★★ "Jigsaw" *Tobin Bell.* ▢			122	244
TBS	551	121	BigBang ▢	BigBang ▢	BigBang ▢	Misery ▢	Conan ▢	Misery ▢	Seinfeld ▢	Conan ▢	New Girl ▢	New Girl ▢	New Girl ▢	New Girl ▢	139	247
TCM	602	157	"Gentlemen Prefer Blondes" ▢			★★★ "The Green Years" *Charles Coburn.* ▢					★★★ "B.F.'s Daughter" ('48, Dra) *Barbara Stanwyck.*				132	256
TLC*	331	132	Hoarding ▢		Dr. Pimple Popper ▢		Dr. Pimple Popper ▢		Dr. Pimple (N) ▢			Extraordinary (N) ▢	Extraordinary ▢		183	280
TMC	644	467	"War" ▢	★★ "Double Impact" ▢				★★★ "Blue Streak" ▢					"Submission of Emma Marx 4: Evolved" ▢		329	554
TNT	553	125	★★ "Couples Retreat" *Vince Vaughn.* ▢				★★ "Cook Off!" ('17, Com) *Diedrich Bader.* ▢				Bones ▢		Bones ▢		138	245
TOON	440	103	Am.Dad ▢	Am.Dad ▢	RickMort	RickMort	Fam.Guy ▢	Fam.Guy ▢	Robot	Mouse ▢	Samurai ▢	Fam.Guy ▢	Fam.Guy ▢	RickMort	177	297
TRAVEL*	325	139	Ghost Adven. (N) ▢		The Dead Files (N) ▢		The Dead Files ▢		Ghost Adventures ▢		Ghost Adventures ▢		The Dead Files ▢		196	277
TVLAND	441	127	Ray ▢	Ray ▢	Ray ▢	Ray ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	"Harry Potter and the Chamber of Secrets"				Cannonball (N) ▢		Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	105	242
WE	451	230	RealityStars (N) ▢		Marriage Boot Camp ▢		Marriage Boot Camp ▢		Marriage Boot Camp ▢		Marriage Boot Camp ▢		Marriage Boot Camp ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed News Movies Sports

07/17	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) ▢	Wheel ▢	WWE SmackDown (N) ▢				News (N) ▢	News (N) ▢	News (N) ▢	BigBang ▢	Mom ▢	2½ Men ▢	2	2
(4) KITV	4	4	KITV News (N) ▢		Shark Tank ▢		20/20 ▢				News (N) ▢	Kimmel ▢	Nightl. ▢	Kimmel ▢	4	4
(9) KHII	5	5	Mom ▢	BigBang ▢	News (N) ▢	News (N) ▢	CSI "Happy Birthday" ▢		CSI: Miami ▢		Mel Robbins Show ▢		Daily (N) ▢	Daily ▢	5	5
(5) KGMB	7	7	News (N) ▢	ET ▢	MacGyver ▢		Magnum P.I. ▢		Blue Bloods ▢		News (N) ▢	The Late Show ▢		J.Corden ▢	9	9
(11) KHET	10	11	News ▢	PBS NewsHour (N) ▢		W.Week ▢	American Landsca ▢		N.Parks "The Empire of Grandeur (1915-1919)" ▢				Amanpour/Com (N) ▢		11	11
(13) KHNL	8	8	News (N) ▢	Modern ▢	The Wall ▢		Dateline NBC ▢				News (N) ▢	The Tonight Show ▢		Late N. ▢	13	13
(14) KWHE	11	14	Griffith ▢	Griffith ▢	Heartland ▢		Heartland ▢		Hwy Heaven "Pilot" ▢		Celeb ▢	Business	Griffith ▢	Griffith ▢	14	-
(20) KIKU	9	20	News ▢	KuruKuru	Soko Ga Japan ▢		Lone Wolf and Cub ▢		News Express (N) ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	News (N) ▢	News (N) ▢	Talk Story McKenna		Honolulu Mayor		News (N) ▢	TMZ (N)	Chicago P.D. "8:30" ▢		News (N)	Goldberg		
(26) KAAH	26	26	Faith ▢	End Age ▢	TheScenes	Jesus ▢	Watch ▢	Treasure ▢	Worship ▢	Xtreme ▢	JordanRubinProtein		JohnGray	Greatest ▢	-	-
(32) KBFD	2	6	Paid ▢	News ▢ /Songs ▢		Return of Bok Dan-Ji (N) ▢			News ▢ /Want a ▢		Justice (N) ▢		KBFD News (N) ▢		-	-
(44) KWBN		44	Life ▢	Life ▢	Marcus Lamb		Tab.Talk ▢	Green ▢	Travel ▢	W-Master	Reflect. ▢	Reflect. ▢	Reflections ▢			
(46) KHLU	35	-	Rosa Guadalupe ▢		Te Doy la Vida		Médicos, Línea de Vida		Como Tú No Hay 2		Notic. ▢	Noticie. ▢	Contacto Deportivo ▢		-	-
(66) KPXO	27	27	NCIS: LA "Found" ▢		NCIS: LA "Hunted" ▢		NCIS: LA "Burned" ▢		NCIS: LA "Callen, G" ▢		NCIS: Los Angeles ▢		NCIS: Los Angeles ▢			
A&E	547	129	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	S. Wars ▢	118	265
AHC*	345	137	(Almost) Got Away ▢		(Almost) Got Away ▢		(Almost) Got Away ▢		(Almost) Got Away ▢		(Almost) Got Away ▢		Evolution of Evil ▢		195	287
AMC	600	159	"Ferris Bueller's ...		Morgans ▢		★★★★ "Summer Rental" *John Candy.* ▢			★★ "Fool's Gold" ('08, Adv) *Matthew McConaughey.* ▢					131	254
ANPL	329	107	RivMonDeadliest (N)		River Monsters ▢		River Monsters ▢		RivMonDeadli "Killer Predators of the Amazon"				River Monsters ▢		184	282
BBCA	341	135	★★★★ "Apollo 13" ('95, Doc/Dra) *Tom Hanks.* ▢				★★★★ "Gravity" ('13, Thril) *Sandra Bullock.* ▢				Moon Landing ▢				135	264
BRAVO	560	237	To Be Announced ▢		Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	Chrisley ▢	129	237
CNBC	116	176	Undercover Boss ▢		Boss "Fatburger" ▢		Dateline ▢		Dateline ▢		American Greed ▢		American Greed ▢		208	355
CNN	113	172	Cuomo Prime Time ▢		Cuomo Prime Time ▢		CNN Tonight ▢		CNN Tonight ▢		CNN Newsroom ▢		CNN Newsroom ▢		200	202
COMEDY	545	142	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Paid ▢	Paid ▢	107	249
CSPAN	45	61	Politics & Public Policy Today ▢						Public Affairs Events ▢						210	350
CW	93	2	Access ▢	2½ Men ▢	Illusion ▢	Illusion ▢	Whose ▢	Whose ▢	BigBang ▢	Jokers ▢	Dateline ▢		F.Files ▢	F.Files ▢	3	395
DISC	333	131	Dino Hunters (N) ▢		Mysteries Deep (N) ▢		Mysteries of Deep ▢		Bering Sea Gold ▢		Dino "We Got Skull" ▢		Mysteries of Deep ▢		182	278
DISNEY*	444	98	Jessie ▢	Jessie ▢	Summer Sing-Along ▢		Sydney	Bunk'd ▢	Fam Jam ▢	Bunk'd ▢	Bunk'd ▢	G. Duran ▢	Sydney	Bunk'd ▢	173	291
E!*	549	240	"Never Been Kisse...		★★ "Legally Blonde" *Reese Witherspoon.* ▢				30 Rock ▢		★★ "Legally Blonde" *Reese Witherspoon.* ▢				114	236
ESPN	222	70	Soccer ▢	SportsCenter (N) ▢		SportsCenter ▢		SportsCenter (N) ▢		SportsCenter ▢		SportsC. ▢	To Be Announced ▢		140	206
ESPN2	224	74	NBA: The Jump ▢		To Be Announced ▢		UFC Main Event ▢		SR Rugby Blues vs. Hurricanes (L) ▢				SportsCenter (N) ▢		144	209
FILI	688	320	A Soldier's Heart		Sandugo	Keeping	Sports U	Bandila ▢		Balitang ▢	Magandang Buhay ▢		It's Showtime ▢		-	-
FNC	109	178	Tucker Carlson ▢		Hannity ▢		The Ingraham Angle		Fox News @ Night		Special Report ▢		The Five ▢		205	360
FOOD	321	231	Diners, Drive-Ins (N) ▢		Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners, Drive-Ins ▢		Diners ▢	Diners ▢	Diners ▢	Diners ▢	110	231
FREE*	538	122	★★★ "Jumanji" ▢		★★★ "Despicable Me" ▢				★★ "Despicable Me 2" *Steve Carell.* ▢				The 700 Club ▢		180	311
FSW	226	-	MLB Baseball ▢		Poker Celebrity Challenge ▢				HonorWrestle (N) ▢		Mixed Martial Arts ▢		WPT Poker ▢		-	692
FSPT	228	-	Football ▢	H.S. Football Classics ▢					ATP Tennis Classics 2019 Nitto Finals ▢						-	-
FX	554	124	★★★★ "Blockers" ▢		★★★★ "Blockers" ('18, Com) *John Cena.* ▢				★★ "Spy" ('15, Act/Com) *Melissa McCarthy.* ▢					"Spy" ▢	136	248
GOLF	216	86	Golf C. ▢	PGA Golf The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio ▢								Golf Central ▢		PGA Golf ▢	401	218
HALL	452	128	"Mingle All the Wa...		"Christmas Next Door" *Jesse Metcalfe.* ▢				"Hallmark Hall of Fame: A Christmas Love ...				"Christmas Under ...		185	312
HGTV	323	232	Color Splash: Hot or		Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Paid Program ▢		Paid Program ▢		112	229
HISTORY	327	133	Ancient Aliens ▢		Ancient Aliens ▢		Ancient Aliens ▢		Ancient Aliens ▢		Ancient Aliens ▢		Ancient Aliens ▢		120	269
HBO	611	502	"John Wick: Chapt...		Perry Mason ▢		"Fast & Furious Presents: Hobbs & Shaw" ▢				★★★ "In Bruges" ('08, Com) *Colin Farrell.* ▢				303	504
HBO2	612	503	Gone in the Dark ▢		★★★★ "Bohemian Rhapsody" *Rami Malek.* ▢				★★ "Shaft" ('19, Act) *Samuel L. Jackson.* ▢				"Joker" ▢		304	505
KBS	80	-	Ballot ▢	Ballot ▢	News ▢ /Brilliant ▢		News ▢	Screening Humanity ▢		Promsie ▢	Yu Huiyeol's Sketchbook ▢			News ▢	-	-
LIFE	448	226	"Maternal Secrets"		"Expectant" *Emmanuelle Vaugier.* ▢				"Maternal Secrets" ('18, Thril) *Kate Mansi.* ▢				"Expectant" ▢		108	276
LMN	449	227	"The Wrong Wedd...		"The Wrong Man" ('18, Thril) ▢				"The Wrong Wedding Planner" ▢				"The Wrong Man" ▢		109	253
MAX	622	515	★★★ "Us" ▢		★★ "Final Destination 5" ▢			★★★ "Dante's Peak" *Pierce Brosnan.* ▢				★★★ "Bad Lieutenant" ▢			311	516
MSNBC	107	175	Rachel Maddow ▢		The Last Word ▢		The 11th Hour ▢		Dateline ▢		Dateline ▢		Dateline ▢		209	356
NATGEO	347	130	Life Below Zero ▢		Life Below Zero ▢		Life Below Zero ▢		Life Below Zero ▢		Life Below Zero ▢		Life Below Zero ▢		186	276
NGN	677	-	News ▢	News ▢	Scarlet ▢	Wanitokagegisu		Okikatsu!	Okonom.	News (N)	News ▢	Wanitokagegisu		Okazu ▢	-	-
NICK	446	100	"To Be Announced"		Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	Queens ▢	171	300
OC16	16	-	Sports	Ocean ▢	H.S. Football Classics 2019 HHSAA Tournament ▢					OC Shorts	Pakele ▢	Sports P ▢	Flhi Girlz ▢	Fishing	-	-
OCSPT	12	89	Basket. ▢	NCAA Basketball UC I./Haw. ▢			NCAA Soccer Classics Cal Poly vs. Hawaii ▢					NCAA Water Polo Marist/Haw. ▢			-	-
OLELO53	53	53	Native Hawaii Programming ▢				Truth	Native Hawaii Programming ▢			Pacific Islander Programming				-	-
OLELO54	54	54	Social/ Political Programming ▢									Maunalua	Democracy Now! ▢		-	-
OLELO55	55	55	Inspirational Programming ▢					Tap In, Not Out ▢		Insp. ▢	Prayer ▢	Inspirational Programming ▢			-	-
OWN*	343	242	48 Hours: Evidence ▢		48 Hours: Evidence ▢		20/20 OWN ▢		48 Hours: Evidence ▢		48 Hours: Evidence ▢		20/20 OWN ▢		189	279
OXY	558	229	To Be Announced ▢		Snapped ▢		Snap. "Tammy Cole" ▢		Secrets Uncovered ▢		Wedding Murder ▢		Wedding Murder ▢		127	251
PARMT	559	141	"To Be Announced" ▢			"To Be Announced" ▢					"To Be Announced" ▢				241	241
SHOW*	633	451	★★★ "Waves" (P) ▢		Boxing Showtime Championship ▢			The Chi "Gangway" ▢		..Boxing ▢	BlackMon	DesMero ▢	..Boxing ▢	Movie	319	546
SYFY	557	144	"Resident Evil: The Final Chapter" ▢				Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	Futur. ▢	"Zombie Tidal Wave" ▢			122	244
TBS	551	121	★★★ "Black Panther" *Chadwick Boseman.* ▢				ELeague ▢		"Austin Powers: International Man of My...				"Austin Powers: T...		139	247
TCM	602	157	Movie	★★★★ "The Long Voyage Home" ▢				"The Crazy World of Julius Vr...			★★★ "Brewster McCloud" *Stacy Keach.* ▢				132	256
TLC*	331	132	Amer. Gypsy Wedd ▢		90 Day Fiancé ▢		90 Day Fiancé: Happily Ever After? (N) ▢				Fiancé ▢	90 Day Fiancé ▢		Fiancé ▢	183	280
TMC	644	467	"Steel Magnolias" ▢		"My Best Friend's Wedding" ▢			★★★ "Something's Gotta Give" *Jack Nicholson.* ▢					"Desert Hearts" ▢		329	554
TNT	553	125	★★ "Rampage" ▢		★★ "Kill Bill: Vol. 1" *Uma Thurman.* ▢				★★ "Kill Bill: Vol. 2" ('04, Act) *Uma Thurman.* ▢						138	245
TOON	440	103	Am.Dad ▢	Am.Dad ▢	RickMort	RickMort	Fam.Guy ▢	Fam.Guy ▢	Delocatd ▢	Delocatd ▢	Delocatd ▢	Delocatd ▢	Delocatd ▢	Delocatd ▢	177	297
TRAVEL*	325	139	The Dead Files "Violent Visitors" (N) ▢				The Dead Files ▢		The Dead Files ▢		The Dead Files "Violent Visitors" ▢				196	277
TVLAND	441	127	Ray ▢	Ray ▢	Ray ▢	Ray ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	Chicago "You Wish" ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Chicago P.D. ▢		Modern ▢	Modern ▢	105	242
WE	451	230	Love After (N) ▢		Love After Lockup ▢		Love After Lockup ▢		Love After Lockup ▢		Love After Lockup ▢		Love After Lockup ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

Lilly Singh hosts "A Little Late With Lilly Singh"

Waves

SHOW 5 p.m.

Taylor Russel, Sterling K. Brown and Kelvin Harrison Jr. star in this critically-acclaimed film about a Black suburban family's emotional journey towards forgiveness as they attempt to come together after a devastating loss. Alexa Demie also stars.

A Little Late With Lilly Singh

KHNL 12:35 a.m.

Lilly Singh brought her unique brand of millennial comedy from YouTube to the small screen for this late night talk show. Celebrity guests, comedy sketches, a fun opening monologue and hilarious skits bring the laughs from this fearless female comedian.

07/18	D	HT	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	S1	S2
(2) KHON	3	3	Marketplace □		Erth2050	Nature	OutSpce	Xploratn	Weird □	DIY Sci	Paid □	AAthlete	Kickin' It □		★★ "The Expendables" *Jet Li.* □		Paid □	Sp. Net	Weather	Feud □			2	2
(4) KITV	4	4	X Games (N) □		To Be Announced □				Paid □	Paid □	Paid □	Paid □	Paid Program □		DestinTV	Paid □	Paid □	Paid □	Paid □	Paid □	News □	News □	4	4
(9) KHII	5	5	OutSpce	Xploratn	Weird □	DIY Sci	Paid □	AAthlete	LiveLife	Think □	Career	Paid □	★★ "The Presidio" □				Leverage □		Whack	Sp. Net	Cars.TV	Sp. Net	5	5
(5) KGMB	7	7	Connected		PGA Golf The Memorial Tournament (L) □						Paid □	Paid □	Resorts	Resorts	HtWheel	Winning	LuckyD.	Innovte	Mission	Pet Vet	News □	News □	9	9
(11) KHET	10	11	Xavier	W.World	D.Tiger	DinoT □	Molly □	Cat □	Hero Ele	O. Squad	Hiki No	Stretch	Craftsm	Paint □	W.Shop	House	O.House	Motor.	Martha	TestK	OnePlte	Milk St.	11	11
(13) KHNL	8	8	Premier League Live □		AVP Beach Volleyball □		Horse Racing □		Paid □	Paid □	Minute	Make TV	EarthOd	EarthOd	Consum.	Roots	VetsSav.	Champ	News □	News □	13	13
(14) KWHE	11	14	Awesme	WildAm.	Life101	Sports	Heartl.	Hollywd.	Paid □	Paid □	Whitetai	Chasers	GameOn	50Plus	Military	Garden	Hazelton	Spaces	Coffee	Green	Sm.Twn	Traveler	14	-
(20) KIKU	9	20	J. Hanna	J. Hanna	Animal	J. Hanna	J. Hanna	Paid □	Paid □	Paid □	The Old Path □		Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	Paid □	SurerWr	My Home □		20	20
KFVE	22	13	Talk-M. Maduli		Wrestling		Off-Road	Engine	Truck T.	D.Muscle	Paid □	Outdoor	"Stuart Saves His Family" □				Black □	Black □	Voice □	Doko Ga	Session	Weddin.		
(26) KAAH*	26	26	Access	Jospeh	CBD2 □	News □	David Jer. □		BGraham	BGraham	Memories □		In Touch □		Huckabee □		GottaDo	Hour Power □		Leading	Huckabee □		-	-
(32) KBFD	2	6	Off Air □		Youth Express (N) □			Animal (N) □		WoollyW	Return of Bok □		Dream of the Emperor □			Running Man (N) □			News □	Paid Program □			-	-
(44) KWBN		44	Dateline	Super.	LveChild	Ruonala	Worship	Mission	Gospel	Larry □	Jewish	Gospel	"Remember the Goal"			Youssef	K.Hagin	Green	In Touch □		P. Stone	Love Is.		
(46) KHLU	35	-	Atencion	Atencion	Naturale	Naturale	Pagado	Pagado	Pagado	Pagado	Pagado	Pagado	Como dice □		Querida	Querida	Guapos	Guapos	Cuentamelo Ya!		Guapos	Notice	-	-
(66) KPXO	27	27	Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □		Law&O: SVU □			
A&E	547	129	Zombie Flip. □		•ourt C.	Court C.	Court C.		★★★ "The Transporter" □				★★★ "Transporter 2" □				"Jack Reacher: Never Go Back" □				"Wanted" □		118	265
AHC*	345	137	Ult Warfare □		Ult Warfare □		Ult Warfare □		Ult Warfare □		Gangster □		Gangster □		Al Capone □		John Gotti □		Sam □		Mafia's Hits □		195	287
AMC	600	159	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men		★★★ "Summer Rental" □				★★★ "Ferris Bueller's Day Off" □				★★★ "The Green Mile" □				131	254
ANPL	329	107	Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		Cat/ Hell □		184	282
BBCA	341	135	Frozen Planet □		Frozen Planet □		Frozen Planet □		Frozen Planet □		Frozen Planet □		Seven Worlds □		Seven Worlds □		Seven Worlds □		Seven Worlds □		Seven Worlds □		135	264
BRAVO	560	237	Below Deck □		★★ "The Lost World: Jurassic Park" □						★★ "Jurassic Park III" □				★★★ "Jurassic Park" *Sam Neill.* □				"Jurassic Park" □				129	237
CNBC	116	176	Paid □	Paid □	Under Boss □		Under Boss □		Under Boss □		Under Boss □		Under Boss □		Under Boss □		Under Boss □		Under Boss □		Under Boss □		208	355
CNN	113	172	News □		News □		News □		News □		News □		The Situation □		The Situation □		The Situation □		United Shades		United Shades		200	202
COMEDY	545	142	Office		"Madagascar: Escape 2 Afric...		★★ "Megamind" *Will Ferrell.* □				★★ "Joe Dirt" *David Spade.* □				★★★ "Knocked Up" *Seth Rogen.* □				"The Dicta...				107	249
CSPAN	45	61	Washington This Week □								Comms.		Washington This Week □				Public Affairs Events □						210	350
CW	93	2	IntoWild	IntoWild	IntoWild	O.House	Nature	Inventi.	Think □	Y. Icons	Sports	AAthlete	Provdnc	Provdnc	Provdnc	Provdnc	Murdoch □		Sp. Net	Whack	Asia □	Fishing	3	395
DISC	333	131	DirtyJobs (N) □		Abandoned □		Abandoned □		Abandoned □		Abandoned □		Abandoned □		Abandoned □		Abandoned □		Abandoned □		Exp.Unk. (N) □		182	278
DISNEY*	444	98	Owl □	BigCity	BigCity	Cat Noir	Cat Noir	Bunk'd	Coop □	Sydney	Jessie	Jessie	Jessie	Jessie	Jessie	Jessie	Bunk'd	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	173	291
E!*	549	240	★★★ "Fifty Shades Darker" □				★★ "Fifty Shades Freed" □						★★ "Twilight" *Kristen Stewart.* □						★★ "The Twilight Saga: New Moon" □				114	236
ESPN	222	70	Serie A Soccer (L) □		To Be Announced □						UFC UFC Fight Night (L) □						To Be Announced □		MLS Soccer □				140	206
ESPN2	224	74	ESPN Documentaries (N) □				To Be Announced □				To Be Announced □				MLS Soccer □				E:60 □		Best Of	Rugby	144	209
FILI	688	320	It's Showtime □				TeamY.	Sweetie	Maalaala Mo Kaya □		I Can See □			Legends	Mission	News □	It's Showtime □					Ipaglaba	-	-
FNC	109	178	News HQ □		Journal Edit. □		America's News HQ □				Fox Report □		Liberty & Levin		WattersWorld □		J. Pirro □		Greg Gutfeld □		WattersWorld □		205	360
FOOD	321	231	Kitchen (N) □		Giada	Basics	Guy's Game □		Guy's Game □		Guy's Game □		Guy's Game □		Guy's Game □		Diners...Dives □		Diners	Diners	Diners	Diners	110	231
FREE*	538	122	★★★ "Jumanji" □				★★★★ "Gnomeo and Juliet" □				★★★★ "Pocahontas" □				★★★ "Despicable Me" □				★★ "Despicable Me 2" □			Movie	180	311
FSW	226	-	MLB Baseball Classics Houston vs L.A. Angels □						Champions Tennis Classics □				MLB Baseball Classics 2002 All-Star Game □						MLB Baseball Sea./L.A. A. □				-	692
FSPT	228	-	Swing	18 Holes	Horse Race Site: Saratoga Race Course -- Saratoga Springs, N.Y. (L) □								ATP Tennis Classics □			ClipWk	NBA Basket. Cl. N.O./L.A. C. □				NBA BasketC. □		-	-
FX	554	124	"22 Jump S...		★ "Ride Along 2" *Ice Cube.* □				★★ "The Mummy" *Tom Cruise.* □						★★ "Transformers: Age of Extinction" *Mark Wahlberg.* □				"Transfor...				136	248
GOLF	216	86	PGA Golf □		Golfer	Golfer	Golfer	Golfer	Golfer	Golfer	Golf Cent. (N) □		PGA Golf The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio □										401	218
HALL	452	128	"Christmas...		"Switched for Christmas" □				"With Love, Christmas" □				"A Christmas Duet" □				"Holiday Date" □				"Write Bef...		185	312
HGTV	323	232	Property Br. □		Property Br. □		Property Br. □		Property Br. □		Property Br. □		Property Br. □		House (N) □		Love It/List It □		Love It/List It □		Love It/List It □		112	229
HISTORY	327	133	Alone □		UFO Conspiracy: Hunt □				UFOs □				Unidentified □		UnXplained □		UnXplained □		UnXplained □		UnXplained □		120	269
HBO	611	502	Movie		★★★ "Cast Away" *Tom Hanks.* □				"After Truth: Disinfo...		★★ "John Q" □						★★ "Ad Astra" ('19, Sci-Fi) □				"Harriet" □		303	504
HBO2	612	503	"Good Boys"		★★★ "Aquaman" *Jason Momoa.* □						★★★ "Ford V. Ferrari" *Matt Damon.* □				Gone in Dark □		Gone in Dark □		Gone in Dark □		"Sherlock ...		304	505
KBS	80	-	Wild Child □		Backpack □		BattleMusic □		I Like to Sing □		Boss in the Mirror				Immortal Songs 2 □				Once Again	Again	Music Bank □		-	-
LIFE	448	226	Married □		"Psycho Ex-Girlfriend" □				"Anniversary Nightmare" □				"The Perfect Mother" □				"Killer Vacation" □				"Murder in...		108	276
LMN	449	227	"In Bed Wi...		"Her Boyfriend's Secret" □				"My Husband's Double Life" □				"My Stepfather's Secret" □				"Deadly Second Chances" □				"All My Hu...		109	253
MAX	622	515	Movie		"A Fantastic Fear of Everyth...				★★★ "First Man" □				"Margaret" ('11, Dra) *Anna Paquin.* □				★★ "Life on the Line" □				"Rise of the...		311	516
MSNBC	107	175	MSNBC Live □		MSNBC Live □		MSNBC Live □		PoliticsNation □		MSNBC Live □		MSNBC Live □		All In □		R.Maddow □		Last Word □		The 11th Hour □		209	356
NATGEO	347	130	Food	Food	Food	Food	Food	Food	Food	Food	Food	Food	Food	Food	Uncharted □		Uncharted □		Uncharted □		Uncharted □		186	276
NGN	677	-	Enka □	Wanitokagegisu	Okikatsu	Okonom.	Dosanko	News □	Scarlet / Choshich	Yumeg.	Fukuoka Travel.		Scarlet	PONPON	Erin □	Ikiiki	Mentai	Scarlet	Scarlet	Matsuko			-	-
NICK	446	100	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Sponge	Loud H.	Loud H.	Loud H.	Loud H.	Sponge	Dylan	Nick/Un		171	300
OC16	16	-	Outside	Japan	Cutty □	Fishing	Hawaii	Driver	Hawaii Fishing □	Board □	Sports	Pakele	Braddah	Ocean	Tiny TV	Showcse	Champ	Pilates	HaThing	Painting	Crafting		-	-
OCSPT	12	89	NCAA Football Classics SD St./Haw. □						NCAA Basketball C. Poly/Haw. □		NCAA Basket. Cl. Me./Haw. □						NCAA Baseball Wash.St./Haw. □				NCAA Tennis □		-	-
OLELO53	53	53	Native Hawaii Programming □				Friday (L) □		Native Hawaii Programming □										Da Huong	Sale	HI Prog.	Truth	-	-
OLELO54	54	54	Social/ Political Programming □						Full Dem. □		Social/ Political Programming □						F.A.P.E. Now! □		Kukui	Dr. Char	ThinkT.	Self □	Cannab.	-	-
OLELO55	55	55	Jesus	Unity Church □		Faaman.	The Gospel Hour		Inspirational Programming □					I Am □	Coming Jesus □		Insp. □		Church	Overcom	Inspirational Prog. □		-	-
OWN*	343	242	Dr. Phil □		Dr. Phil □		Fix My Life □		Fix My Life □		Fix My Life □		★★★ "A Soldier's Story" □						Check-In	Huntsville □	Huntsville (N) □		189	279
OXY	558	229	Buried Back □		Buried Back □		Snapped □		Snapped □		Snapped □		Snapped □		Cold Justice □		TBA □			Accident (N) □	Accident, Su □		127	251
PARMT	559	141	★★ "Rush Hour 2" □				★★ "Rush Hour 3" □				★★★ "Rush Hour" *Jackie Chan.* □				★★ "Rush Hour 2" □						★★ "Get Hard" *Will Ferrell.* □		241	241
SHOW*	633	451	"The Terminator" □				★★★ "Terminator 2: Judgment Day" □				★★★ "Red" *Bruce Willis.* □				Outcry □		The Chi □				★★★ "Rocky" □		319	546
SYFY	557	144	Futur.	Futur.	Futur. □	Futur. □	★★★ "Edward Scissorhands" □				"Resident Evil: The Final Chapter" □						"Harry Potter and the Deathly Hallows: Part 1"					Movie	122	244
TBS	551	121	Movie		"Night at the Museum: Secret of the...				★★★ "Maleficent" □				★★★ "Black Panther" *Chadwick Boseman.* □						★★ "Uncle Drew" □				139	247
TCM	602	157	★★★ "Murder, My Sweet" □				"Bad Day at Black R...		★★★ "Rio Bravo" *John Wayne.* □						★★★★ "The Maltese Falcon" □				★★★★ "High Sierra" □				132	256
TLC*	331	132	Cheap	Cheap	Cheapskates □		Cheap	Cheap	That's A Dog? □		Four Wedding □		Four Wedding □		Four Wedding □		Four Wedding □		Four Wedding □		Say Yes	Say Yes	183	280
TMC	644	467	"Falling for ...		★★ "Hampstead" □				"Round of Your Life"		★★★ "Bull Durham" □				★★ "Beowulf" *Robin Wright.* □				★★ "Peppermint" □				329	554
TNT	553	125	NCIS: New O. □		NCIS: New O. □		★★ "Kill Bill: Vol. 1" □				★★ "Kill Bill: Vol. 2" ('04, Act) *Uma Thurman.* □						★★ "Rampage" □				"Captain A...		138	245
TOON	440	103	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Titans!	Titans!	Titans!	Craig	Craig	Gumball	Gumball	BreBear	BreBear	Dragon	Dragon	177	297
TRAVEL*	325	139	The Alaska		The Alaska		The Alaska		The Alaska		The Alaska		Paranormal		Paranormal		Paranormal □		Paranormal □		Paranormal		196	277
TVLAND	441	127	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	Rose. □	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	106	304
USA*	555	123	Paid □	Paid □	NCIS □		NCIS □		NCIS "Alibi" □		NCIS □		★★★ "The Bourne Identity" □				★★★ "The Bourne Supremacy" □						105	242
WE	451	230	Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		Criminal Mind □		128	260

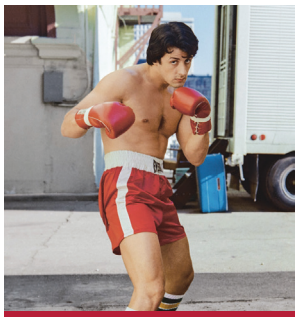
D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports

07/18	D	HT	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KHON	3	3	News (N) ▢	Wheel ▢	Beat Shazam ▢		Ultimate Tag ▢		News (N) ▢	Wahine ▢	News (N) ▢	Ultimate Tag ▢		Hollywd. ▢	2	2
(4) KITV	4	4	News (N) ▢	IslandS. ▢	Home Videos ▢		Shark Tank ▢		Doctor "Influence" ▢		News (N) ▢	Newhope	American Ninja War. ▢		4	4
(9) KHII	5	5	News (N) ▢	BigBang ▢	2½ Men ▢	2½ Men ▢	Castle ▢		Heartland "Legacy" ▢		News (N) ▢	Mother ▢	Comedy.TV ▢		5	5
(5) KGMB	7	7	Ent. Tonight ▢		Bull "The Good One" ▢		48 Hours ▢		48 Hours ▢		News (N) ▢	Hawaii	Madam Secretary ▢		9	9
(11) KHET	10	11	Dining ▢	News (N) ▢	J. Weir ▢	Feast ▢	Great Performances at the Met "The Gershwins' Porgy and Bess" (N) ▢						Austin City Limits ▢		11	11
(13) KHNL	8	8	HI Now ▢		Dateline NBC ▢				Saturday Night Live ▢		News (N) ▢	Saturday Night Live ▢			13	13
(14) KWHE	11	14	America	Music ▢	Heartland "Legacy" ▢		Heartland "Legacy" ▢		Murdoch Mysteries ▢		Murdoch Mysteries ▢		Inspire ▢	Paid ▢	14	-
(20) KIKU	9	20	Since I Found You ▢		Lone Wolf With Cub ▢		Homicide Team 9 ▢		Jazz Alley TV ▢		Paid ▢	Paid ▢	Paid ▢	Paid ▢	20	20
KFVE	22	13	Last Man	Last Man	Opry ▢		K5 Mele ▢		News (N) ▢	Matter ▢	Friends ▢	Seinfeld ▢	News (N)	MikeMoll		
(26) KAAH	26	26	GottaDo ▢	Fontaine ▢	Jospeh ▢	★★ "Love's Unending Legacy" ▢			Praise ▢		BestLife ▢	G. Laurie ▢	JohnGray	K. Shook ▢	-	-
(32) KBFD	2	6	Paid ▢	News ▢ /Destiny ▢		Return of Bok Dan-Ji (N) ▢			News (N) ▢	Dream Emperor (N) ▢		Meeting Place (N) ▢			-	-
(44) KWBN		44	Prophet. ▢	Jewish ▢	Bible ▢	The Ramp	Carpet ▢	Freedom	In Touch Ministries ▢		Reflections ▢		Reflections ▢			
(46) KHLU	35	-	Me Caigo de Risa				Guapos	Guapos	Guapos	Guapos	Querida	Notice ▢	Más Noche		-	-
(66) KPXO	27	27	SVU "Official Story" ▢		Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		Law & Order: S.V.U. ▢		SVU "Child's Welfare" ▢		SVU "Justice Denied" ▢			
A&E	547	129	★★★★ "Wanted" *James McAvoy.* ▢			Court C. ▢	Court C. ▢	Court C. ▢	★★★★ "Wanted" ('08, Act) *James McAvoy.* ▢					Court C. ▢	118	265
AHC*	345	137	John Gotti: The ▢		Sam Giancana ▢		Gr. Hits "Downfall" ▢		Al Capone-Enemy ▢		Inside the Gangster ▢		Inside the Gangster ▢		195	287
AMC	600	159	★★★★ "The Green Mile" *Tom Hanks.* ▢				Line of Duty "Move On" (N) ▢			★★★★ "The Green Mile" ('99, Dra) *Tom Hanks.* ▢					131	254
ANPL	329	107	My Cat From Hell (N) ▢		Cat From Hell "Homes Divided" (N)				My Cat From Hell ▢		My Cat From Hell ▢		Cat From Hell		184	282
BBCA	341	135	7Worlds "Europe" ▢		7Worlds "Africa" ▢		Seven Worlds ▢		7Worlds "Antarctica" ▢		Seven Worlds ▢		Seven Worlds "Asia" ▢		135	264
BRAVO	560	237	★ "Jurassic Park" ▢		★★ "The Lost World: Jurassic Park" ('97, Adv) *Jeff Goldblum.* ▢						★★ "Jurassic Park III" *Sam Neill.* ▢				129	237
CNBC	116	176	Boss "EmpireCLS" ▢		Undercover Boss ▢		Paid ▢	Paid ▢	The Profit ▢		The Profit ▢		The Profit "Dilascia" ▢		208	355
CNN	113	172	CNN Newsroom ▢		The Situation Room ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		CNN Newsroom ▢		200	202
COMEDY	545	142	★ "The Dictator" ▢		SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	SouthPk ▢	Corporat	Paid ▢	Paid ▢	107	249
CSPAN	45	61	Public Affairs Events ▢												210	350
CW	93	2	BigBang ▢	BigBang ▢	Castle ▢		★★ "Head of State" ('03, Com) *Chris Rock.* ▢				Celeb ▢	Access H. (N) ▢		Mom ▢	3	395
DISC	333	131	Exp. Unkown (N) ▢		Expedition Unknown ▢		Myst. of Abandoned ▢		Mysteries of the Abandoned "Wonders of the Underworld" ▢						182	278
DISNEY*	444	98	Summer Sing-Along ▢		BigCity ▢	BigCity ▢	BigCity	Owl (N) ▢	Owl ▢	Amphib. ▢	BigCity ▢	BigCity ▢	BigCity	Owl ▢	173	291
E!*	549	240	Movie	★★ "The Twilight Saga: Eclipse" ('10, Dra) *Kristen Stewart.* ▢						★★ "The Twilight Saga: Breaking Dawn Part 1" ▢					114	236
ESPN	222	70	Soccer ▢	SportsCenter (N) ▢		SportsCenter (N) ▢		SportsCenter (N) ▢		SportsC. ▢	KBO Baseball (L) ▢				140	206
ESPN2	224	74	E:60 ▢		TBA ▢	Featured	To Be Announced ▢				SportsCenter (N) ▢		Boxing Top Rank ▢		144	209
FILI	688	320	Ipaglaba ▢	Maalaala Mo Kaya ▢		I Can See Your Voice ▢	The Bottomline ▢			Failon ▢	Soco	Adobo Nation ▢		Citizen ▢	-	-
FNC	109	178	Judge Jeanine ▢		Greg Gutfeld Show ▢		Watters World ▢		Judge Jeanine ▢		Greg Gutfeld Show ▢		Fox Report ▢		205	360
FOOD	321	231	Diners ▢	Diners ▢	Diners ▢	Diners	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	Diners ▢	110	231
FREE*	538	122	★ "The Princess and the Frog" ▢			★★★★ "Brave" *Voices of Kelly Macdonald.* ▢				★★★★ "Tangled" ('10, Com) *Voices of Mandy Moore.* ▢					180	311
FSW	226	-	MLB Baseball ▢		The Bigs "Mike Trout"		WPT Poker ▢		Poker Celebrity Challenge ▢				Mixed Martial Arts ▢		-	692
FSPT	228	-	NBA Basket. Cl. ▢		Fight Sports: In 60 ▢		Fight Sports: In 60 ▢		Mixed Martial Arts ▢		MMA WCK Full Rules ▢		Mixed Martial Arts ▢		-	-
FX	554	124	★★ "Transformers: The Last Knight" *Mark Wahlberg.* ▢					Baskets ▢	Baskets ▢	Better ▢	Better ▢	Better ▢	Baskets ▢	Baskets ▢	136	248
GOLF	216	86	PGA Golf The Memorial Tournament Site: Muirfield Village Golf Club -- Dublin, Ohio ▢										Golf Central ▢		401	218
HALL	452	128	★ "Write Before Chri...		★ "Christmas in Rome" *Lacey Chabert.* ▢				★ "A December Bride" *Daniel Lissing.* ▢				★ "Christmas Joy" ▢		185	312
HGTV	323	232	Love It or List It ▢		Love It or List It ▢		Love It or List It ▢		Vacation House ▢		Paid Program ▢				112	229
HISTORY	327	133	The UnXplained (N) ▢		Unidentified (N) ▢		The UnXplained ▢		The UnXplained ▢		Unidentified ▢		The UnXplained ▢		120	269
HBO	611	502	★★ "Harriet" ▢		Destroy ▢	Destroy ▢	Perry Mason ▢		★★ "X-Men: Dark Phoenix" *James McAvoy.* ▢				Chechnya ▢		303	504
HBO2	612	503	★ "Sherlock Holmes...		★★★ "Die Hard" ('88, Act) *Bruce Willis.* ▢					★★★ "Bridesmaids" ('11, Com) *Kristen Wiig.* ▢			P. Mason		304	505
KBS	80	-	Music ▢	Gag Concert				News ▢	TopRecipeFunStaurant ▢		Immortal Songs 2 ▢				-	-
LIFE	448	226	★ "Murder in the Vin...		★ "Driven to the Edge" *Taylor Spreitler.* ▢				★ "Murder in the Vineyard" *Helena Mattson.* ▢				★ "Driven to the Edge"		108	276
LMN	449	227	★ "All My Husband's ...		★ "His Deadly Affair" *Helena Mattson.* ▢				★ "All My Husband's Wives" *Erin Karpluk.* ▢				★ "His Deadly Affair"		109	253
MAX	622	515	Movie	★★ "Halloween" ('18, Hor) *Jamie Lee Curtis.* ▢			★★★ "The General's Daughter" ▢					★★★ "Shutter Island" ▢			311	516
MSNBC	107	175	Rachel Maddow ▢		The Last Word ▢		Dateline ▢		Dateline ▢		Dateline ▢		Dateline ▢		209	356
NATGEO	347	130	Gordon Ramsay ▢		Gordon Ramsay (N) ▢		Gordon Ramsay ▢		Gordon Ramsay ▢		Gordon Ramsay ▢		Gordon Ramsay ▢		186	276
NGN	677	-	Fukuoka	News ▢	MdHawaii	Final Cut ▢		Perfect World ▢		News	News ▢	Choshichiro Nikki ▢		Yumeguri	-	-
NICK	446	100	All That ▢	Sponge ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Friends ▢	Mom ▢	Mom ▢	Mom ▢	Mom ▢	171	300
OC16	16	-	Fashion ▢	Cook. ▢	NCAA Volleyball UC Santa Barbara vs. Hawaii ▢					OC Shorts	Pakele ▢	Sports (N)	Board ▢	Braddahs	-	-
OCSPT	12	89	NCAA Tennis ▢		NCAA Volleyball BYU vs. Hawaii ▢						NCAA Softball Nevada (Reno) vs. Hawaii ▢				-	-
OLELO53	53	53	Cultural/ Ethnic ▢		Hawaii Okinawa ▢		HI Memo.	Cultural/ Ethnic Programming ▢			Native Hawaii Prog. ▢		Making Waves		-	-
OLELO54	54	54	EverydayTaiChi ▢		Tai Chi Aloha ▢		Play Tai Chi ▢		Social/ Political Programming ▢						-	-
OLELO55	55	55	Inspirational Prog. ▢		Grace	Koolau Baptist Ch. ▢		Insp. ▢	As We Gather ▢		Inspirational Prog. ▢		Brethren of Christ ▢		-	-
OWN*	343	242	Family or Fiancé (N) ▢		Check-In (N) ▢		LoveHuntsville ▢		Family or Fiancé ▢		Check-In "MC Lyte" ▢		LoveHuntsville ▢		189	279
OXY	558	229	Accident, Suicide ▢		Killer Sibli "Vues" ▢		Snapped ▢		Snapped ▢		Snapped ▢		Snapped ▢		127	251
PARMT	559	141	Movie	★★ "Get Hard" ('15, Com) *Will Ferrell.* ▢					★★ "S.W.A.T." ('03, Act) *Samuel L. Jackson.* ▢						241	241
SHOW*	633	451	★★★★ "Casino" ('95, Cri) *Robert De Niro.* ▢						The Chi "Gangway" ▢		DesMero ▢	BlackMon	★ "Zombie Strippers"		319	546
SYFY	557	144	★★★ "Harry Potter and the Deathly Hallows: Part 2" ▢					Futur. ▢	Futur. ▢	Gary/Havoc	Don't Fe ▢	Futur. ▢	★ "Resident Evil: Ext...		122	244
TBS	551	121	BigBang ▢	BigBang ▢	BigBang ▢	BigBang ▢	Frontal ▢	Laughs (N) ▢		Celebrity Show-Off ▢		★★ "The Longest Yard" ▢			139	247
TCM	602	157	★★★ "Three Strangers" ▢				★★★★ "The Killing Fields" ('84, War) *Sam Waterston.* ▢					★★★ "The Quiet American"			132	256
TLC*	331	132	Say Yes ▢	Say Yes ▢	Say Yes-Dress (N) ▢		Say Yes-Dress (N) ▢		To Be Announced ▢		90 Day Fiancé ▢		90 Day Fiancé ▢		183	280
TMC	644	467	★★ "The Final Girls" ▢			★★ "Blood Fest" *Robbie Kay.* ▢			★★ "The Final Girls" ▢			★★ "Blood Fest" *Robbie Kay.* ▢			329	554
TNT	553	125	★★★ "Captain America: Civil War" ▢				★★ "The Wolverine" ('13, Act) *Hugh Jackman.* ▢						★★ "Red Eye" ▢		138	245
TOON	440	103	Am.Dad ▢	Am.Dad ▢	Am.Dad ▢	RickMort	Fam.Guy ▢	Fam.Guy ▢	DB Super	Paranoia	Mob 100	Clover ▢	9009/9009	Naruto ▢	177	297
TRAVEL*	325	139	Believers (N)		Hotel Paran (N) ▢		Paranormal		Paranormal		Believers		Hotel Paranormal ▢		196	277
TVLAND	441	127	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	2½ Men ▢	Queens ▢	Queens ▢	Queens ▢	Queens ▢	106	304
USA*	555	123	★★★ "The Bourne Ultimatum" ('07, Act) *Matt Damon.* ▢						★★ "American Sniper" ('14, War) *Bradley Cooper.* ▢					Movie	105	242
WE	451	230	Criminal Minds ▢		C.Minds "Perennials" ▢		C.Minds "Zugzwang" ▢		Criminal Minds ▢		CSI: Miami ▢		CSI: Miami ▢		128	260

D – Spectrum Digital HT – Hawaiian Telcom S1 – Dish S2 – DirecTV *Programming on HT may not match the times listed

News Movies Sports



Sylvester Stallone in "Rocky"

Wait! That's A Dog?

TLC 11 a.m.

This rebroadcast special celebrates truly unique dogs. Some of the best groomers around pull out all the stops as they transform curly canines into almost unrecognizable creations, such as a lion, a buffalo, a camel, a roller derby girl and more.

Rocky

SHOW 4 p.m.

In this inspirational story of seeking the American dream, small-time boxer Rocky Balboa (Sylvester Stallone) finally gets his chance to prove his worth when he is granted a fight with heavyweight champion Apollo Creed (Carl Weathers).

2020 & 2021 JAPAN LAND TOURS

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HOKKAIDO

4 Nts / 6 Days
7 Meals (4B, 2L, 1D)
Tour #1: Nov 10 – 15, 2020
Lana Ige
Tour #2: Dec 08 – 13, 2020
Dave Umeda

Tour Highlights: Shiraoi Ainu Museum, Showa Shinzan Bear Ranch, Otaru Canal, Shiroi Koibito Park, Okurayama Observatory Chair Lift, Hokkaido Shrine, AEON Mall & More!

COMPLETE PACKAGES! FROM $1888*

KYOTO & OSAKA

4 Nts / 6 Days • 4 Meals (4B)
Tour #1: Nov 10 – 15, 2020
Gwen Macion
Tour #2: Dec 08 – 13, 2020
Pat Miyake

Tour Highlights: Tenryuji Temple, Arashiyama Bamboo Forest, Fushimi Inari Shrine, Nishiki Market, Abeno Harukas, Dotonbori & More!

COMPLETE PACKAGES!
FROM $1988*

TOKYO

4 Nts / 6 Days • 4 Meals (4B)
Tour #1: Nov 17 – 22, 2020
Dean & Annette Mizumura
Tour #2: Dec 01 – 06, 2020
Leona Porter

Tour Highlights: Tokyo Skytree, Solamachi, Asakusa Sensoji Temple, Ghibli Museum, Harajuku, Omotesando, Ameyoko, AEON Mall & More!

COMPLETE PACKAGES!
FROM $1888*

FUKUOKA

4 Nts / 6 Days • 5 Meals (4B, 1L)
Tour #1: Nov 17 – 22, 2020
Jo Lelepali
Tour #2: Dec 08 – 13, 2020
Bryan Wauke

Tour Highlights: Nakano Farm, Okawachiyama Village, Imari Yaki Shopping, Dazaifu Tenmangu Shrine, Forest City Kasuga & More!

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2021 NEW YEARS TOURS • CELEBRATE NEW YEAR IN JAPAN! Enjoy Fukubukuro "lucky bag" shopping!!

ISE GRAND SHRINE, TOBA, SHIRAHAMA, MT. KOYA, WAKAYAMA PLUS OSAKA FUKUBUKURO SHOPPING

Join Pali Ka'aihue of DOKO GA TV as we explore Japan!

8 Nts / 10 Days • 18 Meals (8B, 5L, 5D)
Dec 26, 2020 – Jan 04, 2021 • Gene Miyake

New Years Highlights: Toshi Koshi Soba, Special "Osechi" Lunch, Hatsumode at Kitano Tenmangu Shrine, Fukubukuro Shopping, AEON Mall Kyoto, Yatsuhashi-Making Class, Sushi-Making Class & Mochi Pounding

COMPLETE PACKAGE! $4888*

DELUXE TOKAIDO ROAD PLUS KYOTO FUKUBUKURO SHOPPING

6 Nts / 8 Days • 11 Meals (6B, 2L, 3D)
Dec 26, 2020 – Jan 02, 2021 • Annette Nishikawa

New Years Highlights: Nakamise Shopping, Hatsumode at Yasaka Shrine, Fukubukuro Shopping, AEON Mall Shopping, Yatsuhashi-Making Experience, Mochi Pounding & Sushi-Making Class

COMPLETE PACKAGE! $4188*

HOKKAIDO HIGHLIGHTS PLUS SAPPORO FUKUBUKURO SHOPPING

7 Nts / 9 Days • 17 Meals (7B, 6L, 4D)
Dec 26, 2020 – Jan 03, 2021 • Lori Lee

New Years Highlights: Fireworks Display, Winter Illumination at Otaru Canal, Shiroi Koibito Park Winter Illumination, Countdown Event, Soba Making, Mochi Pounding, Temaki Sushi Making, "Osechi" Dinner, Fukubukuro Shopping, Hatsumode at Hokkaido Shrine & AEON Mall Sapporo Hiraoka Shopping

COMPLETE PACKAGE! $4288*

ULTIMATE SCHOOL BREAK & OSAKA FUKUBUKURO SHOPPING

6 Nts / 8 Days • 11 Meals (6B, 3L, 2D)
Dec 27, 2020 – Jan 03, 2021 • Marie Kanealii-Ortiz

New Years Highlights: Toshi Koshi Soba, Hatsumode at Imamiya Ebisu Shrine, Special "Osechi" Lunch, Dotonbori Shopping, Shinsaibashi Shopping, Mochi Pounding, Sushi-Making Class & Fukubukuro Shopping

COMPLETE PACKAGE! $4188*

OKINAWA PLUS TOKYO FUKUBUKURO SHOPPING

Off the Beaten Path

8 Nts / 10 Days • 16 Meals (8B, 4L, 4D)
Dec 26, 2020 – Jan 04, 2021 • Geri Ichimura

New Years Highlights: Fukubukuro Shopping, AEON Mall – RYCOM, Toshi Koshi Soba, Hatsumode at Gokoku Shrine, New Years Dinner, Harajuku Shopping, Sushi-Making Class, Mochi Pounding at Happoen Garden, Ameyoko Shopping & AEON Mall Narita

COMPLETE PACKAGE! $4488*

NAGANO, NIIGATA & TOKYO FUKUBUKURO SHOPPING

Off the Beaten Path

7 Nts / 9 Days • 12 Meals (7B, 1L, 4D)
Dec 27, 2020 – Jan 04, 2021 • Mildred Kimura

New Years Highlights: Hatsumode at Hakusan Shrine, Mochi Pounding, Chinkin Experience (Gold Inlaid Lacquerware), Special "Osechi" Lunch, Sake-Infused Pork Shabu Shabu Dinner, Fukubukuro Shopping, Nakamise Shopping & Ameyoko Shopping

COMPLETE PACKAGE! $4488*

2021 HOKKAIDO SNOW FESTIVALS • SEE THE MAGNIFICENT SCULPTURES! Don't miss out!!

ENJOY THESE NON-STOP TRAVEL EXCLUSIVES!!

- Sapporo Snow Festival — Day & Evening Views
- Ice Breaker Cruise by "Aurora"
- Ice Cream Making
- Ice Pond Fishing
- Crabs — Pick'em "LIVE" from the tank!

◊ Subject to final confirmation.

HOKKAIDO SNOW FESTIVAL

7 Nts / 9 Days
16 Meals (7B, 4L, 5D)
Tour #1: Feb 02 – 10, 2021 • Lisa Mckee
Tour #2: Feb 04 – 12, 2021 • Paul Ledesma
Tour #3: Feb 06 – 14, 2021 • Leona Porter

Experience 6 Winter Festivals: Lake Shikotsu Ice Festival, Sapporo Snow Festival, Asahikawa Winter Festival, Sounkyo Ice Waterfall Festival, Lake Akan Winter Festival with Fireworks & Otaru Snow Light Path Festival◊

COMPLETE PACKAGES! $4288*

GRAND HOKKAIDO SNOW FESTIVAL

9 Nts / 11 Days • 23 Meals (9B, 7L, 7D)
Tour #1: Feb 02 – 12, 2021
Delbert & Gale Nakaoka
Tour #2: Feb 04 – 14, 2021
Gwen Macion

Experience 7 Winter Festivals: Tokachigawa Swan Festival, Lake Akan Winter Festival with Fireworks, Sounkyo Ice Waterfall Festival, Asahikawa Winter Festival, Sapporo Snow Festival, Otaru Snow Light Path Festival◊ & Lake Shikotsu Ice Festival

COMPLETE PACKAGES! $4888*

HOKKAIDO SNOW FESTIVAL PLUS KAWAZU CHERRY BLOSSOMS◊

10 Nts / 12 Days • 23 Meals (10B, 5L, 8D)
Tour #1: Feb 05 – 16, 2021 • Mary Yoshino
Tour #2: Feb 07 – 18, 2021 • Bryan Wauke

Experience 6 Winter Festivals: Sapporo Snow Festival, Tokachigawa Swan Festival, Lake Akan Winter Festival with Fireworks, Sounkyo Ice Waterfall Festival, Asahikawa Winter Festival & Otaru Snow Light Path Festival◊

COMPLETE PACKAGES! $5288*

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